



## **Therapeutic Goods (Permissible Indications) Determination (No.1) 2019**

---

I, Cheryl McRae, as delegate of the Minister for Health, make the following determination.

Dated 28/2/2019

Cheryl McRae  
Assistant Secretary  
Complementary and Over the Counter Medicines Branch  
Medicines Regulation Division

# Contents

1 Name	2
2 Commencement .....	2
3 Authority .....	2
4 Definitions .....	2
5 Permissible indications and requirements applying in relation to those indications .....	3
6 Repeals .....	4
Schedule 1 - Specified permissible indications and requirements applying to these indications when used for a medicine .....	5
Schedule 2 – Repeals .....	117

## 1 Name

This instrument is the *Therapeutic Goods (Permissible Indications) Determination (No.1) 2019*.

## 2 Commencement

- (1) Each provision of this instrument specified in column 1 of the table commences, or is taken to have commenced, in accordance with column 2 of the table. Any other statement in column 2 has effect according to its terms.

Commencement information		
Column 1	Column 2	Column 3
Provisions	Commencement	Date/Details
1. The whole of this instrument	The day after registration.	

Note: This table relates only to the provisions of this instrument as originally made. It will not be amended to deal with any later amendments of this instrument.

- (2) Any information in column 3 of the table is not part of this instrument. Information may be inserted in this column, or information in it may be edited, in any published version of this instrument.

## 3 Authority

This instrument is made under subsection 26BF(1) of the *Therapeutic Goods Act 1989*.

## 4 Definitions

Note: A number of expressions used in this instrument are defined in subsection 3(1) of the Act, including the following:

- (a) health practitioner;
- (b) health professional;
- (b) indications;
- (c) label;
- (d) medicine;
- (e) presentation;
- (f) Register;
- (g) Therapeutic Goods Advertising Code.

In this instrument:

**Act** means the *Therapeutic Goods Act 1989*

**Code Tables** are tables that can be accessed from the Therapeutic Goods Administration Business Service website at [www.ebs.tga.gov.au](http://www.ebs.tga.gov.au) under the heading “Public TGA Information”, as at the commencement of this instrument.

**Dentist** means a person who is registered under the Health Practitioner Regulation National Law in the dentistry profession.

**Doctor** means a medical practitioner.

**Evidence guidelines** means the TGA document titled Evidence guidelines: Guidelines on the evidence required to support indications for listed complementary medicines,

published on the TGA's website (www.tga.gov.au), as at the commencement of this instrument.

**Medically diagnosed**, in relation to a disease, condition, ailment or defect, is where the disease, condition, ailment or defect has been diagnosed by a suitably qualified medical practitioner.

**Medical practitioner** means a person who is registered under the Health Practitioner Regulation National Law in the medical profession.

**Regulations** mean the *Therapeutic Goods Regulations 1990*.

**Scientific** means a scientific indication.

**Scientific indication** means an indication that is supported by scientific evidence, such as clinical studies or systematic reviews, as described in the Evidence guidelines.

**Serious**, in relation to a form of a disease, condition, ailment or defect, has the same meaning as in the Therapeutic Goods Advertising Code.

**TGA** means the Therapeutic Goods Administration.

**Traditional** means a traditional indication.

**Traditional Ayurvedic medicine** means a traditional Ayurvedic medicine indication.

**Traditional Ayurvedic medicine (TAY) indication** means a traditional indication that is based on traditional use in the Ayurvedic medicine paradigm.

**Traditional Chinese medicine** means a traditional Chinese medicine indication.

**Traditional Chinese medicine (TCM) indication** means a traditional indication that is based on traditional use in the traditional Chinese medicine paradigm.

**Traditional indication** means an indication that is supported by evidence of traditional use, as described in the Evidence guidelines.

**Traditional use** has the same meaning as in the Regulations.

## 5 Permissible indications and requirements applying in relation to those indications

*Permissible indications in Tables 1 to 15*

- (1) The indications in column 2 of Tables 1 to 15 in Schedule 1 to this instrument are specified for the purposes of paragraph 26BF(1)(a) of the Act.
- (2) The indications in column 2 of Tables 1 to 15 in Schedule 1 to this instrument when modified using the qualifying statements in the Code Tables under the headings:
  - (a) 'Traditional context qualifier';
  - (b) 'Population qualifiers';
  - (c) 'Time of use qualifiers'; or
  - (d) for TCM indications, 'TCM pattern qualifiers';

are also specified for the purposes of paragraph 26BF(1)(a) of the Act.

