Section 42

#### **INSTRUMENT OF APPROVAL**

I, Christopher Evans, Minister for Tertiary Education, Skills, Jobs and Workplace Relations, under subsection 42(3) of the *Seafarers Rehabilitation and Compensation Act 1992* ('the Act') approve, with effect on and from 1 December 2011:

(a) the revocation of the Seafarers Rehabilitation and Compensation Act 1992 – Guide to the Assessment of the Degree of Permanent Impairment ('Edition 2 of the Guide') prepared by the Chief Executive Officer of Comcare, acting under delegation from the Seafarers Safety, Rehabilitation and Compensation Authority ("the Authority"), under subsection 42(1) of the Act by instrument dated 30 January 2006 and approved by the Minister for Employment and Workplace Relations on 6 February 2006; and

NOTE: Edition 2 of the Guide is registered on the Federal Register of Legislative Instruments as F2006L00534.

(b) the attached **Guide to the Assessment of the Degree of Permanent Impairment** ('Edition 2.1 of the Guide') prepared by the Authority under subsection 42(1) of the Act on 6 September 2011.

Dated: 2<sup>nd</sup> November 2011

[signed]

CHRISTOPHER EVANS

Minister for Tertiary Education, Skills, Jobs and Workplace Relations



Australian Government

Seafarers Safety, Rehabilitation and Compensation Authority

# Guide to the Assessment of the Degree of Permanent Impairment

Edition 2.1

# Seafarers Safety, Rehabilitation and Compensation Authority

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#### **1. AUTHORITY**

Division 4 of Part II (sections 39 to 42) of the *Seafarers Rehabilitation and Compensation Act 1992* (the Seafarers Act) provides for payment of lump sum compensation for permanent impairment and non-economic loss resulting from a work related injury.

The amount of compensation payable (if any) is to be assessed by reference to the degree of permanent impairment and the degree of non-economic loss determined by employers under the provisions of the approved guide:

'approved Guide' is defined by section 3 of the Seafarers Act as meaning:

- (a) the document, prepared by the Authority in accordance with section 42 under the title "Guide to the Assessment of the Degree of Permanent Impairment", that has been approved by the Minister and is for the time being in force; and
- (b) if an instrument varying the document has been approved by the Minister—that document as so varied.

Authority for this document rests therefore in subsections 42(1), 42(2) and 42(3) of the Seafarers Act, which provide that:

- (1) The Authority may, from time to time, prepare a written document, to be called the "Guide to the Assessment of the Degree of Permanent Impairment", setting out:
  - (a) criteria by reference to which the degree of the permanent impairment of an employee resulting from an injury must be determined;
  - (b) criteria by reference to which the degree of non-economic loss suffered by an employee as a result of an injury or impairment must be determined; and
  - (c) methods by which the degree of permanent impairment and the degree of non economic loss, as determined under those criteria, must be expressed as a percentage.
- (2) The Authority may, from time to time, by instrument in writing, vary or revoke the approved Guide.
- (3) A document prepared by the Authority under subsection (1), and an instrument under subsection (2), have no force or effect unless and until approved by the Minister

This document is the new *Guide to the Assessment of the Degree of Permanent Impairment*. It may be referred to as 'this guide' or 'edition 2.1 of the guide'. This guide is binding on employers and the Administrative Appeals Tribunal (subsection 42(4)).

#### 2. Structure of this guide

This guide has three divisions:

- DIVISION 1 Division 1 (see page 27) is used to assess the degree of an employee's permanent impairment resulting from an injury
- DIVISION 2 Division 2 (see page 190) is used to assess the degree of an employee's non-economic loss resulting from impairment
- DIVISION 3 Division 3 (see page 198) is used to calculate the total entitlement based on the assessments completed in Divisions 1 and 2.

The principles of assessment (see pages 21-24) and glossary (see pages 25-26) of this guide contain information relevant to the interpretation and application of Divisions 1 and 2.

#### 3. Application of this guide

The *Guide to the Assessment of the Degree of Permanent Impairment* prepared by the Seafarers Safety, Rehabilitation and Compensation Authority under subsection 42(1) of the Seafarers Act and approved by the Minister for Transport and Communications on 17 June 1993 is referred to as the 'first edition of the guide'.

The first edition of the guide was revoked and the second edition of the guide applied in relation to determinations made under sections 39, 40 or 41 on and from 1 March 2006. Claims under those sections received on or before 28 February 2006 continue to be determined under the provisions of the first edition of the guide.

The second edition of the guide was varied on 1 December 2011 by edition 2.1 of the *Guide to the Assessment of the Degree of Permanent Impairment*. This edition varies the second edition by addressing medical ambiguities identified by medical practitioners using the second edition of the guide, addressing various errata and providing a 10 per cent impairment rating for all tables within the guide. Edition 2.1 of the guide does not change the structure of the second edition of the guide or the composition of benefits payable.

Except as provided below, edition 2.1 of the guide applies to determinations made on and from 1 December 2011 under sections 39, 40 or 41 of the Seafarers Act in respect of claims under those sections received by the relevant authority after 28 February 2006.

Where a request by an employee (as defined in s4 of the Seafarers Act) pursuant to subsection 40(1) of the Seafarers Act (in respect of interim payment of permanent impairment compensation) is received by an employer after 1 December 2011 but relates to a claim under section 39 that was received by the employer on or before 28 February 2006, that request will be determined under the provisions of the first edition of the guide.

Where a request by an employee pursuant to subsection 40(1) of the SRC Act (in respect of interim payment of permanent impairment compensation) is received by an employer after 1 December 2011 but relates to a claim under section 39 that was received by the authority between 28 February 2006 and 1 December 2011, that request will be determined under the provisions of the second edition of the guide.

Where a claim for compensation pursuant to subsections 40(4) of the Seafarers Act (in respect of a subsequent increase in the degree of permanent impairment) is received by the employer after 1 December 2011, that claim will be determined under the provisions of this guide, notwithstanding that the initial claim for compensation for permanent impairment may have been determined under the provisions of the previous editions of the guide.

However, where the initial claim for compensation for permanent impairment was determined under the provisions of the first or second edition of the guide, in determining whether or not there has been any subsequent increase in the degree of permanent impairment, the degree of permanent impairment or the degree of non-economic loss shall not be less than the degree of permanent impairment or degree of non-economic loss determined under the provisions of the first or second edition of the guide unless that determination would not have been made but for a false statement or misrepresentation of a person.

#### 4. Whole Person Impairment (WPI)

Prior to 1993, the *Seamen's Compensation Act 1911* (the 1911 Act) (repealed with the coming into effect of the Seafarers Act) provided for the payment of lump sum compensation where a seafarer (employee) suffered the loss of, or loss of efficient use of, a part of the body or faculty, as specified in a table of maims. The range of conditions compensated was exclusive and did not reflect the broad range of work-related injuries and diseases.

This guide, like the previous editions, is for the purposes of expressing the degree of impairment as a percentage, based on the concept of 'whole person impairment'. Subsection 39(5) of the Seafarers Act provides for the determination of the degree of permanent impairment of the employee resulting from an injury, that is, the employee as a whole person. The whole person impairment concept, therefore, provides for compensation for the permanent impairment of any body part, system or function to the extent to which it permanently impairs the employee as a whole person.

Whole person impairment is assessed under Division 1 of this guide.

#### 5. Entitlements under the Seafarers Act

Where the degree of permanent impairment of the employee determined under subsection 39(5) of the Seafarers Act is less than 10%, paragraph 39(7) of the Seafarers Act provides that compensation is not payable to the employee under section 39 of that Act.

Subsection 39(8) of the Seafarers Act excludes the operation of subsection 39(7) in relation to impairment resulting from the loss, or the loss of the use, of a finger or toe, or the loss of the sense of taste or smell.

#### 6. Non-economic loss

Subsection 41(1) of the Seafarers Act provides that where there is liability to pay compensation in respect of a permanent impairment, additional compensation for non-economic loss is payable in accordance with section 41.

Non-economic loss is assessed under Division 2 of this guide.

#### 7. Compensation payable

The maximum level of payment is prescribed in the legislation and indexed annually on 1 July in accordance with the Consumer Price Index. Compensation is calculated at the rate applicable at the time of the assessment (see Division 3 for calculation of total entitlement).

#### 8. Interim and final assessments

On the written request of the employee under subsection 40(1) of the Seafarers Act, an interim determination must be made of the degree of permanent impairment suffered and an assessment made of an amount of compensation payable to the employee, where:

- a determination has been made that an employee has suffered a permanent impairment as a result of an injury
- the degree of that impairment is equal to or more than 10%
- a final determination of the degree of permanent impairment has not been made.

When a final determination of the degree of permanent impairment is made, there is payable to the employee, under subsection 40(3) of the Seafarers Act, an amount equal to the difference, if any, between the final determination and the interim assessment.

#### 9. Increase in degree of whole person impairment

Where a final assessment of the degree of permanent impairment has been made and the level of whole person permanent impairment subsequently increases by 10% or more in respect of the same injury, the employee may request, pursuant to subsection 40(4) of the Seafarers Act, another assessment for compensation for permanent impairment and non-economic loss. Additional compensation is payable for the increased level of impairment only.

See section 3 above (application of this guide) as to assessments of the degree of permanent impairment made under the previous editions of the guide.

# CLAIMS FOR PERMANENT IMPAIRMENT

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### Principles of assessment

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#### 1. Impairment and non-economic loss

Under section 3 of the Seafarers Act, impairment means 'the loss, the loss of the use, or the damage or malfunction, of any part of the body or of the whole or part of any bodily system or function'. It relates to the health status of an individual and includes anatomical loss, anatomical abnormality, physiological abnormality, and psychological abnormality. The degree of impairment is assessed by reference to the impact of that loss by reference to the functional capacities of a normal healthy person.

Non-economic loss is assessed in accordance with Division 2 (page 190) of this guide, and deals with the effects of the impairment on the employee's life. Under section 3 of the Seafarers Act, non economic loss, for an employee who has suffered an injury resulting in a permanent impairment, means:

'loss or damage of a non-economic kind suffered by the employee (including pain and suffering, a loss of expectation of life or a loss of the amenities or enjoyment of life) as a result of that injury or impairment and of which the employee is aware'.

Non-economic loss may be characterised as the 'lifestyle effects' of an impairment. 'Lifestyle effects' are a measure of an individual's mobility and enjoyment of, and participation in, social relationships, and recreation and leisure activities. The employee must be aware of the losses suffered. While employees may have equal ratings of whole person impairment it would not be unusual for them to receive different ratings for non-economic loss because of their different lifestyles.

#### 2. Employability and incapacity

The concepts of 'employability' and 'incapacity' are not the tests for the assessment of impairment and non-economic loss. Incapacity is influenced by factors other than the degree of impairment and is compensated by weekly payments which are separate and independent to permanent impairment entitlements.

#### 3. Permanent impairment

Compensation is only payable for impairments which are permanent. Under section 3 of the Seafarers Act 'permanent' means 'likely to continue indefinitely'. Subsection 39(2) of the Seafarers Act provides that for the purposes of determining whether an impairment is permanent, the following matters shall be considered:

- (a) the duration of the impairment
- (b) the likelihood of improvement in the employee's condition
- (c) whether the employee has undertaken all reasonable rehabilitative treatment for the impairment
- (d) any other relevant matters.

Thus, a loss, loss of the use, damage, or malfunction, will be permanent if it is likely, in some degree, to continue indefinitely. For this purpose, regard shall be had to any medical opinion concerning the nature and effect (including possible effect) of the impairment, and the extent, if any, to which it may reasonably be capable of being reduced or removed.

#### 4. Pre-existing conditions and aggravation

Where a pre-existing or underlying condition is aggravated by a work-related injury, only the impairment resulting from the aggravation is to be assessed. However, an assessment should not be made unless the effects of the aggravation of the underlying or pre-existing condition are considered permanent. In these situations, the pre-existing or underlying condition would usually have been symptomatic prior to the work-related injury and the degree of permanent impairment resulting from that condition is able to be accurately assessed.

If the employee's impairment is entirely attributable to the pre-existing or underlying condition, or to the natural progression of such a condition, the assessment for permanent impairment is nil.

Where the pre-existing or underlying condition was previously asymptomatic, all the permanent impairment arising from the work-related injury is compensable.

#### 5. The impairment tables

Division 1 of this guide is based on the concept of whole person impairment which is drawn from the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition, 2001.

Division 1 assembles into groups, according to body system, detailed descriptions of impairments. The extent of each impairment is expressed as a percentage value of the whole, normal, healthy person. Thus, a percentage value can be assigned to an employee's impairment by reference to the relevant description in this guide.

It may be necessary in some cases to have regard to a number of chapters within this guide when assessing the degree of whole person impairment which results from an injury.

Where a table specifies a degree of impairment because of a surgical procedure, the same degree of impairment applies if the same loss of function has occurred due to a different medical procedure or treatment.

#### 6. Malignancies and conditions resulting in major systemic failure

Conditions such as cancer, HIV infection, diabetes, asbestosis, mesothelioma and others, often with terminal consequences, may result in failure or impairment of multiple body parts or systems.

Assessments should be made of the impairment suffered in each of the affected body parts and systems and combined using the combined values chart in Appendix 1.

#### 7. Percentages of impairment

Most tables in Division 1 provide impairment values expressed as fixed percentages. Where such a table is applicable in respect of a particular impairment, there is no discretion to choose an impairment value not specified in that table. For example, where 10% and 20% are the specified values, there is no discretion to determine the degree of impairment as 15%.

Where a table provides for impairment values within a range, consideration will need to be given to all criteria applicable to the condition, which includes performing activities of daily living and an estimate of the degree to which the medical impairment interferes with these activities. In some cases, additional information may be required to determine where to place an individual within the range. The person conducting the assessment must provide written reason why he or she considers the selected point within the range as clinically justifiable.

For further information relating to the application of this guide, please contact the Comcare Permanent Impairment Guide Helpdesk on 1300 366 979 or email <u>PI.Guide@comcare.gov.au</u>.

#### 8. Comparing assessments under alternative tables

Unless there are instructions to the contrary, where two or more tables (or combinations of tables) are equally applicable to an impairment, the decision-maker must assess the degree of permanent impairment under the table or tables which yields or yield the most favourable result to the employee.

#### 9. Combined values

Impairment is system or function based. A single injury may give rise to multiple losses of function and, therefore, multiple impairments. When more than one table applies in respect of that injury, separate scores should be allocated to each functional impairment. To obtain the whole person impairment in respect of that injury, those scores are then combined using the combined values chart (see Appendix 1) unless the notes in the relevant section specifically stipulate that the scores are to be added (For instance, see 9.8.1 at page 115).

Where there is an initial injury (or pre-existing condition) which results in impairment, and a second injury which results in impairment to the same bodily part, system or function the pre-existing impairment must be disregarded when assessing the degree of impairment of the second injury. The second injury should be assessed by reference to the functional capacities of a normal healthy person. The final scores are then added together.

Where two or more injuries give rise to different whole person impairments, each injury is to be assessed separately and the final scores for each injury (including any combined score for a particular injury) added together.

It is important to note that whenever the notes in the relevant section refer to combined ratings, the combined values chart must be used, even if no reference is made to the use of that chart.

#### 10. Calculating the assessment

Where relevant, a statement is included in the Chapters of Division 1 which indicates:

- the manner in which tables within that Chapter may (or may not) be combined
- whether an assessment made in that Chapter can be combined with an assessment made in another Chapter in assessing the degree of whole person impairment.

There are some special circumstances where addition of scores rather than combination is required. These circumstances are specified in the relevant sections and tables of this guide.

#### 11. Ordering of additional investigations

As a general principle, the assessing medical practitioner should not order additional radiographic or other investigations solely for impairment evaluation purposes, unless the investigations are specifically required in the relevant chapter of this guide.

#### 12. Exceptions to use of this guide

In the event that an employee's impairment is of a kind that cannot be assessed in accordance with the provisions of this guide, the assessment is to be made under the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

An assessment is not to be made using the American Medical Association's *Guides to the Evaluation of Permanent Impairment* for:

- mental and behavioural impairments (psychiatric conditions)
- impairments of the visual system
- hearing impairment
- chronic pain conditions, except in the case of migraine or tension headaches. (For complex regional pain syndromes affecting the upper extremities, see Chapter 9 – 9.13.3 Complex regional pain syndrome, see page 134).

Any reference in this guide to the American Medical Association's *Guides to the Evaluation of Permanent Impairment* is a reference to the 5<sup>th</sup> edition 2001.

#### Glossary

Definitions in italics are from section 3 of the Seafarers Act.

Activities of daily living	are those activities that an employee needs to perform to
, <u> </u>	function in a non-specific environment (that is, to live). Performance of activities of daily living is measured by reference to primary biological and psychosocial function.
Ailment	means any physical or mental ailment, disorder, defect or morbid condition (whether of sudden onset or gradual development).
Disease	means
	(a) any ailment suffered by an employee; or
	(b) the aggravation of any such ailment;
	being an ailment or an aggravation that was contributed to in a material degree by the employee's employment.
Impairment	means the loss, the loss of the use, or the damage or malfunction, of any part of the body or of the whole or part of any bodily system or function.
Injury	means
	(a) a disease suffered by an employee; or
	(b) an injury (other than a disease) suffered by an employee,
	being a physical or mental injury arising out of, or in the course of, the employee's employment; or
	(c) an aggravation of a physical or mental injury (other than a
	disease) suffered by an employee (whether or not that injury arose out of, or in the course of, the employee's employment), being an aggravation that arose out of, or in the course of, that employment;
	but does not include anything suffered by an employee as a result of reasonable disciplinary action taken against the employee or failure by the employee to obtain a promotion, transfer or benefit in connection with his or her employment.
Loss of amenities	means the effects on mobility, social relationships and recreation and leisure activities.
Non-economic loss	in relation to an employee who has suffered an injury resulting in a permanent impairment, means loss or damage of a non- economic kind suffered by the employee (including pain and suffering, a loss of expectation of life or a loss of the amenities or enjoyment of life) as a result of that injury or impairment and of which the employee is aware.

Glossary continues on following page

#### Glossary (continued)

Pain	means physical pain.
Suffering	means the mental distress resulting from the accepted conditions or impairment.
Whole person impairment	is the methodology used for expressing the degree of impairment of a person, resulting from an injury, as a percentage. WPI is based on the American Medical Association's Guides to the Evaluation of Permanent Impairment. WPI is a medical quantification of the nature and extent of the effect of an injury or disease on a person's functional capacity including activities of daily living. This guide presents descriptions of impairments in chapters and tables according to body system. The extent of each impairment is expressed as a percentage value of the functional capacity of a normal healthy person.

### **Division 1**

## Assessment of the Degree of an Employee's Permanent Impairment Resulting from an Injury

#### Chapter 1 – The cardiovascular system

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#### **1.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

WPI ratings derived from tables in this chapter may be combined with WPI ratings from other tables where there is co-existent disease (for example, cardiomyopathy, ischaemic heart disease, congenital heart disease, valvular heart disease).

Activities of daily living are activities which an employee needs to perform to function in a non-specific environment (that is, to live). Performance of activities of daily living is measured by reference to primary biological and psychosocial function.

For the purposes of Chapter 1, activities of daily living are those in Figure 1-A (see below).

Activity	Evomulos
Activity	Examples
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
Communication.	Hearing, speaking, reading, writing, using keyboard.
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
Sensory function.	Tactile feeling.
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
Travel.	Driving or travelling as a passenger.
Sexual function.	Participating in desired sexual activity.
Sleep.	Having a restful sleep pattern.
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

Figure 1-A: Activities of daily living

Chapter 1 does not cover impairments arising from cardiomyopathy, congenital heart disease, valvular heart disease, and pericardial heart disease. Where relevant, the degree of impairment arising from these conditions should be assessed in accordance with the appropriate table from the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

For post-thrombotic syndrome, assessments under Tables 1.4 and 1.5 are an alternative to Table 13.4: Thrombotic disorders. WPI ratings from Tables 1.4 and 1.5 must not be combined with a WPI rating from Table 13.4. Tables 1.4 and 1.5 should be used as the primary guide for assessing peripheral complications of thrombosis.

Employees who have permanent cardiac limitation secondary to massive pulmonary embolism should be assessed under Chapter 1. A WPI rating assessed in these circumstances may not be combined with a rating from Table 13.4.

#### 1.1 Coronary artery disease

Steps for assessment are as follows.

Step 1	Using Figure 1-B (see below), determine the symptomatic level of activity in METS according to age and gender. Figure 1-B may be used to assess conditions affecting left ventricular function (LVF) (including ischaemic heart disease, rheumatic heart disease, and hypertension).
Step 2	Using Table 1.1 (see below), refer to any one of pathology (column 3), drug therapy (column 4), or intervention (column 5), to identify the degree of impairment within the range of impairments for that symptomatic level of activity.

Figure 1-B (see below) may be used for the assessment of symptomatic impairment caused by ischaemic heart disease, hypertension, cardiomyopathy, or rheumatic heart disease.

Age and	Symptomatic level of activity in METS									
gender	1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8- 9	10 +
18-30 M	D	D	D	С	С	В	В	В	А	А
18-30 F	D	D	С	С	В	В	А	Α	А	
31-40 M	D	D	D	С	С	В	В	Α	А	
31-40 F	D	D	С	В	В	В	Α			
41-50 M	D	D	С	С	В	В	А	Α		
41-50 F	D	D	С	В	В	А	А			
51-60 M	D	D	С	В	В	А	Α	A		
51-60 F	D	D	С	В	В	А	Α			
61-70 M	D	D	С	В	В	А	А			
61-70 F	D	D	В	В	А	А				
70+ M	D	С	В	В	А					
70+ F	D	С	В	A	A					

#### Figure 1-B: Symptomatic level of activity in METS according to age and gender

#### Table 1.1: Coronary artery disease

See notes immediately following Table 1.1 for further details regarding abbreviations and symbols used in columns 3, 4 and 5.

Column 1 % WPI	Column 2 Level of activity in METS for age and gender	Column 3 Pathology	Column 4 Drug therapy	Column 5 Intervention
5	А	not applicable	not applicable	not applicable
10	А	+	+	not applicable
15	А	++	++	PTCA
20	А	+++	+++	CABG/Tx
25	В	+	+	not applicable
30	В	++	++	PTCA
40	В	+++	+++	CABG/Tx
50	С	+	+	not applicable
60	С	++	++	PTCA
65	С	+++	+++	CABG/Tx
75	D	+	+	not applicable
85	D	++	++	PTCA
95	D	+++	+++	CABG/Tx

#### Notes to Table 1.1

1. In Table 1.1, *not applicable* means the criterion is not applicable to the specified level of impairment.

- 2. Pathology Column 3.
  - (i) Coronary artery disease:
    - + either <50% stenosis in one or more coronary arteries, or single vessel disease > 50% stenosis (except proximal left anterior descending [LAD] and left main coronary artery [LMCA])
    - ++ either >50% stenosis in two vessels, or >50% stenosis in proximal LAD, or <50% stenosis in LMCA

+++ either >50% stenosis in 3 vessels, or LMCA >50% stenosis, or severe diffuse end organ disease.

- (ii) Ischaemic left ventricular dysfunction:
  - + left ventricular ejection fraction (LVEF) 40-50%
  - ++ LVEF 30-40%
  - +++ either LVEF < 30%, or LV aneurysm.

- (iii) Myocardial infarction (MI):
  - + no previous MI
  - ++ previous possible MI (equivocal changes in ECG/cardiac enzymes)
  - +++ previous definite MI (unequivocal changes in ECG/cardiac enzymes: typical evolution of ST/T segments, or development of significant Q waves, or enzyme rise > 3 times upper limit of normal).
- (iv) Arrhythmias

Assessed under Table 1.3 – Arrhythmias (see page 35).

- 3. Drug Therapy (continuous) column 4.
  - + one or two drugs
  - ++ three or four drugs
  - +++ five or more drugs.
- 4. Intervention Column 5.

PTCA means percutaneous transluminal coronary angioplasty and/or stenting.

CABG means coronary artery bypass grafting.

Tx means heart transplant.

#### 1.2 Hypertension

Either diastolic hypertension (section 1.2.1 below) or systolic hypertension (section 1.2.2, on page 34) may be assessed, whichever provides the higher WPI rating.

#### 1.2.1 Diastolic hypertension

Hypertensive cardiomyopathy can be assessed using the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

Functional class (determined in accordance with Figure 1-B) is the primary criterion for assessment. Level of diastolic blood pressure (DBP) and therapy (see Table 1.2.1) are secondary criteria for assessment.

For assessment use either usual DBP, or therapy, for a given functional class, whichever provides the greater WPI rating. If DBP is consistently >120 on optimal therapy, one higher functional class may be assigned.

#### Table 1.2.1: Diastolic hypertension

See note immediately following Table 1.2.1 for explanation of symbols used in the final column (Drug therapy).

% WPI	Level of activity in METS for age and gender	Usual DBP	Drug therapy
5	А	>90	+
10	А	>100	++
15	А	>110	+++
20	В	>90	+
25	В	>100	++
30	В	>110	+++
35	С	>90	+
40	С	>100	++
45	С	>110	+++
50	D	>90	+
55	D	>100	++
60	D	>110	+++

#### Note to Table 1.2.1

- 1. Drug therapy (continuous) final column of Table 1.2.1:
  - + one drug
  - ++ two drugs
  - +++ three or more drugs.

#### 1.2.2 Systolic hypertension

Hypertensive cardiomyopathy can be assessed using the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

Functional class (determined in accordance with Figure 1-B, see page 30) is the primary criterion for assessment. Level of systolic blood pressure (SBP) and therapy (see Table 1.2.2 below) are secondary criteria for assessment.

#### Table 1.2.2: Systolic hypertension

See note immediately following Table 1.2.2 for explanation of symbols used in the final column (Drug therapy).

% WPI	Symptomatic level of activity in METS for age and gender	Usual SBP	Drug therapy
5	А	>160	+
10	А	>160	++
15	A	>160	+++
20	В	>170	+
25	В	>170	++
30	В	>170	+++
35	С	>180	+
40	С	>180	++
45	С	>180	+++
50	D	>190	+
55	D	>190	++
60	D	>190	+++

#### Note to Table 1.2.2

- 1. Drug therapy (continuous):
  - + one drug
  - ++ two drugs
  - +++three or more drugs.

#### 1.3 Arrhythmias

Underlying cardiac disease can be assessed using other tables in Chapter 1.

Functional class (determined under Figure 1-C below), and therapy (see Table 1.3), are used to determine the WPI rating.

Functional class	Symptoms		
I	No limitation of physical activity.		
	Slight limitation of physical activity.		
II	Comfortable at rest and with ordinary, light activities of daily living.		
	Greater activity causes symptoms.		
	Marked limitation of physical activity.		
III Comfortable at rest.			
	Ordinary activity causes symptoms.		
IV	Inability to carry out any physical activity without discomfort.		

Figure 1-C: Definitions of functional class

#### Table 1.3: Arrhythmias

See note immediately following Table 1.3 for explanation of symbols used in the final column (therapy).

% WPI	Functional class	Therapy
5	I	Nil
10	I	Drug(s)
15	Ι	Surgery/cath/PPM/Dev ice
20	II	Nil
30	II	Drug(s)
40	II	Surgery/cath/PPM/Dev ice
45	III	Nil
50	III	Drug(s)
55	III	Surgery/cath/PPM/Dev ice
60	IV	not applicable

#### Note to Table 1.3

1. Therapy – column 3:

'cath' means either catheter ablation or catheter-associated therapy for arrhythmia.

'PPM' means permanent pacemaker.

'Device' means implanted defibrillator.

#### **1.4** Peripheral vascular disease of the lower extremities

Amputees should not be assessed under Table 1.4. They should be assessed under Table 9.5: Lower extremity amputations.

A WPI rating from Table 1.4 must not be combined with a WPI rating from Table 13.4: Thrombotic disorders.

% WPI	Signs and symptoms
0	The employee experiences neither intermittent claudication nor ischaemic pain at rest.
5	The employee has no difficulty with distances but experiences ischaemic pain on climbing either steps or gradients.
10	The employee experiences claudication on walking 200 metres or more at an average pace on level ground.
20	The employee experiences claudication on walking more than 100 but less than 200 metres at average pace on level ground.
30	The employee experiences claudication on walking more than 75 but less than 100 metres at average pace on level ground.
40	The employee experiences claudication on walking more than 50 but less than 75 metres at average pace on level ground.
50	The employee experiences claudication on walking more than 25 but less than 50 metres at average pace on level ground.
60	The employee experiences claudication on walking less than 25 metres at average pace on level ground.
70	The employee experiences ischaemic pain at rest.

 Table 1.4: Peripheral vascular disease of the lower extremities

### **1.5** Peripheral vascular disease of the upper extremities

Amputees should not be assessed under Table 1.5. They should be assessed under Table 9.12.1: Upper extremity amputations, or Table 9.12.2: Amputation of digits.

A WPI rating from Table 1.5 must not be combined with a WPI rating from Table 13.4: Thrombotic disorders.

% WPI	Symptoms	Signs
5	Either no claudication or transient oedema.	Calcification of arteries on X-ray.
10	Either no claudication or persistent oedema controlled by support.	Dilatation of either arteries or veins.
15	As above.	Either loss of pulse or healed ulcer or surgery.
20	Either claudication on strenuous exercise or persistent oedema uncontrolled by support.	Either calcification of arteries on X- ray or dilatation of either arteries or veins.
30	As above.	Superficial ulcer.
40	As above.	Either deep or widespread ulcer or surgery.
45	Claudication on mild-moderate exertion.	Either calcification of arteries on X- ray or dilatation of either arteries or veins.
50	As above.	Superficial ulcer.
55	As above.	Either deep or widespread ulcer or surgery.
60	Rest pain/unable to exercise.	not applicable

 Table 1.5 Peripheral vascular disease of the upper extremities

# 1.6 Raynaud's Disease

Functional class (determined according to Figure 1-C below) is the primary criterion for assessment. Signs of vasospastic disease and therapy (see Table 1.6) are secondary criteria for assessment.

### Figure 1-C: Definitions of functional class

See note immediately following Figure 1-C.

Functional Class	Symptoms	
I	No limitation of physical activity.	
	Slight limitation of physical activity.	
II	Comfortable at rest and with ordinary, light Activities of Daily Living.	
	Greater activity causes symptoms.	
	Marked limitation of physical activity.	
III	Comfortable at rest.	
	Ordinary activity causes symptoms.	
IV	Inability to carry out any physical activity without discomfort.	

### Note to Figure 1-C

1. Figure 1-C also appears in Section 1.3 – Arrhythmias, page 35). It is repeated here for ease of reference.

### Table 1.6: Raynaud's Disease

% WPI	Functional Class	Signs	Therapy
5	I	Nil.	Nil.
10	I	Nil.	Drug(s).
15	I	Nil.	Surgery.
20	II	Neither ulceration nor trophic changes.	Drug(s).
25	II	Either ulceration or trophic changes.	Drug(s).
30	II	not applicable	Surgery.
35	III	Neither ulceration nor trophic changes.	Drug(s).
40	III	Either ulceration or trophic changes.	Drug(s).
45	III	not applicable	Surgery.
50	IV	not applicable	<i>not applicable</i>

See note immediately following Table 1.6.

### Note to Table 1.6

 Therapy – final column of Table 1.6: Surgery includes sympathectomy and local debridement. Drug(s) means continuous therapy with one or more drugs.

# Chapter 2 – The respiratory system

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# 2.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

The measure of impairment is the reduction in physiological function below that found in health.

Respiratory impairment is quantified by the degree to which measurements of respiratory function are changed by the compensable injury or injuries, relative to values obtained in a healthy reference population of similar individuals.

