# STANDARD 2.6.2

# NON-ALCOHOLIC BEVERAGES AND BREWED SOFT DRINKS

#### Purpose

This Standard deals with packaged waters and water-based beverages which contain food additives and in certain cases, nutritive substances. The Standard defines a number of products and sets certain compositional requirements for packaged water, electrolyte drinks, brewed soft drinks and formulated beverages. The Standard also permits the voluntary addition of fluoride to water presented in packaged form.

Labelling requirements specific to electrolyte drinks and water presented in packaged form are included in this Standard. This Standard also prohibits the labelling or presentation of non-alcoholic beverages in such a way as to suggest the product is an alcoholic beverage.

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#### Clauses

#### 1 Interpretation

In this Code -

**brewed soft drink** means the product prepared by a fermentation process from water with sugar and one or more of –

- (a) fruit extractives or infusions; or
- (b) vegetable extractives or infusions.

electrolyte drink means a drink formulated and represented as suitable for the rapid replacement of fluid, carbohydrates, electrolytes and minerals.

electrolyte drink base means a solid or liquid which when made up, makes an electrolyte drink.

**formulated beverage** means a non-carbonated ready to drink, water-based flavoured beverage that contains added vitamins or minerals or both vitamins and minerals, prepared from one or more of the following –

- (a) water; and
- (b) fruit juice; and
- (c) fruit purée; and
- (d) concentrated fruit juice; and
- (e) concentrated fruit purée; and
- (f) comminuted fruit; and

- (g) orange peel extract; and
- (h) mineral water; and
- (i) sugars.

fruit drink means a product prepared from one or more of the following -

- (a) fruit juice; and
- (b) fruit purée; and
- (c) concentrated fruit juice; and
- (d) concentrated fruit puree; and
- (e) comminuted fruit; and
- (f) orange peel extract; and
- (g) water; and
- (h) mineralised water; and
- (i) sugars.

**mineral water or spring water** means ground water obtained from subterranean waterbearing strata that, in its natural state, contains soluble matter.

#### non-alcoholic beverage means -

- (a) packaged water; or
- (b) a water-based beverage which may or may not contain other foods, except for alcoholic beverages; or
- (c) electrolyte drinks.

#### 2AA Limits for chemicals in packaged water

(1) Water presented in packaged form may or may not contain added carbon dioxide.

(2) Water presented in packaged form must not contain a chemical listed in Table A3.3 *Guideline values for chemicals that are of health significance in drinking-water of Annex 3 Chemical summary tables* in the *Guidelines for drinking-water quality, 4<sup>th</sup> edition, 2011, World Health Organization, Geneva*, at a level greater than the guideline value for the chemical specified in that Table.

(3) Subclause (2) does not apply to fluoride.

(4) Water presented in packaged form must not contain fluoride that is naturally-occurring in the water at a level greater than 1.0 mg/L.

### Editorial note:

Clause 3 of Standard 1.4.1 sets a maximum level for Acrylonitrile of 0.02 mg/kg in all food. Clause 4 of Standard 1.4.1 sets a maximum level for Pulegone of 250 mg/kg in beverages.

#### 2A Addition of fluoride to packaged water

(1) In this clause, **water suitable for added fluoride** means water presented in packaged form which –

- (a) does not contain sugars, sweeteners, flavourings or other food; and
- (b) is not carbonated.

(2) Fluoride must not be added to water presented in packaged form except in accordance with this clause.

(3) Fluoride may be added to water suitable for added fluoride provided that –

- (a) the total amount of the naturally occurring and any added fluoride is no less than 0.6 mg/L and no more than 1 mg/L; and
- (b) the form of fluoride added is
  - (i) hydrofluorosilicic acid (fluorosilicic acid);
  - (ii) sodium fluoride; or
  - (iii) sodium fluorosilicate (sodium silicofluoride).

# 2B Labelling of packaged water

(1) The label on water presented in packaged form with added fluoride must contain a statement to the effect that the product contains added fluoride.

(2) Subject to subclause (3), the label on water presented in packaged form may include a typical analysis which lists the total concentration of any naturally occurring compound expressed in either mg/L or parts per million.

(3) A typical analysis may also include added fluoride provided that only the total amount of the naturally occurring and added fluoride is specified.

(4) A typical analysis which complies with subclauses (2) and (3) is not a nutrition content claim for the purposes of Standard 1.2.7.

# 3 Composition of brewed soft drink

Brewed soft drink must contain no more than 1.15% alcohol/volume.

# 4 Composition of fruit drinks

Fruit drinks must contain no less than 50 mL/L of fruit, except in the case of passionfruit drink which must contain no less than 35 mL/L of passionfruit, prepared from any of the sources specified in the definition for fruit drink in paragraphs 1(a) to (f).

# 5 Non alcoholic beverages not to be labelled/presented as alcoholic beverages

Non alcoholic beverages must not be labelled or otherwise presented for sale in a form which expressly or by implication suggests that the product is an alcoholic beverage.

# 6 Composition of electrolyte drinks and electrolyte drink bases

(1) An electrolyte drink, or an electrolyte drink base when made up, must contain no less than 10 mmol/L of sodium.

