

Formulated Beverage Survey - New Zealand 2005

Summary

Attachment 4a

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
AQUA SHOT <i>Flavours: Lime, Raspberry, Mandarin and Apple</i>	Active water. Picture of the flavouring fruit with 5 B-vitamin symbols attached.	If you want to grab life's opportunities, you need to be on your game. Aqua Shot is active water with a refreshing burst of fruit flavour and the boost of 5 essential vitamins, making it the tastiest way to keep hydrated, so you'll never miss a shot.	Please remove foil seal from under cap. Store in a cool place. For best before date see bottle.	Recommended daily consumption: adults up to 6 bottles; children between 3 and 13 up to 2 bottles.	800ml	200ml
WATERPLUS <i>Flavours: Peach, Lemon & Lime, Lemon, Melon and Mandarin</i>	Low joule. 5 minerals. 7 vitamins. Electrolytes are essential minerals that assist in hydration. Antioxidants are vitamins that help to protect your body against harmful free radicals.	Waterplus takes the hard work out of hydration. A refreshing blend of pure mineral water, light flavours, with vitamins and minerals. Waterplus is easy to drink. And most importantly with no sugar and only 2 calories per bottle you'll burn it off in around 30 seconds of walking. Drink Waterplus and feel the difference.	Remove quality seal under cap. Keep refrigerated once opened.		710ml	710ml
CHARLIE'S SPORTS WATER <i>Flavours: Cranberry & Raspberry, Mandarin, Lemon & Lime and Blackcurrant</i>	No added sugar. No artificial sweeteners. No preservatives. Vitamins charged C, B3, B5, B6, B12, E		Serve chilled, refrigerate after opening. Consume within four days of opening. Remove safety seal under sipper cap.		800ml & 3L	200ml
e2 <i>Flavours: Apple Crush, Orange, Lemon & Lime, Mango and Blackcurrant & Apple</i>	Liquid Energy. With fruit juice and vitamins. Lists "A, B1, B5, B6, E" under the product title.	e2. The powerful fruit hit that's packed with full-on fruit flavours and vitamins. With a wicked combination of fruit juice, vitamins, minerals and electrolytes, you're drinking liquid energy, bursting with awesome flavour. Re-fuelling your body, keeping you charged. Doing the things you want to. Whenever, wherever. e2, don't run out of "juice".	Best before date see top of bottle. Serve chilled. Store in cool place. Refrigerate after opening.	The cap contains small parts and is therefore not suitable for unsupervised children under 36 months.	400ml & 800ml	200ml
G FORCE <i>Flavours: Apple & Blackcurrant and Orange & Mandarin</i>	Fruit drink with vitamins to go!		Push & go cap instructions. Serve chilled, once opened keep refrigerated.	Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.	800ml	400ml

<p>MIZONE SPORTS WATER Flavours: Mandarin, Lime, Lemon, Passionfruit, Crisp Apple</p>	<p>5 essential vitamins C, B3, B5, B6, B12. Vitamin C - assists with recovery and protection. B vitamins - aid in energy metabolism.</p>	<p>Active hydration. MIZONE Sportswater is a great tasting blend of purified water and fruit flavours with the benefits of 5 essential vitamins that's easy to drink and helps you feel at your best. MIZONE Sportswater helps you rehydrate your body so you can get in your zone and achieve your goals.</p>	<p>Remove safety seal under sipper cap. Serve chilled, once opened keep refrigerated.</p>	<p>Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.</p>	<p>800ml</p>	<p>200ml</p>
<p>MIZONE PEAK Performance Sportswater Flavours: Mandarin and Lime</p>	<p>5 essential vitamins plus Teavigo. Teavigo EGCG - green tea extract which helps utilise energy, increases blood flow and acts as a potent antioxidant. Iron - to help get oxygen around the body. B vitamins - aid in energy metabolism. Vitamin C - assists with recovery and protection.</p>	<p>It's the combination of Iron and Teavigo in MIZONE Peak Sportswater which helps you to perform at your best by keeping you hydrated and assisting you to maximise energy output.</p>	<p>Remove safety seal under sipper cap. Serve chilled, once opened keep refrigerated.</p>	<p>Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.</p>	<p>650ml</p>	<p>650ml</p>
<p>POWERADE WATER Flavours: Mandarin, Lime & Grapefruit</p>	<p>With 5 essential vitamins B3, B5, B6, B9, B12</p>	<p>We all know how essential drinking water is to our everyday health, but for some of us, plain water is just hard to drink. Powerade Water contains purified water, with a refreshing splash of fruity flavour, 5 essential vitamins & electrolytes. Now it's easy to drink water every day. So whether you're at work, at home or on the go, drink Powerade Water.</p>	<p>Please remove foil seal from under cap. Best before date see top of bottle. Store in cool place.</p>		<p>750ml</p>	<p>400ml</p>
<p>THEXTON'S FRUIT DRINK Flavours: Pink Grapefruit, Cranberry and Red Grape</p>	<p>With vitamins A, C & E.</p>		<p>Store in a cool place. Refrigerate after opening. For best before date see top of bottle.</p>		<p>3L</p>	<p>200ml</p>
<p>CAPRI-SONNE MULTIVITAMIN Fruit Juice Drink</p>	<p>With 12% fruit juice. Enriched with 9 vitamins.</p>		<p>Best before: see narrow side flap.</p>		<p>10x 200ml</p>	<p>200ml</p>

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Composition

Product Name	Serving Size	No. of serves per day	Energy (kJ)	Total Fat (g)	Protein (g)	Carbo-hydrate (g)	Sugars (g)	Vitamins (percentage RDI per serve)	Minerals (percentage RDI per serve)	Herbal Extracts
Per 100 ml product										
AQUA SHOT	200ml	Adults - 24 maximum Children - 8 maximum	44	0	0	2.5	2.5	B3=0.5mg (10%) B5=0.25mg (10%) B6=0.08mg (10%) B9=20ug (20%) B12=0.2ug (20%)	Sodium=3mg	
WATERPLUS	710ml	Not Specified	2	0	0	<0.1	0	B1=0.04mg (25%) B3=0.4mg (25%) B5=0.2mg (25%) B6=0.06mg (25%) B12=0.1mg (25%) C=1mg (25%) E=0.1mg (10%)	Sodium=6mg Potassium=6mg Calcium=11mg (10%) Magnesium=5mg (10%) Zinc=0.2mg (10%)	
CHARLIE'S SPORTS WATER	200ml	8 serves	59.3	0.01	0.06	3.34	3.2	B3=1.0mg (20%) B5=0.5mg (20%) B6=0.16mg (20%) B12=0.1ug (10%) E=0.5mg (10%) C=20.0mg (100%)	Sodium=9mg (0.8%)	
e2	200ml	Recommended daily consumption, adults up to 2 litres, children above 3 years up to 800ml.	171	<1	<1	9.8	9.7	B1=0.06mg (10%) B3=0.5mg (10%) B5=0.3mg (10%) B6=0.08mg (10%) A=37.5ug (10%) E=0.5mg (10%)	Sodium=20mg Potassium=8.3mg Calcium=3.8mg	
G FORCE	400ml	Not Specified	177	<1	<1	10.4	10.4	C=35mg (350%) E=1mg (40%) B3=1mg (40%) B5=0.5mg (40%) B6=0.16mg (40%) B12=0.2ug (40%)	Sodium=4.7mg	