*Requirements for permissible indications*

- (3) For the purposes of paragraph 26BF(1)(b) of the Act, the indications specified under subsections 5(1) and 5(2) are subject to the following requirements:
- (a) they may only be used for a medicine if supported by the type of evidence specified in column 3 of Tables 1 to 15 in Schedule 1; and
  - (b) they must comply with the requirements set out in column 4 of Tables 1 to 15 in Schedule 1; and
  - (c) where:
    - (i) the wording of an indication is varied on the label of a medicine; or
    - (ii) where more than one indication is used and they are combined on the label of a medicine to form simple sentences where appropriate; or
    - (iii) both (i) and (ii);then:
    - (iv) the meaning of the indication must not be changed; and
    - (v) the varied or combined indications must not infer or imply that a medicine is for the treatment of a serious disease, ailment, defect or injury; and
    - (vi) the varied or combined indications must not infer or imply that a medicine is for preventing or curing a disease, ailment, defect or injury;
  - (d) where an indication in column 2 of Tables 1 to 15 in Schedule 1 to this instrument is modified using a qualifying statement in the Code Tables as mentioned in subsection 5(2) and where that indication, including as varied or combined with another indication, is used on the medicine's label:
    - (i) the qualifying statement must also be included on the medicine's label; and
    - (ii) the modified indication, including as varied or combined with another indication, must not infer or imply that a medicine is for the treatment of a serious disease, ailment, defect or injury
  - (e) A medicine using traditional indications must also comply with the following requirements:
    - (i) the traditional indication must be qualified with an appropriate "Traditional context qualifier" from the Code Tables; and
    - (ii) the "Traditional context qualifier" from the Code Tables must be included on the label of the medicine.

## 6 Repeals

Each instrument that is specified in Schedule 2 to this instrument is repealed as set out in the applicable items in that Schedule.

### Schedule 1 - Specified permissible indications and requirements applying to these indications when used for a medicine

(section 5)

#### Table 1 – Indications relating to general health / body parts

Column 1	Column 2 Indication	Column 3 Type of evidence	Column 4 Other requirements
1	Aid/assist in the healing of minor body tissue injuries	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
2	Aid/assist nail growth	Scientific or Traditional	
3	Aid/assist/help/maintain healthy hair follicles	Scientific or Traditional	
4	Aid/assist/helps connective tissue production/formation	Scientific	
5	Aids/assists abdominal fat loss	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
6	Aids/assists body waste elimination	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
7	Aids/assists body's natural channels of elimination	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.

**Schedule 1****Tables 1-15 Part 2**

			Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
8	Aids/assists excretion of metabolic waste products	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
9	Aids/assists eye adaption to variations in light intensity/night vision	Scientific or Traditional	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
10	Aids/assists gum development	Scientific	
11	Aids/assists gum healing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
12	Aids/assists head lice and egg removal	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to killing/eradicating/destroying lice, nits or eggs.
13	Aids/assists natural body cleansing/detoxification processes	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
14	Aids/assists natural cleansing/detoxification processes of the gastrointestinal system/gut	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.

			Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
15	Aids/assists natural kidney cleansing/detoxification processes	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
16	Aids/assists teeth development	Scientific	
17	Aids/assists with recovery from illness/convalescence	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
18	Alterative/blood cleanser/depurative/purifier	Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
19	Analgesic/Anodyne/relieve pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
20	Anti-inflammatory/relieve inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
21	Antioxidant/Reduce free radicals formed in the body	Scientific	
22	Antipyretic/febrifuge/relieve mild fever/reduce body temperature/body cooling	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Not to be used in children under 5 years.
23	Astringent/tightens tissues	Traditional	
24	Body tonic	Traditional	