(2) An electrolyte drink, or an electrolyte drink base when made up according to directions, must contain –

- (a) no less than 50 g/L and no more than 100 g/L total
  - (i) dextrose; and
  - (ii) fructose; and
  - (iii) glucose syrup; and
  - (iv) maltodextrin; and
  - (v) sucrose; and
- (b) no more than 50 g/L fructose.
- (3) An electrolyte drink, or an electrolyte drink base when made up, may contain
  - (a) calcium phosphates; and
  - (b) potassium phosphates; and

- (c) calcium citrates; and
- (d) potassium citrates; and
- (e) sodium citrates; and
- (f) potassium carbonates, including potassium bicarbonate; and
- (g) potassium chloride; and
- (h) calcium chloride; and
- (i) sodium chloride; and
- (j) calcium lactate; and
- (k) magnesium lactate; and
- (I) magnesium sulphate.

# 7 Labelling of electrolyte drinks and electrolyte drink bases

The label on a package of electrolyte drink or electrolyte drink base, must include a declaration, as ready to drink -

- (a) the average per 100 mL
  - (i) energy value; and
  - (ii) total carbohydrate present, including each type of monosaccharide and disaccharide; and
  - (iii) milligrams and millimoles of the added minerals and electrolytes; and
- (b) the recommended volume and frequency of use.

# 8 Claims in relation to the tonicity of electrolyte drinks

(1) A claim that an electrolyte drink is isotonic may only be made if the electrolyte drink has an average osmolality of 250 - 340 milliOsmol/L.

(2) Where a claim is made that an electrolyte drink is isotonic, hypertonic or hypotonic, the osmolality of the electrolyte drink as measured in milliOsmol/L must be declared on the label of the package.

(3) The label on a package of isotonic electrolyte drink may include words to the effect that the product is designed to promote the availability of energy and to prevent or treat mild dehydration that may occur as a result of sustained strenuous exercise.

# 9 Composition of formulated beverages

- (1) A formulated beverage must contain no more than
  - (a) 240 mL/L of fruit prepared from any of the sources specified in the definition for formulated beverage in paragraphs 1(b) to (g); and
  - (b) 75 g/L of sugars.
- (2) A formulated beverage must not contain
  - (a) carbon dioxide; or
  - (b) caffeine.
- (3) A formulated beverage must not be mixed with other beverages.

# **Amendment History**

The Amendment History provides information about each amendment to the Standard. The information includes commencement or cessation information for relevant amendments.

These amendments are made under section 92 of the *Food Standards Australia New Zealand Act* 1991 unless otherwise indicated. Amendments do not have a specific date for cessation unless indicated as such.

#### About this compilation

This is a compilation of Standard 2.6.2 as in force on **21 February 2015** (up to Amendment No. 152). It includes any commenced amendment affecting the compilation to that date.

Prepared by Food Standards Australia New Zealand on 21 February 2015.

#### Uncommenced amendments or provisions ceasing to have effect

To assist stakeholders, the effect of any uncommenced amendments or provisions which will cease to have effect, may be reflected in the Standard as shaded boxed text with the relevant commencement or cessation date. These amendments will be reflected in a compilation registered on the Federal Register of Legislative Instruments including or omitting those amendments and provided in the Amendment History once the date is passed.

The following abbreviations may be used in the table below:

| ad = added or inserted                 | am = amended   |
|--|----------------|
| exp = expired or ceased to have effect | rep = repealed |
| rs = repealed and substituted          |                |

**Standard 2.6.2** was published in the Commonwealth of Australia Gazette No. P 30 on 20 December 2000 as part of Amendment No. 53 (F2009B00004 – 6 January 2009).

**Standard 2.6.2** as above was repealed and replaced in the *Commonwealth of Australia Gazette* No. P 23 on 30 August 2001 as part of Amendment No. 55 (F2008B00791 – 9 December 2008) and has been amended as follows:

| Clause<br>affected | A'ment<br>No. | FRLI<br>registration<br>Gazette                       | Commencement<br>(Cessation) | How<br>affected | Description of amendment  |
|--------------------|---------------|---|-----------------------------|-----------------|---|
| Purpose            | 89            | F2006L03647<br>9 Nov 2006<br>FSC 31<br>9 Nov 2006     | 9 Nov 2008                  | am              | Insert reference to formulated beverages.                             |
| Purpose            | 110           | F2009L02678<br>16 July 2009<br>FSC 52<br>16 July 2009 | 16 July 2009                | rs              | Purpose.  |
| Purpose            | 138           | F2013L00050<br>14 Jan 2013<br>FSC 80<br>18 Jan 2013   | 18 Jan 2013                 | am              | Consequential amendment relating to date of effect of Standard 1.2.7. |
| Table of<br>Provs  | 89            | F2006L03647<br>9 Nov 2006<br>FSC 31<br>9 Nov 2006     | 9 Nov 2008                  | am              | Insert reference to clause 9.   |
| Table of<br>Provs  | 139           | F2013L00248<br>21 Feb 2013<br>FSC 81<br>21 Feb 2013   | 21 Feb 2013                 | am              | Insert references to clauses 2AA and 2AB.                             |