MIZONE SPORTS WATER.	200ml	Not Specified	43	0	0	2.5	2.5	C=20mg (100%) B3=1mg B5=0.5mg B6=0.16mg (20%) B12=0.1ug (10%)	Sodium=<5mg	
MIZONE PEAK Performance Sportswater	650ml	Not Specified	53	0	<1	3	2.9	C=6mg (100%) B3=0.3mg (20%) B5=0.15mg B6=0.05mg (20%) B12=0.03ug (10%)	Sodium=<5mg Iron=0.18mg (10%)	Epigallocatechin Gallate (EGCG) - Green Tea extract
POWERADE WATER	400ml	Recommended daily consumption, Adults up to 6 bottles, children between 3 and 13 up to 2 bottles.	41	0	0	2.3	2.3	B3=0.5mg (20%) B5=0.25mg B6=0.08mg (20%) B9=20ug (40%) B12=0.2ug (40%)	Sodium=12mg Potassium=14mg	
THEXTON'S Fruit Drink	200ml	Recommended daily consumption, adults up to 2 litres, children above 3 years up to 1.2 litres.	196	<1	<1	11.3	11.3	A=50ug (13%) C=8mg (40%) E=0.6mg (12%)	Sodium=12mg	
CAPRI-SONNE MULTIVITAMIN Fruit Juice Drink	200ml	Not Specified	179	<0.1	<0.1	10.2	10.2	B1=0.21mg (15%) B3=2.7mg (15%) B5=0.9mg (15%) B6=0.3mg (15%) B9=30ug (15%) Biotin=22.5ug(15%) B12=0.15ug (15%) C=9mg (15%) E=1.5mg (15%)	Sodium=<20mg (as per distributors label)	

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 Manufacturer & Ingredients

Product Name	Manufacturer Details	Country of Origin	Distributor Details (if necessary)	Ingredients
AQUA SHOT	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		WATER, APPLE JUICE FROM CONCENTRATE (4.5%), FRUCTOSE, APPLE CIDER VINEGAR, FLAVOUR, FOOD ACID (330), LACTOSE, VITAMINS (B3 (NIACIN), B5, B6, B9 (FOLIC ACID), B12).
WATERPLUS	Sanitarium Health Food Company 124 Pah Road Royal Oak Auckland, NZ	New Zealand		WATER (99%), MINERALS (MAGNESIUM GLUCONATE, CALCIUM LACTATE, POTASSIUM BICARBONATE, SODIUM CHLORIDE, ZINC GLUCONATE), VITAMINS (C, B3, E ACETATE, B5, B6, B1, B12), FOOD ACIDS (CITRIC ACID, MALIC ACID), FLAVOUR, ARTIFICIAL SWEETENER.
CHARLIE'S SPORTS WATER		New Zealand	Charlie's Trading Company Ltd 125 The Strand Parnell Auckland, NZ PH 0800 126 435 office@charlies.co.nz/www.charli es.co.nz	WATER (95%), RECONSTITUTED APPLE JUICE, VITAMINS C, B3, B5, B6, B12, E, APPLE CIDER VINEGAR, FLAVOUR, FOOD ACID (330).
e2	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		BLACKCURRANT & APPLE CONTAINS: WATER, SUGAR, BLACKCURRANT JUICE FROM CONCENTRATE (2.7%), APPLE JUICE FROM CONCENTRATE (2.3%), FOOD ACID (330), FLAVOUR, MINERALS (POTASSIUM, SODIUM, CALCIUM), VITAMINS (A, NIACIN, E, B5, B6, B1), PRESERVATIVES (211, 202), COLOURS (150d, 102).
G FORCE	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com	New Zealand		ORANGE & MANDARIN CONTAINS: WATER, RECONSTITUTED FRUIT JUICE (ORANGE (7%), MANDARIN (3%)), SUGAR, ACIDITY REGULATORS (330, 331), FLAVOURS, VITAMINS (ASCORBIC ACID (C), E, B3, B5, B6, B12), STABILISER (PECTIN), COLOURS (160A, 123), PRESERVATIVE (202).

MIZONE SPORTS WATER	<p>Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com</p>	New Zealand	<p>Frucor Beverages Australia Pty Ltd 99 Derby St Wilverster NSW 2128, Australia PH 1800 237 727</p>	<p>PURIFIED WATER, RECONSTITUTED APPLE JUICE, FRUCTOSE, APPLE CIDER VINEGAR, VITAMINS (ASCORBIC ACID (C), B3, B5, B6, B12), FLAVOURING, ACIDITY REGULATOR (CITRIC ACID).</p>
MIZONE PEAK Performance Sportswater	<p>Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com</p>	New Zealand	<p>Frucor Beverages Australia Pty Ltd 99 Derby St Wilverster NSW 2128, Australia PH 1800 237 727</p>	<p>PURIFIED WATER, RECONSTITUTED APPLE JUICE, APPLE CIDER VINEGAR, ACIDITY REGULATOR (CITRIC ACID), FLAVOURING, VITAMINS (ASCORBIC ACID (C), B3, B5, B6, B12), GREEN TEA EXTRACT (EGCG), IRON (FERROUS GLUCONATE).</p>
POWERADE WATER	<p>Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ</p>	New Zealand		<p>MANDARIN CONTAINS: WATER (97.3%), SUCROSE, FOOD ACID (330), TRI-POTASSIUM CITRATE, SODIUM CHLORIDE, FLAVOUR, ANTIOXIDANT (300), TRI-POTASSIUM PHOSPHATE, VITAMINS B3 (NIACIN), B5, B6, B9 (FOLIC ACID), B12.</p>
THEXTON'S Fruit Drink	<p>Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ</p>			<p>RED GRAPE CONTAINS: WATER, SUGAR, RED GRAPE JUICE FROM CONCENTRATE (5%), FOOD ACID (330), FLAVOUR, COLOUR (150D, 122), VITAMINS (C,E,A), MINERAL SALT (452).</p>
CAPRI-SONNE MULTIVITAMIN	<p>Deutsche Sisi-Werke GmbH & Co. Betriebs KG, D-69009 Heidelberg, Germany</p>	Germany	<p>Impex International Trading Ltd P.O. Box 528 Kenkeri, NZ. PH 09 407 4277</p>	<p>WATER, SUGAR, LEMON JUICE (4%), ORANGE JUICE (4%), APPLE JUICE, GRAPEFRUIT JUICE, GLUCOSE-FRUCTOSE SYRUP, PINEAPPLE JUICE, PASSIONFRUIT JUICE, BANANA JUICE, KIWI JUICE, VITAMINS (C, NICOTINAMIDE, E, PANTOTHANTE, B6, THIAMIN, FOLACIN, BIOTIN, B12), NATURAL FLAVOURING (FROM CONCENTRATE).</p>

Formulated Beverage Survey - Australia 2005
Summary

Attachment 4b

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
AQUAVETA Flavours: with <i>Lemon, Lime or Orange Juice</i>	Nutrient Enhanced Water. Iron, Zinc, Calcium.	Aquaveta is a refreshing source of iron, zinc & calcium. These are essential nutrients necessary for a healthy body. Enjoy! No preservatives. No artificial colours or flavours.	It is recommended to drink 700ml to replace fluid lost. Consume 1-2 bottles per day. Remove quality seal under cap. Best before: see neck of bottle.	This is a Formulated Supplementary Sports Drink, not suitable for children under 15 years of age or pregnant women. Should only be used under medical or dietetic supervision. This is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and with an appropriate exercise program.	700ml	700ml
FRUIT 2 0 Flavours: <i>Peach Passionfruit, Lemon Lime, Apple Cranberry</i>	Flavoured Spring Water with Calcium and Vitamin C	Flavoured spring water (90%) with formulated supplementary sports food (10%)			600ml	200ml
G FORCE Flavours: <i>Apple & Blackcurrant and Orange & Mandarin</i>	Fruit Drink with vitamins to go!		Push & Go cap. To open: Remove clear overcap. Push down centre of green sipper firmly to pierce the seal inside. Pull sipper up, drink and enjoy! Serve chilled, once opened keep refrigerated.	Warning: Choking risk. This cap contains small parts. Not suitable for children under 36 months.	400ml & 800ml	400ml