**Schedule 1**Tables 1-15 **Part 2**

25	Decrease/reduce bacteria in the mouth	Scientific	Product presentation must not imply or refer to serious infections.
26	Decrease/reduce ear irritation/inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
27	Decrease/reduce ear wax	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
28	Decrease/reduce hair loss/thinning	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious conditions associated with alopecia e.g. autoimmune disease, chemotherapy.
29	Decrease/reduce halitosis/bad breath	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
30	Decrease/reduce nail brittleness/splitting/chipping	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
31	Decrease/reduce/relieve cracks in the corner of the mouth	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to recurrent or persistent mouth lesions.
32	Decrease/reduce/relieve excessive perspiration/sweating	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
33	Decrease/reduce/relieve eye strain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
34	Decrease/reduce/relieve gum soreness/pain/discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
35	Decrease/reduce/relieve itchiness associated with head lice infestation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to killing/eradicating/destroying lice, nits or eggs.
36	Decrease/reduce/relieve mouth/oral mucosa mild inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
37	Decrease/reduce/relieve spontaneous sweating	Scientific	Label statement: If

		or Traditional	symptoms persist, talk to your health professional.
38	Decrease/reduce/relieve symptoms of mild mouth ulcers	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to recurrent or persistent mouth lesions.  Product presentation must only refer to mild mouth ulcers.
39	Decrease/reduce/relieve symptoms of dehydration	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
40	Decrease/reduce/relieve symptoms of jet lag	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
41	Decrease/reduce/relieve symptoms of mild temporomandibular joint dysfunction diagnosed by a doctor or dentist	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.  Product presentation must only refer to mild temporomandibular joint dysfunction that is diagnosed by a doctor or dentist.
42	Decrease/reduce/relieve symptoms of soft tissue trauma	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
43	Decrease/reduce/relieve teething/tooth pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
44	Decrease/reduce/relieve tooth/teeth sensitivity	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
45	Decrease/reduce/relieve toothache	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
46	Decrease/reduce/relieve visual fatigue	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
47	Decrease/reduce/relieve watery eyes/excessive lacrimation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Schedule 1****Tables 1-15 Part 2**

48	Decrease/reduce/relieves bleeding gums	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
49	Demulcent/soothe irritated tissues	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
50	Enhance/improve/promote/increase hair growth	Scientific or Traditional	
51	Enhance/improve/promote/increase hair health	Scientific or Traditional	
52	Enhance/improve/promote/increase hair strength/thickness	Scientific or Traditional	
53	Enhance/improve/promote/increase nail health/strength/thickness	Scientific or Traditional	
54	Enhance/promote energy levels	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
55	Enhance/promote weight gain	Scientific	
56	Enhance/promote/physical endurance/capacity/stamina	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
57	Help maintain weight after weight loss	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
58	Helps convert (state food) into energy	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
59	Helps decrease/reduce body weight	Scientific	Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
60	Helps decrease/reduce build-up of dental plaque	Scientific or Traditional	
61	Helps decrease/reduce/relieve cartilage loss/wear/tear/damage	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.

			Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.
62	Helps decrease/reduce/relieve cold sensations in the lower back	Traditional	Label statement: If symptoms persist, talk to your health professional.
63	Helps decrease/reduce/relieve heat sensations in the extremities	Traditional	Label statement: If symptoms persist, talk to your health professional.
64	Helps decrease/reduce/relieve symptoms of nail mild fungal infection	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious infections.
65	Helps enhance/improve/promote/increase healthy body fat/muscle composition	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
66	Helps enhance/promote body energy reserves	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
67	Helps enhance/promote body tissue repair/regeneration	Scientific or Traditional	
68	Helps enhance/promote calorie burning	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
69	Helps enhance/promote collagen formation	Scientific	
70	Helps enhance/promote connective tissue health	Scientific or Traditional	
71	Helps enhance/promote general health and wellbeing	Scientific or Traditional	
72	Helps enhance/promote gum health	Scientific or Traditional	
73	Helps enhance/promote healthy growth and development	Scientific or Traditional	
74	Helps enhance/promote healthy teeth enamel	Scientific	
75	Helps enhance/promote heat/energy production/thermogenesis	Scientific	If product is indicated for

**Schedule 1****Tables 1-15 Part 2**

			weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
76	Helps enhance/promote teeth health	Scientific or Traditional	
77	Helps enhance/promote teeth strength	Scientific or Traditional	
78	Helps enhance/promote/increase body fat loss	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
79	Helps enhance/promote/increase lean body mass	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
80	Helps enhance/promote/increase vitality	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
81	Helps enhance/promote/increase weight loss	Scientific	Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
82	Helps improve/promote body metabolism/metabolic rate	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
83	Helps in the maintenance of a healthy body weight	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
84	Helps in the maintenance of lean body mass	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
85	Helps maintain/support body's natural channels of elimination	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.