| Clause<br>affected           | A'ment<br>No. | FRLI registration                                     | Commencement<br>(Cessation) | How<br>affected | Description of amendment  |
|------------------------------|---------------|---|-----------------------------|-----------------|---|
|                              |               | Gazette   | (                           |                 |   |
| Table of<br>Provs            | 139           | F2013L00248<br>21 Feb 2013<br>FSC 81<br>21 Feb 2013   | 21 Feb 2015                 | am              | Omit references to clauses 2 and 2AB.   |
| Table of<br>Provs            | 150           | F2014L01427<br>28 Oct 2014<br>FSC92<br>30 Oct 2014    | 30 Oct 2014                 | am              | Insert references to clauses 2A and 2B (inserted below as part of Amendment No. 110).       |
| 1                            | 67            | F2008B00814<br>24 Dec 2008<br>FSC 9<br>31 July 2003   | 31 July 2003                | am              | Definition of 'fruit drink'.  |
| 1                            | 89            | F2006L03647<br>9 Nov 2006<br>FSC 31<br>9 Nov 2006     | 9 Nov 2008                  | ad              | Definition of 'formulated beverage'.  |
| 1                            | 103           | F2008L03741<br>9 Oct 2008<br>FSC 45<br>9 Oct 2008     | 9 Oct 2008                  | rs              | Definition of 'formulated beverage'.  |
| 1                            | 124           | F2011L01450<br>8 July 2011<br>FSC 66<br>11 July 2011  | 11 July 2011                | rs              | Definition of 'brewed soft drink'.  |
| 1                            | 124           | F2011L01450<br>8 July 2011<br>FSC 66<br>11 July 2011  | 11 July 2011                | am              | Definition of 'formulated beverage'.  |
| 2                            | 139           | F2013L00248<br>21 Feb 2013<br>FSC 81<br>21 Feb 2013   | 21 Feb 2015                 | rep             | Clause.   |
| Table to<br>s'clause<br>2(2) | 103           | F2008L03741<br>9 Oct 2008<br>FSC 45<br>9 Oct 2008     | 9 Oct 2008                  | am              | Correct a typographical error in the Table heading.   |
| Table to<br>s'clause<br>2(2) | 110           | F2009L02678<br>16 July 2009<br>FSC 52<br>16 July 2009 | 16 July 2009                | am              | Entry for fluoride.   |
| 2AA                          | 139           | F2013L00248<br>21 Feb 2013<br>FSC 81<br>21 Feb 2013   | 21 Feb 2013                 | ad              | New clauses   |
| 2AB                          | 139           | F2013L00248<br>21 Feb 2013<br>FSC 81<br>21 Feb 2013   | 21 Feb 2015                 | ad, rep         | New clause – to be repealed 2 years after date of effect.                                   |
| 2A, 2B                       | 110           | F2009L02678<br>16 July 2009<br>FSC 52<br>16 July 2009 | 16 July 2009                | ad              | New clauses as consequential amendment<br>relating to changed requirements for<br>fluoride. |
| 5                            | 67            | F2008B00814<br>24 Dec 2008<br>FSC 9<br>31 July 2003   | 31 July 2003                | rs              | Clause.   |
| 5(2)                         | 60            | F2008B00798<br>19 Dec 2008<br>FSC 2<br>20 June 2002   | 20 June 2002                | am              | Insert reference to electrolyte 'drink'.  |
| 6(2)                         | 62            | F2008B00807<br>19 Dec 2008<br>FSC 4<br>17 Sept 2002   | 17 Sept 2002                | am              | Replace subparagraphs (a)(i)–(iv).  |

| Clause<br>affected | A'ment<br>No. | FRLI<br>registration<br>Gazette                     | Commencement<br>(Cessation) | How<br>affected | Description of amendment  |
|--------------------|---------------|---|-----------------------------|-----------------|---|
| 6(2)               | 67            | F2008B00814<br>24 Dec 2008<br>FSC 9<br>31 July 2003 | 31 July 2003                | am              | Correct typographical error.  |
| 6(3)               | 103           | F2008L03741<br>9 Oct 2008<br>FSC 45<br>9 Oct 2008   | 9 Oct 2008                  | am              | Correct a punctuation error.  |
| 7                  | 101           | F2008L03058<br>14 Aug 2008<br>FSC 43<br>14 Aug 2008 | 14 Aug 2008                 | rep             | Editorial note following clause.  |
| 8                  | 101           | F2008L03058<br>14 Aug 2008<br>FSC 43<br>14 Aug 2008 | 14 Aug 2008                 | rep             | Editorial note following clause.  |
| 9                  | 89            | F2006L03647<br>9 Nov 2006<br>FSC 31<br>9 Nov 2006   | 9 Nov 2008                  | ad              | Clause and Editorial note related to composition of formulated beverages. |
| 9                  | 101           | F2008L03058<br>14 Aug 2008<br>FSC 43<br>14 Aug 2008 | 14 Aug 2008                 | rep             | Editorial note following clause.  |