<p>JODIS IQ <i>Flavours: Natural, Lemon Lime, Cranberry, Mandarin, Passionfruit Infusion</i></p>	<p>Iodine Enriched Water</p>	<p>Don't drink just water, drink Jodis. No added sugar. Iodine is a crucial element for cell metabolism stimulation. Iodine is a building block for thyroid hormones. Iodine is an essential nutrient required for balanced thyroid function, promoting vitality and well being.</p>			600ml	Not Specified (assume 600ml)
<p>MIZONE SPORTS WATER <i>Flavours: Mandarin, Lime, Lemon, Passionfruit, Crisp Apple</i></p>	<p>Contains 5 essential vitamins - C, B3, B5, B6, B12.</p>	<p>To achieve your physical best, your body needs lots of water and MIZONE Sports Water is the easiest way to drink it. MIZONE is a pleasant, light tasting blend of purified water and fruit flavours with vitamins so it's easy to drink and it works. Vitamin B's aid in energy metabolism and antioxidant vitamin C assists with recovery and protection. With vitamins and a splash of flavour, MIZONE Sports Water will rehydrate you so you can achieve your goals.</p>	<p>Remove safety seal under sipper cap. Serve chilled, once opened keep refrigerated.</p>		800ml	200ml
<p>PLAY - Blackcurrant Low GI Sportswater</p>	<p>Fluoride, Calcium and Vitamins.</p>	<p>Low GI Sustained Energy. No artificial colours, flavours, sweeteners. Ultra low glycaemic index -16</p>			500mls	500mls
<p>PLAY - Fruit Fest No Added Sugar Sports Water</p>	<p>Fluoride, Calcium and Vitamins. No added sugar sports water.</p>	<p>No added sugar. No artificial colours, flavours, sweeteners.</p>			500mls	500mls

<p>PLAY - Orange Sportswater for Kids</p>	<p>With fluoride calcium & vitamins. No artificial colours, flavours, sweeteners. Fluoride, Calcium, B Vitamins. Ultra low GI, low sugar. Folate. 5% juice.</p>	<p>Kids need to play every day. PLAY is a nutrient enhanced sportswater specifically formulated for kids. PLAY has an ultra low GI of only 16 - low GI foods provide sustained energy for active, healthy kids and avoid sugar highs and lows. PLAY has only 1/3 the sugar content of most soft drinks, fruit drinks, or cordials and only 1/2 the sugar content of most sports drinks. PLAY is enhanced with Fluoride & Calcium important nutrients for the growth and developments of strong bones and teeth. PLAY also contains Folate for healthy cell renewal, and 5 essential B Vitamins for energy. With 5% juice and no artificial colours, flavours or sweeteners PLAY delivers great tasting hydration and refreshment for kids.</p>		500mls	500mls
<p>POWERADE WATER <i>Flavours: Mandarin, Lime & Grapefruit</i></p>	<p>With 5 essential vitamins B3, B5, B6, B9, B12</p>	<p>We all know how essential drinking water is to our everyday health, but for some of us, plain water is just hard to drink. Powerade Water contains purified water, with a refreshing splash of fruity flavour, 5 essential vitamins & electrolytes. Now it's easy to drink water every day. So whether your'e at work, at home or on the go, drink Powerade Water.</p>	<p>Please remove foil seal from under cap. Best before date-see top of bottle. Store in cool place.</p>	750ml	400ml
<p>SOLIS Bliss</p>	<p>A wellbeing drink</p>	<p>Pink grapefruit, cranberry and strawberry infused with calcium and B Vitamins. Contains no artificial anything.</p>		350ml	350mL
<p>SOLIS Cherish</p>	<p>A wellbeing drink.</p>	<p>White peach and pear infused with folate and vitamin C. Contains no artificial anything.</p>		350ml	350ml

<p>SPRING VALLEY "Twist" <i>Flavour - with a twist of mandarin</i></p>	<p>With added calcium and vitamin C. Contains 10% of the RDI of Calcium and 30% of the RDI of Vitamin C.</p>	<p>Getting some of your essential vitamins, minerals and water is easier than ever. Just one bottle of this water contains 10% of the RDI of calcium and 30% of the RDI of vitamin C. Calcium for strong teeth and bones, and vitamin C, a powerful antioxidant which also aids in the absorption of iron. No preservatives. No artificial flavours or colours.</p>	<p>It is recommended to drink 3-4 bottles per day, to replace fluid lost. Consume no more than 6 bottles per day. Best Before: See neck of bottle.</p>	<p>This is a formulated supplementary sports drink - Not suitable for children under 15 years of age or pregnant women. Should only be used under medical or dietetic supervision. This drink is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and with an appropriate exercise program.</p>	<p>600ml</p>	<p>600ml</p>
<p>TEMPLE HYDROTHERAPY - Honeydew flavour vitamin water with calcium</p>	<p>No artificial anything. At last....healthy refreshment with flavour. Low glyceemic index (GI) 16</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>
<p>TEMPLE HYDROTHERAPY - Star fruit flavour vitamin water with aloe</p>	<p>No artificial anything. At last....healthy refreshment with flavour. Low glyceemic index (GI) 16</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>
<p>TEMPLE HYDROTHERAPY - Pink grapefruit flavour vitamin water with antioxidants</p>	<p>No artificial anything. At last....healthy refreshment with flavour. Low glyceemic index (GI) 16</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>

<p>TEMPLE HYDROTHERAPY - <i>Blood orange flavour</i> <i>vitamin water with</i> <i>calcium</i></p>	<p>No artificial anything. At last....healthy refreshment with flavour. Low glycaemic index (GI) 16</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>
<p>TEMPLE HYDROTHERAPY - <i>White peach flavour</i> <i>vitamin water with fibre</i></p>	<p>No artificial anything. At last....healthy refreshment with flavour. A good source of added fibre.</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>
<p>TEMPLE HYDROTHERAPY - <i>Dragonfruit flavour</i> <i>vitamin water with iron</i></p>	<p>No artificial anything. At last....healthy refreshment with flavour. Ultra low glycaemic index (GI) 16</p>	<p>Indulge your mind, body and soul with Temple Hydrotherapy vitamin water. Infused with essential nutrients to nurture your body and exotic flavours to tantalise your taste buds. No artificial colour, no artificial sweeteners, no preservatives. Treat yourself.</p>	<p>Recommended consumption 500ml per day. For best before - see bottle.</p>	<p>Formulated supplementary sports food. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.</p>	<p>500ml</p>	<p>500ml</p>
<p>THORPEDO - Advanced Hydration <i>Flavours: Orange, Lemon</i> <i>Lime, Berry, Tropical</i></p>	<p>Ultra low GI energy water. Beat the fade.</p>	<p>Thorpedo Advanced Hydration provides a unique energy management system with a blend of key performance electrolytes, 6 B complex vitamins and 2 antioxidants that work in synergy with the Ultra Low GI carbohydrates to hydrate and sustain energy. So whether you're working, playing, training or competing, enjoy Thorpedo, stay hydrated and energised and feel great all day.</p>	<p>Best before: see neck of bottle. Shake well. Refrigerate after opening.</p>	<p>This is a formulated supplementary sports drink, not suitable for children under 15 years of age or pregnant women. Should only be used under medical or dietetic supervision. This is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and with an appropriate exercise program.</p>	<p>600ml</p>	<p>600ml</p>