Conditions such as chronic obstructive airways disease and chronic bronchitis are to be assessed according to the methods used to measure loss of respiratory function.

Employees who have permanent respiratory limitation secondary to massive pulmonary embolism should be assessed under Chapter 2. Any WPI rating awarded in these circumstances must not be combined with a WPI rating from Table 13.4: Thrombotic disorders.

### 2.1 Assessing impairment of respiratory function

### 2.1.1 Measurements

The most commonly recommended measurements for determining respiratory impairment are:

- spirometry with measurement of the forced expiratory volume at 1 second (FEV<sub>1</sub>) and forced vital capacity (FVC)
- the transfer factor, or diffusing capacity of the lung, for carbon monoxide (TICO), measured by the single breath method.

However, the measurements used must be derived from either:

- the tests prescribed below where relevant (for example, in assessing asthma)
- where a test is not prescribed, from tests appropriate to assessing the impairments caused by the particular compensable condition or conditions.

Other measurements commonly used to assess impairment include:

- the lung volumes
- total lung capacity (TLC) and residual volume (RV)
- the response to a maximum exercise test including measurement of the oxygen consumption at the maximum workload able to be achieved (vO<sub>2</sub>max), and the degree of arterial oxygen desaturation during exercise.

On occasion, other measurements may be needed to define impairment accurately. For example:

- the elastic and flow resistive properties of the lungs
- respiratory muscle strength
- arterial blood gases
- polysomnography (sleep studies)
- echocardiography with estimation of pulmonary artery pressure
- quantitative ventilation-perfusion scans of the lung.

Measurement of the partial pressures of oxygen and carbon dioxide in arterial blood ( $PaO_2$  and  $PaCO_2$  respectively) are not usually required to assign impairment ratings accurately. However, individual variation may result in severe impairment in gas exchange when other measures of function indicate only moderate impairment. Arterial  $PaO_2$  of <55 mm Hg and/or  $PaCO_2 > 50$  mm Hg, despite optimal treatment, is evidence of severe impairment and attracts a WPI rating of 70%.

Measurements of arterial blood gases should be performed on two occasions, with the employee seated.

### 2.1.2 Methods of measurement

Measurements must be performed in a manner consistent with the methods used by a respiratory function laboratory accredited by one or more of the following bodies:

- the Thoracic Society of Australia and New Zealand
- the Australian Sleep Society
- the Australian Council on Health Care Standards

Methods of measurement should conform to internationally recognised standards in relation to the equipment used, the procedure, and analysis of the data. Reference values ('predicted' normal values) should be representative of the healthy population and be appropriate for ethnicity where possible. Laboratories providing measurements used to assess impairment should state the method(s) of measurement used, and the source of the reference values used.

### 2.1.3 Impairment rating

Several professional groups have published criteria for rating the severity of impairment based on spirometry, gas transfer and vO<sub>2</sub>max. These professional groups include the Thoracic Society of Australia and New Zealand (Abramson, 1996), the American Thoracic Society (American Thoracic Society Ad Hoc Committee on Impairment/Disability Criteria, 1986), and the American Medical Association (2001). In general, measurements are expressed as a percentage of the predicted value (%P) and, where several measurements are performed, the most abnormal result is used to classify the degree of impairment.

Severity of impairment is rated as shown in Table 2.1. This generic table can be used to assign WPI ratings using any valid measurement for which there are predicted normal data.

#### Table 2.1: Conversion of respiratory function values to impairment

See note immediately following Table 2.1

% WPI	Respiratory function %P	
0	>85	
10	85 to 76	
20	75 to 66	
30	65 to 56	
40	55 to 51	
50	50 to 44	
60	45 to 41	
70	40 to 36	
80	≤35	

### Note to Table 2.1

1. %  $\mathsf{P}$  = percentage of mean value for healthy individuals of the same age, height and sex.

### 2.2 Asthma and other hyper-reactive airways diseases

Assessment of impairment due to asthma can be confounded by the natural history of occupational asthma, by variably severe airflow obstruction, and therefore variable  $FEV_1$ , and by response to treatment.

For hyper-reactivity of airways due to occupational exposures, assessment of impairment is made after:

- the diagnosis and cause are established
- exposure to the provoking factors is eliminated
- appropriate treatment of asthma is implemented.

Appropriate treatment follows the guidelines in the *Asthma Management Handbook 2002* (National Asthma Council, 2002, 5th edition, Melbourne: National Asthma Council of Australia), a later edition of those guidelines, or later guidelines widely accepted by the medical profession as representing best practice.

Permanent impairment should not be assessed until two years after cessation of exposure to provoking factors as severity may decrease during this period.

An impairment rating scale is set out in Figure 2-A and Table 2.2. The scale used in Figure 2-A and Table 2.2 is modified to account for frequency of increased impairment from asthma despite optimal treatment.

A score reflecting impairment from asthma is calculated by:

• adding the points scored for reduction in FEV<sub>1</sub> %P

and either

• change in FEV<sub>1</sub> with bronchodilator (reversibility)

or

 degree of bronchial hyperreactivity defined by the cumulative dose of metacholine, or histamine, required to decrease baseline FEV<sub>1</sub> by at least 20%

and

• measurement of FEV<sub>1</sub>, or peak flow (PF) rate, measured by the employee morning and evening, before and after aerosol bronchodilator, for at least 30 days.

The number of days on which any valid measurement of  $FEV_1$  or PF is less than 0.85 x the mean of the six highest values of  $FEV_1$  or PF during the monitoring period is to be expressed as a percentage of total days in the monitoring period.

The maximum impairment score from Figure 2-A below is 11. One additional point is given, yielding a score of 12, if asthma cannot be controlled adequately with maximal treatment. The score from Figure 2-A is converted to a WPI rating using Table 2.2.

### Figure 2-A: Calculating Asthma Impairment Score

See notes immediately following Figure 2-A

Score	FEV <sub>1</sub> , % P after bronchodilator	∆FEV <sub>1</sub> , % Change in FEV <sub>1</sub> with bronchodilator	PD <sub>20</sub> or μmol	% of Days Lowest FEV₁* is ≤0.85 highest FEV₁
0	>85	<10	>4.0	<6
1	76 to 85	10 to 19	0.26 to 4.0	6 to 24
2	66 to 75	20 to 29	0.063 to 0.25	25 to 34
3	56 to 65	≥30	≤0.062	35 to 44
4	≤55			≥45

#### **Notes to Figure 2-A**

1. Figure 2-A is based on scales proposed by: the American Thoracic Society (1993), as adapted in Tables 5-9 and 5-10 of American Medical Association's *Guides to the Evaluation of Permanent Impairment* (5<sup>th</sup> edition, 2001); and the Thoracic Society of Australia and New Zealand (Abramson, 1996).

2. %P = percent predicted normal value.

3.  $PD_{20}$  = cumulative dose of inhaled metacholine aerosol causing a 20% decrease in FEV<sub>1.</sub>

4. \* monitored twice daily before and after aerosol bronchodilator for at least 30 days during adequate

treatment.

5. % of days = proportion of days any value of  $FEV_1$  (or of peak flow rate) is less than highest repeatable  $FEV_1$ 

(or peak flow rate) x 0.85.

% WPI	Asthma impairment score
0	0
10	1
20	2
30	3
40	4
45	5
50	6
55	7
60	8
65	9
70	10
75	11
80	12

Table 2.2: WPI derived from asthma impairment score

- -

### 2.3 Lung cancer and mesothelioma

Employees with lung cancers (other than mesothelioma) are considered severely impaired at the time of diagnosis and are given a WPI rating of 70%.

If there is evidence of tumour, or if tumour recurs one year after diagnosis is established, then the employee remains severely impaired and the WPI rating is increased to 80%.

Employees with mesothelioma are considered severely impaired and a WPI rating of 85% is awarded upon diagnosis.

### 2.4 Breathing disorders associated with sleep

Some disorders such as obstructive sleep apnoea, central sleep apnoea, and hypoventilation during sleep, can cause impairment which is not quantifiable by standard measurements of respiratory function such as spirometry, diffusing capacity, or response to exercise.

Obstructive sleep apnoea should be assessed using Table 2.4. Central sleep apnoea should be assessed using Table 12.1.3: Sleep and arousal disorders.

An overnight sleep study is used to define the severity of sleep-related disorders of breathing and can be used to define impairment after appropriate treatment has been implemented. During the overnight sleep study there is continuous monitoring of breathing pattern, respiratory effort, arterial oxygen saturation, electrocardiogram, and sleep state. Results of sleep studies cannot readily be expressed in terms of a percentage of predicted values. Consequently, impairment is rated by assigning scores to the degree of abnormality at sleep study (Figure 2-B, and Table 2.4). These ratings are based on frequency of disordered breathing, frequency of sleep disturbance, degree of hypoxaemia and, as appropriate, hypercapnoea during sleep. In addition, degree of daytime sleepiness is assessed using the Epworth sleepiness scale (Johns, 1991).

Where vascular morbidity is present (for example, high blood pressure or myocardial infarction) and is attributable to sleep apnoea, impairment should be assessed using the relevant table in Chapter 1 – The cardiovascular system.

The total score derived from Figure 2-B below is the sum of the scores from each column: the maximum score is 12. This score is converted to a WPI rating using Table 2.4 below.

### Figure 2-B: Calculating obstructive sleep apnoea score

Score	Epworth sleepiness score	Apnoeas + hypopnoeas/hr of sleep	Respiratory arousals*/hr of sleep	Cumulative sleep time, mins, with SaO <sub>2</sub> <90% #
0	<5	<5	<5	0
1	5 to 10	5 to 15	5 to 15	<15
2	11 to 17	16 to 30	16 to 30	15 to 45
3	>17	>30	>30	>45

See notes immediately following Figure 2-B.

#### **Notes to Figure 2-B**

- 1. \*An arousal within 3 seconds of a sequence of breaths which meet the criteria for an apnoea, an hypopnoea, or a respiratory effort related arousal, as defined by the American Academy of Sleep Medicine (1999).
- 2.  $\#SaO_2$  = arterial oxygen saturation measured with a pulse oximeter.

#### Table 2.4: WPI derived from obstructive sleep apnoea score

% WPI	Sleep apnoea score
0	0
10	1
20	2
30	3
40	4
45	5
50	6
55	7
60	8
65	9
70	10
75	11
80	12

# Chapter 3 – The endocrine system

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3.4	Gonads and mammary glands	

# 3.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

The degree of impairment caused by secondary conditions (such as peripheral neuropathy, or peripheral vascular disease) accompanying an endocrine system condition must also be assessed under the relevant tables in other chapters, including tables in Chapter 10 – The urinary system.

In this circumstance, using the combined values chart (Appendix 1), WPI ratings derived from the relevant tables in other chapters are combined with WPI ratings from tables in Chapter 3.

# 3.1 Thyroid and parathyroid glands

Hyperthyroidism is not considered to cause permanent impairment because the condition is usually amenable to treatment. Where visual and/or cosmetic effects resulting from exophthalmos persist following correction of the hyperthyroidism, a WPI rating may be derived from:

- Chapter 4 Disfigurement and skin disorders
- Chapter 6 The visual system (see section 6.5 Other conditions causing permanent deformities causing up to 10% impairment of the whole person).

Hyperparathyroidism is usually amenable to correction by surgery. If surgery fails, or the employee cannot undergo surgery for sound medical reasons, long-term therapy may be needed. If so, permanent impairment can be assessed after stabilisation of the condition with medication, in accordance with the criteria in Table 3.1 below.

Where an employee has more than one of the conditions in Table 3.1 below, combine the WPI ratings using the combined values chart (see Appendix 1).

Permanent secondary impairment resulting from persistent hyperparathyroidism (such as renal calculi or renal failure) should be assessed under the relevant system (for example, Chapter 10 – The urinary system).

**Table 3.1 Thyroid and Parathyroid Glands** 

% WPI	Criteria
	Hyperparathyroidism – symptoms and signs readily controlled by medication or other treatment such as surgery.
0	Hypoparathyroidism – symptoms and signs readily controlled by medication.
	Hypothyroidism adequately controlled by replacement therapy.
	Hypothyroidism where the presence of a disease in another body system prevents adequate replacement therapy.
10 - 15	Hyperparathyroidism – persisting mild hypercalcaemia, despite medication.
	Hypoparathyroidism – symptoms and signs such as intermittent hyper or hypocalcaemia not readily controlled by medication.
30	Hyperparathyroidism – persisting severe hypercalcaemia with serum calcium above 3.0mmol/I, despite medication.

### Notes to Table 3.1

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

# 3.2 Adrenal cortex and medulla

Where Cushing's syndrome is present, Table 3.2 below should be used to evaluate impairment from the general effects of hypersecretion of adrenal steroids (for example, myopathy, easy bruising, and obesity).

Using the combined values chart (see Appendix 1), WPI ratings derived from Table 3.2 may be combined with WPI ratings for specific associated secondary impairments (for example, fractures or diabetes mellitus).

# Table 3.2 Adrenal cortex and medulla

% WPI	Criteria	
	Cushing's syndrome – surgically corrected by removal of adrenal adenoma or removal of the source of ectopic ACTH secretion.	
0	Phaeochromocytoma – benign tumour, surgically removed or removable where hypertension has not led to the development of permanent cardiovascular disease.	
5	Hypoadrenalism – symptoms and signs readily controlled with replacement therapy.	
5	Cushing's syndrome due to moderate doses of glucocorticoids (for example, less than equivalent of 15 mg of prednisolone per day) where glucocorticoids will be required long-term.	
10	Cushing's syndrome – surgically corrected by removal of pituitary adenoma or adrenal carcinoma.	
	Cushing's syndrome – due to:	
	<ul> <li>bilateral adrenal hyperplasia treated by adrenalectomy; or</li> </ul>	
	<ul> <li>large doses of glucocorticoids (for example, equivalent of at least 15 mg of prednisolone per day) where glucocorticoids will be required long-term; or</li> </ul>	
15	inadequate removal of source of ectopic ACTH secretion.	
	Phaeochromocytoma – malignant tumour where signs and symptoms of catecholamine excess can be controlled by blocking agents.	
	Hypoadrenalism – recurrent episodes of adrenal crisis during acute illness or in response to significant stress.	
70	Phaeochromocytoma – metastatic malignant tumour where signs and symptoms of catecholamine excess cannot be controlled by blocking agents or other treatment.	

# 3.3 Pancreas (diabetes mellitus)

Where diabetic retinopathy has led to visual impairment, the visual impairment should be assessed using Chapter 6 – The visual system.

Where diabetes has led to secondary impairment of renal function, that impairment should be assessed using Chapter 10 – The urinary system.

Using the combined values chart (see appendix 1), WPI ratings derived under Table 3.1 and Table 3.2 may be combined with WPI ratings from Table 3.3 below.

Microangiopathy may be manifest as retinopathy (background, proliferative, or maculopathy) and/or albuminuria measured with a timed specimen of urine. Where there is an overnight collection, the upper limit of normal is  $20 \ \mu g$ /minute. Where a 24 hour specimen is collected, the upper limit of normal is  $30 \ m g$ /day. Albuminuria must be documented in at least 2 out of 3 consecutive urine specimens collected.

### Table 3.3: Pancreas (diabetes mellitus)

See notes to Table 3.3 immediately following table.

% WPI	Туре	Therapy	Microvascular complications
5	Type 2 (NIDDM)	Dietary restrictions with or without oral hypoglycaemic agents give satisfactory control.	Microangiopathy is not present.
10	Type 2 (NIDDM)	Dietary restrictions with or without oral hypoglycaemic agents give satisfactory control.	Microangiopathy and/or significant neuropathy are present.
15	Type 1 (IDDM)	Dietary restrictions and insulin give satisfactory control.	Microangiopathy is not present.
20	Type 1 (IDDM) Type 2 (NIDDM)	Dietary restrictions and insulin give satisfactory control Type 2 (NIDDM) where dietary restrictions & insulin &/or oral hypoglycaemic agents give satisfactory control.	Microangiopathy and/or significant neuropathy are present.
25	Type 1 (IDDM)	Dietary restrictions and insulin do not give satisfactory control and frequent episodes of severe hypoglycaemia requiring the assistance of another person have been documented.	Microangiopathy is not present.
30	Type 1 (IDDM)	Dietary restrictions and insulin do not give satisfactory control and frequent episodes of severe hypoglycaemia requiring the assistance of another person have been documented.	Microangiopathy is present.
40	Type 1 (IDDM)	Dietary restrictions and insulin do not give satisfactory control and frequent episodes of severe hypoglycaemia requiring the assistance of another person have been documented.	Microangiopathy is present as well as significant neuropathy.
50		Symptomatic hypoglycaemia due to metastatic tumour (usually insulinoma), uncontrolled by medication (such as diazoxide).	

### Notes to Table 3.3

- 1. For the purposes of Table 3.3, the degree of control is defined by reference to the glycated haemoglobin measurement (HbA1c) where:
  - 4%-6% is the non-diabetic range
  - <8% is indicative of satisfactory control for the purposes of this table.

2. 'Significant neuropathy' means persistent symptoms of peripheral or autonomic neuropathy which interfere with quality of life to a considerable degree.

- 3. 'NIDDM' means non-insulin dependent diabetes mellitus.
- 4. 'IDDM' means insulin dependent diabetes mellitus.

### 3.4 Gonads and mammary glands

Impairments resulting from inability to reproduce, and other impairments associated with gonadal dysfunction, are assessed under Chapter 11 – The reproductive system.

Loss of one or both breasts in females should also be assessed using Table 4.3: Bodily disfigurement (see Chapter 4 – Disfigurement and skin disorders). Using the combined values chart (see Appendix 1), a WPI rating derived from Table 4.3 may be combined with a WPI rating derived from Table 3.4 below.

Table 3.4:	Gonads	and	mammary	glands
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% WPI	Criteria
	Diminished or absent level of gonadal hormones in either sex.
0	Abnormally high level of gonadal hormones in either sex.
	Loss of one or both breasts in male.
	Loss of whole or part of one breast in female.
5	Gynaecomastia in male where pain interferes with everyday activities – not controlled by medication.
10	Loss of whole or part of both breasts in female.

# Chapter 4 – Disfigurement and Skin Disorders

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# 4.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

Impairments assessed under Chapter 4 include those caused by secondary conditions accompanying an endocrine system condition. A WPI rating from a table in Chapter 3 – The endocrine system should be combined with WPI ratings resulting from the secondary conditions assessed under Chapter 4.

Loss of one or both breasts in females should be assessed under both:

- Table 3.4: Gonads and mammary glands (see Chapter 3 The endocrine system)
- Table 4.3: Bodily disfigurement
- and the resulting WPI ratings combined.

In cases where two or three of Tables 4.1, 4.2 and 4.3 apply, WPI ratings from each table can be combined using the combined values chart (see Appendix 1).

WPI ratings awarded under Table 4.2 cannot be combined with WPI ratings arising under section 6.4 –Other ocular abnormalities, or section 6.5 – Other conditions causing permanent deformities causing up to 10% impairment of the whole person (see Chapter 6 – The visual system).

### 4.1 Skin disorders

For the purposes of Table 4.1: Skin disorders:

- 'intermittent treatment' means a course of treatment leading to a break, treatment alternately ceasing and beginning again
- `constant treatment' means treatment that continues on a regular basis without interruption
- 'complex treatment' means treatment that requires regular and close supervision, usually by a dermatologist. Such supervision could involve regular blood tests and relevant regular physical examinations, such as blood pressure measurement. Complex treatments would be expected to have potential adverse side effects. Categories of drugs forming a part of, or the whole of, complex treatment would include high doses of systemic corticosteroids, or immunosuppressive medications such as azathioprine, methotrexate and cyclosporin. Phototherapy, photochemotherapy, or photophoresis, would also be considered complex treatments.

Column 4 in Table 4.1 is referenced to Figure 4-A: Activities of daily living, immediately below the table.

% WPI	Signs and symptoms	Requirement for treatment	Activities of daily living affected
0	Absent.	None, intermittent.	up to 2
5	Absent.	Constant.	up to 2
5	Intermittent.	Intermittent or constant.	up to 2
10	Present on a daily basis for periods aggregating 3 or more months per year, but less than 6 months per year.	Intermittent or constant.	1 or more
15	Present on a daily basis for period aggregating 6 or more months per year, but less than 9 months per year.	Intermittent or constant.	1 or more
20	Present on a daily basis for periods aggregating 9 months per year or more.	Intermittent or constant.	1 or more
25	Present on a daily basis for periods aggregating 9 months per year or more.	Constant.	4 or more
30	Present on a daily basis for period aggregating 9 months per year or more.	Constant and complex.	6 or more

# Figure 4-A: Activities of daily living

No.	Activities	Examples
1	Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
2	Communication.	Hearing, speaking, reading, writing, using keyboard.
3	Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
4	Sensory function.	Tactile feeling.
5	Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
6	Travel.	Driving or travelling as a passenger.
7	Sexual function.	Participating in desired sexual activity.
8	Sleep.	Having a restful sleep pattern.
9	Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

# 4.2 Facial disfigurement

# Table 4.2: Facial disfigurement

% WPI	Criteria
	No structural changes.
	Normal facial appearance.
0	Hyperpigmentation, depigmentation, redness or telangiectasis occupying less than 10% of facial area (excluding actinic damage).
	Scarring that does not significantly alter the appearance of the face.
	Hyperpigmentation, depigmentation, redness or telangiectasis occupying 10% or more of the facial area (excluding actinic damage);
	or
5	Scars and/or skin grafts occupying less than 5% of facial area that significantly alter the appearance of the face;
	or
	Depressed cheek, nasal or frontal bones.
	Total or partial loss of one external ear.
	Scars and/or skin grafts occupying 5-15% of facial area that significantly alter the appearance of the face;
	or
10	Total or partial loss of both external ears;
	or
	Loss of less than 50% of the nose.
	Scars and/or skin grafts occupying 15-25% of facial area that significantly alter the appearance of the face;
15	or
	Loss of 50-75% of the nose.
20	Scars and/or skin grafts occupying more than 25% of facial area that significantly alter the appearance of the face;
	or
	Loss of more than 75% of the nose.

# 4.3 Bodily disfigurement

Table 4.3:	Bodily	disfigurement
------------	--------	---------------

% WPI	Criteria
	Normal body appearance.
0	Scars and/or skin grafts occupying less than 10% of body area.
5	Scars and/or skin grafts occupying 11% to 20% of body surface.
	Scars and/or skin grafts occupying 21% to 40% of body area;
10	or
	Tissue loss causing noticeable unilateral alteration of body silhouette.
15	Scars and/or skin grafts occupying 41% to 60% of body area.
	Scars and/or skin grafts occupying 61% to 80% of body area;
20	or
	Tissue loss causing noticeable bilateral alteration of body silhouette.
25	Scars and/or skin grafts occupying more than 80% of body surface area.

# Chapter 5 – Psychiatric Conditions

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# **5.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26)

For the purposes of Chapter 5, activities of daily living are those in Figure 5-A (see below). The examples provided below are not exhaustive and should not be seen as a substitute for assessor discretion when making decisions about impairment ratings.

Activity	Examples
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
Communication.	Hearing, speaking, reading, writing, using keyboard.
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
Sensory function.	Tactile feeling.
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
Travel.	Driving or travelling as a passenger.
Sexual function.	Participating in desired sexual activity.
Sleep.	Having a restful sleep pattern.
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

Figure 5-A: Activities of daily living

# 5.1 Psychiatric Conditions

# Table 5.1: Psychiatric conditions

See note to Table 5.1, immediately after Table.

% WPI	Description of Level of Impairment						
	Reactions to stresses of daily living without loss of personal or social efficiency						
0	and						
U	Capable of performing activities of daily living without supervision or assistance.						
	Despite the presence of one of the following employee is capable of performing activities of daily living without supervision or assistance:						
5	<ul> <li>reactions to stresses of daily living with minor loss of personal or social efficiency</li> </ul>						
	lack of conscience directed behaviour without harm to community or self						
	minor distortions of thinking.						
	Despite the presence of more than one of the following employee is capable of performing activities of daily living without supervision or assistance:						
10	<ul> <li>reactions to stresses of daily living with minor loss of personal or social efficiency</li> </ul>						
	lack of conscience directed behaviour without harm to community or self						
	minor distortions of thinking.						
	Any one of the following accompanied by a need for some supervision and direction in activities of daily living:						
15	<ul> <li>reactions to stresses of daily living which cause modification to daily living patterns</li> </ul>						
	marked disturbances in thinking						
	definite disturbance in behaviour.						
_	Any two of the following accompanied by a need for some supervision and direction in activities of daily living:						
20	<ul> <li>reactions to stresses of daily living which cause modification of daily living patterns</li> </ul>						
	marked disturbance in thinking						
	definite disturbance in behaviour.						
	All of the following accompanied by a need for some supervision and direction in activities of daily living:						
25	<ul> <li>reactions to stresses of daily living which cause modification of daily living patterns</li> </ul>						
	marked disturbances in thinking						
	definite disturbances in behaviour.						
Table 5.1 c	ontinued on following page						

Table 5.1 continued on following page

### Table 5.1 (continued)

% WPI	Description of level of impairment
	•
	Any one of the following accompanied by a need for supervision and direction in activities of daily living:
30	<ul> <li>hospital dischargees who require daily medication or regular therapy to avoid readmission</li> </ul>
	<ul> <li>loss of self-control and/or inability to learn from experience resulting in potential for considerable damage to self or community.</li> </ul>
	More than one of the following accompanied by a need for supervision and direction in activities of daily living:
40	<ul> <li>hospital dischargees who require daily medication or regular therapy to avoid readmission</li> </ul>
	<ul> <li>loss of self-control and/or inability to learn from experience resulting in potential for considerable damage to self or community.</li> </ul>
	One of the following:
50	<ul> <li>severe disturbances of thinking and/or behaviour entailing potential or actual harm to self and/or others</li> </ul>
	<ul> <li>need for supervision and direction in a confined environment.</li> </ul>
	Both of the following:
60	<ul> <li>severe disturbances of thinking and/or behaviour which entail potential or actual harm to self and/or others</li> </ul>
	<ul> <li>need for supervision and direction in a confined environment.</li> </ul>
90	Very severe disturbance in all aspects of thinking and behaviour requiring constant supervision and care in a confined environment, and assistance with all activities of daily living

### Notes to Table 5.1.

- 1. Table 5.1 includes psychoses, neuroses, personality disorders and other diagnosable conditions. The assessment should be made on optimum medication at a stage where the condition is reasonably stable.
  - 2. Supervision means the immediate presence of a suitable person, responsible in whole or in part for the care of the employee.
  - 3. Assistance means the provision of assistance to the employee in performing the activities of daily living by a suitable person, responsible in whole or in part for the care of the employee.
  - 4. Direction means the provision of direction to the employee by a suitably qualified person, responsible in whole or in part for the care of the employee
  - 5. Suitable person means a person capable of responsibly caring for the employee in an appropriate way.
  - 6. Suitably qualified person means a person with the necessary qualifications, experience and skills to provide appropriate direction to the employee. Such persons include medical practitioners, nursing staff and clinical psychologists.

# Chapter 6 – The Visual System

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# 6.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

Chapter 6 provides a standard method for examining the visual system, and for calculating the extent of any visual impairment. Impairment is any loss or abnormality in the anatomy or function of the visual system. The visual system includes the eyes, the ocular adnexa, and the visual pathways.

All visual tests are standardised and impairment assessment follows a strict protocol in order to ensure that different ophthalmologists can closely reproduce results. Wherever possible, impairment assessment should be performed by an ophthalmologist.

Visual impairment exists when there is deviation from any of the normal functions of the eye.

Among the types of visual impairment listed below, the first three (6.1-6.3) contribute the most to the overall impairment (numbers correspond to sections in Chapter 6):

- 6.1 Central visual acuity for near and far objects
- 6.2 Monocular visual field
- 6.3 Ocular motility
- 6.4 Other ocular abnormalities
- 6.5 Other conditions involving permanent deformities causing up to 10% impairment of the whole person.

Impairments assessed under Chapter 6 include those caused by secondary conditions accompanying an endocrine system condition. An impairment assessed under Chapter 3 – The endocrine system should be combined with those resulting from the secondary conditions assessed under Chapter 6.

WPI ratings from Table 4.2: Facial disfigurement, cannot be combined with WPI ratings arising from either:

- section 6.4 Other ocular abnormalities
- section 6.5 Other conditions causing permanent deformities causing up to 10% impairment of the whole person.

Facial nerve injury complicated by visual changes, such as occurs with corneal desiccation and scarring, rates as a significant impairment. Such an impairment is assessed under Chapter 6 and a resulting WPI rating may be combined with a WPI rating from Table 12.5.4: The facial nerve (VII).

# Steps in determining whole person impairment.

See Figure 6-A below for steps in deriving a visual system impairment rating. Use Table 6.1 to convert a visual system impairment rating to a WPI rating.

Step 1	Determine and record the percentage loss of central vision for each eye separately, combining the losses of near and distance vision. Refer to Figure 6-C.
Step 2	Determine and record the percentage loss of visual fields for each eye separately (monocular) or for both eyes together (binocular).
Step 3	Using the combined values chart (see Appendix 1), combine the results from Step 1 and Step 2 for each eye if any central vision and visual field impairment is present.
Step 4	Determine and record the percentage loss of ocular motility.
Step 5	Using the combined values chart (see Appendix 1), combine the result of Step 3 with Step 4 if there is any ocular motility impairment.
Step 6	Determine and record the percentage loss if other ocular impairments are present.
Step 7	Using the combined values chart (see Appendix 1), combine the result of Step 5 with Step 6 if any other ocular impairment is present.
	Determine the visual impairment for both eyes. The visual impairment for both eyes is calculated by the formula:
Step 8	$3 \times (\text{impairment of better eye}) + (\text{impairment of worse eye}) = visual system impairment$
	4
	Alternatively use Figure 6-F.
Step 9	Convert the visual impairment for both eyes to a WPI rating using Table 6.1.
Step 10	Using the combined values chart (see Appendix 1), combine the result of Step 9 with any impairment (up to 10% maximum) arising from other conditions causing permanent deformities

Figure 6-A: Steps for calculating impairment of the visual system

### Table 6.1: Conversion of the visual system to whole person impairment rating

Source: American Medical Association *Guides to the Evaluation of Permanent Impairment* (4<sup>th</sup> edition, 1995, Table 6, Chapter 8, page 218).

Visual	Whole	Visual	Whole	Visual	Whole	Visual	Whole
system	person	system	person	system	person	system	person
0	0						
1	1	26	25	51	48	76	72
2	2	27	25	52	49	77	73
3	3	28	26	53	50	78	74
4	4	29	27	54	51	79	75
5	5	30	28	55	52	80	76
6	6	31	29	56	53	81	76
7	7	32	30	57	54	82	77
8	8	33	31	58	55	83	78
9	8	34	32	59	56	84	79
10	9	35	33	60	57	85	80
11	10	36	34	61	58	86	81
12	11	37	35	62	59	87	82
13	12	38	36	63	59	88	83
14	13	39	37	64	60	89	84
15	14	40	38	65	61	90	85
16	15	41	39	66	62	91	85
17	16	42	40	67	63	92	85
18	17	43	41	68	64	93	85
19	18	44	42	69	65	94	85
20	19	45	42	70	66	95	85
21	20	46	43	71	67	96	85
22	21	47	44	72	68	97	85
23	22	48	45	73	69	98	85
24	23	49	46	74	70	99	85
25	24	50	47	75	71	100	85

### 6.1 Central visual acuity

A Snellen test chart is used to measure the distance of visual acuity. The test distance is six metres.