**Schedule 1****Tables 1-15 Part 2**

			Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
86	Helps maintain/support eye macula health	Scientific	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
87	Helps maintain/support eye retina health	Scientific	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
88	Helps maintain/support healthy acid/alkali balance in the body.	Scientific	
89	Helps maintain/support healthy Body Mass Index (BMI)	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
90	Helps maintain/support healthy eye development	Scientific	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
91	Helps maintain/support healthy vision development	Scientific	Product presentation must not imply or refer to neurological conditions or developmental delays.  Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
92	Helps maintain/support hearing development	Scientific	Product presentation must not imply or refer to neurological conditions or developmental delays.
93	Helps prevent tooth decay/dental carries/cavities in conjunction with good oral hygiene	Scientific or Traditional	
94	Helps reduce occurrence of mouth ulcers	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
95	Helps reduce occurrence of symptoms of jet lag	Scientific or Traditional	

**Schedule 1****Tables 1-15 Part 2**

96	Helps reduce occurrence of teething/tooth pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
97	Helps reduce/decrease free radical damage to body cells	Scientific	
98	Helps relieve excessive lacrimation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
99	Helps restore body electrolyte balance	Scientific	
100	Helps temporarily relieve light sensitivity	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
101	Longevity tonic	Traditional	
102	Maintain/support abdominal fat loss	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
103	Maintain/support body electrolyte balance	Scientific	
104	Maintain/support body metabolism/metabolic rate	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
105	Maintain/support body mucous membrane health	Scientific or Traditional	
106	Maintain/support body tissue repair/regeneration	Scientific or Traditional	
107	Maintain/support body waste elimination	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
108	Maintain/support calorie burning	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

109	Maintain/support collagen formation	Scientific	
110	Maintain/support collagen health	Scientific	
111	Maintain/support connective tissue health	Scientific or Traditional	
112	Maintain/support dental/periodontal health	Scientific or Traditional	
113	Maintain/support ear health	Scientific or Traditional	
114	Maintain/support energy levels	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
115	Maintain/support energy production	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
116	Maintain/support eye health	Scientific or Traditional	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
117	Maintain/support general health and wellbeing	Scientific or Traditional	
118	Maintain/support gum health	Scientific or Traditional	
119	Maintain/support hair growth	Scientific or Traditional	
120	Maintain/support hair health	Scientific or Traditional	
121	Maintain/support hair strength/thickness	Scientific or Traditional	
122	Maintain/support healthy body fat/muscle composition	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
123	Maintain/support healthy body organ functions	Traditional	Product presentation must not imply or refer to disease in any body organ.
124	Maintain/support healthy body tissues	Scientific or	



		Traditional	
125	Maintain/support healthy ear function	Scientific or Traditional	
126	Maintain/support healthy eye function	Scientific or Traditional	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
127	Maintain/support healthy eyesight/vision	Scientific or Traditional	Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.
128	Maintain/support healthy growth and development	Scientific or Traditional	
129	Maintain/support healthy hearing	Scientific or Traditional	
130	Maintain/support healthy mouth flora	Scientific or Traditional	
131	Maintain/support healthy teeth	Scientific or Traditional	
132	Maintain/support heat/energy production/thermogenesis	Scientific	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
133	Maintain/support nail health/strength/thickness	Scientific or Traditional	
134	Maintain/support natural body cleansing/detoxification processes	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
135	Maintain/support natural cleansing/detoxification processes of the body's five organs of elimination	Traditional	Product presentation must only refer to detoxification in relation to natural body processes.

**Schedule 1**Tables 1-15 **Part 2**

			<p>Product presentation must not imply or refer to drugs/alcohol.</p> <p>Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.</p>
136	Maintain/support natural cleansing/detoxification processes of the gastrointestinal system/gut	Scientific or Traditional	<p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p> <p>Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.</p>
137	Maintain/support natural kidney cleansing/detoxification processes	Scientific or Traditional	<p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p> <p>Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.</p>
138	Maintain/support natural liver cleansing/detoxification processes	Scientific or Traditional	<p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p> <p>Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.</p>
139	Maintain/support oral health	Scientific or Traditional	
140	Maintain/support oral mucous membrane health	Scientific or Traditional	
141	Maintain/support physical endurance/capacity/stamina	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.