<p>WATERPLUS (Bickford) <i>Flavours: Peach, Lemon & Lime, Lemon, Melon and Mandarin</i></p>	<p>Antioxidants plus electrolytes plus B vitamins. Sugar free.</p>	<p>Antioxidants are vitamins that help protect body cells from breakdown due to the stresses of everyday life. Electrolytes are essential minerals that assist in hydration. B vitamins boost energy levels and a feeling of well being.</p>	<p>Remove quality seal under cap. Keep refrigerated once open.</p>	<p>710ml</p>	<p>710ml</p>
<p>WATERPLUS (Sanitarium) <i>Flavours: Peach, Lemon & Lime, Lemon, Melon and Mandarin.</i> Note: Bickford has since purchased product and reformulated slightly.</p>	<p>5 Minerals 7 vitamins. Electrolytes are essential minerals that assist in hydration. Antioxidants are vitamins that help to protect your body against harmful free radicals. Low joule.</p>	<p>Waterplus takes the hard work out of hydration. A refreshing blend of pure mineral water, light flavours, with vitamins and minerals. Waterplus is easy to drink. And most importantly with no sugar and only 2 calories per bottle you'll burn it off in around 30 seconds of walking. Drink Waterplus and feel the difference.</p>	<p>Remove quality seal under cap. Keep refrigerated once opened.</p>	<p>710 ml</p>	<p>710ml</p>
<p>PROPEL - Fitness Water <i>Flavour: Orange</i> Deleted Line - June 2004.</p>	<p>Good source of 6 vitamins as part of daily diet. The four B vitamins in Propel aid in energy metabolism, antioxidants C & E work together to neutralize free radicals to effectively protect your body. With these 6 vitamins and a splash of flavour Propel supports your daily pursuit of fitness and well being.</p>	<p>Fitness Water Orange with other natural flavours. Quenches and nurtures your body No-fruit juice</p>	<p>Refrigerate after opening</p>	<p>500mls</p>	<p>240ml</p>

<p>RIDE</p> <p>Flavours: Mandarin etc</p> <p>Line Deleted ~ Sep 2004 replaced by Play</p>	<p>Low GI</p> <p>Enhanced with B vitamins plus bio-available trace minerals & antioxidants - specially formulated to help convert fructose into sustained energy.</p>	<p>Liquid for life. Low GI Food. Delivers sustained energy. Rapid Hydration, sustained energy</p> <p>Ride fitness water uses all natural fructose - the low glycaemic index carbohydrate that avoids the energy highs and lows you get with ordinary sugars.</p> <p>With 5% juice and a splash of fruit flavour, Ride delivers great taste, hydration and energy supplement so you can ride hard all day.</p>	<p>Drink often, feel great</p>		500ml	
<p>SLINKY</p> <p>Flavour: Mandarin</p> <p>Deleted Lined since Sep 2004</p>	<p>Slinky is enhanced with Carnitine, Chromate @ and Biotin - co-factors that may assist in fat metabolism. Is infused with Calcium & Folate for healthy cell renewal and B vitamins to help metabolise energy.</p>	<p>The world's perfect diet drink. Low GI foods can help you feel full for longer and as a result you can end up eating less over the day.</p> <p>Low GI Slinky is a great tasting addition to your daily hydration, exercise & lifestyle plan.</p>	<p>Drink often, feel great.</p>		500ml	500ml

Formulated Beverage Survey - Australia 2005

Composition

Product Name	Serving Size	No. of serves per day	Energy (kJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)	Sugars (g)	Vitamins (percentage RDI per 100 ml Product)	Minerals (percentage RDI per 100 ml Product)	Herbal Extracts
AQUAVETA	700 ml	1-2 Bottles per day	38	0	0	2.2	2.2		Sodium=2 mg Calcium=11.4mg (10%) Iron=0.2mg (10%) Zinc=0.2mg (10%)	
FRUIT 2 0	200 ml	NS	56	0	0	3.3	3.3	C=2 mg (10%)	Sodium=3mg Calcium=40mg (10%)	
G FORCE	400 ml	NS	184	<1	<1	10.8	10.8	C=35mg (350%) E=1mg (40%) B3=1mg (40%) B5=0.5mg B6=0.16mg (40%) B12=0.2ug (40%)	Sodium< 5.1mg	
JODIS IQ	600ml	NS	NS	NS	NS	NS	NS		Iodine=0.015mg Calcium=12mg Magnesium=1.5mg Potassium=0.4mg HCO3=45mg Chloride=1.5 mg Sodium=Not Specified	
MIZONE SPORTS WATER	200 ml	NS	43	0	0	2.5	2.5	C=20mg (100%) B3=1mg (20%) B5=0.5mg B6=0.16mg (20%) B12=0.1ug (10%)	Sodium=<5mg	
PLAY Blackcurrant Low GI	500 ml	NS	72	0	0	4.2	4	B3=2.7mg (71%) B5=0.7mg B6=0.3 mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Calcium=16mg (10%) Fluoride=0.1 mg Sodium=8mg	

PLAY Fruit Fest No Added Sugar	500 ml	NS	94	0	0	5.6	5.4	B3=2.7mg (71%) B5=0.7mg B6=0.3 mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Calcium=16mg (10%) Fluoride=0.1mg Sodium=8mg	
PLAY Orange Sportswater for Kids	500 ml	NS	72	0	<1	4	4	B3=2.7mg B5=0.7mg B6=0.3 mg Folate=30ug Biotin=10ug B12=0.15ug	Calcium=28mg Fluoride=0.1mg Sodium=8mg Potassium=9mg	
POWERADE WATER	400ml	Recommended daily consumption, Adults up to 6 bottles, children between 3 and 13 up to 2 bottles.	41	0	0	2.3	2.3	B3=0.5mg (20%) B5=0.25mg B6=0.08mg (20%) B9=20ug (40%) B12=0.2ug (40%)	Sodium=12mg Potassium=14mg	
SOLIS Bliss	350 ml	NS	182	<1	<1	11	11	B1=0.6mg B3=3.5mg B5=1mg B6=0.9mg B12=1.1ug	Calcium=30mg Sodium=8mg	
SOLIS Cherish	350 ml	NS	194	<1	<1	11	11	Folate=12.5ug C=15mg	Sodium=9mg	
SPRING VALLEY "Twist"	600 ml	Recommended 3-4 bottles per day, consuming no more than 6 bottles.	44	0	0	2.6	2.6	C=2mg (30%)	Calcium=13.3mg (10%) Sodium=3mg	
TEMPLE HYDROTHERAPY - Honeydew flavour vitamin water with calcium	500ml	NS	80	<1	<1	4.7	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Calcium=16mg (10%) Sodium=2mg	

TEMPLE HYDROTHERAPY - <i>Star fruit flavour vitamin water with aloe</i>	500ml	NS	80	<1	<1	4.7	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Sodium=2mg	Aloe extract
TEMPLE HYDROTHERAPY - <i>Pink grapefruit flavour vitamin water with antioxidants</i>	500ml	NS	80	<1	<1	4.7	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%) E=0.2mg (10%) A=15ug (10%)	Sodium=2mg	
TEMPLE HYDROTHERAPY - <i>Blood orange flavour vitamin water with calcium</i>	500ml	NS	80	<1	<1	4.7	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Calcium=16mg (10%) Sodium=2mg	
TEMPLE HYDROTHERAPY - <i>White peach flavour vitamin water with fibre</i>	500ml	NS	90	<1	<1	5.4	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Sodium=2mg	
TEMPLE HYDROTHERAPY - <i>Dragonfruit flavour vitamin water with iron</i>	500ml	NS	80	<1	<1	4.7	4.7	B3=2.7mg (135%) B5=0.7mg B6=0.3mg (94%) Folate=30ug (75%) Biotin=10ug B12=0.15ug (38%)	Iron=0.23 (10%) Sodium=2mg	