The near vision is measured using a LogMar reading card. If Near Snellen, Jaeger, Sloan or Roman reading cards are used the results need to be converted to LogMar (see Figure 6-B below). The distance in the near reading test is not fixed: the reading distance should be recorded by the ophthalmologist.

Central vision should be tested and recorded for distant and near objects. The employee should be refracted and tested with loose lenses, phoropter, or with his/her own glasses provided their correction is accurate.

If an employee wears contact lenses each day and wishes to wear them for the test, this is acceptable for measuring acuity. In certain ocular conditions (particularly in the presence of corneal abnormalities) contact lens-corrected vision may be better than that obtained with spectacle correction. However, if an employee does not already wear contact lenses, they should not be fitted for an impairment assessment.

LogMar	Near Snellen	Equivalent to Snellen	Ν.	Points Roman	Revised Jaeger standard
0.3	14/14	6/6	N5	3	1
0.4	14/18	6/7.5	N6	4	2
0.5	14/21	6/9	N7	5	3
0.6	14/24	6/12	N8	6	4
0.65	14/28	6/15	N9	7	5
0.7	14/35	6/18	N10	8	6
0.725	14/40	6/24	N12	9	7
0.75	14/45	6/30	N15	10	8
0.8	14/60	6/36	N17	11	9
0.9	14/70	6/48	N18	12	10
1.0	14/80	6/60	N20	13	11
1.1	14/88	6/90	N24	14	12
1.3	14/112	6/120	N40	21	13
1.6	14/140	6/240	N80	23	14

Figure 6-B: Revised LogMar equivalent for different reading cards

# 6.1.1 Determining the loss of central vision in one eye

Step 1	Measure the central acuity for distance and near, correcting for any refractive errors and presbyopia, and record the result.
Step 2	Consult Figure 6-C below to derive the overall loss, combining the values for corrected near and distance acuities.
Step 3	If monocular aphakia or pseudoaphakia is present then add 50% to the percentage loss of Central Vision obtained from Figure 6-C.

The following steps are taken to determine loss of central vision in one eye.

Figure 6-C:	Percentage	loss of centra	al vision in one ey	/e
-------------	------------	----------------	---------------------	----

				Revis	sed Lo	ogMa	r star	ndard	for r	near v	vision	1		
Distance Vision (metric 6)	0. 3	0. 4	0. 4	0. 5	0. 6	0. 7	0. 7	0. 7	0. 8	0. 9	1. 0	1. 1	1. 3	1. 6
6/5	0	0	3	4	5	25	27	30	40	43	44	45	48	49
6/6	0	0	3	4	5	25	27	30	40	43	44	46	48	49
6/7.5	3	3	5	6	8	28	30	33	43	45	46	48	50	52
6/10	5	5	8	9	10	30	32	35	45	48	49	50	53	54
6/12	8	8	10	11	13	33	35	38	48	50	51	53	55	57
6/15	13	13	15	16	18	38	40	43	53	55	56	58	60	62
6/20	16	16	18	20	22	41	44	46	56	59	60	61	64	65
6/22	18	18	21	22	23	43	46	48	58	61	62	63	66	67
6/24	20	20	23	24	25	45	47	50	60	63	64	65	68	69
6/30	25	25	28	29	30	50	52	55	58	68	69	70	73	74
6/38	30	30	33	34	35	55	57	60	70	73	74	75	78	79
6/50	34	34	37	38	39	59	61	64	74	77	78	79	82	83
6/60	40	40	43	44	45	65	67	70	80	83	84	85	88	89
6/90	43	43	45	46	48	68	70	73	83	85	86	88	90	92
6/120	45	45	48	49	50	70	72	75	85	88	89	90	93	94
6/240	48	48	50	51	53	73	75	78	88	90	91	93	95	97

### 6.2 Determining loss of monocular visual fields

There are many ways of measuring the visual field. The most common are the manual Goldman Field and the Humphrey, Octopus and Medmont computerised field analysers. If using a computerised field it is necessary to test at least a 30-2 threshold.

An Esterman Binocular Field is suitable for the majority of visual field impairment assessments. The field is tested with the employee wearing spectacles and both eyes open. The binocular field result is determined by using the Esterman 120-unit binocular grid, and the dot count is multiplied by  $\frac{5}{6}$  to obtain the percentage of retained or lost field. Note that binocular field-testing is not recommended when diplopia is present.

If the automated 30-2 threshold field is normal, and the ocular history and examination do not suggest lesions that would affect the outer part of the field, it is then acceptable to conclude that the entire field is normal. Whatever technique is used to measure the visual field, the test should be performed by an ophthalmologist.

The normal visual field meridians in each of eight principal meridians are given in Figure 6-D below. The total, summed over 8 meridians is 500.

Direction of vision	Degrees of field
Temporally	85
Down temporally	85
Direct down	65
Down nasally	50
Nasally	60
Up nasally	55
Direct up	45
Up temporally	55
Total	500

### Figure 6-D: Normal extent of the visual field

The percentage of retained vision is calculated using the following steps.

Step 1	Add the extent of the visual field along each of the eight meridians (while considering the maximum normal values for the meridians given in Figure 6-D).
Step 2	Divide by five to determine the percentage of visual field perception that remains.
Step 3	To obtain the percentage of visual field loss, subtract the percentage of visual field remaining from 100%.

These steps are based upon the following formulae:

<u>Total visual field</u> = percentage of remaining visual field

5

100 - (percentage of remaining visual field) = percentage of visual field lost

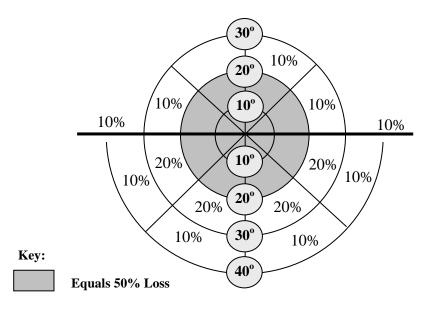
### 6.3 Abnormal ocular motility and binocular diplopia

Diplopia within the central  $30^{\circ}$  is measured by an ophthalmologist with a Tangent screen. Unless there is diplopia within  $30^{\circ}$  of the centre of fixation, the diplopia does not cause significant visual impairment. The exception is when looking downwards. Double vision within the central  $20^{\circ}$  signifies the maximum loss of ocular motility (that is, a  $50^{\circ}$  loss of ocular motility in one eye).

If the diplopia is not within the central 20°, the presence of diplopia is then plotted along the eight meridians (see Figure 6-E below). The largest percentage on any of the meridians in which there is double vision is the impairment percentage for loss of ocular motility.

#### Figure 6-E: Percentage loss of ocular motility of one eye in diplopia fields

Adapted from American Medical Association's *Guides to the Evaluation of Permanent Impairment*, 4<sup>th</sup> edition, 1995, Chapter 8, page 217.



### 6.4 Other ocular abnormalities

If an ocular adnexal disturbance or deformity interferes with visual function and is not reflected in diminished visual acuity, decreased visual fields, or ocular motility abnormalities with diplopia, then the significance of the disturbance or deformity should be evaluated by an examining ophthalmologist. In that situation, using the combined values chart (see Appendix 1), an ophthalmologist may combine up to an additional 10% impairment for each affected eye.

Problems in the visual system should also be taken into account where they result in symptoms such as epiphora, photophobia, metamorphopsia, and convergence insufficiency.

# 6.5 Other conditions involving permanent deformities causing up to 10% impairment of the whole person

Using the combined values chart (see Appendix 1), an additional WPI of up to 10% may be combined with WPI ratings for conditions such as permanent deformities of the orbit, scars, and other cosmetic deformities that do not otherwise alter ocular function.

### 6.6 Calculation of Visual System Impairment for Both Eyes

Figure 6-F (from the American Medical Association's *Guides to the Evaluation of Permanent Impairment*, Chapter 8, page 219, 4th edition, 1995) is on the three following pages.

Figure 6-F was established using the equation:

#### <u>3 x (impairment value of better eye) + (impairment value of worse eye)</u>

4

= impairment of visual system

Percentages for the worse eye are read from the side of the table.

Percentages for the better eye are read from the bottom of the table.

The impairment of the visual system is at the intersection of the column for the worse eye and the row for the better eye.

For example, for a 40 per cent impairment of one eye and 10 per cent impairment of the other eye, read down the table until you come to the large value (40 per cent). Follow across the row until it is intersected with the column designated by 10 per cent at the bottom of the page (18 per cent). Thus, the impairment to the visual system is 18 per cent.

	2 3 4 5 6 7 8 9	0 1 1 1 1 2 1 2 2 2 2 3 2 3 2 3 3 3	L 2 2 2 2 3 2 3 2 3 2 3 3 3 3 4 3 4 3 4	2 3 3 3 4 4 4 4 4 4 4 5	4 5 5 5 5	5 5 6 6 6	6 6 7 7	7 7 8	8 8	9	10													Soi	urce	<b>e 6-</b> : Am <i>ment</i>	erica	an N	Лedi	cal 4	Assc	ociat	ion'	s Gı	uides	s to i		-						·	<b>res</b>			
% Impairment worse eye	11       12       13       14       15       16       17       18       19       20       21       22       23       24       25       26       27       28       19       20       23       24       25       26       27       28       29       30       31	3       4       4       5       3       4       4       4       5       5       6       6       7       7       7       8       8       9       8       8       9       9       9       1	4       4       5       5         4       4       5       5       5         5       5       5       6       6         5       5       5       6       6         5       5       5       7       7         7       7       8       8       9         3       3       9       9       9         3       3       9       9       9	5       5       5         6       6       6         6       6       6         6       6       7         7       7       7         8       8       9         9       9       9         9       9       9         10       10       10	11	7 7 7 7 8 8 8 8 8 8 8 8 8 8 9 9 9 9 9 9	9 9 10 10 10 11 11 11 12 12 12 12	9 9 10 10 10 11 11 11 11 12 12 12 12 12 13 13 13	9 9 9 10 10 10 11 11 11 11 12 12 12 12 12 13 13 13 13 13	12 12 12 13 13 13 13 13 14 14 14 14 14 15	10 11 11 12 12 12 12 12 13 13 13 13 13 13 14 14 14 14 15 15 15	12 12 12 13 13 13 13 14 14 14 14 15 15 15 15 15 16 16 16	12 13 13 13 14 14 14 14 15 15 15 15 16 16 16 16 16 17 17	13 14 14 14 15 15 15 16 16 16 16 16 16 17 17 17	14 15 15 15 16 16 16 16 16 17 17 17 17 17 18 18 18	16 16 17 17 17 17 17 18 18 18 18 18 18 19 19	16 17 17 17 18 18 18 18 19 19 19 19 20 20	17 18 18 18 19 19 19 19 20 20	18 19 19 20 20 20 20 21 21 21 21 21	19 20 20 21 21 21 21 21 21 22 22 22	21 21 22 22 22 22 22 23 23	21 22 22 22 23 23 23 23 23 23 23 24	22 2 23 2 23 2 23 2 23 2 23 2 24 2	23     24       24     24       24     25       25     26       25     26       25     26	4     25       5     25       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26       5     26	i 26 26 27 27 27 27 27 27 28	27 28 28 28	28 29 29	30	30 30 31	31 31 31	32																
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45	45	46 46 46	47 47	47	48 48	49

Figure 6-F: Calculation of Visual System Impairment for Both Eyes (Continued)

% Impairment worse eye	
55         566         57         58         59         70         71         72         73         74         75         76         77         78         79         331         332         333         34         35         366         377         880         331         332         333         34         35         364         37         880         331         332         333         34         35         364         37         880         990	51 52 53 54 55 56 57 58 59 50 51 52 53
117         11.7           117         11.17           118         11.17           118         11.17           118         11.17           118         11.17           118         11.17           118         11.17           119         12.17           119         20.20           2020         22.20           22.21         22.21	14     1       14     1       15     1       15     1       15     1       15     1       15     1       16     1       16     1
7       18         7       18         8       19         3       19         9       19         0       20         0       200         0       200         0       200         0       201         0       201         1       211         1       221         2       222         2       233         2       233         2       233         3       244	4       14         4       15         4       15         5       15         5       16         5       16         5       16         5       16         5       16         5       17         5       17         5       17         5       17         5       17         5       17         5       17
19           19           19           20           20           20           21           21           21           21           21           21           22           22           23           23           23           24           24           24           24	15 15 16 16 16 16 16 17 17 17 17 17 18 18 18
19         2           20         2           20         2           20         2           20         2           21         2           21         2           21         2           21         2           22         2           22         2           22         2           23         2           23         2           23         2           23         2           24         2           24         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           25         2           26         2           26         2	16     1       16     1       17     1       177     1       177     1       18     1       18     1       18     1       19     1
0         21           0         21           1         21           1         21           1         22           2         22           2         23           2         23           3         24           4         25           3         244           4         25           5         26           5         26           5         26           5         26           5         26           5         26           6         27           6         27           6         27           6         27           7         27	8 19 8 19 8 19 9 19 9 20 9 20 9 20 9 20 0 20
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% Impairment better eye

% Impairment better eye

# Chapter 7 – Ear, nose and throat disorders

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## 7.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

Table 12.5.5: The auditory nerve should be used to assess both Menière's disease, and true vertigo consequent upon a disturbance of vestibular function.

Unless they cause interference with balance, speech, respiration or hearing, the following conditions attract a WPI rating of 0:

- rhinitis
- sinusitis
- laryngitis
- pharyngitis
- otitis media or externa (whether permanent or intermittent).

If interference with balance, speech, respiration or hearing is present, these conditions attract WPI ratings based on the degree of interference with balance, speech, respiration or hearing as described in the tables in Chapter 7.

#### 7.1 Hearing loss

Hearing defects are assessed in accordance with the current procedures from Australian Hearing.

Once the binaural percentage loss of hearing has been calculated, it is then converted to a WPI rating.

The calculation for converting the percentage loss of hearing to a WPI rating is:

(Percentage loss of hearing)

2

#### 7.2 Tinnitus

Table 7.2 is used to assess impairment arising as a result of tinnitus in the presence of unilateral or bilateral hearing loss.

#### Table 7.2: Tinnitus

% WPI	Criteria
0	Continuous tinnitus which has nuisance value but can be forgotten or ignored with background noise or a low level noise generator.
5	Severe continuous tinnitus which causes extreme distress, interferes with concentration and is not assisted by a low level noise generator.

## 7.3 Olfaction and taste

Only complete loss of olfaction or taste attracts a WPI rating. If the employee is able to detect any odour or taste, even if unable to identify it, the WPI rating is 0.

WPI ratings from this table may not be combined with WPI ratings for the same condition from either Table 12.5.1: Olfactory nerve or Table 12.5.4: Facial nerve.

% WPI	Criterion
	Complete loss of olfaction;
5	or
	Complete loss of taste.
	Complete loss of olfaction;
10	and
	Complete loss of taste.

Table 7.3: Olfaction and taste

## 7.4 Speech

Table 7.4 below is used to assess impairment resulting from interference with speech from local lesions of the organs of speech.

For the purposes of Table 7.4, 'speech' means the capacity to produce vocal signals that can be heard, understood, and sustained over a useful period of time.

Table 7.4 must not be used to assess speech impairment resulting from a lesion of the central nervous system. In such cases, assessment should be made under Table 12.3.2: Production of speech and language symbols.

WPI ratings from Table 7.4 may not be combined with WPI ratings from Table 12.3.2: Production of speech and language symbols.

If there are two separate conditions (one local, and the other a central nervous system condition) interfering with speech production, speech production should be assessed under both Table 7.4 and Table 12.3.2. The greater value is the WPI rating due to speech impairment from all causes.

WPI ratings from within Table 7.4 may not be combined with each other.

If the major problem is one of audibility, intelligibility, or functional efficiency of speech, the criteria appropriate to the area should be used to assess impairment.

If there are problems in more than one area, each area (audibility, intelligibility, and functional efficiency) should be assessed, and the highest value selected as the WPI rating.

#### Table 7.4: Speech

% WPI		Criteria	
/0 1111	Audibility	Intelligibility	Functional efficiency
0	Audible in most situations, although may require effort.	Generally intelligible, although some sounds are difficult and some repetition may be needed.	Speech can be sustained except for slowness and some hesitancy.
10	Audible in quiet situations but problems with audibility in noisy environments.	Intelligible although inaccuracies may be frequent and there are obvious difficulties with articulation.	Speech can be sustained but is often discontinuous, interrupted, hesitant and/or slow.
15	Voice tires rapidly, tends to become inaudible after a few seconds. Volume generally low.	Intelligible to family and close friends but strangers find speech generally unintelligible even with repetition.	Difficulty sustaining speech for more than brief periods even when speaking very slowly.
20	Volume very low. Can whisper or produce volume that can be heard only with difficulty by close listener or by telephone.	Mostly unintelligible, except for a few words.	Laboured speech. Rate of sustained speech impractically slow.
30	Inaudible.	Unintelligible.	No sustained speech.

#### 7.5 Air passage defects

Table 7.5 assesses permanent impairment relating to defects of the air passages. Impairments of the lower airways and lung parenchyma, are dealt with in Chapter 2 – Respiratory system.

Permanent tracheostomy, or other respiratory stoma, attracts a permanent WPI rating of 25% which may be combined with other values derived from Table 7.5.

An employee is placed in an impairment category based on the criteria in Table 7.5.

Table 7.5 applies only to permanent partial obstruction of one or more of the following structures:

- oropharnyx
- laryngopharynx
- larynx
- trachea.

Table 7.5 does not apply to nasal obstruction. Nasal obstruction is assessed under Table 7.6: Nasal passage defects.

Prophylactic restriction of activity, such as sporting activity, does not attract the same WPI rating as dyspnoea on participation in the activity.

Criteria	% WPI													
enterna	0	10	30	40	50	70	90							
Ventilation required.	No	No	No	No	No	No	Yes							
Dyspnoea at rest.	No	No	No	No	Yes	Yes (severe)	not applicabl e							
Dyspnoea with dressing or grooming.	No	No	No	Yes	Yes (severe)	not applicabl e	not applicabl e							
Dyspnoea with walking 200m or climbing 8 steps.	No	No	Yes	not applicabl e	not applicabl e	not applicabl e	not applicabl e							
Dyspnoea with hurrying, hill climbing or sporting activity.	No	Yes	not applicabl e	not applicabl e	not applicabl e	not applicabl e	not applicabl e							

Table 7.5: Air passage defects

#### 7.6 Nasal passage defects

Table 7.6 applies only to nasal obstruction.

Table 7.6: Nasal passage defects

% WPI	Criterion
3	Continuous nasal obstruction of sufficient severity to cause mouth breathing at rest.

#### 7.7 Chewing and swallowing

Table 7.7 below is used to assess impairment resulting from facial muscle damage or loss, dental and oral problems, and temporomandibular joint dysfunction.

WPI ratings derived from Table 7.7 may be combined with WPI ratings derived from Table 8.4: Surgically created stomas.

For the same condition, WPI ratings derived from Table 7.7 may not be combined with WPI ratings from Table 12.5.6: The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves.

% WPI	Criteria
0	No interference. Food of any desired type may be eaten without difficulty.
2	Very tough or hard food has to be avoided but diet is otherwise as desired.
5	Diet is limited to soft foods.
10	Diet is limited to pureed foods.
20	Diet is limited to liquid foods.
40	No oral ingestion of food or fluid is possible. Food can only be ingested by means of a nasogastric, gastrostomy, oesophagostomy or other tube.

Table 7.7: Chewing and swallowing

# Chapter 8 – The Digestive System

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	Liver: Chronic hepatitis and parenchymal liver disease	
	Biliary tract	
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## 8.0 Introduction

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the glossary (see pages 25-26).

'Activities of daily living' are activities which an employee needs to perform to function in a non-specific environment (that is, to live). Performance of activities of daily living is measured by reference to primary biological and psychosocial function.

For the purposes of Chapter 8, activities of daily living are those in Figure 8-A (see below).

Activity	Examples
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
Communication.	Hearing, speaking, reading, writing, using keyboard.
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
Sensory function.	Tactile feeling.
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
Travel.	Driving or travelling as a passenger.
Sexual function.	Participating in desired sexual activity.
Sleep.	Having a restful sleep pattern.
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

Figure 8-A: Activities of daily living

Tables 8.1, 8.2 and 8.3 refer to primary and secondary criteria. All criteria from both categories (except where otherwise stipulated) must be met before a WPI rating can be assigned.

Where the condition being assessed interferes with chewing and/or swallowing, assessment is made under whichever of the following tables describes the impairment more specifically:

- Table 7.7: Chewing and swallowing
- Table 12.5.6: The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves

For the same condition, WPI ratings derived from Table 12.5.6 may not be combined with WPI ratings derived from Table 7.7.

Other complications of bleeding disorders assessed under Table 13.3: Haemorrhagic disorders and platelet disorders (see Chapter 13 – The haematopoietic system) may also be assessed under tables in Chapter 8, according to the site of the blood loss. The WPI rating so obtained should be combined with the WPI rating obtained from Table 13.3.

Where applicable, Body Mass Index (BMI) values are used as the objective assessment for weight. See Figure 8-B for calculation of BMI values.

## Calculation of Body Mass Index (BMI)

BMI is calculated as follows:

<u>Weight (kg)</u> Height<sup>2</sup> (m)

The value obtained should be rounded to the nearest whole number.

BMI	Category	Health Risk
<18	Very underweight	Long-term hazard to health.
18-20	Underweight	Low risk to health.
20-25	Acceptable	Least risk for morbidity and minimal mortality.
25-30	Overweight	Low risk to health.
30-40	Morbid obesity	High degree of risk to health.

Figure 8-B: Body mass index criteria

## 8.1 Upper digestive tract: Oesophagus, stomach, duodenum, small intestine and pancreas

# Table 8.1: Upper digestive tract: Oesophagus, stomach, duodenum, small intestine and pancreas

See notes to Table 8.1 on the following page.

% WPI	Primary Criteria	Secondary Criteria
0	Symptoms of upper digestive tract disease with or without anatomical loss or pathological alteration present.	Continuous drug treatment not required to control symptoms.
10	Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>ONE of the following:</li> <li>Continuous drug treatment required to control symptoms, signs or nutritional deficiency;</li> <li>Appropriate dietary modifications required to control symptoms or signs.</li> </ul>
20	Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>BOTH of the following:</li> <li>Continuous drug treatment required to control symptoms, signs or nutritional deficiency;</li> <li>Appropriate dietary modifications required to control symptoms or signs.</li> </ul>
30	Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>Any ONE of the following:</li> <li>Continuous drug treatment does not completely control symptoms, signs or nutritional deficiency;</li> <li>Appropriate dietary modifications do not completely control symptoms, signs or nutritional deficiency;</li> <li>Weight loss with a BMI&lt;20.</li> </ul>
40	Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>Any TWO of the following:</li> <li>Continuous drug treatment does not completely control symptoms, signs or nutritional deficiency;</li> <li>Appropriate dietary modifications do not completely control symptoms, signs or nutritional deficiency;</li> <li>Weight loss with a BMI&lt;20.</li> </ul>
50	Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>ALL of the following:</li> <li>Continuous drug treatment does not completely control symptoms, signs or nutritional deficiency;</li> <li>Appropriate dietary modifications do not completely control symptoms, signs or nutritional deficiency;</li> <li>Weight loss with a BMI&lt;20.</li> </ul>

		ALL of the following:
	<b>50</b> Symptoms of upper digestive tract disease, with anatomical loss or pathological alteration present.	<ul> <li>Continuous drug treatment has little effect on symptoms, signs or nutritional deficiency;</li> </ul>
60		<ul> <li>Appropriate dietary modifications have little effect on symptoms, signs or nutritional deficiency;</li> </ul>
		<ul> <li>Assistance required with most or all Activities of Daily Living;</li> </ul>
		• Weight loss with a BMI<20.
		ALL of the following:
70	Symptoms of upper digestive tract disease, with anatomical loss or	<ul> <li>Severe impairment of nutritional status uncontrolled by any treatment or dietary modifications;</li> </ul>
	pathological alteration present.	<ul> <li>Assistance required with all Activities of Daily Living;</li> </ul>
		• Weight loss with a BMI<20.

#### Notes to Table 8.1

- 1. Continuous drug treatment includes H<sub>2</sub> receptor antagonists, proton pump inhibitors, corticosteroids, and pancreatic enzyme supplementation.
- 2. Continuous drug treatment does not include antacids, or mixed antacid and alginic acid preparations.
- 3. Modified diet does not include the avoidance of a few, or selected, food items. It refers to special diets devised to manage symptoms of the disease and maximise nutrition (for example, lactose-free diet, gluten-free diet).

## 8.2 Lower gastrointestinal tract: Colon and rectum

## Table 8.2: Lower gastrointestinal tract – Colon and rectum

See notes to Table 8.2 on the following page.

% WPI	Primary Criteria	Secondary Criteria
	Signs and/or symptoms of colonic or rectal disease occur	No requirement for any of the following as short term treatment:
		<ul> <li>Limitation of activities of daily living;</li> </ul>
0		Modified diet;
Ū	infrequently, and/or are	Medication.
	of brief duration.	No systemic manifestations.
		Weight and nutrition can be maintained at desirable level.
		Generally no requirement for any of the following as long-term treatment to control disease although may be needed short term:
	Signs and/or symptoms of colonic or rectal	<ul> <li>Limitation of activities of daily living;</li> </ul>
10	disease occur more	Modified diet;
	frequently, and/or are of longer duration.	Medication.
		No systemic manifestations.
		Weight and nutrition can be maintained at desirable levels.
		Requirement for at least ONE of the following as long-term treatment to control disease:
	Objective evidence of	<ul> <li>Limitation of activities of daily living;</li> </ul>
20	colonic or rectal disease, with anatomical loss or alteration.	Modified diet;
20		Medication.
		No systemic manifestations.
		Weight and nutrition can be maintained at desirable level.
	Objective evidence of colonic or rectal disease, with anatomical loss or alteration.	Requirement for ALL of the following as long-term treatment to control disease:
30		<ul> <li>Limitation of activities of daily living;</li> </ul>
		Modified diet;
		Medication.
		No systemic manifestations.
		Weight and nutrition can be maintained at desirable levels.

% WPI	Primary Criteria	Secondary Criteria
		Requirement for ALL of the following as long-term treatment to control disease:
40		<ul> <li>Limitation of activities of daily living;</li> </ul>
	Objective evidence of colonic or rectal	Modified diet;
	disease, with	Medication.
	anatomical loss or alteration.	Presence of one of the following:
		<ul> <li>Systemic manifestations (for example, fever, anaemia);</li> </ul>
		• Weight loss with a BMI<20.
		Requirement for ALL of the following as long-term treatment to control disease:
50		Limitation of activities of daily living;
	Objective evidence of colonic or rectal	Modified diet;
	disease, with	Medication.
	anatomical loss or alteration.	Presence of both of the following:
		<ul> <li>Systemic manifestations (for example, fever, anaemia);</li> </ul>
		• Weight loss with a BMI<20.
		None of the following long-term treatments control the disease:
		Modified diet;
	Objective evidence of colonic or rectal	Medication.
60	disease, with	Presence of at least one of the following:
	anatomical loss or alteration.	Limitations of activities of daily living;
		<ul> <li>Systemic manifestations (for example, fever, anaemia);</li> </ul>
		• Weight loss with a BMI<20.
		None of the following long-term treatments control the disease:
		Modified diet;
	Objective evidence of colonic or rectal disease, with anatomical loss or alteration.	Medication.
70		Presence of all of the following:
		<ul> <li>Systemic manifestations (for example, fever, anaemia);</li> </ul>
		• Assistance required with activities of daily living;
		• Weight loss with a BMI<20.

#### Notes to Table 8.2

- 1. Medication does not include fibre supplements, vitamins or other nutritional supplements (unless there is a demonstrated vitamin deficiency), or over the counter preparations.
- 2. Modified diet does not include the avoidance of a few, or selected food items. It refers to special diets devised to manage the symptoms of the disease and maximise nutrition (for example, lactose free diet, gluten free diet).

## 8.3 Lower gastrointestinal tract: Anus

Where the anal disorder is part of a colo-rectal disorder (for example, Crohn's Disease), WPI ratings from Tables 8.2: Lower gastrointestinal tract: Colon and rectum and Table 8.3 may be combined using the combined values chart (see Appendix 1).

% WPI	Primary Criteria	Secondary Criteria
0	Signs of organic anal disease are absent; or There is no anatomical loss or alteration.	Incontinence of flatus, or other mild or intermittent anal symptoms which can be controlled by treatment.
10	Signs of organic anal disease are present; or There is anatomical loss or alteration.	Mild incontinence of flatus; and/or Mild incontinence of liquid stool; and Mild or intermittent anal symptoms controlled by treatment.
20	Signs of organic anal disease are present; or There is anatomical loss or alteration.	Moderate daily faecal incontinence requiring daily treatment; or Continual anal symptoms incompletely controlled by treatment.
30	Signs of organic anal disease are present; or There is anatomical loss or alteration.	Moderate daily faecal incontinence requiring daily treatment; and Continual anal symptoms incompletely controlled by treatment.
40	Signs of organic anal disease are present; and There is anatomical loss or alteration.	Total faecal incontinence despite treatment; or Signs of organic anal disease with severe symptoms unresponsive or not amenable to treatment.

 Table 8.3:
 Lower gastrointestinal tract – Anus

## 8.4 Surgically created stomas

Using the combined values chart (see appendix 1), WPI ratings obtained from Table 8.4 may be combined with WPI ratings from other digestive system tables in Chapter 8, and with WPI ratings from Table 7.7: Chewing and Swallowing.

#### Table 8.4: Surgically created stomas

See note to Table 8.4 immediately following table.

% WPI	Criteria
10	Colostomy.
	Ileostomy.
15	Ileal pouch-anal anastomosis.
	Jejunostomy.
20	Gastrostomy.
	Oesophagostomy.

#### Note to Table 8.4

1. Assessment for surgically created stomas is only allowed when the stoma is permanent and not a defunctioning or temporary stoma.

## 8.5 Liver: Chronic hepatitis and parenchymal liver disease

## Table 8.5: Liver-Chronic hepatitis and parenchymal liver disease

See notes to Table 8.5 immediately following table.

% WPI	Primary criteria	Secondary criteria
0	Evidence of persistent or intermittent liver disease.	Liver function tests may be normal or mildly abnormal.
	Histological severity – very	No history of jaundice, ascites or bleeding oesophageal varices in the last 3 years.
	mild.	Adequate nutritional state.
	Evidence of persistent liver	Biochemistry abnormal.
10 - 15	disease.	No history of jaundice, ascites, or bleeding oesophageal varices in the last 3 years.
	Histological severity – mild.	Adequate nutritional state.
	Evidence of chronic liver	Biochemistry abnormal.
30	disease. Histological severity –	History of jaundice, ascites or bleeding oesophageal varices in the last 12 months.
	moderate.	Adequate nutritional state
		Biochemistry abnormal.
40	Evidence of progressive chronic liver disease.	History of jaundice, ascites, or bleeding oesophageal varices in the last 12 months.
	Histological severity – severe.	Adequate nutritional state.
		Easily fatigued.
	Evidence of progressive	Biochemistry abnormal.
50	chronic liver disease. Histological severity –	History of jaundice, ascites, and/or bleeding oesophageal varices in the last 12 months.
	chronic hepatitis with cirrhosis.	Nutritional state adversely affected.
		Fatigue and physical weakness.
	Evidence of progressive chronic liver disease.	Biochemistry abnormal.
65	Histological severity – chronic hepatitis with	History of jaundice, ascites, and/or bleeding oesophageal varices in the last 12 months.
	cirrhosis.	Nutritional state adversely affected.
	Persistent signs of hepatic insufficiency.	Profound fatigue and physical weakness.
75	Evidence of advanced irreparable chronic liver disease.	Biochemistry abnormal.
		History of jaundice, ascites and/or bleeding oesophageal varices in the last 12 months.
	Histological severity – chronic hepatitis with	Nutritional state adversely affected.
	cirrhosis.	Profound fatigue and physical weakness.
	Persistent signs of advanced hepatic insufficiency.	Assistance required with activities of daily living.