THORPEDO Advanced Hydration	600 ml	Recommend consumption 1 bottle per day	72	0	0	0	4.5	4.2	B3=2.7mg (162%) B5=0.6mg B6=0.3mg (110%) E=0.2mg (10%) Folate=30ug (90%) A=12.5ug (10%) Biotin=8.3ug B12=0.15ug (45%)	Sodium=25 mg Potassium=12 mg Chloride=31 mg	
WATERPLUS (Bickford)	710ml	Recommended consumption: up to 4 serves per day	2	0	0	<0.1		0	B1=0.04mg (10%) B3=0.35mg (10%) B5=0.18mg (25%) B6=0.06mg (25%) B12=0.07mg (25%) C=1.4mg (25%) E=0.14mg (10%)	Magnesium=4.5mg (10%) Zinc=0.17mg (10%) Sodium=6mg Potassium=6mg	
WATERPLUS (Sanitarium) Note: Bickford has since purchased product and reformulated slightly	710 ml	NS	2	0	0	<1		0	B1=0.04mg (25%) B3=0.4mg (25%) B5=0.2mg B6=0.06mg (25%) B12=0.1mg (25%) C=1mg (25%) E=0.1mg (10%)	Calcium=11mg (10%) Magnesium=3mg (10%) Zinc=0.2mg (10%) Sodium=6mg Potassium=6mg	
PROPEL - Fitness Water Deleted Line - June 2004	240 ml	NS	172	0	0	1.5%		0.83	% Daily Value C=0% E=10% B3=3% B5=3% B6=3% B12=25% B5=25%	Sodium=35mg Potassium=40mg	
RIDE Line Deleted - Sep 2004 replaced by Play	300 ml	NS	72	0	<1			4	B3=2.7mg B5=0.7mg B6=0.3mg Folate=30ug Biotin=10ug B12=0.15ug	Potassium=9mg Sodium=8mg Magnesium=17mg Optizinc=10mg Zinc=2 mg Chromemate=100ug (niacin bound chromium)	

SLINKY Deleted Lined since Sep 2004	500 mL	NS	72	0	<1	4	4	4	B3=2.7 mg B5=0.7 mg B6=0.3 mg Folate=30ug Biotin=10ug B12=0.15ug	Calcium=28 mg Chromerite=100ug (mixin bound-chromium)
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**Formulated Beverage Survey - Australia 2005
Manufacturer & Ingredients**

Product Name	Manufacturer Details	Country of Origin	Distributor Details (if necessary)	Ingredients
AQUAVETA	Spring Valley Beverages 2 Beverage Drive Tullamarine Victoria 3043, Australia (Cadbury Schweppes Group)	Australia		LEMON JUICE CONTAINS: PURIFIED WATER (96%), SUCROSE, RECONSTITUTED LEMON JUICE (1%), FLAVOUR, ACID (330), MINERALS (CALCIUM GLUCONATE, CALCIUM LACTATE, FERROUS GLUCONATE, ZINC GLUCONATE), MALTODEXTRIN.
FRUIT 2 0	P&N Beverages Australia Pty Ltd 43 Mons Street Condell Park NSW 2200, Australia. PH 1800 658459	Australia		PEACH PASSIONFRUIT CONTAINS: FLAVOURED SPRING WATER (90%) [SPRING WATER, SUGAR, RECONSTITUTED PEACH AND PASSIONFRUIT JUICES (2%), FOOD ACID (330), FLAVOUR, PRESERVATIVES (211,223)], SUPPLEMENTARY SPORTS FOOD (10%) [SPRING WATER, MINERAL SALT (CALCIUM LACTATE), VITAMIN C (300)].
G FORCE	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com	New Zealand	Frucor Beverages Australia Pty Ltd 13 South St Rydalmere NSW 2116, Australia. PH 1800 237727	APPLE BLACKCURRANT CONTAINS: WATER, SUGAR, RECONSTITUTED FRUIT JUICE (APPLE (5%), BLACKCURRANT (3%)), ACIDITY REGULATORS (330, 331), FLAVOURS, VITAMINS (ASCORBIC ACID (C), E, B3, B5, B6, B12), STABILISER (PECTIN), PRESERVATIVE (202), COLOURS (123,133).
JODIS IQ		Not Specified	Jodis Australasia Pty 11 Narloo Street Perth WA 6090, Australia. www.jodiswater.com.au	NATURAL FLAVOUR, POTASSIUM SORBATE(202), SODIUM BENZOATE (211). Note: Full ingredient list not provided on label.
MIZONE SPORTS WATER.	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com	New Zealand	Frucor Beverages Australia Pty Ltd 13 South St Rydalmere NSW 2116, Australia PH 1800 237727	MANDARIN FLAVOUR - PURIFIED WATER, RECONSTITUTED APPLE JUICE, FRUCTOSE, APPLE CIDER VINEGAR, MANDARIN FLAVOURING, VITAMINS (ASCORBIC ACID (C), B3, B5, B6, B12), ACIDITY REGULATOR (CITRIC ACID).
PLAY Blackcurrant Low GI Sportswater	Zenergy Beverages 12A/440 Collins St Melbourne Victoria 3000, Australia www.zenergybeverages.com	Australia		PURIFIED WATER, CONCENTRATED JUICES (PEACH, APPLE & GRAPE), FRUCTOSE, CALCIUM LACTATE (327), FLAVOUR (0.1%), FOOD ACID (330), PRESERVATIVES (211,223), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, SODIUM FLUORIDE, FOLIC ACID, BIOTIN, VITAMIN B12.

PLAY Fruit Fest- No Added Sugar Sportswater	Zenergy Beverages 12A/440 Collins St Melbourne Victoria 3000, Australia www.zenergybeverages.com	Australia		PURIFIED WATER, CONCENTRATED JUICES (APPLE, LEMON & GRAPE), CALCIUM LACTATE (327), FLAVOURS (0.1%), FOOD ACID (330), PRESERVATIVES (211,223), NIACIN(B3), PANTOTHENIC ACID (B5), VITAMIN B6, SODIUM FLUORIDE, FOLIC ACID, BIOTIN, VITAMIN B12.
PLAY Orange Sportswater for Kids	Zenergy Functional Beverages 15 Endeavour Drive Ocean Grove Victoria 3226, Australia	Australia		PURIFIED WATER, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), FRUCTOSE (4%), CALCIUM LACTATE (327), NATURAL ORANGE FLAVOUR (0.06%), FOOD ACID (330), POTASSIUM SORBATE (202), SODIUM BENZOATE (211), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, SODIUM FLUORIDE, FOLIC ACID, BIOTIN, VITAMIN B12.
POWERADE WATER	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		MANDARIN CONTAINS: WATER (97.3%), SUCROSE, FOOD ACID (330), TRI-POTASSIUM CITRATE, SODIUM CHLORIDE, FLAVOUR, ANTIOXIDANT (300), TRI-POTASSIUM PHOSPHATE, VITAMINS B3 (NIACIN), B5, B6, B9 (FOLIC ACID), B12.
SOLIS Bliss	Solis Beverages 40 Yeo St Neutral Bay NSW 2089, Australia PH 02 89696781	Australia		PURIFIED WATER, SUCROSE, CONCENTRATED PINK GRAPEFRUIT (3%), CRANBERRY (2%) & STRAWBERRY (2%) JUICES, FOOD ACID (330), NATURAL FLAVOURS, CALCIUM LACTATE (327) (0.2%), NATURAL COLOUR (120), NIACIN (B3), PANTOTHENIC ACID (B5), Vit B6, THIAMIN (B1), VITAMIN B12.
SOLIS Cherish	Solis Beverages 40 Yeo St Neutral Bay NSW 2089, Australia PH 02 89696781	Australia		PURIFIED WATER, SUCROSE, CONCENTRATED PEAR (24.5%) & PEACH (0.5%) JUICES, FOOD ACID (330), NATURAL FLAVOURS, VITAMIN C, FOLATE (<0.01%).
SPRING VALLEY "Twist"	Spring Valley Beverages 2 Beverage Drive Tullamarine VIC 3043, Australia PH 1800 244054	Australia		SPRING WATER (98%), SUGAR, RECONSTITUTED MANDARIN JUICE (1%), FOOD ACID (330), MINERAL SALT (CALCIUM LACTATE), NATURAL MANDARIN FLAVOUR, VITAMIN C.
TEMPLE HYDROTHERAPY - Honeydew flavour vitamin water with calcium	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), CITRIC ACID (330), FLAVOURS, CALCIUM LACTATE (327), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, FOLIC ACID, BIOTIN, VITAMIN B12.

TEMPLE HYDROTHERAPY - <i>Star fruit flavour vitamin water with aloe</i>	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), FLAVOURS, ALOE EXTRACT, CITRIC ACID (330), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, FOLIC ACID, BIOTIN, VITAMIN B12.
TEMPLE HYDROTHERAPY - <i>Pink grapefruit flavour vitamin water with antioxidants</i>	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), FLAVOUR, CITRIC ACID (330), COLOUR (120), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, ALPHA TOCOPHERYL ACETATE (VIT E), FOLIC ACID, RETINYL PALMITATE (VIT A), BIOTIN, VITAMIN B12.
TEMPLE HYDROTHERAPY - <i>Blood orange flavour vitamin water with calcium</i>	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), CALCIUM LACTATE (327), FLAVOURS, CITRIC ACID (330), COLOUR (120), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, FOLIC ACID, BIOTIN, VITAMIN B12.
TEMPLE HYDROTHERAPY - <i>White peach flavour vitamin water with fibre</i>	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), POLYDEXTROSE, CITRIC ACID (330), FLAVOUR, COLOUR (120), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, FOLIC ACID, BIOTIN, VITAMIN B12.
TEMPLE HYDROTHERAPY - <i>Dragonfruit flavour vitamin water with iron</i>	Carlton & United Beverages 77 Southbank Boulevard Southbank Victoria 3006, Australia PH 1800 007282	Australia		PURIFIED WATER, FRUCTOSE, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), CITRIC ACID (330), FLAVOURS, COLOUR (120), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, FERROUS GLUCONATE (579), FOLIC ACID, BIOTIN, VITAMIN B12.
THORPEDO Advanced Hydration	Manufactured under licence for Thorpedo Foods Pty Ltd www.thorpedofoods.com.au	Australia	So Natural Foods Australia Ltd 80 Box Rd Taren Point NSW 2229, Australia	ORANGE FLAVOUR: PURIFIED WATER, CONCENTRATED JUICES (LEMON, APPLE, & GRAPE), FRUCTOSE (4%), ELECTROLYTES (CALCIUM LACTATE (327), SODIUM CHLORIDE, POTASSIUM CITRATE, MAGNESIUM LACTATE (329)), ORANGE FLAVOUR (0.1%), FOOD ACID (330), PRESERVATIVES (211, 223), NIACIN (B3), PANTOTHENIC ACID (B5), VITAMIN B6, VITAMIN E (ALPHA TOCOPHEROL ACETATE), FOLIC ACID, VITAMIN A (RETINOL PALMITATE), BIOTIN, VITAMIN B12.

<p>WATERPLUS (Bickford)</p>	<p>Manufactured in New Zealand for: Bickfords Australia Pty Ltd 34 Starr Ave Plympton South Australia 5037, Australia</p>	<p>New Zealand</p>	<p>Bickfords Australia Pty Ltd 34 Starr Ave Plympton South Australia 5037, Australia</p>	<p>PEACH FLAVOUR: WATER (99%), MINERALS (POTASSIUM CITRATE, SODIUM CHLORIDE, MAGNESIUM GLUCONATE, CALCIUM LACTATE, ZINC GLUCONATE), VITAMINS (C, B3, E ACETATE, B5, B6, B1, B12), FOOD ACIDS (MALIC ACID, CITRIC ACID), PEACH FLAVOUR, ARTIFICIAL SWEETENER.</p> <p>LEMON LIME FLAVOUR: WATER (99%), MINERALS (MAGNESIUM GLUCONATE, CALCIUM LACTATE, POTASSIUM BICARBONATE, SODIUM CHLORIDE, ZINC GLUCONATE), VITAMINS (C, B3, E ACETATE, B5, B6, B1, B12), FOOD ACIDS (MALIC ACID, CITRIC ACID), LEMON LIME FLAVOUR, ARTIFICIAL SWEETENER.</p>
<p>WATERPLUS (Sanitarium)</p> <p>Note: Bickford has since purchased product and reformulated slightly.</p>	<p>Sanitarium Health Food Company 124 Pah Road Royal Oak Auckland, NZ</p>	<p>New Zealand</p>	<p>PURIFIED WATER, SUCROSE SYRUP, CITRIC ACID, NATURAL ORANGE FLAVOUR WITH OTHER NATURAL FLAVOURS, SODIUM CITRATE, POTASSIUM CITRATE, ASPARTAME, VITAMIN C (ASCORBIC ACID), VITAMIN E ACETATE, ACESULFAME POTASSIUM, NIACINAMIDE (VIT B3), CALCIUM PANTOTHENATE (VITAMIN B5), VITAMIN B12, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), PHENYLKETONURICS: CONTAINS PHENYLALANINE</p>	
<p>PROPEL - Fitnest Water</p> <p>Deleted Line - June 2004</p>	<p>Cadbury Schweppes 2 Beverage Drive Tullamarine Victoria, Australia</p>	<p>NS</p>	<p>Distributed by Gatorade Company PO Box 049003 Chicago USA</p>	
<p>RIDE</p> <p>Deleted Line - Sep 2004 Replaced by Play</p>	<p>Zenergy Beverages 19/440 Collins St Melbourne Victoria 3000, Australia www.zenergybeverages.com</p>	<p>Australia</p>	<p>FLAVOURED MANDARIN DRINK CONTAINS PURIFIED WATER, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), FRUCTOSE (4%), NATURAL MANDARIN FLAVOUR (0.06%), FOOD ACID (330), POTASSIUM SORBATE (202), SODIUM BENZOATE (211), MAGNESIUM LACTATE (529), L-ORITIZING @ (ZINC L-METHIONINE), NIACIN (B3), PANTOTHENIC ACID (B5), VIT B6, CHROMEMATE (R) (NIACIN-BOUND CHROMIUM), FOLIC ACID, BIOTIN, VITAMIN B12.</p>	
<p>SLINKY</p> <p>Deleted Line since Sep 2009</p>	<p>Zenergy Beverages 12A/440 Collins St Melbourne Victoria 3000, Australia www.zenergybeverages.com</p>	<p>Australia</p>	<p>LOW-JOULE FLAVOURED MANDARIN DRINK CONTAINS PURIFIED WATER, CONCENTRATED JUICES (LEMON, APPLE & GRAPE), FRUCTOSE (4%), CALCIUM LACTATE (577), NATURAL MANDARIN FLAVOUR (0.06%), COLOUR (190), FOOD ACID (330), POTASSIUM SORBATE (202), SODIUM BENZOATE (211), CARNITINE, NIACIN (B3), PANTOTHENIC ACID (B5), VIT B6, CHROMEMATE @ (NIACIN-BOUND CHROMIUM), FOLIC ACID, BIOTIN, VITAMIN B12.</p>	