#### Notes to Table 8.5.

- 1. Signs of liver disease include: the stigmata of liver disease (spider angiomata, palma rerythema, and gynaecomastia); jaundice; palpably enlarged liver; evidence of abnormal liver size on ultrasound; evidence of intrahepatic lesions on ultrasound or positive antibodies to any of the viruses known to have the potential to cause chronic liver disease.
- 2. Jaundice does not include a mild elevation of plasma bilirubin with normal liver enzymes.
- 3. Liver function tests include estimates of total bilirubin, albumin, alkaline phosphatase (ALP), aspartate transaminase (AST), alanine transaminase (ALT), and gamma glutamyl transferase (GGT).
- 4. All the criteria, both major and minor, must be present before a particular WPI rating can be allocated. However, liver biopsy is not mandatory and should not be undertaken solely for the purpose of permanent impairment assessment. Where liver biopsy has not been undertaken the histological criteria may be disregarded.
- 5. Where liver biopsy has not been undertaken the histological criteria may be disregarded.
- 6. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

#### 8.6 Biliary tract

#### Table 8.6: Biliary tract

See note to Table 8.6 immediately following table.

% WPI	Criteria
0	Cholecystectomy with no biliary tract sequelae.
	History of biliary type pain without identifiable biliary disease;
10	or
	Documented history of one to three episodes of biliary colic per year with identifiable biliary disease.
20	Documented history of four to six episodes of biliary colic per year with identifiable biliary disease.
30	Documented history of more than six episodes of biliary colic per year with identifiable biliary disease.
40	Permanent irreparable obstruction of the hepatic or common bile duct with recurrent cholangitis or permanent stent.
50	Permanent common bile duct obstruction with progressive liver disease manifest as persistent jaundice with intermittent hepatic insufficiency.
65	Permanent common bile duct obstruction with progressive liver disease manifest as persistent jaundice and hepatic insufficiency.
75	Permanent and irreparable common bile duct obstruction with advanced liver disease manifest as persistent jaundice and hepatic insufficiency.

#### Note to Table 8.6.

1. Biliary tract dysfunction should only be assessed after cholecystectomy or other appropriate biliary tract surgery, except where there are sound medical reasons for not undertaking surgery.

#### 8.7 Hernias of the abdominal wall

#### Table 8.7: Hernias of the abdominal wall

See note to Table 8.7 immediately following table.

% WPI	Criteria
5	Abdominal wall defect with slight protrusion of abdominal contents palpable with increased abdominal pressure and readily reducible.
10	Palpable abdominal wall defect with frequent or persistent protrusion of abdominal contents, with increased abdominal pressure, manually reducible.
25	Palpable abdominal wall defect with persistent, irreducible or irreparable protrusion of abdominal contents at the site of defect, causing limitation of activities of daily living.

#### Note to Table 8.7

1. Hernias should be assessed only after surgical repair, except where there are sound medical reasons for repair not being undertaken.

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## 9.0 Introduction

In conducting an assessment, the assessor must have regard to the Principles of Assessment (see pages 21-24) and the definitions contained in the Glossary (see pages 25-26).

Chapter 9 is divided into three Parts:

Part I – The Lower Extremities (see page 98)

Part II – Upper Extremities (see page 114)

Part III – The Spine (see page 141) The range of motion to be measured is the range of active motion. The medical assessor should be satisfied that the claimant is making an appropriate effort to demonstrate the maximal range and that the measurements are consistent (that is, several repetitions). The normal ranges of motion of individual joints in the musculoskeletal system are set out on the next page.

Peripheral vascular disease affecting lower and upper extremities is assessed under Table 1.4 and Table 1.5.

For the purposes of Chapter 9, activities of daily living are those in Figure 9-A (see below).

Activity	Examples
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
Communication.	Hearing, speaking, reading, writing, using keyboard.
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
Sensory function.	Tactile feeling.
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
Travel.	Driving or travelling as a passenger.
Sexual function.	Participating in desired sexual activity.
Sleep.	Having a restful sleep pattern.
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

#### Figure 9-A: Activities of daily living

Table	Joint	Plane	ROM from	ROM through	ROM to
9.1	Hindfoot/Ankle (subtalar)	Frontal	Eversion 20°	0°	Inversion 30°
9.2 9.3	Ankle (talocrural) Knee	Sagittal Sagittal	Extension 20° Extension 0°	0°	Flexion 40° Flexion 150°
9.4	Нір	Rotation	External Rotation 50°	0°	Internal Rotation 40°
9.4 9.4 9.8.1.a 9.8.1.a	Hip Hip Thumb – IP joint Thumb – MP joint	Frontal Sagittal	Abduction 40° Extension 30° Extension 30° Extension 40°	0° 0° 0°	Adduction 20° Flexion 100° Flexion 80° Flexion 60°
9.8.1.b	Thumb – Radial abduction/adduction		15° (full radial adduction)		50° (full radial abduction)
9.8.1.b 9.8.1.b	Thumb adduction Thumb opposition		0 cm 0 cm		8 cm 8 cm
9.8.1.c	Index and middle fingers – DIP joint		Extension 30°	0°	Flexion 70°
9.8.1.c	Index and middle fingers – PIP joint		Extension 30°	0°	Flexion 100°
9.8.1.c	Index and middle fingers – MP joint		Extension 20°	0°	Flexion 90°
9.8.1.d	Ring and little fingers – DIP joint		Extension 30°	0°	Flexion 70°
9.8.1.d	Ring and little fingers – PIP joint		Extension 30°	0°	Flexion 100°
9.8.1.d	Ring and little fingers – MP joint		Extension 20°	0°	Flexion 90°
9.9.1.a	Wrist	Sagittal	Extension 60°	0°	Flexion 60°
9.9.1.b	Wrist	Frontal	Radial Deviation 20°	0°	Ulnar Deviation 30°
9.10.1.a 9.10.1.b 9.11.1.a	Elbow Elbow (forearm) Shoulder	Sagittal Rotation Sagittal	Extension 0° Supination 80° Extension 40°	0° 0°	Flexion 140° Pronation 80° Flexion 180°
9.11.1.b	Shoulder	Rotation	External Rotation 90°	0°	Internal Rotation 90°
9.11.1.c	Shoulder	Frontal	Abduction 180°	0°	Adduction 50°

## Figure 9-B: Tables of normal ranges of motion of joints

## Part I

## The lower extremities: feet and toes, ankles, knees and hips

## Part I – Introduction

The impairments assessed for each region in the lower extremity are combined to obtain the overall impairment of the lower extremity for the individual extremity, subject to the notes accompanying the applicable tables, or any indication that combination is not permitted.

Where an arthroplasty procedure has been undertaken, refer to the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5th edition 2001. Combine the total WPI rating for abnormal motion with the relevant WPI rating for arthroplasty, obtained from the American Medical Association's Guide.

A WPI rating for one lower extremity may be combined with a WPI rating for the other lower extremity, except in the case of WPI ratings under Table 9.7: Lower extremity function (see page 112), where the notes accompanying Table 9.7 are to be followed.

WPI ratings from Table 9.1: Feet and Toes, Table 9.2: Ankles, Table 9.3: Knees and Table 9.4: Hips must not be combined with a WPI rating under Table 9.7 if they assess the same condition in the same lower extremity.

Where a condition cannot be assessed under one of Tables 9.1, 9.2, 9.3 and 9.4, an assessment may be made under the provisions of the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5th edition 2001.

If the medical assessor considers that the impairment is not adequately assessed using one of Tables 9.1, 9.2, 9.3 and 9.4, and the condition does not cause a reduction in the range of motion of a joint but there is significant interference with gait, the medical assessor should consider the effect of the injury on gait and determine the WPI rating using Table 9.7. Table 9.7 cannot be used if the condition causes a reduction in the range of motion of a joint and an assessment can be made under any one or more of Table 9.1, 9.2, 9.3 or 9.4.

If permanent, conditions such as sesamoiditis, plantar fasciitis, plantar tendonitis, and pes planus, should be assessed under Table 9.7.

All ankylosis assessments from Tables 9.1, 9.2, 9.3 and 9.4 are alternative assessments to those for abnormal motion of the individual joints.

The maximum WPI rating for a single lower extremity in Tables 9.1, 9.2, 9.3 and 9.4 is 40%, including combined WPI ratings.

Complex regional pain syndrome in the lower extremities should be assessed using the same methodology as for the upper extremity substituting lower extremity table where appropriate. The diagnostic requirements of Figure 9-E apply.

#### Steps in calculating lower extremity impairment

Step 1	Add abnormal motion/ankylosis impairment values within an individual joint.
Step 2	Combine abnormal motion/ankylosis impairment values for different joints in the toes.
Step 3	Add impairment values obtained for each individual toe and combine this value with the impairment values for other joints in the foot to obtain the total abnormal motion/ankylosis impairment assessment for a foot.
Step 4	Combine with abnormal motion/ankylosis impairment assessments for different regions in the lower extremity (that is knee and hip).
Step 5	Combine with impairment values for peripheral nerve injuries.
Step 6	Combine with impairment values for amputation.

#### 9.1 Feet and toes

Table 9.1 assesses impairments to range of motion of the feet and toes, including ankylosis of one or more joints. The maximum WPI rating under Table 9.1 is 2% for impairment of two or more of the  $2^{nd}$ ,  $3^{rd}$ ,  $4^{th}$  and  $5^{th}$  toes of one foot.

In the case of toes, the ankylosis referred to in Table 9.1 is that of the metatarsophalangeal joint.

Ankylosis of the interphalangeal joints of the  $2^{nd}$ ,  $3^{rd}$ ,  $4^{th}$  or  $5^{th}$  toe attracts a WPI rating of 0. The position of function is the neutral position.

% WPI	Criteria (ONE required – different conditions may be assessed separately)
0	Ankylosis of any one of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in position of function.
	Interphalangeal flexion of the $1^{st}$ toe restricted to less than $20^{\circ}$ .
	Metatarso-phalangeal extension of the $1^{st}$ toe restricted to a range of $15^{\circ}$ - $30^{\circ}$ .
	Metatarso-phalangeal extension of any one of the $2^{nd}$ , $3^{rd}$ , $4^{th}$ and $5^{th}$ toes restricted to less than $10^{\circ}$ .
1	Subtalar inversion restricted to a range of 10°-20°.
	Subtalar eversion restricted to less than 10°.
	Ankylosis of:
	• any one of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in full extension or full flexion;
	<ul> <li>any two of the 2nd, 3rd, 4th or 5th toes in position of function;</li> </ul>
	• the $2^{nd}$ , $3^{rd}$ and $4^{th}$ toes in position of function.

#### Table 9.1: Feet and toes

[	
	Metatarso-phalangeal extension of the $1^{st}$ toe restricted to less than $15^{\circ}$ .
	Metatarso-phalangeal extension of any two of the $2^{nd}$ , $3^{rd}$ , $4^{th}$ or $5^{th}$ toes restricted to less than $10^{\circ}$
2	Subtalar inversion restricted to less than 10°.
	Ankylosis of:
	• any two of the 2 <sup>nd</sup> , 3 <sup>rd</sup> or 4 <sup>th</sup> toes, plus the 5 <sup>th</sup> toe, in position of function;
	• any two of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in full extension or full flexion;
	• all four of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> toes in position of function;
	• the 2 <sup>nd</sup> toe with any two of the 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in full extension;
	• the 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> toes in full extension or full flexion;
	• the 2 <sup>nd</sup> and 3 <sup>rd</sup> toes with either of the 4 <sup>th</sup> or 5 <sup>th</sup> toes in full flexion.
	Ankylosis of:
3	• all four of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> toes in full flexion or full extension;
	• the 2 <sup>nd</sup> toe with the 4 <sup>th</sup> and 5 <sup>th</sup> toes in full flexion.
	Ankylosis of:
4	<ul> <li>the 1st toe in position of function or full extension;</li> </ul>
•	<ul> <li>the 1st toe with any one of the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> toes in position of function.</li> </ul>
	Ankylosis of:
5	the 1st toe in full flexion;
-	• the 1st toe with any one of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in full extension;
	<ul> <li>the 1st toe with any two or three of the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> toes in position of function.</li> </ul>
	Ankylosis of:
6	<ul> <li>the 1st toe with any two or three of the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> toes in full extension;</li> </ul>
	<ul> <li>the 1st toe with all four of the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> toes in position of function;</li> </ul>
	• the 1st toe with any one of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> toes in full flexion.
	Ankylosis of:
7	<ul> <li>the 1st toe with any two of the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> toes in full flexion;</li> </ul>
	• the 1st toe with all four of the $2^{nd}$ , $3^{rd}$ , $4^{th}$ and $5^{th}$ toes in full extension.
8	
	Ankylosis of the 1st toe with any three or all four of the 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> toes in full flexion.
10	Apply logic of hindfoot with tibic on oplain and a f 1000 to 1100
	Ankylosis of hindfoot with tibia-os calcis angle of 100° to 110°.
15	
	1

	Ankylosis of hindfoot with tibia-os calcis angle of 90° to 95°.
20	Ankylosis of hindfoot with tibia-os calcis angle of less than 90°.

## 9.2 Ankles

Table 9.2 assesses impairments to range of motion and deformity of the ankle, as well as ankylosis. Ankle deformity with movement is assessed separately from ankylosis.

Ankylosis in the optimal position is equivalent to a WPI of 4%. The optimal position is the neutral position without flexion, extension, varus or valgus. This is the base level of ankylosis impairment in the ankle.

When ankylosis is not in the optimal position, add the relevant WPI ratings from Table 9.2 for ankylosis in each direction. Then add the base figure of 4% WPI for ankylosis in the optimal position.

The maximum WPI rating for multiple impairments of the ankle and hindfoot is 25% WPI. If the total WPI rating obtained by adding different WPI ratings is higher than 25% WPI, then the final WPI rating for the ankle is 25%.

% WPI	Criteria (ONE required - different conditions may be assessed separately - but see notes on ankylosis above)
3	Plantar flexion capability restricted to 15°-20°.
	Dorsiflexion restricted to less than 10°.
4	Ankylosis in optimal position only (see notes).
	Deformity with:
	<ul> <li>varus angulation of 10°;</li> </ul>
	<ul> <li>valgus angulation of 10°-20°.</li> </ul>
	Ankylosis not in optimal position:
5	<ul> <li>in less than 10° of internal malrotation;</li> </ul>
	<ul> <li>in 15° of external malrotation.</li> </ul>
6	Plantar flexion capability restricted to 10° or less.
6	Plantar flexion contracture of 10°-15°.
7	Ankylosis not in optimal position:
,	• in 10° to 15° of dorsiflexion or plantar flexion.

#### Table 9.2: Ankles

	Deformity with varus angulation of 15°-20°.		
	Ankylosis not in optimal position:		
	<ul> <li>in varus angulation of 5°;</li> </ul>		
	<ul> <li>in valgus angulation of 10° to 15°;</li> </ul>		
10	<ul> <li>in 10° to 15° of internal malrotation;</li> </ul>		
	• in 20° to 25° of external malrotation;		
12	Plantar flexion contracture of at least 20°.		
	Ankylosis not in optimal position:		
	<ul> <li>in 20° to 25° of plantar flexion;</li> </ul>		
	<ul> <li>in at least 20° of dorsiflexion;</li> </ul>		
	<ul> <li>in varus angulation of 10° to 15°;</li> </ul>		
15	<ul> <li>in valgus angulation of 20° to 25°;</li> </ul>		
15	<ul> <li>in 20° to 25° of internal malrotation;</li> </ul>		
	• in 30° to 35° of external malrotation.		
<b>17</b> Ankylosis not in optimal position:			
17	<ul> <li>in varus angulation of 20° to 25°.</li> </ul>		
20	Deformity with varus angulation of 25° or greater.		
	Ankylosis not in optimal position:		
	<ul> <li>in varus angulation of at least 30°;</li> </ul>		
	<ul> <li>in at least 30° of plantar flexion;</li> </ul>		
21	<ul> <li>in valgus angulation of at least 30°;</li> </ul>		
21	• in at least 30° of internal malrotation;		
	• in at least 40° of external malrotation.		

## 9.3 Knees

Table 9.3 assesses impairments to range of motion and deformity of the knee, as well as ankylosis. Knee deformity with movement is assessed separately from ankylosis. 'Deformity' is measured by the femoral-tibial angle:  $3^{\circ}-10^{\circ}$  valgus is considered normal.

Ankylosis in the optimal position is equivalent to 27% WPI. The optimal position is  $10^{\circ}-15^{\circ}$  of flexion with good alignment. This is the base level of ankylosis impairment in the knee. When ankylosis is not in the optimal position, add the relevant WPI ratings from Table 9.3 for ankylosis in each direction. Then add the base figure of 27% WPI for ankylosis in the optimal position.

The maximum WPI rating for multiple impairments of the knee is 40% WPI. If the total WPI rating obtained by adding different WPI ratings is over 40%, then the final WPI rating for the knee is 40%.

#### Table 9.3: Knees

% WPI	Criteria (ONE required –
	different conditions may be assessed separately)
	Flexion of 80°-105°.
	Flexion contracture of 5°.
	Deformity with:
	<ul> <li>varus angulation of 2° valgus-0° (neutral);</li> </ul>
	<ul> <li>valgus angulation of 10°-12°.</li> </ul>
5	Ankylosis not in optimal position:
	<ul> <li>in 10° to 15° of internal malrotation;</li> </ul>
	<ul> <li>in 10° to 15° of external malrotation;</li> </ul>
	<ul> <li>in less than 10° of varus;</li> </ul>
	<ul> <li>in 10° to 15° of valgus;</li> </ul>
	• in 20° to 25° of flexion.
	Flexion of 60°-75°.
	Flexion contracture of 10°-15°.
	Deformity with:
	<ul> <li>varus angulation of 1°-7°;</li> </ul>
	<ul> <li>valgus angulation of 13°-15°.</li> </ul>
	Ankylosis not in optimal position:
10	<ul> <li>in 20° to 25° of internal malrotation;</li> </ul>
	<ul> <li>in 20° to 25° of external malrotation;</li> </ul>
	<ul> <li>in 10° to 15° of varus;</li> </ul>
	<ul> <li>in 20° to 25° of valgus;</li> </ul>
	• in 30° to 35° of flexion.
13	Ankylosis not in optimal position:
	<ul> <li>in at least 30° of internal malrotation;</li> </ul>
	<ul> <li>in at least 30° of external malrotation;</li> </ul>
	<ul> <li>in at least 20° of varus;</li> </ul>
	<ul> <li>in at least 30° of valgus;</li> </ul>
	• in at least 40° of flexion.
	Flexion of 30°-55°.
	Flexion contracture of 20° or greater.
14	Deformity with:
	<ul> <li>varus angulation of 8°-12°;</li> </ul>
	<ul> <li>valgus angulation of 16°-20°.</li> </ul>

	Flexion of less than 30°.
	Deformity with:
20	<ul> <li>varus angulation of more than12°;</li> </ul>
	<ul> <li>valgus angulation of more than 20°.</li> </ul>
27	Ankylosis in optimal position only (see notes above).

## 9.4 Hips

Table 9.4 assesses impairments of range of motion and deformity of the hip, as well as ankylosis. Hip deformity with movement is assessed separately from ankylosis.

Ankylosis in the optimal position is 20% WPI. The optimal position is 25°-40° of flexion with neutral rotation, abduction and adduction. This is the base level of ankylosis impairment in the hip. When ankylosis is not in the optimal position, add the relevant WPI ratings from Table 9.4 for ankylosis in each direction. Then add the base figure of 20% WPI for ankylosis in the optimal position.

The maximum WPI rating for multiple impairments of the hip is 40%. If the total WPI rating obtained by adding different WPI ratings is over 40%, then the final WPI rating for the hip is 40%.

#### Table 9.4: Hips

	Criteria (ONE required –
% WPI	different conditions may be assessed separately)
	Flexion restricted to 80°-100°. Flexion contracture of 10°-15°.
	Internal rotation restricted to 10°-15°.
2	External rotation restricted to 20°-30°.
	Abduction restricted to 15°-25°.
	Adduction restricted to $15^\circ$ or less.
	Abduction contracture of 5° or less.

	Flexion restricted to 50°-70°.
	Flexion contracture of 20°-25°.
	Internal rotation restricted to less than 10°.
_	External rotation restricted to less than 20°.
5	Abduction restricted to 5°-10°.
	Abduction contracture of 6°-10°.
	Ankylosis not in optimal position:
	<ul> <li>in 20° to 40° of flexion;</li> </ul>
	<ul> <li>in at least 5° of internal rotation;</li> </ul>
	<ul> <li>in 10°-15° of external rotation.</li> </ul>
	Flexion restricted to less than 50°.
	Flexion contracture of 30° or more.
	Abduction restricted to less than 5°.
10	Abduction contracture of 11°-20°.
10	Ankylosis not in optimal position:
	<ul> <li>in 10° to 50° of flexion;</li> </ul>
	• in at least 10° of internal rotation;
	• in at least 20° of external rotation;
	<ul> <li>in 5°-10° of abduction;</li> </ul>
	• in at least 5° of adduction.
	Abduction contracture of more than 20°.
	Ankylosis not in optimal position:
	<ul> <li>in 0° to 60° of flexion;</li> </ul>
15	<ul> <li>in at least 20° of internal rotation;</li> </ul>
	<ul> <li>in at least 30° of external rotation;</li> </ul>
	<ul> <li>in 15°-20° of abduction;</li> </ul>
	<ul> <li>In 15 -20 of abduction,</li> <li>in at least 10° of adduction.</li> </ul>

Ankylosis in opt above).	imal position (see notes
<ul> <li>in at least 7</li> <li>in at least 3</li> <li>in at least 4</li> <li>in at least 2</li> </ul>	o optimal position: 0° of flexion; 0° of internal rotation; 0° of external rotation; 5° of abduction; 5° of adduction.

#### 9.5 Lower extremity amputations

Table 9.5 is the only table used to assess impairment arising from amputations in the lower extremity.

Table 9.7: Lower extremity function must not be used in cases involving amputations.

A WPI rating from Table 9.5 may be combined with other WPI ratings for lower extremity conditions above the amputation site.

% WPI	Criteria (ONE required – different conditions may be assessed separately)
0	<ul> <li>Amputation through:</li> <li>interphalangeal joint (distal or proximal) of any one of 2nd, 3rd, 4th or 5th toes;</li> <li>any phalanx of any one of the 2nd, 3rd, 4th or 5th toes.</li> <li>Amputation of any portion of soft tissue of any toe.</li> </ul>
1	Amputation of any one of the 2nd, 3rd, 4th or 5th toes at the metatarso-phalangeal joint.
2	<ul> <li>Amputation of:</li> <li>the first toe at the interphalangeal joint;</li> <li>any toe except the first toe through the metatarsal;</li> <li>any two of the 2nd, 3rd, 4th or 5th toes at the metatarso-phalangeal joint.</li> </ul>
3	Amputation of any three of the 2nd, 3rd, 4th and 5th toes at the metatarso-phalangeal joint.
4	Amputation of all four of the 2nd, 3rd, 4th and 5th toes at the metatarso- phalangeal joint.

#### **Table 9.5: Lower extremity amputations**

5	Amputation of the first toe at the metatarso-phalangeal joint.
8	Amputation of the first metatarsal (first toe).
10	Amputation of all toes of one foot at the metatarso-phalangeal joints.
16	Transmetatarsal amputation.
18	Midfoot amputation.
25	Syme amputation of hindfoot.
28	Amputation of lower leg more than 7.5cm below knee.
	Amputation of lower leg 7.5cm or less below knee.
32	Knee disarticulation.
	Amputation above knee through distal to midthigh.
36	Amputation above knee through midthigh.
40	Amputation above knee proximal to midthigh.
40	Hip disarticulation.
50	Hemipelvectomy.

# **9.6** Spinal nerve root impairments and peripheral nerve injuries affecting the lower extremities

Figure	9-C:	Grading	system
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	Sensory deficits or pain	Motor function
Grading	Criteria	Criteria
0	No sensation; or	No contraction.
1	Severe pain that prevents all activity. No protective sensibility with abnormal sensations; or Severe pain that prevents most activity.	A flicker.
2	Decreased protective sensibility with abnormal sensations; or Severe pain that prevents some activity.	Active movement with gravity eliminated.
3	Diminished light touch AND two-point discrimination with some abnormal sensations; or Slight pain that interferes with some activity.	Active movement against gravity.
4	Diminished light touch with or without minimal abnormal sensations; or Pain that is forgotten during activity.	Active movement against gravity and resistance.
5	Normal sensation; or No pain.	Normal power.

# 9.6.1 Spinal nerve root impairment affecting the lower extremity

Table 9.6.1 is to be used where there is involvement of a single spinal nerve. Where there are multiple nerves involved, the respective WPI ratings for each involved nerve should be combined.

Values obtained for pain, discomfort and/or sensory loss should be combined with values obtained for loss of strength, using the combined values chart (see Appendix 1).

Where the same nerve root is assessed, Table 9.6.1 must not be used in conjunction with Table 9.17: Lumbar spine.

	Impairment causing pain, discomfort and/or sensory loss						Imp	pairm	ent c stre	ausin ngth	g los	s of	
	Grading								Grad	ding			
	5	4	3	2	1	0	5	4	3	2	1	0	
Nerve Root			%	WPI			% WPI					Nerve root	
L3	0	1	1	2	3	3	0	2	3	5	7	8	L3
L4	0	1	1	2	3	3	0	3	6	8	12	14	L4
L5	0	1	1	2	3	3	0	3	6	9	13	15	L5
<b>S1</b>	0	1	1	2	3	3	0	2	3	5	7	8	<b>S1</b>

#### Table 9.6.1: Spinal nerve root impairment affecting the lower extremity

### 9.6.2 Peripheral nerve injuries affecting the lower extremities

WPI ratings obtained for sensory impairment should be combined\_with WPI ratings for dysaesthesia, and the total combined with WPI ratings for motor impairment, using the combined values chart (see Appendix 1).

Where the same nerve is assessed, Table 9.6.2a and Table 9.6.2b must not be used in conjunction with Table 9.17: Lumbar spine.

Use the grading system shown in Figure 9-C: Grading system.

# Table 9.6.2a: Sensory impairment due to peripheral nerve injuries affecting thelower extremities

			Sen	sory				Dy	ysaes	sthes	ia		
			gra	ding			grading						
	5	4	3	2	1	0	5	4	3	2	1	0	
Nerve			%	WPI					% \	NPI			Nerve
Femoral	0	0	0	1	1	1	0	1	1	2	3	3	Femoral
Lateral femoral cutaneous	0	0	0	1	1	1	0	1	1	2	3	3	Lateral femoral cutaneous
Sciatic	0	1	3	5	6	7	0	1	2	4	5	5	Sciatic
Common peroneal	0	0	1	1	2	2	0	0	1	1	2	2	Common peroneal
Tibial	0	1	2	4	4	5	0	1	1	3	3	3	Tibial
Superficial peroneal	0	0	1	1	2	2	0	0	1	1	2	2	Superficial peroneal
Sural	0	0	0	1	1	1	0	0	1	1	2	2	Sural
Medial plantar	0	0	1	1	2	2	0	0	1	1	2	2	Medial plantar
Lateral plantar	0	0	1	1	2	2	0	0	1	1	2	2	Lateral plantar

Table 9.6.2b: Motor impairment due to peripheral nerve injuries affecting the lower extremities

			Мо	otor			
		grading					
	5	4	3	2	1	0	
Nerve			%	WPI			
Femoral	0	3	6	9	13	15	
Obturator	0	1	1	2	3	3	
Superior gluteal	0	5	10	15	21	25	
Inferior gluteal	0	3	6	9	13	15	
Sciatic	0	6	12	18	26	30	
Common peroneal	0	3	6	9	13	15	
Tibial	0	3	6	9	13	15	
Medial plantar	0	0	1	1	2	2	
Lateral plantar	0	0	1	1	2	2	

# 9.7 Lower extremity function

Table 9.7 (see following page) should only be used to assess impairment from objectively identified orthopaedic or neurological conditions arising in and affecting the lower extremities. It may not be used to assess impairment from conditions manifesting principally as pain with no clinically demonstrable lower extremity pathology.

A secondary dysfunction consequent to disuse is only assessable under Table 9.7 if this dysfunction is permanent (that is, not likely to improve as a result of surgery, medication or other rehabilitative treatment) and there are objective clinical findings that can be validly assessed using other tables in Chapter 9, Part 1 – The lower extremities.

If permanent, conditions such as sesamoiditis, plantar fasciitis, plantar tendonitis, and pes planus, should be assessed under Table 9.7.

Table 9.7 must not be used in cases involving amputations.

A single assessment only may be made under Table 9.7, regardless of whether one or two extremities are affected by the injury. The impairment assessed is of overall lower extremity function, rather than that of individual extremities.

Before using Table 9.7 the medical assessor should check the instructions (see Part I – Introduction, page 98) preceding the specific joint impairment tables (Tables 9.1-9.4) and use Table 9.7 strictly in accordance with those instructions. In particular, Table 9.7 cannot be used where the condition causes a reduction in the range of motion of a joint and an assessment can be made under any one or more of Table 9.1, 9.2, 9.3 or 9.4.

Where only one limb is affected, regardless of the number of impairments found in that limb, the limb should be assessed using the relevant Tables other than Table 9.7 and all impairments combined using the combined values table (see Appendix 1). The combined impairment rating should then be compared with the rating taken from the relevant row in Table 9.7 and the higher rating obtained from the two methods chosen.

Where both limbs are affected, each limb should be assessed using the relevant Tables other than Table 9.7 and all impairments in both limbs combined using the combined values table (see Appendix 1). The combined impairment rating should then be compared with the rating taken from the relevant row in Table 9.7 and the higher rating obtained from the two methods chosen.

Table 9.7 may be used to assess lower extremity impairment arising as a result of spinal cord damage. Observe the special procedure set out in the introduction to Part III of this Chapter. However, Table 9.7 is not to be used to assess lower extremity impairment arising as a result of nerve root compression, or other neurological sequelae of other spinal conditions. These should be assessed under:

- Table 9.6.1, Table 9.6.2a or Table 9.6.2b (tables dealing with spinal nerve root impairments and peripheral nerve injuries affecting the lower extremities, see pages 109-110)
- Table 9.15: Cervical spine
- Table 9.16: Thoracic spine
- Table 9.17: Lumbar spine

To fulfil the requirements of a WPI rating in Table 9.7, there must be one major criterion and at least two minor criteria present (where minor criteria are listed).

'Manifest difficulty' is difficulty (such as stumbling, or an altered gait) evident to the medical assessor. The difficulty must be tested clinically: history alone cannot be relied upon in the assessment.

Table	9.7:	Lower	extremity	function
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% WPI	Major criteria	Minor criteria
	(at least one required)	(at least two required where listed)
0	Walks at a normal pace in comparison with peers on level ground or uneven ground and can avoid obstacles; or Distance walked is not restricted by the condition being assessed (although other factors such as the level of fitness may cause restriction).	
5	Walks at a normal pace in comparison with peers on level ground but has manifest difficulty negotiating uneven ground and avoiding obstacles; or Walking is restricted to 1000m or less (may be able to walk further after resting).	Legs give way or lock occasionally without causing falls. Can negotiate three or more stairs or a ramp (up and down) without the use of a walking aid or hand rails.
10	Walks at a normal pace in comparison with peers on level ground but is unable to negotiate uneven ground without use of a walking aid or personal assistant; or Walking is restricted to 500m or less (may be able to walk further after resting).	Legs give way or lock occasionally without causing falls. Is unable to negotiate three or more stairs or a ramp (up and down) without the use of a walking aid or hand rails.
20	Walks at a moderately reduced pace in comparison with peers on level ground; or Walking is restricted to 250m or less (may be able to walk further after resting).	Legs give way occasionally, causing falls. Is unable to negotiate three or more stairs or a ramp (up and down) without use of a walking aid or hand rails. Is unable to rise from sitting to standing position without use of one hand but can stand without support.

		Legs give way frequently, causing falls.
pace in	at a significantly reduced comparison with peers el ground;	Demonstrated medical need for a brace or walking aid (walking stick or crutches) on level ground.
or	g is restricted to 100m or	Is unable to negotiate three or more stairs or a ramp (up and down) without assistance from another person.
less (m	ay be able to walk further esting).	Is unable to rise from sitting to standing position without use of both hands but can stand without support.
		Is restricted to walking around house and yard.
	at a greatly reduced pace parison with peers on round;	Demonstrated medical need for a walking aid (walking stick or crutches) when walking on level ground.
	g is restricted to 50m or nay be able to walk further	Is unable to negotiate three or more stairs or a ramp (up and down) under any circumstances.
after re	esting).	Is unable to rise from sitting to standing position without personal assistance and is unable to stand without support.
50 S0 Walkin less (m	g is restricted to 25m or nay be able to walk further	Is restricted to walking around house. Demonstrated medical need for a quad stick or walking frame as support when standing and walking. Is unable to negotiate any steps or ramps. Is unable to rise from sitting to standing position
	esting).	without personal assistance and is unable to stand without support.
	and with support of al assistant but is unable <.	
64 Unable	e to stand or walk.	

# Part II

# The upper extremities: hands and fingers, wrists, elbows and shoulders

### Part II – Introduction

The impairments assessed for each region in each upper extremity are combined (that is, hand, wrist, elbow, shoulder). The WPI rating for one upper extremity may be combined with a WPI rating for the other upper extremity, except in the case of assessments under Table 9.14, where the notes appearing prior to Table 9.14 are to be followed.

WPI ratings from the following tables must not be combined with a WPI rating under Table 9.14 if they assess the same condition in the same upper extremity:

- Tables 9.8.1a, 9.8.1b, 9.8.1c, 9.8.1d (tables dealing with abnormal motion of digits)
- Tables 9.8.2a, 9.8.2b, 9.8.2c, 9.8.2d (tables dealing with sensory losses in thumb and fingers)
- Tables 9.9.1a, 9.9.1b (tables dealing with wrists)
- Tables 9.10.1a, 9.10.1b (tables dealing with elbows)
- Tables 9.11.1a, 9.11.1b, 9.11.1c (tables dealing with shoulders).

If the medical assessor considers that the impairment is not adequately assessed using one of Tables 9.9, 9.10, and 9.11, and the condition involves radiographically demonstrated joint instability, radiographically demonstrated arthritis or where the employee has had an arthroplasty, the medical assessor may consider the effect of the injury on upper extremity function instead and determine the WPI rating using Table 9.14. Table 9.14 cannot be used unless the condition involves radiographically demonstrated joint instability or arthritis or the employee has had an arthroplasty.

Where a condition cannot be assessed under a specific table in the upper extremities group, an assessment may be made under the provisions of the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

All ankylosis assessments from tables in the upper extremities group are alternative assessments to those for abnormal motion of the individual joints.

The maximum WPI rating for a single upper extremity is 60%, including combined WPI ratings.

#### Steps in calculating upper extremity impairment

Note that sensory loss in the digit is assessed either as a digit impairment or as a peripheral nerve impairment as appropriate, but not both.

Step 1	Add abnormal motion/ankylosis impairment values within an individual joint.
Step 2	Add abnormal motion/ankylosis impairment values for different joints in the thumb.
Step 3	Combine impairment values for different joints in the other four digits.
Step 4	Combine impairment values for each digit for sensory loss due to digital nerve injury and/or amputation.
Step 5	Add impairment values for each digit to obtain the total hand assessment.
Step 6	Combine with impairment values for different regions in the upper extremity.

# 9.8 Hands and fingers

Add the WPI ratings for each individual digit to obtain the total WPI rating for the hand.

WPI ratings for abnormal motion or ankylosis of digits are combined with those for sensory losses in the same digits.

# 9.8.1 Abnormal motion of digits

Table 9.8.1a, Table 9.8.1b, Table 9.8.1c and Table 9.8.1d assess impairments to range of motion of the digits of the hand, including ankylosis of one or more joints.

Impairment values for flexion and extension losses in each individual joint are added to obtain the total WPI rating for loss of range of motion of that joint.

Where there is abnormal motion or ankylosis of more than one joint of the same finger, the WPI ratings for abnormal motion or ankylosis are combined to obtain the WPI rating for that finger.

Where there is abnormal motion or ankylosis of more than one joint of the thumb, the WPI ratings for abnormal motion or ankylosis are added to obtain the WPI rating for the thumb.

#### Table 9.8.1a: Abnormal motion/ankylosis of the thumb – IP and MP joints

See notes to Table 9.8.1a on page 118.

Direction		IP joint			MP joint		Direction
Extension/ hyperexten sion	Ankylo sis	Loss of extensi on	Loss of flexio n	Ankylo sis	Loss of extensi on	Loss of flexio n	Extension/ hyperexten sion
	%WPI	%WPI	%WP I	%WPI	%WPI	%WPI	
				2	0	2	<b>40</b> °
<b>30</b> °	3	0	3	2	0	2	<b>30</b> °
<b>20</b> °	3	0	3	2	0	2	<b>20</b> °
<b>10</b> °	2	0	2	2	0	2	<b>10</b> °
<b>0</b> °	2	0	2	1	0	1	<b>0</b> °
<b>10</b> °	2	1	1	1	0	1	<b>10</b> °
<b>20</b> °	2	1	1	1	0	1	<b>20</b> °
<b>30</b> °	2	1	1	1	1	1	30°
<b>40</b> °	2	2	1	2	1	1	<b>40</b> °
<b>50</b> °	2	2	1	2	2	0	<b>50</b> °
<b>60</b> °	3	2	0	2	2	0	60°
<b>70</b> °	3	3	0				
<b>80</b> °	3	3	0				
Flexion							Flexion

# Table 9.8.1b: Radial abduction/adduction/opposition of the thumb – abnormal motion/ankylosis

See notes to Table 9.8.1b on page 118.

%	Criteria (ONE required – different
WPI	conditions may be assessed separately)
	Loss of less than 10° of radial adduction;
0	Loss of less than $35^\circ$ of radial abduction.
	Lack of less than 3cm adduction.
	Thumb opposition of more than 6cm.
	Loss of 10°-20° of radial adduction.
	Loss of 35°-40° of radial abduction.
1	Lack of 3-5 cm adduction.
	Thumb opposition of 5 to 6cm.
	Ankylosis in 30° to 35° of radial abduction.
	Loss of 25° or more of radial adduction.
	Loss of 45° or more of radial abduction.
2	Lack of 6cm adduction.
	Ankylosis in 15°-25°, or 40°-50° of radial abduction.
	Ankylosis in 4cm of adduction.
	Thumb opposition of 4cm.
	Lack of 7cm adduction.
3	Thumb opposition of 3cm.
	Ankylosis in 3cm or 5cm of adduction.
4	Lack of 8cm adduction.
	Ankylosis in 0-2cm or 6-8cm of adduction.
5	Thumb opposition of 2cm.
5	Ankylosis in thumb opposition of 5-6cm.
6	Ankylosis in thumb opposition of 4cm or 7cm.
_	Thumb opposition of 1cm.
7	Ankylosis in thumb opposition of 3cm or 8cm.
8	Ankylosis in thumb opposition of 1 or 2cm.
	Thumb opposition of 0cm.
10	Ankylosis in thumb opposition of 0cm.

#### Table 9.8.1c: Abnormal motion/ankylosis of the fingers – index and middle fingers

Direction			1	index an	d middle	finger	s			Direction
		DIP joint			PIP joint			MP joint		
Extension/ hyperexten sion	Ankylo sis	Loss of extensi on	Loss of flexi on	Ankylo sis	Loss of extensi on	Loss of flexi on	Ankylo sis	Loss of extensi on	Loss of flexi on	Extension/ hyperexten sion
	%WP I	%WP I	%W PI	%WP I	%WP I	%W PI	%WP I	%WP I	%W PI	
30°	5	0	5	8	0	8				30°
20°	4	0	4	8	0	8	7	0	7	20°
10°	4	0	4	7	0	7	6	1	6	10°
0°	4	0	4	7	0	7	6	1	5	0°
10°	4	0	3	6	1	6	5	1	5	10°
20°	3	1	3	6	1	5	5	1	4	20°
30°	4	1	2	6	1	4	5	1	4	30°
40°	4	2	2	5	2	4	6	3	3	40°
50°	4	3	1	6	3	3	7	4	2	50°
60°	4	4	1	7	4	3	8	6	2	60°
70°	5	5	0	7	5	2	8	8	1	70°
80°				8	7	1	10	9	1	80°
90°				8	8	1	11	11	0	90°
100°				8	8	0				100°
Flexion										Flexion

See notes to Table 9.8.1c on page 118.

# Table 9.8.1d: Abnormal motion/ankylosis of the fingers – ring and little fingers

See notes to Table 9.8.1d on page 118.

Direction				Ring an	d little fi	ingers				Direction
	DIP joint				PIP joint			MP joint		
Extension/ hyperexten sion	Ankylo sis	Loss of extensi on	Loss of flexi on	Ankylo sis	Loss of extensi on	Loss of flexi on	Ankylo sis	Loss of extensi on	Loss of flexi on	Extension/ hyperexten sion
	%WP	%WP	%W	%WP	%WP	%W	%WP	%WP	%W	
	I	I	PI	I	I	PI	I	I	PI	
30°	3	0	3	4	0	4				30°
20°	2	0	2	4	0	4	3	0	3	20°
10°	2	0	2	4	0	4	3	0	3	10°
0°	2	0	2	3	0	3	3	1	3	<b>0</b> °

10°	2	0	2	3	0	3	3	1	2	10°
20°	2	0	2	3	1	3	3	1	2	20°
30°	2	1	1	3	1	2	3	1	2	30°
40°	2	1	1	3	1	2	3	2	2	40°
50°	2	2	1	3	2	2	3	2	1	50°
60°	2	2	1	3	2	1	4	3	1	60°
70°	3	3	0	4	3	1	4	4	1	70°
80°				4	3	1	5	5	1	80°
90°				4	4	1	5	5	0	90°
100°				4	4	0				100°
Flexion										Flexion

#### Notes to Tables 9.8.1a, 9.8.1b, 9.8.1c and 9.8.1d

- 1. Abbreviations.
  - IP = interphalangeal.
  - MP = metacarpo-phalangeal.
  - CMC = carpometacarpal.
  - PIP = Proximal Interphalangeal.
  - DIP = Distal Interphalangeal.

2. **Thumb Adduction** is the smallest possible distance from the flexor crease of the IP joint of the thumb to the distal palmar crease over the level of the MP joint of the little finger. The normal range of adduction of the thumb is from 8cm to 0cm.

3. **Thumb Radial abduction** is the largest angle of separation actively formed between the first and second metacarpals in the coronal plane. The normal angle of radial abduction is 50°. The smallest angle of thumb radial adduction is 15°.

4. **Opposition of the thumb** is measured as the largest achievable distance between the flexor crease of the IP joint of the thumb to the distal palmar crease directly over the third MP joint. The normal range of opposition of the thumb is from 0cm to 8cm. In the case of employees with small hands, compare the loss of opposition with the normal range of opposition in the unaffected hand.

#### 5. Optimal positions of thumb and fingers:

Joint	Optimal Position
Thumb IP	20° of flexion
Thumb MP	20° of flexion
Thumb CMC	30°-35° of radial abduction

Joint	Optimal Position
Finger DIP	20° of flexion
Finger PIP	40° of flexion
Finger MP	30° of flexion

#### 9.8.2 Sensory losses in the thumb and fingers

Table 9.8.2a, Table 9.8.2b, Table 9.8.2c, and Table 9.8.2d assess sensory losses in the thumb and fingers due to digital nerve lesions only.

Sensory losses due to peripheral nerve lesions are assessed under Tables 9.13.1, 9.13.2a and 9.13.2b (tables dealing with neurological impairments affecting the upper extremities, see pages 131-134).

The two-point discrimination test is used to determine sensory loss:

Total sensory loss = two-point discrimination of greater than 15mm;

Partial sensory loss = two-point discrimination of 7 to 15mm.

Two-point discrimination of less than 7mm is not treated as an impairment.

Transverse sensory loss involves both digital nerves (ulnar and radial). Longitudinal sensory loss involves a single digital nerve (ulnar or radial).

Determine the percentage of digit length involved using the method in the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001 and consult Table 9.8.2a, Table 9.8.2b, Table 9.8.2c, and Table 9.8.2d, using the corresponding WPI rating for the nerve or nerves involved.

WPI ratings for transverse sensory loss must not be combined with WPI ratings for longitudinal sensory loss in the same digit. The conditions of transverse sensory loss and longitudinal sensory loss in an individual digit are mutually exclusive.

WPI ratings for sensory losses in digits are combined with those for abnormal motion or ankylosis in the same digits.

For the thumb and little finger, losses involving the ulnar digital nerve are rated higher than those of the radial digital nerve. For the other fingers, losses involving the radial digital nerve are rated higher than those of the ulner digital nerve.

If the little finger has been amputated, the ring finger is assessed as if it were the little finger.

#### Table 9.8.2a: Sensory losses

#### in the thumb

	% WPI (thumb)								
Percent		sverse oss	L	ongituc	linal lo	oss			
age of digit length	Both digital nerves		dig	nar gital erve	dig	dial gital erve			
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al			
10	1	1	1	1	1	0			
20	2	1	1	1	1	1			
30	3	2	2	1	1	1			
40	4	2	3	1	2	1			
50	5	3	3	2	2	1			

# Table 9.8.2b: Sensory losses in theindex and middle fingers

	% WPI (index and middle fingers)								
Percent	-	sverse oss	L	ongituc	linal lo	nal loss			
age of digit length	Both digital nerves		dig	nar gital erve	dig	dial gital erve			
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al			
10	1	1	0	0	1	0			
20	1	1	1	0	1	1			
30	2	1	1	1	1	1			
40	2	1	1	1	1	1			
50	3	2	1	1	2	1			

	% WPI (thumb)							
Percent	-	sverse oss	L	ongituc	linal lo	SS		
age of digit length	Both digital nerves		dig	nar gital erve	dig	dial gital erve		
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al		
60	7	3	4	2	3	1		
70	8	4	4	2	3	2		
80	8	4	5	3	3	2		
90	10	5	6	3	4	2		
100	11	5	7	3	4	2		

	% WPI (index and middle fingers)								
Percent		sverse oss	L	ongituc	inal loss				
age of digit length	Both digital nerves		dig	nar gital erve	Radial digital nerve				
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al			
60	3	2	1	1	2	1			
70	4	2	2	1	2	1			
80	4	2	2	1	3	1			
90	5	3	2	1	3	2			
100	5	3	2	1	3	2			

# Table 9.8.2c:Sensory losses in the littlering finger

# finger

	% WPI (little finger)							
Percent	Transverse loss		L	ongituc	linal loss			
age of digit length	Both digital nerves		dig	nar gital erve	dig	dial gital erve		
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al		
10	1	0	0	0	0	0		
20	1	1	1	0	0	0		
30	1	1	1	1	1	0		
40	1	1	1	1	1	0		
50	2	1	1	1	1	1		
60	2	1	1	1	1	1		
70	2	1	1	1	1	1		
80	2	1	1	1	1	1		
90	3	1	2	1	1	1		
100	3	2	2	1	1	1		

# Table 9.8.2d: Sensory losses in the finger

	% WPI (ring finger)									
Percent	-	sverse oss	L	Longitudinal loss						
age of digit length	Both digital nerves		dig	nar gital erve	dig	dial gital erve				
	Tot al	Parti al	Tot al	Parti al	Tot al	Parti al				
10	1	0	0	0	0	0				
20	1	1	0	0	1	0				
30	1	1	1	0	1	1				
40	1	1	1	0	1	1				
50	2	1	1	1	1	1				
60	2	1	1	1	1	1				
70	2	1	1	1	1	1				
80	2	1	1	1	1	1				
90	3 1		1	1	2	1				
100	3	2	1	1	2	1				

# 9.9 Wrists

Table 9.9.1a and Table 9.9.1b assess impairments to range of motion of the wrists, including ankylosis.

Loss of range of motion in each functional plane is measured from the neutral position. The range of motion is expressed as the two achievable limits of active motion in each direction through the normal range of motion. It is possible that the only motion that can be achieved is between two points on one side of the neutral position.

The WPI rating for restriction of motion in one direction is determined according to the active motion than can be achieved in that direction. It is then added to the WPI rating for the active motion in the reverse direction.

Add the abnormal motion WPI ratings for each direction of motion for both wrist flexion/extension and radial/ulnar deviation. Where there is ankylosis, including after an arthrodesis procedure, the assessment should be made only under the ankylosis scale.

Where an arthroplasty procedure has been undertaken, refer to the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001. Combine the total WPI rating for abnormal motion with the relevant WPI rating for arthroplasty, obtained from the American Medical Association's *Guides*.

For ankylosis, the optimal position for arthrodesis of the wrist is approximately  $15^{\circ}-20^{\circ}$  of dorsiflexion with slight ulnar deviation.

The maximum possible wrist impairment is 35% WPI.

For the same condition, a WPI rating from Table 9.9.1a or Table 9.9.1b may not be combined with a WPI rating from Table 9.14: upper extremity function.

Direction	Ankylosis	Loss of extension	Loss of flexion	Direction
Extension	%WPI	%WPI	%WPI	Extension
60°	25	0	25	<b>60</b> °
<b>50</b> °	22	1	22	<b>50</b> °
<b>40</b> °	17	2	15	<b>40</b> °
<b>30</b> °	16	3	13	<b>30</b> °
<b>20</b> °	14	4	10	<b>20</b> °
<b>10</b> °	13	5	8	<b>10</b> °
<b>0</b> °	13	7	6	<b>0</b> °
<b>10</b> °	13	8	5	<b>10</b> °
<b>20</b> °	15	11	4	<b>20</b> °
30°	17	14	3	<b>30</b> °
<b>40</b> °	20	18	2	<b>40</b> °
<b>50</b> °	23	22	1	<b>50</b> °
60°	25	25	0	<b>60</b> °
Flexion				Flexion

#### Table 9.9.1a: Wrist flexion/extension

Direction	Ankylosis	Loss of radial deviation	Loss of ulnar deviation	Direction
Radial deviation	%WPI	%WPI	%WPI	Radial deviation
<b>20</b> °	11	0	11	<b>20</b> °
15°	10	1	9	<b>15</b> °
<b>10</b> °	8	1	7	<b>10</b> °
<b>5</b> °	7	2	5	<b>5</b> °
<b>0</b> °	5	2	3	<b>0</b> °
<b>5</b> °	5	3	2	<b>5</b> °
<b>10</b> °	5	3	2	<b>10</b> °
15°	7	5	2	<b>15</b> °
<b>20</b> °	8	7	1	<b>20</b> °
<b>25</b> °	10	9	1	25°
<b>30</b> °	11	11	0	<b>30</b> °
Ulnar deviation				Ulnar deviation

Table 9.9.1b: Radial and ulnar deviation of wrist joint

### 9.10 Elbows

Table 9.10.1a and Table 9.10.1b assess impairments to range of motion of the elbows, including ankylosis.

Loss of range of motion in each functional plane is measured from the neutral position. The range of motion is expressed as the two achievable limits of active motion in each direction through the normal range of motion. It is possible that the only motion that can be achieved is between two points on one side of the neutral position.

The WPI rating for restriction of motion in one direction is determined according to the active motion than can be achieved in that direction. It is then added to the WPI rating for the active motion in the reverse direction.

Add the abnormal motion WPI rating for each direction of motion for both elbow flexion/extension and pronation/supination. Where there is ankylosis, including after an arthrodesis procedure, the assessment should be made only under the ankylosis scale.

Where an arthroplasty procedure has been undertaken, refer to the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001. Combine the total WPI rating for abnormal motion with the relevant WPI rating for arthroplasty, obtained from the American Medical Association's *Guides*.

For ankylosis, the optimal or functional position is  $80^\circ$  of flexion and  $20^\circ$  of pronation.

The maximum possible elbow impairment is 40% WPI.

For the same condition, a WPI rating from Table 9.10.1a or Table 9.10.1b may not be combined with a WPI rating from Table 9.14: Upper extremity function.

Direction	Ankylosis	Loss of extension	Loss of flexion	Direction				
Flexion	%WPI	%WPI	%WPI	Flexion				
<b>140</b> °	25	25	0	<b>140</b> °				
<b>130</b> °	23	22	1	130°				
<b>120</b> °	20	19	1	<b>120°</b>				
<b>110</b> °	19	16	2	110°				
<b>100</b> °	16	13	4	100°				
90°	15	10	5	90°				
<b>80</b> °	13	7	6	80°				
<b>70</b> °	14	5	9	<b>70</b> °				
60°	15	4	11	60°				
<b>50</b> °	17	3	14	<b>50</b> °				
<b>40</b> °	19	2	16	<b>40</b> °				
30°	20	2	19	<b>30</b> °				
<b>20</b> °	22	1	20	<b>20</b> °				
<b>10</b> °	23	1	22	<b>10</b> °				
<b>0</b> °	25	0	25	<b>0</b> °				
Extension				Extension				

Table 9.10.1a: Elbow flexion/extension

Table 9.10.1b: Pronation and supination of forearm

Direction	Ankylosis	Loss of pronation	Direction	
Supination	%WPI	%WPI	%WPI	Supination
<b>80</b> °	17	17	0	80°
<b>70</b> °	16	16	0	<b>70</b> °
60°	16	15	1	60°
<b>50</b> °	15	14	1	<b>50</b> °
<b>40</b> °	14	13	1	<b>40</b> °
<b>30</b> °	14	13	1	30°
<b>20</b> °	13	11	2	20°
<b>10</b> °	11	9	2	<b>10</b> °
<b>0</b> °	9	7	2	<b>0</b> °
<b>10</b> °	7	5	2	<b>10</b> °
<b>20</b> °	5	2	2	<b>20</b> °
<b>30</b> °	5	2	4	30°

<b>40</b> °	7	2	5	<b>40</b> °
50°	9	1	8	<b>50</b> °
60°	11	1	11	60°
<b>70</b> °	14	1	13	<b>70</b> °
<b>80</b> °	17	0	17	<b>80</b> °
Pronation				Pronation

### 9.11 Shoulders

Table 9.11.1a, Table 9.11.1b and Table 9.11.1c assess impairments to range of motion of the shoulders, including ankylosis.

Loss of range of motion in each functional plane is measured from the neutral position. The range of motion is expressed as the two achievable limits of active motion in each direction through the normal range of motion. It is possible that the only motion that can be achieved is between two points on one side of the neutral position.

The WPI rating for restriction of motion in one direction is determined according to the active motion than can be achieved in that direction. It is then added to the WPI rating for the active motion in the reverse direction.

Add the abnormal motion WPI ratings for each direction of motion for shoulder flexion/extension, abduction/adduction and internal/external rotation. Where there is ankylosis, including after an arthrodesis procedure, the assessment should only be made under the ankylosis scale.

Where an arthroplasty procedure has been undertaken, refer to the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001. Combine the total WPI rating for abnormal motion with the relevant WPI rating for arthroplasty, obtained from the American Medical Association's *Guides*.

For ankylosis, the optimal or functional position is  $20^{\circ}-40^{\circ}$  of flexion,  $20^{\circ}-50^{\circ}$  of abduction and  $30^{\circ}-50^{\circ}$  of internal rotation. Unless the shoulder has been arthrodesed, an assessment for ankylosis under this table would be rare.

The maximum possible shoulder impairment is 35% WPI.

For the same condition, a WPI rating from Table 9.11.1a, Table 9.11.1b or Table 9.11.1c may not be combined with a WPI rating from Table 9.14: Upper extremity function.

Direction	Ankylosis	Loss of extension	Loss of flexion	Direction			
Flexion	%WPI	%WPI	%WPI	Flexion			
<b>180</b> °	18	18	0	<b>180</b> °			
<b>170</b> °	18	17	1	<b>170</b> °			
<b>160</b> °	17	17	1	<b>160</b> °			
<b>150</b> °	17	16	1	<b>150</b> °			
<b>140</b> °	17	16	2	<b>140</b> °			
<b>130</b> °	17	15	2	<b>130°</b>			
<b>120</b> °	17	14	2	<b>120</b> °			
<b>110</b> °	17	14	3	<b>110°</b>			
<b>100</b> °	16	13	3	<b>100</b> °			
90°	16	13	4	90°			
80°	15	11	4	<b>80</b> °			
<b>70</b> °	13	9	4	<b>70</b> °			
60°	12	7	5	60°			
50°	10	5	5	<b>50</b> °			
<b>40</b> °	9	3	6	<b>40</b> °			
30°	9	3	6	<b>30</b> °			
<b>20</b> °	9	2	7	<b>20</b> °			
<b>10</b> °	11	2	10	<b>10</b> °			
<b>0</b> °	14	2	13	<b>0</b> °			
<b>10</b> °	15	1	14	<b>10</b> °			
20°	16	1	14	<b>20</b> °			
30°	16	1	16	<b>30</b> °			
<b>40</b> °	17	1	17	<b>40</b> °			
50°	18	0	18	<b>50</b> °			
Extension				Extension			

Table 9.11.1a: Shoulder flexion/extension

Direction	Ankylosis	Loss of external rotation	Loss of internal rotation	Direction
External rotation	%WPI	%WPI	%WPI	External rotation
90°	7	0	7	90°
<b>80</b> °	7	0	7	<b>80</b> °
<b>70</b> °	7	0	7	<b>70</b> °
60°	6	0	6	60°
50°	6	1	5	<b>50</b> °
<b>40</b> °	5	1	5	<b>40</b> °
30°	5	1	5	<b>30</b> °
<b>20</b> °	5	1	4	<b>20</b> °
<b>10</b> °	5	1	4	<b>10</b> °
<b>0</b> °	4	1	3	<b>0</b> °
<b>10</b> °	4	1	3	<b>10</b> °
<b>20</b> °	4	1	2	<b>20</b> °
<b>30</b> °	4	1	2	<b>30</b> °
<b>40</b> °	4	2	2	<b>40</b> °
<b>50</b> °	4	2	1	<b>50</b> °
60°	4	3	1	60°
<b>70</b> °	5	5	1	<b>70</b> °
<b>80</b> °	6	6	0	80°
90°	7	7	0	90°
Internal Rotation				Internal Rotation

Table 9.11.1b: Shoulder – internal/external rotation

Direction	Ankylosis	Loss of adduction	Loss of abduction	Direction			
Abduction	%WPI	%WPI	%WPI	Abduction			
<b>180</b> °	11	11	0	<b>180</b> °			
<b>170</b> °	11	11	0	<b>170</b> °			
<b>160</b> °	10	10	1	<b>160</b> °			
<b>150</b> °	10	10	1	<b>150</b> °			
<b>140</b> °	10	9	1	<b>140</b> °			
<b>130</b> °	10	9	1	<b>130</b> °			
<b>120</b> °	10	8	2	<b>120</b> °			
<b>110</b> °	10	8	2	<b>110</b> °			
<b>100</b> °	10	7	2	<b>100</b> °			
90°	10	7	2	90°			
<b>80</b> °	8	5	3	<b>80</b> °			
<b>70</b> °	7	4	3	<b>70</b> °			
60°	7	3	3	<b>60</b> °			
<b>50</b> °	5	2	3	<b>50</b> °			
<b>40</b> °	5	2	3	<b>40</b> °			
30°	5	1	4	<b>30</b> °			
<b>20</b> °	5	1	7	<b>20</b> °			
<b>10</b> °	7	1	6	<b>10</b> °			
<b>0</b> °	8	1	7	<b>0</b> °			
<b>10</b> °	9	1	8	<b>10</b> °			
<b>20</b> °	10	1	9	<b>20</b> °			
30°	10	1	10	<b>30</b> °			
<b>40</b> °	10	0	10	<b>40</b> °			
50°	11	0	11	<b>50</b> °			
Adduction				Adduction			

Table 9.11.1c: Abduction/adduction of shoulder

### 9.12 Upper extremity amputations

Total loss of hand function is equivalent to amputation of the whole hand and attracts a WPI rating of 54%.

Table 9.14: Upper extremity function must not be used for amputations.

% WPI	Criteria
54	Amputation of thumb and all fingers through metacarpals.
56	Amputation at wrist or between wrist and distal to bicipital insertion.
57	Amputation from distal to deltoid insertion to bicipital insertion.
60	Amputation of arm at deltoid insertion and proximally; or Amputation at shoulder.
70	Forequarter amputation.

# Table 9.12.2: Amputation of digits

			%W	/PI
%WPI	Thumb	Fingers	Index and middle	Ring and little
2	Tip of thumb excluding bone.	Tip of finger excluding bone.	1	1
7	Through distal phalanx.	Through distal phalanx.	3	2
11	Through IP joint.	Through distal IP joint.	5	3
17	Through proximal phalanx.	Through middle phalanx.	7	4
22	Through MP joint.	Through proximal IP joint.	8	4
22	Through distal third of 1 <sup>st</sup> metacarpal.	Through proximal phalanx.	10	5
23	At or near the CMC joint.	Through MP joint or metacarpal.	11	5

# 9.13 Neurological impairments affecting the upper extremities

Sensory impairments due to digital nerve lesions alone are assessed under Table 9.8.2a, Table 9.8.2b, Table 9.8.2c, and Table 9.8.2d (tables dealing with sensory losses in thumb and fingers, see pages 119-120).

Care must be taken to avoid duplicating impairment assessments for digital nerve sensory impairment with assessments for peripheral nerve sensory impairment. Assessments for digital nerve sensory impairment are assessed under Tables 9.8.2a, 9.8.2b, 9.8.2c, and 9.8.2d. Assessments for peripheral nerve sensory impairment are assessed under Tables 9.13.1, 9.13.2a, and 9.13.2b.

For sensory impairment in the same digit, WPI ratings obtained from Table 9.13.1, Table 9.13.2a, and Table 9.13.2b, must not be combined with WPI ratings from Tables 9.8.2a, 9.8.2b, 9.8.2c, and 9.8.2d.

The grading system set out in Figure 9-D: Grading system (see below) is to be used with Table 9.13.1, Table 9.13.2a, and Table 9.13.2b.

#### Figure 9-D: Grading system

See note immediately following Figure 9-D.

Grading	Sensory deficits or pain	Motor function		
Graung	Criteria	Criteria		
	No sensation;			
	or	No contraction.		
0	Severe pain that prevents all activity.			
	No protective sensibility with abnormal sensations;			
	or	A flicker.		
1	Severe pain that prevents most activity.			
	Decreased protective sensibility with abnormal sensations;	Active movement		
2	or	with gravity		
2	Severe pain that prevents some activity.	eliminated.		
	Diminished light touch AND two-point discrimination with			
	some abnormal sensations;	Active movement		
3	or	against gravity.		
	Slight pain that interferes with some activity.			
	Diminished light touch with or without minimal abnormal	<b>A</b> 1.		
4	sensations;	Active movement against gravity and		
	or	resistance.		
	Pain that is forgotten during activity.			
	Normal sensation;			
5	or	Normal power.		
5	No pain.			