Food-Type Dietary Supplement Survey - Formulated Beverages - New Zealand 2003

Summary

Attachment 4c

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
AQUANA - Alive Zest & Vigour	Water for wellbeing. Guarana, B Vitamins & natural citrus flavour.	Aquana alive brings you all the benefits of purified water and may help give zest and vigour to your life. A vital mix of purified water, B vitamins, guarana herb and a hit of natural citrus flavours. <1 Calorie/100ml Natural flavours. No colours.	Store in a cool place.		750ml	200ml
AQUANA - Strong Defend & Support	Water for wellbeing. Antioxidants & natural berry flavours.	Aquana strong brings you all the benefits of purified water and may help support your body's defences. Purified water blended with the natural protection of antioxidants, ginkgo biloba extracts and a hint of natural berry flavours. <1 Calorie/100ml Natural Flavours. No colours	Store in a cool place.		750ml	200ml
CHARLIE'S SPORTS WATER <i>Flavours: Lemon & Lime</i>	No added sugar or artificial sweetener. Contains 6 essential vitamins - C, B3, B5, E, B6, B12		Serve chilled, refrigerate after opening. Consume within four days of opening. Remove safety seal under sipper cap.	This product is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical exercise program.	800ml	200ml

Food-Type Dietary Supplement Survey - Formulated Beverages - New Zealand 2003

Summary

Attachment 4c

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
e2 <i>Flavours: Apple Mango, Watermelon, Strawberry Citrus, Mango, Apple Blackcurrant</i>	Liquid Energy naturally blended with apple & mango Juices With vitamins A, C & E and minerals	e2 is for people like you that exercise, work hard or just need a lift to get through the day. Vitamins A, B5, B6, C, E and Niacin are blended with fruit juices and sucrose to give a real energy boost and to put back what life takes out. Some vitamins are known to prevent the effects of free radicals. Calcium may assist in maintaining strong healthy bones. Electrolytes help in assisting hydration and giving a quicker recovery after exercise.	Drink chilled.		400ml & 1.25L	250ml
G FORCE <i>Flavours: Apple & Blackcurrant, Blueberry & Raspberry, Mango & Pineapple, Orange Mandarin, Pineapple & Lime, Raspberry & Lemon</i>	Information not obtained	Information not obtained			800ml	400ml
MIZONE SPORTS WATER <i>Flavours: Mandarin, Lime, Lemon, Passionfruit, Crisp Apple</i>	Contains 5 essential vitamins C, B3, B5, B6, B12. Purified water and fruit flavours with vitamins. Colour free and low in sugar.	To achieve your physical best, your body needs lots of water and MIZONE Sports Water is the easiest way to drink it.... Vit B's aid in energy metabolism and antioxidant Vit C assists with recovery and protection. With vitamins and a splash of flavour, MIZONE Sports Water will rehydrate you so you can achieve your goals.	Remove safety seal under sipper cap. Serve chilled, once opened keep refrigerated.		800ml	200ml

Food-Type Dietary Supplement Survey - Formulated Beverages - New Zealand 2003

Summary

Attachment 4c

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
POWERADE WATER <i>Flavours: Mandarin, Lime & Grapefruit</i>	With 5 essential vitamins B3, B5, B6, B9, B12	Powerade water contains purified water, with a refreshing splash of fruity flavour, 5 essential vitamins & electrolytes.	Please remove foil seal from under cap.	Store in a cool place.	750ml	400ml
THEXTON'S Blackcurrant Drink	Quality Beverage of New Zealand. Naturally flavoured with Blackcurrant juice. Rich in Vitamin C.	OK for kids as part of a balanced diet. Blackcurrant juice has been shown to have high levels of Vitamin C and is very beneficial for your health. No Apple base.	Serve chilled. Refrigerate after opening.		1L	250ml
THEXTON'S <i>Flavours: Pink Grapefruit, Cranberry & Red Grape</i>	Quality Beverage of New Zealand. Naturally flavoured with juice. With Vitamins A, C & E plus Echinacea.	OK for kids as part of a balanced diet.	Store in a cool place. Serve chilled. Refrigerate after opening.		1L & 3L	250ml

Food-Type Dietary Supplement Survey - Formulated Beverages - New Zealand 2003

Composition

Product Name	Serving Size	No. of serves per day	Energy (kJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)	Sugars (g)	Vitamins (percentage RDI per serve)	Minerals (percentage RDI per serve)	Herbal Extracts
Per 100ml product										
AQUANA - Alive Zest & Vigour	200ml	Not Specified	0.1	0	0	0	0	C=3.8mg (20%) B6=0.1mg (10%) B3=0.5mg (10%)	Sodium=1mg	Guarana extract
AQUANA - Strong Defend & Support	200ml	Not Specified	0.1	0	0	0	0	C=5.0mg (25%) E=0.5mg (10%)	Sodium=1mg	Ginkgo leaf extract
CHARLIE'S SPORTS WATER	200ml	8 per day	59.3	0.01	0.06	3.34	3.2	C=20.0mg (100%) B3=1.0mg (20%) B5=0.5mg (20%) B6=0.16mg (20%) B12=0.1mg (10%) E=0.5mg (10%)	Sodium=9.0mg	
e2	250ml	Recommended daily consumption, adults up to 2 litres, children under 13 up to 800ml	157	0	0	10.3	9.52	A=138.9IU (14%) B1=0.04mg (14%) B3=1.06mg (14%) B5=0.3mg (14%) B6=0.089mg (14%) C=3.3mg (33%) E=0.55mg (14%)	Calcium=3.83mg Sodium=1mg Potassium=20mg	
G FORCE	400ml	NS	184	<1	<1	10.8	10.8	C=3.5mg (350%) E=1mg (40%) B3=1mg (40%) B5=0.5mg B6=0.16mg (40%) B12=0.2ug (40%)		

Product Name	Serving Size	No. of serves per day	Energy (kJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)	Sugars (g)	Vitamins (percentage RDI per serve)	Minerals (percentage RDI per serve)	Herbal Extracts
MIZONE SPORTS WATER	200ml	Not Specified	43	0	0	2.5	2.5	C=20mg (100%) B3=1mg (20%) B5=0.5mg B6=0.16mg (20%) B12=0.1ug (10%)	Sodium=<5mg	
POWERADE WATER	400ml	Recommended daily consumption, Adults up to 6 bottles, children between 3 and 13 up to 2 bottles	41	0	0	2.3	2.3	B3=0.5mg (20%) B5=0.25mg B6=0.08mg (20%) B9=20ug (40%) B12=0.2ug (40%)	Sodium=12mg Potassium=14mg	
THEXTON'S Blackcurrant Drink	250ml	Recommended daily consumption, adults up to 2 litres, children under 12 up to 1.2 litres.	225	<1g	<1g	14.2	14.2	C=45mg (280%)		
THEXTON'S	250ml	Recommended daily consumption, adults up to 2 litres, children under 12 up to 1.2 litres	188	0	0	12	11.5	A=50ug (15%) C=5mg (30%) E=0.6mg (15%)	Sodium = 20mg	Echinacea