#### Note to Figure 9-D

1. Figure 9-D also appears in Section 9.6 – Spinal nerve root impairments and peripheral nerve injuries affecting the lower extremities as Figure 9-C. It is repeated here for ease of reference.

### 9.13.1 Cervical nerve root impairment

Use the appropriate section of Table 9.13.1, depending on whether there is involvement of a single spinal nerve, the brachial plexus, or combined nerve root impairment.

WPI ratings for sensory impairment should be combined with those for motor impairment, using the combined values chart (see Appendix 1). Table 9.13.1 must not be used in conjunction with Table 9.15: Cervical spine where the same nerve is assessed under that table.

The maximum WPI rating for one upper extremity is 60%. A WPI of 60% may be awarded either:

- for complete brachial plexus sensory loss or
- brachial plexus motor loss

but these cannot be combined to give a WPI rating greater than 60% for the one upper extremity.

			ngle volv					Single nerve involvement						
	Se	Sensory impairment						Μ	loto	r im	pair	mer	nt	
			Gra	ding	l					Gra	ding			
	5	4	3	2	1	0		5	4	3	2	1	0	
Nerve root			%\	NPI						%\	NPI			Nerve root
C5	0	1	1	2	3	3		0	2	7	1 1	1 5	1 8	C5
C6	0	1	2	4	5	5		0	4	8	1 3	1 8	2 1	C6
C7	0	1	1	2	3	3		0	4	8	1 3	1 8	2 1	С7
C8	0	1	1	2	3	3		0	5	1 1	1 6	2 3	2 7	C8
T1	0	1	1	2	3	3		0	2	5	7	1 0	1 2	T1

# Table 9.13.1: Cervical nerve root impairment

	Brachial plexus involvement or combined nerve root impairment Sensory impairment Grading					Brachial plexus involvement or combined nerve root impairment Motor impairment Grading				oot			
	5	4	3	2	1	0	5	4	3	2	1	0	
Nerves or nerve roots			% ۱	NPI					% ۱	NPI			Nerves or nerve roots
Complete brachial plexus	0	1	2	4	5	6	0	1	2	3	5	6	Complete brachial plexus
(C5 to T1 inclusive)		2	4	2	4	U		2	4	0		0	(C5 to T1 inclusive)
Upper trunk of brachial plexus				1	1	1			1	2	3	4	Upper trunk of brachial plexus
(C5, C6,	0	3	6	1	4	5	0	9	8	7	8	5	(C5, C6,
Erb- duchenne)													Erb- duchenne)
Middle trunk of brachial plexus (C7)	0	1	1	2	3	3	0	4	8	1 3	1 8	2 1	Middle trunk of brachial plexus (C7)
Lower trunk of brachial plexus		_	_	6	1	1		6	1	2	3	4	Lower trunk of brachial plexus
(C8, T1,	0	2	5	8	1	2	0	8	7	5	6	2	(C8, T1,
Déjerine- klumpke)													Déjerine- klumpke)

# 9.13.2 Specific nerve lesions affecting the upper extremities

Only employees with an objectively verifiable diagnosis qualify for a WPI rating under Table 9.13.2a and Table 9.13.2b. The diagnosis is made not only on credible and clinically logical symptoms but, more importantly, on the presence of positive clinical findings and loss of function. The diagnosis should be documented by electromyography as well as sensory and motor nerve conduction studies. As noted under the principles of assessment, the assessing medical practitioner should not order additional investigations solely for assessment purposes.

It is critical to understand that there is no correlation between the severity of conduction delay on nerve conduction velocity testing, and the severity of either symptoms or the WPI rating.

If available, surgical findings of evidence of nerve compression and reactive hyperaemia upon nerve release can be used to confirm the diagnosis.

Using the combined values chart (see Appendix 1), WPI ratings obtained for sensory impairment should be combined with WPI ratings for motor impairment.

A WPI rating under Tables 9.13.2a and 9.13.2b may be combined (except where the same nerve is assessed) with WPI ratings from Table 9.15: Cervical spine.

	Grading					
	5	4	3	2	1	0
Nerve			%	WPI		
Axillary	0	1	1	2	3	3
Medial antebrachial cutaneous	0	1	1	2	3	3
Medial brachial cutaneous	0	1	1	2	3	3
Median nerve (above mid forearm)	0	5	9	16	21	23
Median nerve (below mid forearm)	0	5	9	16	21	23
Radial palmar digital of thumb	0	1	2	3	4	4
Ulnar palmar digital of thumb	0	1	3	5	6	7
Radial palmar digital of index finger	0	1	1	2	З	3
Ulnar palmar digital of index finger	0	0	1	1	2	2
Radial palmar digital of middle finger	0	1	1	2	3	3
Ulnar palmar digital of middle finger	0	0	1	1	2	2
Radial Palmar digital of ring finger	0	0	1	1	2	2
Musculocutaneous	0	1	1	2	3	3
Radial (including loss of triceps	0	1	1	2	3	3
Radial (at elbow with sparing of triceps)	0	1	1	2	3	3
Suprascapular	0	1	1	2	3	3
Ulnar (above mid forearm)	0	1	2	3	4	4
Ulnar (below mid forearm)	0	1	2	3	4	4
Ulnar palmar digital of ring finger	0	0	0	1	1	1
Radial palmar digital of little finger	0	0	0	1	1	1
Ulnar palmar digital of little finger	0	0	1	1	2	2

# Table 9.13.2a:Specific nerve lesions affecting the upper extremities – sensoryimpairment

	Grading					
	5	4	3	2	1	0
Nerve			% V	VPI		
Medial and lateral pectoral	0	1	1	2	3	3
Axillary	0	4	8	13	18	21
Dorsal scapular	0	1	1	2	3	3
Long thoracic	0	2	4	5	8	9
Median nerve (above mid	0	5	10	16	22	26
Median nerve (anterior	0	2	4	5	8	9
Median nerve (below mid	0	1	2	4	5	6
Musculocutaneous	0	3	6	9	13	15
Radial (including loss of triceps	0	5	10	15	21	25
Radial (at elbow with sparing of	0	4	8	13	18	21
Subscapulars (upper and lower)	0	1	1	2	3	3
Suprascapular (upper and lower)	0	2	4	6	9	10
Thoracodorsal	0	1	2	4	5	6
Ulnar (above mid forearm)	0	6	11	17	24	28
Ulnar (below mid forearm)	0	4	8	13	18	21

 Table 9.13.2b:
 Specific nerve lesions affecting the upper extremities – motor impairment

# 9.13.3 Complex regional pain syndromes

Complex regional pain syndromes (CRPS) include reflex sympathetic dystrophy (CRPS I), and causalgia (CRPS II). The hallmark of these syndromes is a characteristic burning pain that is present without stimulation or movement, that occurs beyond the territory of a single peripheral nerve, and that is disproportionate to the inciting event. The pain is associated with specific clinical findings, including signs of vasomotor and sudomotor dysfunction and, later, trophic changes of all tissues from skin to bone.

Sympathetic nervous system dysfunction was thought to be involved in the generation of the symptoms and signs; hence, the term reflex sympathetic dystrophy (RSD). Causalgia was considered similar to RSD except, unlike RSD, it followed a lesion of a peripheral nerve, either of a major mixed nerve in the proximal extremity (major causalgia) or of a purely sensory branch more distally (minor causalgia). A recent reconsideration of these syndromes has generated new terminology and ideas concerning the underlying pathophysiology. The International Association for the Study of Pain has proposed the term complex regional pain syndromes, which has replaced the term RSD with CRPS I and causalgia with CRPS II. The most important difference from earlier opinions is that sympathetic dysfunction is not assumed to be the underlying basis for the symptoms and signs of CRPS. It is felt that sympathetically maintained pain is not an essential component of CRPS, as it may be present in a variety of painful conditions, including or independent of CRPS.

Contrary to previous suggestions, regional sympathetic blockade has no role in the diagnosis of CRPS.

Since a subjective complaint of pain is the hallmark of these conditions, and many of the associated physical signs and radiographic findings can be the result of disuse, the differential diagnosis is extensive; it includes somatoform pain disorder, somatoform conversion disorder, factitious disorder, and malingering. Consequently, the approach to the diagnosis of these syndromes should be conservative and based on objective findings.

The criteria listed in Figure 9-E predicate a diagnosis of CRPS upon a preponderance of objective findings that can be identified during a standard physical examination and

demonstrated by radiographic techniques. At least eight of these findings must be present concurrently for a diagnosis of CRPS. Signs are objective evidence of disease perceptible to the examiner, as opposed to symptoms, which are subjective sensations of the individual.

Use the methodology on page 136 to determine impairment. Use either Steps in CRPS I (RSD) Impairment Determination or Steps in CRPS II (causalgia) impairment determination as appropriate. Only one of the methodologies may be used and the impairment rating from one of the two methodologies may not be combined with a rating from the other methodology.

The impairment rating method described for sensory deficits due to lesions of digital nerves is not applied in CRPS.

#### Figure 9-E: Objective diagnostic criteria for CRPS (RSD and causalgia)

#### Local clinical signs

#### Vasomotor changes:

- Skin colour: mottled or cyanotic
- Skin temperature: cool
- Oedema

Sudomotor changes:

Skin dry or overly moist

#### Trophic changes:

- Skin texture: smooth, nonelastic
- Soft tissue atrophy: especially in fingertips
- Joint stiffness and decreased passive motion
- Nail changes: blemished, curved, talonlike
- Hair growth changes: fall out, longer, finer

#### **Radiographic signs**

- Radiographs: trophic bone changes, osteoporosis
- Bone scan: findings consistent with CRPS

#### Interpretation:

≥ 8 Probable CRPS

< 8 No CRPS

#### Notes to Figure 9-E

1. Modified and adapted from Ensalada LH, 'Complex regional pain syndrome', in Brigham CR, ed, *The Guides Casebook*, Chicago, Ill: American Medical Association, 1999, 14.

#### Figure 9-F: Impairment Grading for CRPS

CRPS I & II Grade (see Fig 9-D)	Sensory deficits and pain % of whole person impairment
5	0
4	1-15
3	16-36
2	37-48
1	49-59
0	60

#### Steps in CRPS I (RSD) impairment determination

In CRPS I, neither the initiating causative factor nor the symptoms involve a specific peripheral nerve structure or territory. If the diagnostic test in Figure 9-E is satisfied, the impairment assessment is derived as follows

Step 1	Assess the WPI for the affected upper extremity resulting from loss of motion of each affected joint using Tables 9.8 to 9.11 as appropriate.
Step 2	Assess the appropriate percentage impairment of the affected extremity resulting from sensory deficits and pain according to the grade that best describes the severity of interference with activities as described in Figure 9-D (page 129). Use clinical judgment to select the appropriate severity grade from Figure 9-D and the appropriate percentage from within the range for each grade shown in Figure 9-F and explain the reasons for that selection. The maximum value is not automatically applied.
Step 3	Combine the impairment rating for sensory deficits and pain obtained from Step 2 with the rating obtained from Steps 1.

In contrast to CRPS II, impairment values for sensory and motor deficits of a specific nerve structure cannot be applied.

#### Steps in CRPS II (causalgia) impairment determination

In CRPS II, a specific sensory or mixed nerve structure is involved. If the diagnostic test in Figure 9-E is satisfied, the impairment assessment is derived as follows.

Step 1	Assess the WPI for the affected upper extremity resulting from the loss of motion of each affected joint using Tables 9.8 to 9.11 as appropriate.
Step 2	Assess the appropriate percentage impairment of the affected extremity resulting from sensory deficits and pain of the injured nerve(s) according to the grade that best describes the severity of interference with activities as described in Figure 9-D. Use clinical judgment to select the appropriate severity grade from Figure 9-D and determine the WPI % for the relevant nerve(s) from Table 9.13.2a. The maximum value is not automatically applied.
Step 3	Assess the appropriate percentage impairment of the affected extremity resulting from motor deficits and loss of power of the injured nerve(s) according to the grade that best describes the severity of interference with as described in Figure 9-D. Use clinical judgment to select the appropriate severity grade from Figure 9- D determine the WPI% for the relevant nerve(s) from Table 9.13.2b. The maximum value is not automatically applied.
Step 4	Combine the impairment ratings for sensory deficits and pain (Step 2), and for motor deficits and loss of power (Step 3), with the rating obtained from Step 1. The maximum WPI for the affected extremity is 60%.

# **9.14 Upper extremity function**

Before using Table 9.14 the medical assessor should read the instructions (see Part II – Introduction, page 114) preceding the specific joint impairment tables (Tables 9.8–9.11). Table 9.14 is used strictly in accordance with those instructions. In particular, Table 9.14 cannot be used where an assessment can be made under one or more Table 9.9, 9.10 or 9.11 and there is no radiologically demonstrated joint instability or arthritis or arthroplasty.

Table 9.14 is an alternative table, which may be used instead of the specific orthopaedic or neurological table or tables. It is important to note that Table 9.14 assesses the function of the entire upper extremity. Consequently, for the purposes of ascertaining the most beneficial WPI rating for the same upper extremity, any assessment under Table 9.14 for a single upper extremity may be compared only with the total or combined impairment obtained after using other tables in Chapter 9, Part II – The upper extremities.

For the purposes of ascertaining the most beneficial WPI rating, Table 9.14 may not be compared with single impairments under the other tables, unless there are no other impairments affecting the upper extremities.

At least one major criterion, and at least two minor criteria (where listed), must be satisfied for a WPI rating to be assigned under Table 9.14. Where possible, the major criteria should be assessed on the basis of neurological examination of motor strength, co-ordination and dexterity. Where possible, functional activities should be assessed by observation of the specified activities.

Table 9.14 should be used only to assess impairment from objectively identified orthopaedic or neurological conditions arising in, and affecting, the upper extremities.

While it is true that disuse secondary to pain may produce secondary dysfunction of the upper extremities, this must not be assessed using Table 9.14 unless this dysfunction is permanent (that is, not likely to improve as a result of surgery, medication or other rehabilitative treatment) and there are objective clinical findings that cannot be validly assessed using other tables in Chapter 9, Part II – The upper extremities..

#### Table 9.14 must not be used for assessment of amputations.

Where one limb only is affected, regardless of the number of impairments found in that limb, the limb should be assessed using the relevant tables other than 9.14 and all impairments combined using the combined values table (see Appendix 1). The combined impairment rating should then be compared with the rating taken from the relevant (non dominant or dominant) column in 9.14 and the higher rating obtained from the two methods used to determine WPI.

Where both limbs are affected, each limb should be assessed using the Tables other than 9.14 and all impairments in both limbs combined using the combined values table. The combined impairment rating should then be compared with the rating taken from the 'both extremities' column in Table 9.14 and the higher rating obtained from the two methods used to determine WPI.

Table 9.14 may be used to assess upper extremity impairment arising as a result of spinal cord damage. Use the special procedure set out in the introduction to Part III of this chapter. Table 9.14 is not to be used to assess upper extremity impairment arising as a result of nerve root compression, or other neurological sequelae of cervical spinal conditions. These should be assessed under Table 9.13.1, Table 9.13.2a and Table 9.13.2b (tables dealing with neurological impairments affecting the upper extremities, see pages 131-134).

% WPI	% WPI	% WPI	Major criteria	Minor criteria
Non- Domina nt extremi ty	Domina nt extremi ty	Both extremit ies	(at least one required)	(at least two required where listed)
0	0	0	Normal digital dexterity. No limitations in use of extremity for personal care.	<ul> <li>Writes 2 A4 pages or more at one time.</li> <li>Can lift more than 13 kilograms (males).</li> <li>Can lift more than 9 kilograms (females).</li> <li>Able to lace shoes easily.</li> <li>Joins paper clips without difficulty.</li> </ul>
3	5	10	Minor loss of digital dexterity. Minor limitations in use of extremity for personal care.	Rests after writing an A4 page. Cannot lift more than 13 kilograms (males). Cannot lift more than 9 kilograms (females). Finds it difficult to do up shoelaces. Fumbles when joining paper clips.

Table 9.14 Upper extremity function

% WPI	% WPI	% WPI	Major criteria	Minor criteria
Non- Domina nt extremi ty	Domina nt extremi ty	Both extremit ies	(at least one required)	(at least two required where listed)
10	10	20	Moderate loss of digital dexterity. Moderate limitations in use of extremity for personal care.	Rests after writing half an A4 page. Cannot lift more than 4.5 kilograms. Cannot do up shoelaces. Cannot join paperclips. Dresses slowly unassisted. Rests after writing 50 words or less.
15	20	35	Major loss of digital dexterity. Major restrictions in personal care.	Rests after writing 50 words or less. Cannot lift more than 1.5 kilograms. Cannot put on a tie or belt. Needs assistance to cut up food. Needs some assistance to dress.
25	30	50	Little useful digital co-ordination. Severely limited use of extremity for personal care.	Rests after writing 10 words or less. Cannot lift more than 0.5 kilograms. Constantly drops light objects (eg, cups). Unable to cut up food. Needs extensive assistance to dress.
30	40	60	No co-ordination of digits. Severely limited use of extremity for personal care.	Unable to sign name. Constantly needs a splint to write or eat. Unable to lift light objects. Needs food placed in mouth to eat. Unable to dress without assistance.

% WPI	% WPI	% WPI	Major criteria	Minor criteria			
Non- Domina nt extremi ty	Domina nt extremi ty	Both extremit ies	(at least one required)	(at least two required where listed)			
			Minimal extremity movement against	Cannot use extremity to eat.			
40	50	70	gravity.	Cannot bring a pen to paper.			
			Cannot use extremity for personal care.	Cannot raise extremity to assist dressing.			
60	60	84	Unable to use upper extremity at all.				

# Part III

# The Spine

# Part III – Introduction

The medical examiner should:

- obtain a comprehensive, accurate medical history and review all relevant available records
- include in the assessment report a comprehensive description of current symptoms and their relationship to daily activities, detailed findings on physical examination, and all findings of relevant diagnostic and ancillary tests
- indicate how the impairment assessment was calculated by reference to the relevant tables.

For the same condition, WPI ratings from Table 9.7: Lower extremity function (see page 112) and/or Table 9.14: Upper extremity function (see page 138), are not normally combined with WPI ratings from Table 9.15: Cervical spine, Table 9.16: Thoracic spine, or Table 9.17: Lumbar spine.

However, the special procedure set out below applies where there is spinal cord injury with neurological sequelae (that is, corticospinal tract involvement).

	Assess (where applicable):				
	1.1. Lower limb impairment using Table 9.7;				
	1.2. Upper limb impairment using Table 9.14;				
	1.3. Bladder/urological dysfunction using Table 12.7: Neurological impairment of the urinary system (Chapter 12 – The neurological system);				
Step 1	1.4. Anorectal dysfunction using Table 12.8: Neurological impairment of the anorectal system (Chapter 12 – The neurological system);				
	1.5. Sexual dysfunction using Table 12.9: Neurological impairment affecting sexual function (Chapter 12 – The neurological system);				
	1.6. Respiratory dysfunction (for example, with cervical spinal cord injuries) using Table 12.6: Neurological impairment of the respiratory system (Chapter 12 – The neurological system).				
Step 2	Combine the relevant impairments from 1-6 in Step 1 above, as applicable.				
Step 3	Then combine the WPI from the above procedure with the relevant WPI from Table 9.15, Table 9.16 or Table 9.17 (diagnosis-related estimates) to obtain the final WPI.				

For injuries not involving spinal cord damage but resulting in nerve root involvement/radiculopathy, use Table 9.15, Table 9.16 or Table 9.17, but do not combine with WPI ratings from Tables 9.7 or 9.14.

Except where the same nerve is involved, WPI ratings from Table 9.15, Table 9.16 and Table 9.17 (where relevant) may be combined with WPI ratings under the following tables:

- Table 9.6.1, Table 9.6.2a, Table 9.6.2b (tables dealing with spinal nerve root impairments and peripheral nerve injuries affecting the lower extremities, see pages 109-110);
- Table 9.13.1, Table 9.13.2a and Table 9.13.2b (tables dealing with neurological impairments affecting the upper extremities, see pages 131-134).

Where there is brachial plexus involvement, WPI ratings from Table 9.15: Cervical spine – diagnosis-related estimates may not be combined with WPI ratings under Table 9.13.1: Cervical nerve root impairment (see page 131).

Definitions of clinical findings for diagnosis-related estimates in assessing spinal impairment are used when assessing impairments of the spine under Table 9.15, Table 9.16 and Table 9.17.

# Part III – Definitions of clinical findings for diagnosis-related estimates in assessing spinal impairment

These definitions are taken from the American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition 2001.

**Alteration of motion segment integrity** - motion segment alteration can be either loss of motion segment integrity (increased translational or angular motion), or decreased motion secondary to developmental fusion, fracture healing, healed infection, or surgical arthrodesis. An attempt at arthrodesis may not necessarily result in a solid fusion but may significantly limit motion at a motion segment. Motion of the individual spine segments cannot be determined by a physical examination but is evaluated with flexion and extension roentgenograms. When routine x-rays are normal and severe trauma is absent, motion segment alteration is rare, and flexion and extension roentgenograms are indicated only if motion segment alteration is suspected from the individual's history or routine x-rays.

**Asymmetry of spinal motion** in one of the three principal planes is sometimes caused by muscle spasm or guarding. That is, if an individual attempts to flex the spine, he or she is unable to do so moving symmetrically: rather, the head or trunk leans to one side. To qualify as true asymmetric motion, the finding must be reproducible and consistent, and the examiner must be convinced that the individual is co-operative and giving full effort.

**Atrophy** is measured with a tape measure at identical levels on both limbs. For reasons of reproducibility, the difference in circumference should be 2cm or greater in the thigh, and 1cm or greater in the arm, forearm, or leg.

**Cauda equina syndrome** is manifested by bowel or bladder dysfunction, saddle anaesthesia and variable loss of motor and sensory function in the lower extremities. Individuals with cauda equina syndrome usually have loss of sphincter tone on rectal examination and diminished or absent bladder, bowel, and lower limb reflexes.

**Electrodiagnostic verification of radiculopathy**. Unequivocal electrodiagnostic evidence of acute nerve root pathology includes the presence of multiple positive sharp waves or fibrillation potentials in muscles innervated by one nerve root. However, the quality of the person performing and interpreting the study is critical. Electromyography should be performed only by a physician qualified through education, training, and experience in these procedures. Electromyography does not detect all compressive radiculopathies and cannot determine the cause of the nerve root pathology. On the other hand, electromyography can detect noncompressive radiculopathies which are not identified by imaging studies.

**Loss of motion segment integrity** is defined as an anteroposterior motion of one vertebra over another that is greater than 3.5mm in the cervical spine, greater than 2.5mm in the thoracic spine, and greater than 4.5mm in the lumbar spine. Alternatively, it is defined as a difference in the angular motion of two adjacent motion segments greater than 15° at L1-2, L2-3 and L3-4, greater than 20° at L4-5 and greater than 25° at L5-S1. In the cervical spine, it is also defined as motion at one level that is more than 11° greater than at either adjacent level.

**Muscle guarding** is a contraction of muscle to minimise motion or agitation of the injured or diseased tissue. It is not true muscle spasm because the contraction can be relaxed. In the lumbar spine, the contraction frequently results in loss of the normal lumbar lordosis, and it may be associated with reproducible loss of spinal motion.

**Muscle spasm** is a sudden, involuntary contraction of a muscle or group of muscles. Paravertebral muscle spasm is common after acute spinal injury but is rare in chronic back pain. It is occasionally visible as a contracted paraspinal muscle but is more often diagnosed by palpation (a hard muscle).

To differentiate true muscle spasm from voluntary muscle contraction, the individual should not be able to relax the contractions. The spasm should be present standing, as well as in the supine position, and frequently causes a scoliosis. The physician can sometimes differentiate spasm from voluntary contraction by asking the individual to place all his or her weight first on one foot, and then the other, while the physician gently palpates the paraspinous muscles. With this manoeuvre, the individual normally relaxes the paraspinal muscles on the weight-bearing side. If the examiner witnesses this relaxation, it usually means that true muscle spasm is not present.

**Nonverifiable radicular root pain** is pain that is in the distribution of a nerve root but has no identifiable origin (that is, there are no objective physical, imaging, or electromyographic abnormal findings).

**Radiculopathy** is significant alteration in the function of a nerve root or nerve roots, and is usually caused by pressure on one or several nerve roots. The diagnosis requires a dermatomal distribution of pain, numbness, and/or paraesthesia. A root tension sign is usually positive. A diagnosis of herniated disc must be substantiated by an appropriate finding on an imaging study. The presence of findings on an imaging study is insufficient to make the diagnosis of radiculopathy. There must also be clinical evidence as described above.

**Reflexes** may be normal, increased, reduced, or absent. For reflex abnormalities to be considered valid, the involved and normal limb(s) should show marked asymmetry between arms or legs on repeated testing. Once lost because of previous radiculopathy, a reflex rarely returns. Abnormal reflexes such as babinski signs or clonus may be signs of corticospinal tract involvement.

**Urodynamic tests**. Cystometrograms are useful in individuals where a cauda equina syndrome is possible but not certain. A normal cystometrogram makes the presence of a nerve-related bladder dysfunction unlikely. Occasionally, more extensive urodynamic testing is necessary.

**Weakness and loss of sensation**. To be valid, the sensory findings must be in a strict anatomical distribution (that is, follow dermatomal patterns). Motor findings should also be consistent with the affected nerve structure(s). Significant, long-standing weakness is usually accompanied by atrophy.

# Part III – Multi-level fractures involving the spinal canal

For multiple fractures involving the spinal canal on more than one level, as distinct from the spinous processes or facet joints, the assessment made under Tables 9.15, 9.16 or 9.17 is to be adjusted as follows:

- where there are multi-level fractures but no associated neurological compromise:
- increase the assessment under Tables 9.15, 9.16 or 9.17 by one level
- where there are multi-level fractures with neurological compromise:
- increase the assessment under Tables 9.15, 9.16 or 9.17 by two levels.

The adjustment, by one or two levels, as applicable, may be made only once under each table.

The adjusted WPI assessment may not exceed the maximum WPI rating available in each individual table.

#### 9.15 Cervical spine – diagnosis-related estimates

#### Table 9.15: Cervical spine – diagnosis-related estimates

% WPI	Criteria
	No significant clinical findings, no muscular guarding, no documented neurological impairment, no significant loss of motion segment integrity, no other indication of impairment related to injury or illness;
0	or
	No fractures.
	Clinical history and examination findings compatible with specific injury. Findings may include: muscle guarding or spasm; asymmetric loss of range of motion or nonverifiable radicular complaints defined as complaints of radicular pain without objective findings.
	No alteration of structural integrity;
8	or
	Clinically significant radiculopathy and radiologically demonstrated disc herniation consistent with the radiculopathy (improved following non-operative treatment);
	or
	Fractures:
	• Compression fracture of one vertebral body of less than 25%;

	<ul> <li>Posterior element fracture without dislocation – healed without loss of structural integrity or radiculopathy;</li> </ul>
	Spinous or transverse process fracture with displacement.
	Significant signs of radiculopathy, such as pain and/or sensory loss in a dermatomal distribution, loss or alteration of relevant reflex(es), loss of muscle strength, or unilateral atrophy compared with the unaffected side, measured at the same distance above or below the elbow: the neurological impairment may be verified by electrodiagnostic findings;
	or
	Clinically significant radiculopathy and radiologically verified disc herniation consistent with the radiculopathy, or with improved radiculopathy following surgery;
10 - 18	or
	Fractures:
	<ul> <li>Compression fracture of one vertebral body of 25% to 50% – healed without loss of structural integrity, with or without radiculopathy;</li> </ul>
	<ul> <li>Posterior element fracture with displacement disrupting the spinal canal – healed without loss of structural integrity, with or without radiculopathy.</li> </ul>
	<b>Note:</b> In the case of fractures, differentiation from a congenital or developmental condition should be
	accomplished, if possible, by examining pre-injury roentgenograms, if available, or by a bone
	scan performed after the onset of the condition.
	Alteration of motion segment integrity (at least 3.5mm of translation of one vertebra on another or angular motion of more than 11° greater than at each adjacent level);
	or
	Bilateral or multilevel radiculopathy with radiologically verified disc herniation consistent with the radiculopathy;
28	or
	Loss of motion of a motion segment due to a developmental fusion or successful or unsuccessful attempt at surgical arthrodesis;
	or
	Compression fracture of one vertebral body of more than 50% without residual

	neural compromise.
	Significant upper extremity impairment requiring the use of upper extremity external functional or adaptive device(s). There may be total neurological loss at a single level or severe, multilevel neurological dysfunction;
38	or
	Structural compromise of the spinal canal with severe upper extremity motor and sensory deficits but without lower extremity involvement.

#### Notes to Table 9.15

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

# 9.16 Thoracic spine – diagnosis-related estimates

% WPI	Criteria		
0	No significant clinical findings, no muscular guarding, no documented neurological impairment, no significant loss of motion segment integrity, no other indication of impairment related to injury or illness; or		
	No fractures.		
8	History and examination findings compatible with a specific injury or illness. Findings may include: significant muscle guarding or spasm; asymmetric loss of range of motion (dysmetria); or nonverifiable radicular complaints, defined as complaints of radicular pain without objective findings. No alteration of motion segment integrity; or Herniated disc at the level and on the side that would be expected from objective clinical findings, but without radicular signs following conservative treatment; or Fractures:		
	<ul> <li>Compression fracture of one vertebral body of less than 25%;</li> </ul>		
	<ul> <li>Posterior element fracture without dislocation – healed without alteration of motion segment integrity or radiculopathy;</li> </ul>		

	• Spinous or transverse process fracture with displacement, but without a vertebral body fracture.			
	Ongoing neurological impairment of the lower extremity related to a thoracolumbar injury, documented by alteration of motor and sensory functions, altered reflexes, or findings of unilateral atrophy above or below the knee related to no other condition, or verified by electrodiagnostic testing;			
	or			
	Clinically significant radiculopathy and radiologically verified disc herniation consistent with the radiculopathy, or with improved radiculopathy following surgery;			
10 - 18	or			
	Fractures:			
	<ul> <li>Compression fracture of one vertebral body of 25% to 50% – healed without alteration of structural integrity;</li> </ul>			
	<ul> <li>Posterior element fracture with mild displacement disrupting the canal – healed without alteration of structural integrity.</li> </ul>			
	<b>Note:</b> Differentiation from a congenital or developmental condition should be accomplished, if			
	possible, by examining pre-injury roentgenograms, if available, or by a bone scan performed			
	after the onset of the condition.			
	Alteration of motion segment integrity (at least 2.5 mm translation of one vertebra on another);			
	or			
23	Bilateral or multilevel radiculopathy with radiologically verified disc herniation consistent with the radiculopathy;			
	or			
	Compression fracture of one vertebral body of more than 50% without residual neural compromise			
28	Significant signs of radiculopathy, such as dermatomal pain and/or in a dermatomal distribution, sensory loss, loss of relevant reflex(es), loss of muscle strength or measured unilateral atrophy above or below the knee compared to measurements on the contralateral side at the same location (may be verified by electrodiagnostic findings);			
20	and			
	Alteration of motion segment integrity (at least 2.5mm translation of one vertebra on another);			

	or
	Compression fracture of one vertebral body by more than 50% with neural motor compromise, but not bilateral involvement. In that instance, refer notes concerning corticospinal tract impairment evaluation (see page 141, Part III – Introduction).

#### Notes to Table 9.16

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

# 9.17 Lumbar spine – diagnosis-related estimates

% WPI	Criteria		
0	No significant clinical findings, no observed muscle guarding or spasm, no documented neurological impairment, no documented alteration in structural integrity, and no other indication of impairment related to injury or illness; or No fractures.		
8	Clinical history and examination findings compatible with a specific injury. Findings may include: significant muscle guarding or spasm; asymmetric loss of range of motion; or nonverifiable radicular complaints, defined as complaints of radicular pain without objective findings. No alteration of the structural integrity and no significant radiculopathy; or Prior clinically significant radiculopathy and radiologically demonstrated disc herniation, consistent with the radiculopathy, but radiculopathy no longer present following conservative treatment; or Fractures: • Compression fracture of one vertebral body of less than 25%;		
	<ul> <li>Posterior element fracture without dislocation (not developmental spondylolysis) that has healed without alteration of motion segment integrity;</li> </ul>		

	• Spinous or transverse process fracture with displacement without a vertebral body fracture, with no disruption of the spinal canal.
	Significant signs of radiculopathy, such as dermatomal pain and/or in a dermatomal distribution, sensory loss, alteration of relevant reflex(es), loss of muscle strength or measured unilateral atrophy above or below the knee compared to measurements on the contralateral side at the same location (may be verified by electrodiagnostic findings);
	or
10 - 13	History of a herniated disc at the level and on the side consistent with objective clinical findings, associated with radiculopathy, or employees who have had surgery for radiculopathy but are now asymptomatic;
	or
	Fractures:
	<ul> <li>Compression fracture of one vertebral body of 25% to 50% - healed without alteration of structural integrity;</li> </ul>
	• Posterior element fracture with displacement disrupting the spinal canal - healed without alteration of structural integrity.
	Loss of motion segment integrity (at least 4.5mm of translation of one vertebra on another, or angular motion greater than 15° at L1-2, L2-3, and L3-4, greater than 20° at L4-5, and greater than 25° at L5-S1). May have complete, or near complete, loss of motion of a motion segment due to developmental fusion, or successful or unsuccessful attempt at surgical arthrodesis;
23	or
	Compression fracture of one vertebral body of more than 50%, without residual neurological compromise.
	Both radiculopathy and loss of motion segment integrity are present, with significant lower extremity impairment indicated by atrophy or loss of reflex(es), pain, and/or sensory changes within an anatomic distribution (dermatomal), verified by electrodiagnostic findings;
	and
28	at least 4.5mm of translation of one vertebra on another or angular motion greater than 15° at L1-2, L2-3, and L3-4, greater than 20° at L4-5, and greater than 25° at L5-S1;
	or Compression fracture of one vertebral body of more than 50%, with unilateral neurological compromise.

#### Notes to Table 9.17

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

#### 9.18 Fractures of the pelvis

A WPI rating from Table 9.18 may be combined with WPI ratings from Table 9.15: Cervical spine, Table 9.16: Thoracic spine and Table 9.17: Lumbar spine.

% WPI	Criteria (one required –	
70 WF1	different conditions may be assessed separately)	
-	Healed fracture:	
	<ul> <li>without displacement or residual signs;</li> </ul>	
•	<ul> <li>of one or both rami with displacement but without residual signs;</li> </ul>	
0	<ul> <li>of ischium or ilium with displacement but without residual signs;</li> </ul>	
	<ul> <li>of coccyx with displacement but without residual signs;</li> </ul>	
	• of one pubic ramus with displacement, deformity and residual signs.	
2	Healed fracture of ilium with displacement, deformity and residual signs.	
	Healed fracture of:	
	<ul> <li>sacrum with displacement but without residual signs;</li> </ul>	
5	<ul> <li>symphysis pubis without separation and without residual signs;</li> </ul>	
5	<ul> <li>both pubic rami with displacement, deformity and residual signs.</li> </ul>	
	Non-union of coccyx fracture.	
	Excision of coccyx.	
	Healed fracture of:	
10	• ischium with displacement of 2.5 cm or more, deformity and residual signs;	
	sacrum involving sacro-iliac joint.	
15	Healed fracture of symphysis pubis with separation or displacement.	
Evaluate in accorda		
nce with	Fracture involving acetabulum.	
Table 9.4		

#### Table 9.18: Fractures of the pelvis

# Chapter 10 – The urinary system

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# **10.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (pages 21-24) and the definitions contained in the glossary (pages 25-26).

Impairments assessed under Chapter 10 include those caused by secondary conditions accompanying an endocrine system condition. An impairment assessed under Chapter 3 – The endocrine system (see page 40) should be combined with those resulting from the secondary conditions assessed under Chapter 10.

#### 10.1 Upper urinary tract

The upper urinary tract comprises the kidney and ureters.

Upper urinary tract dysfunction may be indicated by symptoms and signs including:

- changes in urination
- oedema
- decreased physical stamina
- appetite and weight loss
- anaemia
- uraemia
- loin, abdominal or costovertebral angle pain
- haematuria
- rigours/chills and fever
- hypertension or its complications
- abnormalities in the appearance of the urine or its sediment
- biochemical blood changes.

Especially in its early stages, renal disease may only become evident with laboratory findings.

Continuous medical treatment includes drug or dietary therapy.

Renal replacement therapy includes peritoneal or haemodialysis and renal transplantation.

### Table 10.1: Upper urinary tract

	Criteria in BOTH Category A and Category B must be satisfied (if present)		
	Category A Category B		
% WPI	Creatinine clearance	Other symptom(s)	
0	>62 ml/min	AND intermittent symptoms and signs of upper urinary tract dysfunction are present but do not require continuous treatment or surveillance.	
5	52-62 ml/min	AND intermittent symptoms and signs of upper urinary tract dysfunction are present but do not require continuous treatment or surveillance.	
10	not applicable	Loss of one kidney or one kidney not functioning.	
15	>62 ml/min	AND intermittent symptoms and signs of upper urinary tract dysfunction are present and require continuous surveillance and frequent treatment.	
20	52-62 ml/min	AND symptoms and signs of upper urinary tract dysfunction are present and require continuous surveillance and frequent treatment.	
25	not applicable	Successful renal transplantation results in marked renal function improvement (regardless of creatinine clearance level).	
30	43-52 ml/min	AND symptoms and signs of upper urinary tract dysfunction are present and require continuous surveillance and frequent treatment.	
40	28-42 ml/min	not applicable	
50	43-52 ml/min	AND symptoms and signs of upper urinary tract dysfunction are present and are not completely controlled by surgical or continuous medical treatment.	
60	<28 ml/min	not applicable	
70	28-42 ml/min	AND symptoms and signs of upper urinary tract dysfunction are present and are not controlled by surgical or continuous treatment.	
80	<28 ml/min	AND symptoms and signs of upper urinary tract dysfunction are present and are not controlled by surgical or continuous treatment.	
90	<14 ml/min	AND renal replacement therapy.	
95	<14 ml/min	AND metabolic coma from renal failure.	

# 10.2 Urinary diversion

Using the combined values chart (see Appendix 1), WPI ratings derived from Table 10.2 below may be combined with WPI ratings derived from Table 10.1 (on previous page).

 Table 10.2:
 Urinary diversion

% WPI	Type of diversion
	Ureterointestinal.
10	Cutaneous ureterostomy.
15	Nephrostomy.

# 10.3 Lower urinary tract

The lower urinary tract comprises the bladder and urethra.

Table 10.3: Lower urinary tract is on the following page.

Using the combined values chart (see Appendix 1), WPI ratings derived from Table 10.3 may be **combined** with WPI ratings from Table 10.1: The upper urinary tract (see page 153), and with WPI ratings from Table 10.2: Urinary diversion (see page 154).

Impairment in the lower urinary tract due to neurological causes, as opposed to local lower urinary tract pathology, should be assessed under Table 12.7: Neurological Impairment of the urinary system (see page 183).

If:

- several impairments of the urinary system are present
- there is an impairment of bladder function due to neurological causes

then:

• a WPI rating from Table 10.3 (except for bladder function) may be combined with a WPI rating from Chapter 12 – The neurological system.

Symptoms and signs of bladder disorder include:

- urinary frequency
- dysuria
- strangury
- urinary incontinence
- urine retention
- haematuria
- pyuria
- passage of urinary calculi
- a suprapubic mass.

Signs and symptoms of urethra function impairment include:

- dysuria
- diminished urinary stream
- urinary retention
- incontinence
- extraneous or ectopic urinary openings
- periurethral masses
- diminished urethral calibre.

# Table 10.3: Lower urinary tract

% WPI	Criteria		
0	Symptoms and signs of bladder or urethral disorder occurring 1-3 times a year and requiring intermittent treatment – between episodes lower urinary tract function is normal.		
5	Symptoms and signs of bladder or urethral disorder occurring 4-6 times a year and requiring intermittent treatment – between episodes lower urinary tract function is normal; or Urethral stricture requiring dilation up to 6 times a year – between dilations		
	there is normal urethral function.		
	Symptoms and signs of bladder disorder occurring 7-12 times a year and requiring intermittent treatment – between episodes bladder function is normal;		
10	or		
	Urethral stricture requiring dilation more than 6 times a year – between dilations there are significant periods of normal urethral function.		
	Symptoms and signs of bladder disorder occurring more than 12 times a year and requiring intermittent treatment – between episodes bladder function is normal;		
15	or		
	Urethral fistula.		
	Symptoms and signs of bladder disorder requiring continuous treatment;		
20	or Good bladder reflex activity (that is, storage of urine) but no voluntary control over the reflex activity;		
	or		
	Urethral stricture requiring dilation more than 6 times a year – between dilations there are no significant periods of normal urethral function.		
	Poor reflex bladder activity (that is, intermittent dribbling incontinence, stress incontinence or urge incontinence) and no voluntary control over the incontinence;		
30	or		
	Urethral dysfunction resulting in intermittent urine dribbling and loss of voluntary urinary control.		
	No reflex or voluntary control of bladder (that is, continuous dribbling incontinence);		
40	or		
	Urinary diversion with cystectomy.		

# Chapter 11 – The reproductive system

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# **11.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (pages 21-24) and the definitions contained in the glossary (pages 25-26).

#### 11.1 Male reproductive system

WPI ratings from Tables 11.1.1, 11.1.2, 11.1.3, and 11.1.4 may be combined, provided the total WPI rating for all conditions affecting ability to father children does not exceed 20%.

The WPI ratings in Tables 11.1.1, 11.1.2, 11.1.3 and 11.1.4 are applicable to 40-65 year old men.

Where the employee is outside this age group, the following calculation should be made:

- for men 39 years of age or younger, the combined WPI rating (from Tables 11.1.1, 11.1.2, 11.1.3 and 11.1.4) is increased by 50%
- men 66 years of age or older, the combined WPI rating (from Tables 11.1.1, 11.1.2, 11.1.3 and 11.1.4) is decreased by 50%.

For example, a 29 year old man with a combined maximum WPI of 20% of the male reproductive system would be rated as suffering a 30% WPI: 20% WPI + (0.5 x 20%WPI) = 30% WPI.

Tables 11.1.1, 11.1.2, 11.1.3, and 11.1.4 are not to be used with respect to sexual dysfunction arising as a result of neurological impairments rather than local reproductive pathology. Where sexual dysfunction is the result of spinal cord injury, use Table 9.6.1: Spinal nerve root impairment affecting the lower extremity (see page 109). Where sexual dysfunction is the result of neurological disorder other than spinal nerve root impairment, use Table 12.9: Neurological impairment affecting sexual function (see page 184).

Tables 11.1.1, 11.1.2, 11.1.3, and 11.1.4 are intended for use only to assess impairment resulting from neurological impairment, or local lesions of:

- penis
- scrotum
- testes
- epididymes
- spermatic cord
- prostate and/or seminal vesicles.

These tables can be used to assess impairment where obstruction of the vascular supply of the penis and other male organs occurs.

These tables are not intended for use where sexual function is impaired for any other reason (for example, pain or depression).

# 11.1.1 Male reproductive organs – penis

Table 11.1.1: Male reproductive organs – penis

% WPI	Criteria	
0	Occasional interference with sexual function.	
10	Sexual function possible but <b>always</b> with a degree of difficulty with erection, ejaculation and/or sensation.	
15	Sexual function possible in that there is sufficient erection but sensation and/or ejaculation is absent.	
20	No sexual function is possible.	

### 11.1.2 Male reproductive organs – scrotum

Skin disorders such as dermatitis, or tinea, affecting the scrotal skin are assessed under Table 4.1: Skin disorders (see page 57). Table 11.1.2 is not used to assess these conditions.

Table 11.1.2:	Male reproductive	organs – scrotum
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% WPI	Criteria	
0	Symptoms and/or signs of scrotal loss or disease with <b>no</b> evidence of testicular malfunction, malposition or loss of mobility.	
5	Symptoms and/or signs of scrotal loss or disease with no evidence of testicular malfunction <b>but with</b> _testicular malposition or loss of mobility.	
	Total loss of scrotum;	
10	or	
	Symptoms and signs of scrotal loss or disease with necessity for testes to be implanted elsewhere to preserve testicular function.	
15	Symptoms and signs of scrotal loss or disease with necessity for testes to be implanted elsewhere to preserve testicular function;	
	and	
	Scrotal pain or discomfort present with physical activity.	
	Symptoms and signs of scrotal loss or disease unable to be controlled by treatment;	
20	and	
	Scrotal pain severely limits physical activity.	

### 11.1.3 Male reproductive organs – testes, epididymes and spermatic cords

 Table 11.1.3: Male reproductive organs – testes, epididymes and spermatic cords

% WPI	Criteria
	Symptoms and signs of testicular, epididymal and/or spermatic cord dysfunction are present and there is anatomical alteration;
0	and
	Continuous treatment is not required and there are no seminal or hormonal abnormalities.
5	Loss of one testis
	Symptoms and signs of testicular, epididymal and/or spermatic cord dysfunction are present and there is anatomical alteration;
	and
10	Continuous or frequent treatment is required, or treatment is not possible;
	and
	There are no seminal or hormonal abnormalities.
15	Symptoms and signs of testicular, epididymal and/or spermatic cord dysfunction are present and there is anatomical alteration;
	and
	Continuous or frequent treatment is required, or treatment is not possible;
	and
	There is no detectable seminal or hormonal function.
20	Loss of both testes.

### 11.1.4 Male reproductive organs – prostate and seminal vesicles

% WPI	Criteria	
	Symptoms and signs of prostate and/or seminal vesicle disease or dysfunction are present;	
	and	
0	there is anatomical alteration;	
	and	
	Continuous or very frequent treatment not required.	
	Frequent and severe symptoms of prostate and/or seminal vesicle disease or dysfunction are present;	
	and	
10	There is anatomical alteration;	
	and	
	Continuous or very frequent treatment not required.	
15	Prostatectomy.	

 Table 11.1.4: Male reproductive organs – prostate and seminal vesicles

# **11.2 Female reproductive system**

WPI ratings from Tables 11.2.1, 11.2.2 and 11.2.3 (see following pages) may be combined. However, the total WPI rating for all conditions affecting ability to conceive and be delivered of children may not exceed 30%.

Tables 11.2.1, 11.2.2, and 11.2.3 are not to be used with respect to sexual dysfunction arising as a result of neurological impairments rather than local reproductive pathology. Where sexual dysfunction is the result of spinal cord injury, use Table 9.6.1: Spinal nerve root impairment affecting the lower extremity (see page 109). Where sexual dysfunction is the result of neurological disorder other than spinal nerve root impairment, use Table 12.9: Neurological impairment affecting sexual function (see page 184).

## 11.2.1 Female reproductive organs – vulva and vagina

% WPI	Criteria – Pre-menopausal	Criteria – Post-menopausal
	Symptoms and signs of disease or deformity of the vulva and/or vagina are present;	Symptoms and signs of disease or deformity of the vulva and/or vagina are present;
	and	and
0	Continuous treatment is not required; and	Continuous treatment is not required;
	Sexual intercourse is possible;	and
	and	Sexual intercourse is possible with
	The vagina is adequate for childbirth.	or without considerable difficulty.
	Symptoms and signs of disease or deformity of the vulva and/or vagina are present;	Symptoms and signs of disease or deformity of the vulva and/or
	and	vagina are present;
	Continuous treatment is required;	and
10 - 15	and	Continuous treatment is required and may not control symptoms;
	Sexual intercourse is possible only with difficulty;	and
	and	Sexual intercourse is not possible.
	Limited potential for vaginal delivery.	
	Symptoms and signs of disease or deformity of the vulva and/or vagina are present;	
	and	
25	Continuous treatment does not control symptoms;	
	and	
	Sexual intercourse is not possible;	
	and	
	Vaginal delivery is not possible.	

Table 11.2.1: Female reproductive organs – vulva and vagina

# Notes to Table 11.2.1

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

# **11.2.2** Female reproductive organs – cervix and uterus

#### Table 11.2.2: Female reproductive organs – cervix and uterus

See notes to Table 11.2.2 immediately following the table.

% WPI	Criteria - Pre-menopausal	Criteria - Post-menopausal
	Symptoms or signs of disease or deformity of cervix and/or uterus present;	
	and	Cervical stenosis.
0	Continuous treatment not required;	Anatomical loss of cervix and/or uterus.
	or	uterus.
	Cervical stenosis not requiring treatment.	
5		Symptoms and signs of disease or deformity of cervix and/or uterus present;
		and
		Continuous treatment required.
	Symptoms and signs of disease or deformity of cervix and/or uterus present;	Symptoms and signs of disease or deformity of the cervix and/or uterus present;
10	and	and
	Continuous treatment required.	Treatment does not give control.
15	Cervical stenosis requiring periodic treatment.	
	Symptoms and signs of disease or deformity of cervix and/or uterus present;	
	and	
25	Treatment does not control symptoms;	
	or	
	Complete cervical stenosis.	
	Total hysterectomy;	
30	and/or	
	Amputation of cervix.	

#### Notes to Table 11.2.2

- 1. Hormone replacement therapy is not considered continuous treatment for the purposes of Table 11.2.2.
- 2. Oral contraception may be considered continuous treatment if pregnancy is contraindicated because of the cervical or uterine lesion.

# **11.2.3** Female reproductive organs – fallopian tubes and ovaries

% WPI	Criteria - Pre-menopausal	Criteria - Post-menopausal
	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present;	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present;
	and	and
0	Continuous treatment not required;	Continuous treatment not required;
	and	or
	No difficulties with conception or loss of one ovary.	Unilateral or bilateral loss of one or both fallopian tubes and/or one or both ovaries.
	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present;	
	and Continuous treatment not required;	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present;
5	and	and
	Conception possible with medical ntervention;	Continuous treatment required.
	or	
	Loss of one fallopian tube.	
	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present; and	Symptoms or signs of disease or deformity of the fallopian tubes or ovaries present;
10	Continuous treatment required;	and
	and	Continuous treatment does not
	Conception is possible although medical intervention may be required.	give control.
	Bilateral loss of both fallopian tubes;	
20	or	
	Irreparable loss of patency of both fallopian tubes.	
	Loss of both ovaries;	
30	or	
	Failure to produce ova despite treatment.	

### Table 11.2.3: Female reproductive organs – fallopian tubes and ovaries

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# **12.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (pages 21-24) and the definitions contained in the glossary (pages 25-26).

The four categories of cerebral impairment are:

- disturbances of levels of consciousness or awareness (see Table 12.1.1, Table 12.1.2 and Table 12.1.3, pages 169-170)
- impairment of memory, learning, abstract reasoning and problem solving ability (see Table 12.2, page 171)
- communication impairments (see Table 12.3, page 174)
- emotional or behavioural impairments (see Table 12.4, page 176).

WPI ratings from these four categories of cerebral impairment may not be combined with each other. The highest WPI rating from these four categories is to be used. Unless otherwise indicated, the highest WPI rating may then be combined with:

- a WPI rating from any other table or tables in Chapter 12 other than tables covering the first four categories
- WPI ratings from tables in other chapters.

The **following procedure** should be used in assessing cerebral function.

Step 1	Determine whether disturbance is present in the level of consciousness or awareness (Table 12.1.1, Table 12.1.2 and Table 12.1.3). This may be a permanent alteration or an intermittent alteration in consciousness, awareness or arousal. Use the most applicable of Table 12.1.1, Table 12.1.2 or Table 12.1.3.
Step 2	Evaluate mental status and highest integrative functioning (Table 12.2).
Step 3	Identify any difficulty with comprehension and the use of language (Table 12.3). Use the higher of the WPI ratings from these two tables.
Step 4	Evaluate any emotional or behavioural disturbances, such as depression, that can modify cerebral function (Table 12.4).
Step 5	Identify the most severe cerebral impairment from steps 1 to 4 above. <b>Combine</b> the most severe WPI rating with WPI ratings from any tables in Chapter 12 including and following Table 12.5.1, or with WPI ratings from other chapters.

Activities of daily living are those that an employee needs to perform to function in a nonspecific environment (that is, to live). Performance of activities of daily living is measured by reference to primary biological and psychosocial function.

For the purposes of Chapter 12, activities of daily living are those in Figure 12-A.

#### Figure 12-A: Activities of daily living

Activity	Examples		
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.		
Communication.	Hearing, speaking, reading, writing, using keyboard.		
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.		
Sensory function.	Tactile feeling.		
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.		
Travel.	Driving or travelling as a passenger.		
Sexual function.	Participating in desired sexual activity.		
Sleep.	Having a restful sleep pattern.		
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.		

#### Notes regarding station, gait and movement disorders

Station, gait and movement disorders:

- station and gait disorders affecting the lower extremities are to be assessed under Table 9.7: Lower extremity function (see page 112-113)
- movement disorders affecting the upper extremities are to be assessed under Table 9.14 Upper extremity function (see page 138);
- except as provided for in the case of injury involving spinal cord damage, (see notes to Tables 9.15 – 9.17, page 146-150), station, gait and movement disorders **may not be combined** with any other WPI ratings from Chapter 9 for the same condition, but may be **combined** with other WPI ratings under Chapter 12.

### **12.1** Disturbances of levels of consciousness and awareness

### 12.1.1 Permanent disturbances of levels of consciousness and awareness

Table 12.1.1 applies to stupor, coma, and permanent vegetative state. These conditions are assessed based on clinical findings on neurological examination and relevant ancillary testing such as CT scan, MRI, SPECT, EEG, evoked potentials and vestibular testing.

 Table 12.1.1: Permanent disturbances of levels of consciousness and awareness

% WPI	Criteria
10 - 15	Mild persistent alteration of state of consciousness limiting ability to perform some activities requiring alertness but not interfering with self care.
30	Moderate persistent alteration of state of consciousness limiting ability to perform most Activities of Daily Living including self care.
70	Semi-comatose state with complete dependence on others for self care and subsistence.
95	Persistent vegetative state or coma requiring total medical support in a specialised care facility.

#### Notes to Table 12.1.1

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

## **12.1.2** Epilepsy, seizures and convulsive disorders

Table 12.1.2 is used for episodic neurological disorders of consciousness and awareness.

Table 12.1.2:	Epilepsy,	seizures a	and	convulsive dis	orders
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% WPI	Criteria
10	Paroxysmal disorder with predictable characteristics but unpredictable occurrence and frequency and severity of attacks which place some restrictions on activities of daily living and may constitute a risk to the employee or others.
20	Paroxysmal disorder with predictable characteristics but unpredictable occurrence and frequency and severity of attacks which place many restrictions on activities of daily living and constitutes a risk to the employee or others.
40	Severe paroxysmal disorder of such frequency and severity that it limits Activities of Daily Living to those that are supervised or protected.
70	Severe, uncontrollable paroxysmal disorder of such severity that it totally restricts the employee's daily activities – full time care and supervision are required.

# 12.1.3 Sleep and arousal disorders

Arousal and sleep disorders include disorders related to:

- initiating and maintaining sleep, or inability to sleep
- excessive somnolence, including sleep-induced respiratory impairment
- sleep-wake schedules.

Central sleep apnoea should be assessed using Table 12.1.3 below. Obstructive sleep apnoea should be assessed using Table 2.4: Whole person impairment derived from obstructive sleep apnoea score (see page 47).

#### Table 12.1.3: Sleep and arousal disorders

See notes to Table 12.1.3 immediately following the table.

% WPI	Criteria
10	Reduced daytime alertness placing some restrictions on activities of daily living, performance of which might constitute a risk to the employee.
20	Reduced daytime alertness placing many restrictions on activities of daily living and constituting a risk to the employee.
40	Reduced daytime alertness of such severity that it limits activities of daily living to those that are supervised or protected.
60	Severe reduction in daytime alertness which totally restricts the employee's daily activities. Full time care and supervision are required.

#### Notes to Table 12.1.3

- **1.** Supervision means the immediate presence of a suitable person, responsible in whole or in part for the care of the employee.
- **2.** Suitable person means a person capable of responsibly caring for the employee in an appropriate way.

# **12.2** Impairment of memory, learning, abstract reasoning and problem solving ability

WPI ratings in Table 12.2 reflect increasing levels of severity. To satisfy particular WPI rating requirements, the majority of criteria for each WPI rating should be present, as described in Figure 12-B.

The WPI ratings are incremental. In order to satisfy the criteria for a particular degree of impairment, the employee must have a greater degree of impairment than that described for the preceding levels.

The Clinical Dementia Rating (CDR) test for memory, abstract reasoning and problem solving (Figure 12-B) should be administered by a professional competent in the area.

The employee's cognitive function for each category (memory, orientation, judgement and problem solving, community affairs, home and hobbies, personal care) is scored independently. For the purposes of assessing impairment, Memory is considered the primary category. The other categories are secondary.

The following rules apply to scoring:

- if at least three secondary categories are given the same numeric score as memory, then the clinical dementia rating equals the memory score (CDR=M)
- if three or more of the secondary categories are given a score greater than or less than that for Memory, then CDR is increased or decreased from M by one level as applicable
- however, if three secondary categories are scored one side of M, and two are scored on the other side of M, then CDR=M.

Find the row in Table 12.2 that exactly matches the respective scores for CDR and memory. The WPI rating is shown in the first column of that row.

% WPI	CDR Score	Memory Score		
0	0	0		
3	0.5	0		
7	0.5	0.5		
10	0.5	1.0		
15	1.0	0.5		
20	1.0	1.0		
25	1.0	2.0		
30	2.0	1.0		
40	2.0	2.0		
45	2.0	3.0		
55	3.0	2.0		
70	3.0	3.0		

Table 12.2: Impairment of memory, learning, abstract reasoning and problemsolving ability

# Figure 12-B: Clinical Dementia Rating (CDR)

From American Medical Association's *Guides to the Evaluation of Permanent Impairment* 5<sup>th</sup> edition, 2001.

	Impairment level and CDR score					
	(most of the criteria for a particular WPI rating should be present)					
Category	None	Questionable Mild		Moderate	Severe	
cutegory	0	0.5	1.0	2.0	3.0	
Memory (M)	No memory loss, or slight inconsistent 		Moderate memory loss; more marked for recent events; defect interferes with everyday activities.	Severe memory loss; only highly learned material retained; new material rapidly lost.	Severe memory loss; only fragments remain.	
Orientatio n (O)	Fully oriented, except for slight difficulty with time relationships		Moderate difficulty with time relationships; oriented for place at examination; may have geographic disorientation elsewhere.	Severe difficulty with time relationships; usually disoriented to time, often to place.	Oriented to person only.	
Judgement and Problem Solving (JPS)	Solves everyday problems and handles business and financial affairs well; judgement good in relation to past performance		Moderate difficulty in handling problems, similarities and differences; social judgement usually maintained.	Severely impaired in handling problems, similarities and differences; social judgement usually impaired.	Unable to make judgements or solve problems.	

	Impairment level and CDR score						
	(most of the criteria for a particular WPI rating should be present)						
Category	None	e Questionable Mild		Moderate	Severe		
cutty	0	0.5	1.0	2.0	3.0		
Community Affairs (CA)	Independen t function at usual level in job, shopping, volunteer and social groups.	Slight impairment in these activities.	Unable to function independently at these activities although may still be engaged in some; appears normal to casual inspection.	No pretence of independent function outside home; appears well enough to be taken to functions outside a family home.	No pretence of independent function outside home; Appears too ill to be taken to functions outside the employee's home.		
Home and Hobbies (HH)	Life at home, hobbies and intellectual interests well maintained.	Life at home, hobbies and intellectual interests slightly impaired.	Mild but definite impairment of function at home; more difficult chores abandoned; more complicated hobbies and interests abandoned.	Only simple chores preserved; very restricted interests, poorly maintained.	No significant function in home.		
Personal Care (PC)	Fully capable of self care.	Fully capable of self care.	Needs prompting.	Requires assistance in dressing, hygiene, keeping of personal effects.	Requires much help with personal care; frequent incontinence.		

Source: Morris JC, 1993, 'The Clinical Dementia Rating (CDR): current version and scoring rules', *Neurology*, 43(11): 2412-2414.

# 12.3 Communication impairments: dysphasia and aphasia

Communication involves comprehension, understanding, language, and effective interaction between and among individuals. Aphasia is a condition in which language function is defective or absent. It includes a lack of comprehension with deficits in vision, hearing, and language (both spoken and written), and also the inability to implement discernible and appropriate language symbols by voice, action, writing or pantomime. Dysphasia is a language impairment that is less severe than aphasia (which literally means "no speech") but still is associated with a lesion in the dominant parietal lobe. It presents as a communication problem due to receptive or expressive dysphasia or a combination of the two. Inability to have a meaningful conversation because no nouns are used is an example of dysphasia. Other common errors include errors of grammatical structure, word-finding difficulties, and word substitution. Dysphasia and aphasia are different from dysarthria, which is imperfect articulation of speech due to disordered muscle control. Dysphonia is an impairment of sound production that causes difficulty speaking and understanding. Speech and communication impairments due to non neurological primary problems are discussed in Chapter 11 - Ear, nose, throat and related structures.

Dysphasia is the most common diagnosis, since most individuals usually retain some ability to communicate. An inability to understand language has a poorer prognosis than an inability to express language. Speech therapy is of little value in the absence of comprehension; therefore, compensatory techniques may not be learned when a receptive aphasia or dysphasia exists. Tests for dysphasia should be conducted after it is established how confused or disoriented the individual is and which side of the brain is dominant for speech. Cognition should also be evaluated after dysphasia mechanisms have been excluded.

Aphasia and dysphasia test batteries are frequently devised by the clinician and cover the following simple tasks: (1) listening to spontaneous speech or responses to simple questions; (2) pointing commands and questions that can be answered "yes" or "no" to test comprehension; (3) repeating words and phrases; (4) naming objects that have high-and-low frequency use; (5) reading comprehension and reading aloud (reading is related to educational achievement, which must be known before interpreting reading comprehension and reading aloud results); and (6) writing and spelling. If comprehension is relatively intact, the aphasia screening battery may be adequate to place an individual in class 1 or 2. However, individuals with dysphasia may score poorly on aphasia and dysphasia test batteries while they demonstrate communicative competency for activities of daily living. This communicative competency may be measured by means of the Communicative Abilities in Daily Living (CADL), in which non verbal communication is assessed. Table 12.3 describes the criteria for rating impairment due to aphasia or dysphasia.

% WPI	Criteria
5	Minimal disturbance in comprehension and production of language symbols of daily living.
10	Moderate impairment in comprehension and production of language symbols of daily living.
32	Able to comprehend non verbal communication; production of unintelligible or inappropriate language for daily activities.
50	Complete inability to communicate or comprehend language symbols.