Food-Type Dietary Supplement Survey - Formulated Beverages - New Zealand 2003

Manufacturer & Ingredients

Product Name	Manufacturer Details	Country of Origin	Distributor Details (if necessary)	Ingredients
AQUANA - Alive Zest & Vigour	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		WATER, APPLE JUICE FROM CONCENTRATE (0.5%), NATURAL FLAVOUR, GUARANA EXTRACT, VITAMIN C, VITAMIN B3, VITAMIN B6.
AQUANA - Strong Defend & Support	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		WATER, NATURAL FLAVOURS, VITAMIN C, GINKGO LEAF EXTRACT, VITAMIN E
CHARLIE'S SPORTS WATER		New Zealand	Charlie's Trading Company Ltd 125 The Strand Parnell Auckland, NZ PH 0800 126 435 office@charlies.co.nz/www.charlies.co.nz	WATER (95%), RECONSTITUTED APPLE JUICE, VITAMINS (C, B3, B5, E, B6, B12), APPLE CIDER, VINEGAR, LEMON & LIME FLAVOUR, FOOD ACID (330).
e2	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		APPLE MANGO CONTAINS: WATER, SUCROSE, APPLE AND MANGO JUICE CONCENTRATE, FOOD ACID (330), FLAVOURS, COLOURS (133, 102), MINERALS (POTASSIUM, SODIUM, CALCIUM), VITAMINS (C, A, NIACIN, E, B5, B6, B1), POTASSIUM SORBATE (202).
G FORCE	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com	New Zealand		APPLE & BLACKCURRANT CONTAINS: WATER, SUGAR, RECONSTITUTED FRUIT JUICE (APPLE (5%), BLACKCURRANT (3%)), ACIDITY REGULATORS (330, 331), FLAVOUR, VITAMINS (ASCORBIC ACID (C), E, B3, B5, B6, B12), STABILISER (PECTIN), PRESERVATIVE (202), COLOURS (123, 133).
MIZONE SPORTS WATER	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929	New Zealand	Frucor Beverages Australia Pty Ltd, 99 Derby St, Wilversater, NSW 2128, Australia PH 1800 237 727	PURIFIED WATER, RECONSTITUTED APPLE JUICE, FRUCTOSE, APPLE CIDER, VINEGAR, MANDARIN FLAVOURING, VITAMINS (ASCORBIC ACID C), B3, B5, B6, B12, CITRIC ACID.

POWERADE WATER	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		MANDARIN CONTAINS: WATER (97.3%), SUCROSE, FOOD ACID (330), TRI-POTASSIUM CITRATE, SODIUM CHLORIDE, FLAVOUR, ANTIOXIDANT (300), TRI-POTASSIUM PHOSPHATE, VITAMINS B3 (NIACIN), B5, B6, B9 (FOLIC ACID), B12.
THEXTON'S Blackcurrant Drink	Rio Beverages Ltd 40 Springs Rd East Tamaki Auckland, NZ PH (09) 274 5299	New Zealand		WATER, SUGAR, RECONSTITUTED BLACKCURRANT JUICE, NATURAL FLAVOURS, FOOD ACID (330), ASCORBIC ACID, COLOURS (123, 122, 129, 133).
THEXTON'S	Coca-Cola Amatil (N.Z.) Limited The Oasis Mt Wellington Auckland, NZ	New Zealand		PINK GRAPEFRUIT CONTAINS: WATER, SUGAR RECONSTITUTED PINK GRAPEFRUIT JUICE, ACIDITY REGULATOR (330, 331), FLAVOUR, VITAMINS (C,E,A), COLOUR (163), ECHINACEA EXTRACT (0.033%).

Food-Type Dietary Supplement Survey - Formulated Beverages - Australia 2003

Summary

Attachment 4d

Product Name	Content Claims	Other Claims	Directions for Use	Warnings and Advisory Statements	Package Size	Serving Size
MIZONE SPORTSWATER	Contains 5 essential vitamins - C, B3, B5, B6, B12	Colour free and low in sugar. Vitamin B's aid in energy metabolism and antioxidant Vitamin C assists with recovery and protection.			800ml	200ml
SANITARIUM WATERPLUS	5 minerals and 7 vitamins Low joule	Electrolytes are essential minerals that assist in hydration. Antioxidants are vitamins that help to protect your body against harmful free radicals.			710ml	710ml
PROPEL FITNESS WATER	Vitamin enhanced water beverage	In a daily diet, B vitamins aid in energy metabolism. Antioxidant Vitamin E helps neutralize free radicals. Folate is a B vitamin that is needed for healthy growth and development.			700ml	200ml

Food-Type Dietary Supplement Survey - Formulated Beverages - Australia 2003
Composition

Product Name	Serving Size	No. of serves per day	Energy (kJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)	Sugars (g)	Vitamins (percentage RDI per serve)	Minerals (percentage RDI per serve)	Herbal Extracts
Per 100ml product										
MIZONE SPORTSWATER	200ml	Not Specified	43	0	0	2.5	2.5	C=20mg B3=1mg B5=0.5mg B6=0.16mg B12=0.1ug	Sodium <5mg	
SANITARIUM WATERPLUS	710ml	Not Specified	2	0	0	<0.1	0	B1=0.04mg B3=0.4mg B5=0.2mg B6=0.06mg B12=0.1ug C=1mg E=0.1mg	Calcium=11mg Magnesium=5mg Zinc=0.2mg Sodium=6mg Potassium=6mg	
PROPEL FITNESS WATER	200ml	Not Specified	17.5	0	0	0.83	0.83	E=0.5mg B3=1mg B5=0.5mg B6=0.16mg B9=15ug B12=0.1ug	Sodium=2mg Potassium=0mg	

Food-Type Dietary Supplement Survey - Formulated Beverages - Australia 2003
 Manufacturer & Ingredients

Product name	Manufacturer - full contact details	Country of origin	Distributor details (if necessary)	Ingredients
MIZONE SPORTSWATER	Frucor Beverages Ltd 97 Plunket Ave Wiri Auckland, NZ PH 0800 502 929 www.frucor.com	New Zealand	Frucor Beverages Australia Pty Ltd, 99 Derby St. Silverwater Nsw2128, Australia	PURIFIED WATER, RECONSTITUTED APPLE JUICE, FRUCTOSE, APPLE CIDER VINEGAR, MANDARIN FLAVOURING, VITAMINS (ASCORBIC ACID (C), B3, B5, B6, B12), ACIDITY REGULATOR (CITRIC ACID).
SANITARIUM WATERPLUS	Sanitarium Health Food Company 124 Pah Road Royal Oak Auckland, New Zealand	New Zealand	Australian Health & Nutrition Association Limited, 1 Sanitarium Drive, Berkeley Vale NSW 2261.	WATER (99%), MINERALS (MAGNESIUM GLUCONATE, CALCIUM LACTATE, POTASSIUM BICARBONATE, SODIUM CHLORIDE, ZINC GLUCONATE), VITAMINS (C, B3, E ACETATE, B5, B6, B1, B12), FOOD ACIDS (CITRIC ACID, MALIC ACID), LEMON LIME FLAVOUR, ARTIFICIAL SWEETENER.
PROPEL FITNESS WATER	Imported into New Zealand by Pepsico Australia Holdings Pty Ltd, Sydney, Australia.	USA	Imported and distributed in Australia by Cadbury Schweppes Pty Ltd, 636 St Kilda Road, Melbourne, Victoria 3004, Australia.	WATER, SUCROSE SYRUP, FRUCTOSE, CITRIC ACID, NATURAL FLAVOURS, VITAMIN E ACETATE, NIACINAMIDE (B3), CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE (B6), FOLIC ACID, VITAMIN B12.