Table 12.3:	Criteria f	for rating	impairment	due to	aphasia	or dysphasia
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# 12.4 Emotional or behavioural impairments

Emotional or behavioural disorders resulting from verifiable neurological impairments (for example, stroke or head injury) are assessed under Table 12.4 below.

Psychiatric impairments without documented neurological origin are assessed under Chapter 5 – Psychiatric conditions. They are not assessed under Table 12.4.

Neurological conditions associated with changes in emotion and affect include:

- Right hemisphere infarct and inappropriate jocularity
- Left hemisphere infarct and deep dejection, and dysphasia
- Left-sided temporolimbic seizure foci and ideational disorders
- Right-sided temporolimbic seizure foci and mood disturbances.

The Neuropsychiatric Inventory (NPI) may be used to assess 'no cognitive' behavioural symptoms such as apathy, delusions, dysphoria, agitation/aggression, euphoria, hallucinations, irritability/lability, and aberrant motor behaviour (Cummings et al, 1994).

Table 12.4:	Emotional	or	behavioural	impairments
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% WPI	Criteria (all required)
0	No limitation of activities of daily living and daily social and interpersonal functioning.
5	Minor limitation of activities of daily living and daily social and interpersonal functioning attributable to the normal variation in the general population.
10	Mild limitation of activities of daily living and daily social and interpersonal functioning. Impairment levels are compatible with most usual functioning.
	Able to live independently, looks after self adequately, with occasional lapses in grooming and observing nutritional requirements.
	Existing relationships strained.
30	Moderate limitation of some activities of daily living and some daily social and interpersonal functioning.
	Cannot live independently without regular support.
	Needs supervision and/or prompting to perform activities of self-care and personal hygiene.
	Previously established relationships severely strained.
	Severe limitation in performing most activities of daily living.
50	Impairment significantly impedes useful functioning in most daily social and interpersonal functioning
65	Severe limitation in performing most activities of daily living.
	Impairment significantly impedes useful functioning in most daily social and interpersonal functioning.
	Needs supervised residential care.
	Unable to form or sustain long-term relationships.
80	Completely unable to perform any daily activities, requiring total dependence on another person.
	Impairment levels preclude all useful functioning.
	Unable to function within society.

#### Notes to Table 12.4

- **1. Supervision** means the immediate presence of a suitable person, responsible in whole or in part for the care of the employee.
- 2. Suitable person means a person capable of responsibly caring for the employee in an appropriate way.

# 12.5 Cranial nerves

Unless otherwise indicated, only the highest WPI rating from the preceding four categories (that is all tables in sections 12.1, 12.2, 12.3 and 12.4) may be **combined** with a WPI rating from one or more tables in the remainder of Chapter 12, and with WPI ratings from other Chapters. (For further information about deriving WPI ratings from an assessment of cerebral function, see Steps 1 to 5 in the Introduction to Chapter 12, page 167).

# 12.5.1 The olfactory nerve (I)

The WPI ratings in Table 12.5.1 reflect bilateral partial loss of function and total loss of function (anosmia).

A WPI rating made under Table 12.5.1 **may not be combined** with a WPI rating for the same condition made under Table 7.3: Olfaction and Taste (see page 77).

## Table 12.5.1: The olfactory nerve (I)

% WPI	Criteria
2	Bilateral partial loss of function.
5	Bilateral total loss of function.

# **12.5.2** The optic nerve, the oculomotor and trochlear nerves and the abducens (II, III, IV and VI)

Dysfunction of these cranial nerves causes impairment of the visual system and is to be assessed under Chapter 6 – The visual system (see page 64).

# 12.5.3 The trigeminal nerve (V)

This is a mixed nerve having sensory fibres to the face, cornea, anterior scalp, nasal and oral cavities, tongue and supratentorial dura mater. It also transmits motor impulses to the muscles of mastication.

Where sensory loss affects more than one division of the nerve with differing severity, the respective values for each affected division may be **combined** using the combined values chart (see Appendix 1).

If paralysis of the motor fibres of the nerve causes interference with speech, this impairment should be evaluated in accordance with the criteria in Chapter 7 – Ear, nose and throat disorders (see page 75).

Impairment due to chewing and swallowing difficulties is assessed under Table 12.5.6: The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves (see page 182). For the same condition, WPI ratings derived from Table 12.5.6 **may not be combined** with WPI ratings from Table 7.7: Chewing and swallowing (see page 80).

% WPI	Criteria
0	No loss of sensory function.
3	Partial loss of sensory function of any <b>one</b> division of the nerve.
6	Partial loss of sensory function of any <b>two</b> divisions of the nerve.
7	Complete loss of sensory function of any <b>one</b> division of the nerve; and/or Mild uncontrolled facial neuralgic pain that <b>may interfere</b> with activities of daily living.
10	Partial loss of sensory function of all <b>three</b> divisions of the nerve.
14	Complete loss of sensory function of any <b>two</b> divisions of the nerve; and/or Moderately severe, uncontrolled facial neuralgic pain that <b>interferes</b> with activities of daily living.
20	Complete loss of sensory function of all <b>three</b> divisions of the nerve; and/or Severe, uncontrolled, unilateral or bilateral facial neuralgic pain <b>preventing</b> performance of activities of daily living.

#### Table 12.5.3: The trigeminal nerve (V)

### 12.5.4 The facial nerve (VII)

This is a mixed nerve. The motor part innervates the facial muscles of expression and the accessory muscles for chewing and swallowing. The sensory fibres carry tactile sensations from the ear, soft palate and adjacent pharynx, and transmit taste from the anterior two thirds of the tongue.

Impairment due to chewing and swallowing difficulties is assessed under Table 12.5.6: The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves (see page 182). For the same condition, WPI ratings derived from Table 12.5.6 **may not be combined** with WPI ratings from Table 7.7: Chewing and swallowing (see page 80).

Facial nerve injury, complicated by visual changes, such as occur with corneal desiccation and scarring, should rate as a significant impairment. This should be assessed under Chapter 6 – The visual system (see page 64), and **may be combined** with a WPI rating from Table 12.5.4.

For the same condition, a WPI rating from Table 12.5.4 **may not be combined** with a WPI rating from Table 7.3: Olfaction and taste (see page 77).

% WPI	Criteria	
	Complete loss of taste over anterior two thirds of tongue;	
3	or	
	mild unilateral facial weakness.	
10 - 12	Mild bilateral facial weakness;	
	or	
	severe unilateral facial paralysis with 75% or greater facial involvement and inability to control eyelid closure.	
30	Severe bilateral facial paralysis with 75% or greater facial involvement and with inability to control eyelid closure.	

### Table 12.5.4: The facial nerve (VII)

### Notes to Table 12.5.4

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

### 12.5.5 The auditory nerve (VIII)

The Auditory Nerve has two portions:

- the cochlear portion concerned with hearing; and
- the vestibular portion concerned with balance and spatial orientation.

Impairment of hearing due to a lesion of the cochlear portion of the nerve should be evaluated under Chapter 7 – Ear, nose and throat disorders (see page 75). A WPI rating derived from Chapter 7 may be **combined** with a WPI rating from Table 12.5.5.

Lesions of the vestibular portion of the nerve result in vertigo with or without nausea and vomiting.

Table 12.5.5 is used where symptoms are continuous.

To obtain the final WPI rating in the case of episodic disturbances of equilibrium (such as Menière's disease), apply the modifier from Figure 12-C (see below) to the WPI rating from Table 12.5.5.

Table 12.5.5: The Auditory Nerve (VIII)

% WPI	Criteria
0	Symptoms of vestibular dysequilibrium present without supporting objective findings, and activities of daily living can be performed without assistance.
5	Symptoms of vestibular dysequilibrium present with supporting objective findings, and most activities of daily living can be performed without assistance.
10	Symptoms of vestibular dysequilibrium present with supporting objective findings, and most activities of daily living, except those of a complex nature (for example, riding a bicycle), or hazardous nature (for example, walking on a roof, girders or scaffolding), can be performed without assistance.
20	Symptoms of vestibular dysequilibrium present with supporting objective findings, and assistance is required with most activities of daily living, except self care, walking, and riding in a motor vehicle as a passenger.
30	Symptoms of vestibular dysequilibrium present with supporting objective findings, and assistance is required with all activities of daily living, except self care.
45	Symptoms of vestibular dysequilibrium present with supporting objective findings, and assistance is required with all activities of daily living, including self care not requiring ambulation.
60	Symptoms of vestibular dysequilibrium present with supporting objective findings, and activities of daily living cannot be performed without assistance, including self care.
80	Symptoms of vestibular dysequilibrium present with supporting objective findings, and activities of daily living cannot be performed without assistance, <b>including</b> self care, and home confinement is necessary

### Notes to Table 12.5.5

- **1. Assistance** means the immediate presence of a suitable person, responsible in whole or in part for the care of the employee.
- **2. Suitable person** means a person capable of responsibly caring for the employee in an appropriate way.

### Figure 12-C: % WPI modifiers for episodic conditions

Signs and symptoms	Modifier
Absent.	0.0
Intermittent.	0.2
Present on a daily basis for periods aggregating 3 or more months per year but less than 6 months per year.	0.4
Present on a daily basis for periods aggregating 6 or more months per year but less than 8 months per year.	0.6
Present on a daily basis for periods aggregating 8 months or more per year but less than 10 months per year.	0.8
Present on a daily basis for period aggregating 10 months per year or more.	1.0

## **12.5.6** The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves (IX, X, XI and XII)

The spinal accessory nerve assists the vagus nerve in supplying some of the muscles of the larynx, and innervates the cervical portions of the sternocleidomastoid and trapezius muscles.

Disorders of these nerves affecting musculoskeletal function should be assessed in accordance with criteria contained in Chapter 9 – Musculoskeletal System (see page 94).

The glossopharyngeal nerve and the vagus nerve are mixed nerves supplying sensory fibres to the posterior third of the tongue, larynx and trachea. Sensory impairment may contribute to difficulties swallowing, breathing and speaking.

The hypoglossal nerve is a motor nerve that innervates the musculature of the tongue.

Dysarthia is a situation where the articulation of the voice mechanism is at fault. Pronunciation is unclear, although the linguistic content and meaning are normal.

Dysphagia is a condition in which the action of swallowing is difficult to perform, painful, or in which swallowed material is delayed in its passage to the stomach. Speech is slowed or slurred and may be completely unintelligible or non-functional. All other causes of difficulty with chewing or swallowing should be assessed using Table 7.7: Chewing and swallowing (see page 80). For the same condition, WPI ratings from Table 7.7 **may not be combined** with WPI ratings from Table 12.5.6.

## Table 12.5.6: The glossopharyngeal, vagus, spinal accessory and hypoglossal nerves (IX, X, XI and XII)

% WPI	Criteria - ONE required (different conditions may be assessed separately)	
	Mild dysarthria (speech slow or slurred especially when tired).	
	Dystonia (only neurological).	
10	Mild dysphagia (coughing on liquids or semi-solid foods).	
	Diet limited to semi-solid or soft foods.	
	Spasmodic torticollis (only neurological).	
25	Moderately severe dysarthia (speech is laboured, imprecise, and often unintelligible).	
	Speaker is required to repeat often and may need augmentative device to help convey message.	
	Moderately severe dysphagia with nasal regurgitation and aspiration of liquids and semisolid foods.	
	Diet limited to liquid foods.	
50	Severe dysarthia – speech may be completely unintelligible or non-functional, or intelligible only to familiar people, and only with the aid of an augmentative communication device.	
	Severe dysphagia (inability to swallow food, liquids or manage oral secretions).	
	Regular suctioning required.	
	Ingestion of food requires tube feeding or gastrotomy.	

### 12.6 Neurological impairment of the respiratory system

Where the ability to breathe is impaired because of a neurological impairment, Table 12.6 below may be used. Impairments of the respiratory system not of documented neurological origin are assessed under Chapter 2 – The respiratory system (see page 40). They are not assessed under Table 12.6.

% WPI	Criteria	
<b>10</b> Able to breathe spontaneously but has difficulty performing Activities of Daily Living that require moderate exertion.		
<b>25</b> Able to breathe spontaneously but is restricted to sitting, standing or limite walking.		
60 Able to breathe spontaneously but to such a limited degree that the employee is confined to bed.		
90	<b>90</b> No capacity for spontaneous respiration.	

### **12.7** Neurological impairment of the urinary system

Where there is loss of bladder control due to a neurological impairment, Table 12.7 may be used.

Impairments of the urinary system not of documented neurological origin are assessed under Chapter 10 – Urinary system. They are not assessed under Table 12.7.

Documentation by cystometric and other relevant urologic tests may be necessary.

The status of the upper urinary tract must also be considered. Except for an impairment of bladder function, if several impairments of the urinary system are present, a WPI rating from Table 12.7 may be **combined** with a WPI rating from Chapter 10 – Urinary system.

 Table 12.7: Neurological impairment of the urinary system

% WPI	Criteria	
<b>5</b> Some degree of voluntary control but impaired by urgency or intermittent incontinence.		
<b>10 - 15</b> Good bladder reflex activity, limited capacity, and intermittent emptying without voluntary control.		
<b>30</b> Poor bladder reflex activity, intermittent dribbling, and no voluntary control.		
50	No reflex or voluntary control of the bladder.	

### Notes to Table 12.7

1. Assessors should refer to the principles of assessment for guidance on awarding an impairment value within a range.

### 12.8 Neurological impairment of the anorectal system

Where there is loss of ability to control emptying because of a neurological impairment, Table 12.8 below may be used. Impairments of the anorectal system not of documented neurological origin are assessed under Chapter 8 – The digestive system (see page 81). They are not assessed under Table 12.8.

Table 12.8: Neurological impairment of the anorectal system

% WPI	Criteria
10	Reflex regulation but only limited voluntary control.
20	Reflex regulation but no voluntary control.
40	No reflex regulation or voluntary control.

### 12.9 Neurological impairment affecting sexual function

Where there is loss of awareness and the capability of having an orgasm because of a neurological impairment, Table 12.9 below may be used. Impairments of sexual function not of documented neurological origin are not assessed under Table 12.9. They are assessed under Chapter 11 – The reproductive system (see page 157).

The employee's previous sexual functioning should be considered.

Impairment of the peripheral nervous system is assessed using the methodology for assessing the lower and upper extremities described in Chapter 9 – The musculoskeletal system (see pages 98 and 114).

Table 12.9: Neurological impairment affecting sexual function

% WPI	Criteria	
10	<b>10</b> Sexual functioning is possible, but with difficulty of erection or ejaculation in men, or lack of awareness, excitement or lubrication in either sex.	
15	<b>15</b> Reflex sexual functioning is possible, but there is no awareness.	
20 No sexual functioning.		

### Chapter 13 – The haematopoietic system

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### **13.0 Introduction**

In conducting an assessment, the assessor must have regard to the principles of assessment (see pages 21-24) and the definitions contained in the Glossary (see pages 25-26).

### 13.1 Anaemia

Iron deficiency anaemia and megaloblastic anaemia are generally manageable with proper treatment and should not cause permanent impairment. Some haemolytic anaemias are reversible with appropriate therapy, such as steroids or splenectomy, and also should result in negligible impairment.

The impairment resulting from persistent refractory anaemia, whether haemolytic or aplastic, is assessed using Table 13.1.

### Table 13.1: Anaemia

% WPI	Haemoglobin level	Transfusion requirements
0	100-120g/L	None
10	80-100g/L	None
20	80-100g/L	2 Units every 6 weeks
40	<80g/L	2-3 Units every 4 to 6 weeks
60	<80g/L	2-3 Units every 2-3 weeks

See note to Table 13.1 immediately following Table.

### Note to Table 13.1.

1. The haemoglobin level referred to in Table 13.1 are the levels prior to transfusion.

### 13.2 Leukocyte abnormalities or disease

Chronic low white cell counts (for example, neutropenia) are usually associated with substantially increased risk of infection. Impairment is measured in terms of the infection.

Neoplastic disorders of leukocytes include leukaemias, lymphomas, multiple myeloma, and macroglobulinaemia. Some of these disorders (chronic lymphatic leukaemia, hairy cell leukaemia, and some lymphomas) may cause no impairment for many years.

Similarly, multiple myeloma and macroglobulinaemia may be initially asymptomatic, and cause no gastrointestinal haemorrhage, bone pain, or need for chemotherapy or radiation.

The impairment should be assessed by reference to the appropriate chapters of this guide.

As the early stages of HIV infection are not likely to manifest in impaired organ systems, Table 13.2 alone should be used to assess any impairment. Where organ systems are impaired as the disease progresses, impairment should be assessed using those chapters of the guide which assess impairment of the principal organ systems affected by the disease: including, but not limited to, Chapter 2 – The respiratory system, Chapter 8 – The digestive system, Chapter 10 – The urinary system, and Chapter 12 – The neurological system. If several systems are involved, the WPI ratings derived for each system are combined using the combined values chart (see Appendix 1).

The combined impairment should then be compared with the WPI rating from Table 13.2 in order to ascertain the more beneficial WPI rating.

The contribution of side effects of drug treatment to overall impairment should also be considered.

The same principle applies to other conditions of the haematopoietic system where organ systems are impaired by the disease process and impairment can be assessed using other chapters of the guide.

Activities of daily living are activities which an employee needs to perform to function in a non-specific environment (that is, to live). Performance of activities of daily living is measured by reference to primary biological and psychosocial function.

For the purposes of Table 13.2: Leukocyte abnormalities or disease, activities of daily living are those in Figure 13-A below.

Activity	Examples
Self care, personal hygiene.	Bathing, grooming, dressing, eating, eliminating.
Communication.	Hearing, speaking, reading, writing, using keyboard.
Physical activity.	Standing, sitting, reclining, walking, stooping, squatting, kneeling, reaching, bending, twisting, leaning, carrying, lifting, pulling, pushing, climbing, exercising.
Sensory function.	Tactile feeling.
Hand functions.	Grasping, holding, pinching, percussive movements, sensory discrimination.
Travel.	Driving or travelling as a passenger.
Sexual function.	Participating in desired sexual activity.
Sleep.	Having a restful sleep pattern.
Social and recreational.	Participating in individual or group activities, sports activities, hobbies.

### Figure 13-A: Activities of daily living

Table 13.2: Leukocyte abnormalities or disease

% WPI	Criteria (all required)
0	Signs of leukocyte abnormality but no symptoms.
	No or infrequent treatment needed.
	All the activities of daily living can be performed.
	Signs and symptoms of leukocyte abnormality.
10	Infrequent treatment needed.
	Almost all the activities of daily can be performed.
	Signs and symptoms of leukocyte abnormality.
20	Continuous or regular treatment needed.
	Most of the activities of daily can be performed.
	Signs and symptoms of leukocyte abnormality.
30	Continuous or regular treatment needed.
	Interference with the performance of the activities of daily to the extent that some assistance from others is required.
	Signs and symptoms of leukocyte abnormality.
50	Continuous or regular treatment needed.
	Interference with the performance of the activities of daily to the extent that considerable assistance from others is required.
	Signs and symptoms of leukocyte abnormality.
70	Continuous or regular treatment needed.
	Interference with the performance of the activities of daily to the extent that continuous assistance from others is required.
	Signs and symptoms of leukocyte abnormality.
80	Continuous or regular treatment needed.
	Totally dependent on others for performance of all activities of daily.

### Notes to Table 13.2

- 1. Assistance means the immediate presence of a suitable person, responsible in whole or in part for the care of the employee.
- 2. Suitable person means a person capable of responsibly caring for the employee in an appropriate way.

### 13.3 Haemorrhagic disorders and platelet disorders

Thrombocytopenia does not constitute an impairment unless severe and not reversible by steroids, splenectomy, or other therapy.

A bleeding disorder that causes problems only after trauma or surgery does not constitute a permanent bleeding impairment.

Where an injury is made more severe by the presence of an underlying bleeding disorder, a combined WPI rating is allowed, incorporating values for bleeding sites or organ damage. A WPI rating obtained from tables in other chapters may be combined with a WPI rating obtained from Table 13.3.

Other complications of bleeding disorders, including gastrointestinal, mucosal or intramuscular haemorrhage, should also be assessed according to the site of the blood loss under other chapters of the guide, including Chapter 8 – The digestive system and/or Table 13.1: Anaemia.

A WPI rating obtained from other tables in this guide should be combined with a WPI rating obtained from Table 13.3 below.

% WPI	Criteria
	Splenectomy;
0	or
	easy bruising.
10	Continuous or regular medication is required.
25	Refractory thrombocytopenia $<20,000/\mu$ L.

Table 13.3: Haemorrhagic disorders and platelet disorders

### 13.4: Thrombotic disorders

Long-term prophylaxis means prophylaxis continuing for at least 2 years.

Employees who have permanent respiratory or cardiac limitations, secondary to massive pulmonary embolism should be assessed as appropriate under Chapter 1 – The cardiovascular system, and Chapter 2 – The respiratory system.

For specific levels of impairment for post-thrombotic syndrome, use Table 1.4: Peripheral vascular disease of the lower extremities, or Table 1.6: Raynaud's disease, Chapter 1 - The cardiovascular system. These Tables may be used as an alternative. WPI ratings from Tables 1.4 or 1.6, and Table 13.4, must not be combined.

Tables 1.5 and 1.6 should be used as the primary guide for assessing peripheral complications of thrombosis.

% WPI	Criteria
0	Superficial thrombosis or thrombophlebitis.
10	Deep venous or other thrombosis requiring long-term prophylaxis with warfarin.
30	Post-phlebitic syndrome.

### Table 13.4: Thrombotic disorders

### **Division 2**

# Guide to the assessment of non-economic loss

### Introduction

The degree of non-economic loss is to be assessed in accordance with Division 2.

The compensation payable for non-economic loss is divided into two equal amounts.

The worksheet – calculation of non-economic loss (see section B6, page 197) uses the following formula to calculate the total payable in an individual case:

A + B = \$Total

WHERE A	=	the percentage assessment of total permanent impairment,
		multiplied by the first half of the maximum

AND B = a reasonable percentage of the second half of the maximum having regard to the non-economic loss suffered

Listed below are the tables in Division 2 used to calculate a reasonable percentage.

Pain:

Table B1 - Pain (see page 192);

Suffering:

Table B2 – Suffering (see page 193).

Loss of Amenities:

Table B3.1 – Mobility (see page 194);

Table B3.2 – Social relationships (see page 195);

Table B3.3 – Recreation and leisure activities (see page 195).

Other Loss:

Table B4 – Other loss (see page 196).

Loss of expectation of life:

Table B5 – Loss of expectation of life (see page 196).

Scores derived from these tables are then transferred to the worksheet – calculation of noneconomic loss (see section B6, page 197).

### B1. Pain

Using Table B1, a score out of 5 is assessed for pain.

Using the worksheet – calculation of non-economic loss (see section B6), the score for pain is combined with the scores derived from Tables B2, B3.1, B3.2, B3.3, B4 and B5.

Pain means physical pain.

Only ongoing pain of a continuing or episodic nature is considered.

This table does not include temporary pain. Nor does it include speculation of future pain that has not yet manifested itself.

In Table B1, VAPS means 'visual analogue pain scale', with 0 being no pain, and 10 being the worst pain ever experienced.

Score	Description of level of effect
0	No pain experienced.
	VAPS = 0
	Intermittent attacks of pain of nuisance value only.
1	Can be ignored when activity commences.
	VAPS = 1-2
	Intermittent attacks of pain.
	Not easily tolerated, but short-lived.
2	Pain responds fairly readily to treatment (for example, analgesics, anti- inflammatory medications).
	VAPS = 3-4
	Episodes of pain more persistent.
3	Not easily tolerated.
3	Treatment, if available, of limited benefit.
	VAPS = 5-6
	Pain occurring most of the time.
4	Restrictions on activity.
4	Resistant to treatment.
	VAPS = 7-8
	Pain continuous and severe.
5	Preventing activity.
5	Uncontrolled by medication.
	VAPS = 9-10

### Table B1: Pain

### **B2.** Suffering

Using Table B2, a score out of 5 is assessed for suffering.

Using the worksheet – calculation of non-economic loss (see section B6), the score for suffering is combined with the scores derived from Tables B1, B3.1, B3.2, B3.3, B4 and B5.

Suffering means the mental distress resulting from the accepted conditions or impairment.

It includes emotional symptoms which are within the normal range of human responses to distressing events such as grief, anguish, fear, frustration, humiliation, embarrassment.

Only ongoing suffering of a continuing or episodic nature is considered.

Table B2 does not include:

- temporary suffering
- speculation about future suffering that has not yet manifested itself.

Score	Description of level of effect		
0	No symptoms of mental distress experienced.		
	Symptoms of mental distress minimal or ill defined.		
1	Symptoms occur intermittently.		
	No interference with activity.		
	Distinct symptoms of mental distress which are episodic in nature.		
2	Activities reduced during such episodes.		
	Recovers quickly after episodes.		
	Symptoms of mental distress are distinct and varied.		
	Episodes of mental distress occur regularly.		
_	Ability to cope or perform activity effectively reduced during episodes.		
3	Needs time to recover between episodes.		
	Treatment – medication such as anti-depressants, counselling or other therapy by a psychologist or psychiatrist, or other supportive therapy – is of benefit in controlling or relieving symptoms.		
	Symptoms of mental distress are wide ranging and tend to dominate thinking.		
4	Rarely free of symptoms of mental distress.		
-	Difficulty coping or performing activity.		
	Treatment necessary either to control or relieve symptoms.		
5	Symptoms of mental distress arising from accepted condition interferes with normal thought processes.		
	Activities severely restricted.		
	Treatment of no real benefit in controlling or relieving symptoms.		

### **Table B2: Suffering**

### **B3.** Loss of amenities

'Loss of amenities' is also known as 'loss of enjoyment of life'.

Loss of Amenities and leisure activities means the effects on mobility, social relationships and recreation.

A score out of 5 is assessed for each of the following:

- Mobility (using Table B3.1 Mobility below). 'Mobility' refers to the employee's ongoing ability to move around in his or her environment. This includes walking, driving, being a passenger, using public transport
- Social relationships (using Table B3.2 Social relationships, see following page). 'Social relationships' refers to the employee's ongoing capacity to engage in usual social and personal relationships
- Recreation and leisure activities (using Table B3.3 Recreation and leisure activities, see following page). 'Recreation and leisure activities' refers to the employee's ongoing ability to maintain customary recreational and leisure pursuits.

Using the worksheet – calculation of non-economic loss (see section B6), these scores are then combined with the scores derived from Tables B1, B1, B4 and B5.

Score	Description of level of effect
0	No or minimal restrictions on mobility.
	Periodic effects on mobility, resulting in the need for some assistance;
1	or
_	Effects continuing but mild (such as slowing of pace or the need for a walking stick).
2	Mobility reduced, but remains independent of others both within and outside the home.
2	Can travel but may require rest breaks, special seating, or other special treatment.
	Mobility markedly reduced.
3	Needs some assistance from others.
	Unable to use most forms of transport.
	Restricted to home and vicinity.
4	Can only travel outside home with door to door transport and the assistance of others.
5	Severely restricted mobility (for example, bed, chair, room).
	Dependent on others for assistance.
	Mechanical devices or appliances used for mobility within the home (for example, wheelchair, hoist).

### Table B3.1: Mobility

### Table B3.2: Social relationships

Score	Description of effect		
0	Usual relationships unaffected.		
1	Minor interference with personal relationships, causing some reduction in social activities and contacts.		
2	Relationships confined to immediate and extended family and close friends, but unable to relate to casual acquaintances.		
3	Difficulty in maintaining relationships with close friends and the extended family.		
4	Social contacts confined to immediate family.		
5	Difficulties relating socially to anyone.		

### Table B3.3: Recreation and leisure activities

Score	Description of effect
0	Able to follow usual recreation and leisure activities
1	Intermittent interference with activities.
-	In between episodes able to pursue usual activities.
2	Interference to activities reduces frequency of activity, but is able to continue.
-	Is able to follow alternatives.
3	Unable to continue with pre-injury level of activity.
5	Alternative activity possible.
	Range of pre-injury activities greatly reduced.
4	Needs some assistance to participate in pre-injury recreation and leisure activities.
5	Unable to undertake any pre-injury recreation and leisure activities.

### **B4. Other loss**

Table B4 is used to assess losses of a non-economic nature that are not adequately covered by Tables B1, B2, B3.1, B3.2, B3.3, or B5.

A score out of 3 is assessed.

Using the worksheet – calculation of non-economic loss (see section B6) , this score is then combined with the scores derived from Tables B1, B2, B3.1, B3.2, B3.4, and B5.

Score	Description of effect	
0	Nil or minimal disadvantages.	
1	Moderate disadvantages. For example: dependence upon a specialised diet; detrimental effects of climatic features including temperature, humidity, ultra- violet rays, light, noise, dust.	
2	Marked disadvantages. For example, requirement to move to specially modified premises.	
3	Severe disadvantages. For example, dependence upon external life saving or supporting machines including aspirator, respirator, dialysis machine, or any form of electro-mechanical device for the sustenance or extension of activities.	

### **B5.** Loss of expectation of life

A score out of 3 is assessed.

Using the Worksheet – Calculation of non-economic loss (see section B6), this score is then combined with the scores derived from Tables B1, B1, B3.1, B3.2, B3.3, and B4.

Loss of expectation of life is restricted to a maximum of 3 points because of the value placed on it by the courts in damages cases.

Table B5: Loss of expectation of life

Score	Description of effect
0	Loss of life expectancy of less than 1 year.
1	Loss of life expectancy of 1 year to less than 10 years.
2	Loss of life expectancy of 10 years to less than 20 years.
3	Loss of life expectancy of 20 years or greater.

### **B6.** Calculation of non-economic loss

This Worksheet allows for the calculation of the percentage of non-economic loss suffered by the employee for the purposes of section 41 of the Seafarers Act.

### **B6: Worksheet – Calculation of non-economic loss**

Table	Score	Factor	Final score
Table B1: Pain		x 0.5 =	
Table B2: Suffering		x 0.5 =	
		x 0.5 –	
B3 – Amenities of Life			
B3.1: Mobility Score		x 0.6 =	
B3.2: Social Relationships		x 0.6 =	
B3.3: Recreation and Leisure		x 0.6 =	
Table B4: Other Loss		x 1.0 =	
Table B5: Loss of Expectation of Life		x 1.0 =	
	Total	of scores =	

### STEP 1 – Calculation of Total Score from Division 2 Tables

### Choose either Step 2.1 or Step 2.2

### Step 2.1

If the Total of Scores from Step 1 above:

- equals 15; or
- is greater than 15

then the percentage non-economic loss suffered by the employee is 100%.

OR

### Step 2.2

If the Total of Scores from Step 1 above is less than 15, insert in the grey shaded area below the Total of Scores from Step 1 above. Complete the calculation to find the percentage non-economic loss suffered by the employee:

\_\_\_\_ x 100 = \_\_\_%

15

## **Division 3**

## **Calculation of total entitlement under section 39 and section 41**

Use the following Worksheet to derive the total entitlement.

### **C1:** Worksheet – calculation of total entitlement

Benefit levels are available from the Authority. They are indexed annually on 1 July in accordance with movements in the Consumer Price Index.

Calculate total whole person impairment entitlement			
Step	Calculate ss39(9) indexed amount for permanent impairment:		
One	WPI% x \$	\$	
Step Two	-		
	WPI% x \$	\$	
Step Three	Calculate 'degree of non-economic loss' of ss41(2) indexed amount for non-economic loss:		
	% Non-economic loss (from B6) x \$	\$	
Step Four	Total permanent impairment entitlement:	\$	