142	Maintain/support scalp health	Scientific or Traditional	
143	Maintain/support spleen health	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
144	Maintain/support teeth enamel health	Scientific or Traditional	
145	Maintain/support teeth mineralisation	Scientific	
146	Maintain/support teeth strength	Scientific or Traditional	
147	Maintain/support vitality	Scientific or Traditional	Product presentation must not imply or refer to imply chronic fatigue syndrome.
148	Maintain/support waste elimination via the mucous membranes	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
149	Maintain/support waste elimination via the skin	Scientific or Traditional	Product presentation must only refer to detoxification in relation to natural body processes.  Product presentation must not imply or refer to drugs/alcohol.  Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
150	Nourish the body	Scientific or Traditional	
151	Nutritive tonic	Traditional	
152	Reduce risk of head lice attaching to hair	Scientific or Traditional	
153	Regulate body water/fluid	Scientific or Traditional	

154	Rejuvenating tonic	Traditional	
155	Relieve clammy/sweaty palms and soles	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
156	Relieve dry eyes	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
157	Relieve dry mouth	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
158	Relieve eye discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
159	Relieve eye redness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
160	Relieve eye soreness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
161	Relieve feelings of general malaise/general debility	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to imply chronic fatigue syndrome.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
162	Relieve itchy ears	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
163	Relieve itchy eyes	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
164	Relieve mild tissue oedema	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
165	Relieve sore tongue	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
166	Relieve tongue dryness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
167	Relieve weariness/tiredness/fatigue/feeling of weakness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to imply

			chronic fatigue syndrome.
168	Restorative tonic	Traditional	
169	Restore body fluid balance	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild fluid retention.
170	Soften ear wax	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
171	Soothe/relieve mouth/oral irritation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
172	Sudorific/diaphoretic/enhance/promote sweating/perspiration	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
173	Temporarily relieve mild fluid retention	Scientific or Traditional	Label statement: If fluid retention persists, seek medical advice (or words to that effect).  Product presentation must not imply or refer to cardiovascular or renal conditions.  Product presentation must only refer to mild fluid retention.
174	Trophorestorative/restore organ health	Traditional	Product presentation must not imply or refer to disease in any body organ.

**Table 2 – Indications relating to bone**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	A diet deficient in calcium can lead to osteoporosis in later life. Calcium may help prevent osteoporosis when dietary intake is inadequate	Scientific	Indication can only be used for medicines that contain calcium as an active ingredient and the recommended daily dose of the medicine must provide at least 290 milligrams of elemental calcium.  Label statement: Vitamins

**Schedule 1****Tables 1-15 Part 2**

			and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
2	Aids/assists healthy bone development/growth/building	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
3	Decrease/reduce/relieve mild joint aches and pains	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild joint symptoms.  Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
4	Decrease/reduce/relieve mild joint inflammation/swelling	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  Product presentation must only refer to mild joint symptoms.
5	Decrease/reduce/relieve mild joint pain/soreness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  Product presentation must only refer to mild joint symptoms.
6	Decrease/reduce/relieve mild joint stiffness	Scientific or	Label statement: If symptoms persist, talk to

**Schedule 1**Tables 1-15 **Part 2**

		Traditional	<p>your health professional.</p> <p>Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.</p> <p>Product presentation must only refer to mild joint symptoms.</p>
7	Decrease/reduce/relieve mild rheumatic aches and pains	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Product presentation must only refer to mild rheumatic aches/pains.</p> <p>Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.</p>
8	Decrease/reduce/relieve symptoms of mild arthritis/mild osteoarthritis	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Product presentation must only refer to mild joint symptoms.</p> <p>Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.</p>
9	Decrease/reduce/relieve symptoms of occasional episodes of gout	Scientific or Traditional	<p>Label statement: If symptoms persist, worsen or episodes become more frequent talk to your medical practitioner.</p>
10	Help maintain/support bone mineralisation	Scientific	<p>Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.</p>
11	Helps enhance/improve/promote joint mobility	Scientific or Traditional	<p>Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating</p>

**Schedule 1****Tables 1-15 Part 2**

			osteoarthritis, osteoporosis.  Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.
12	Helps enhance/promote bone healing/repair	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
13	Helps enhance/promote bone health	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
14	Helps enhance/promote bone mass/density	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
15	Helps enhance/promote bone mineralisation	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
16	Helps enhance/promote bone strength	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
17	Helps enhance/promote healthy joint function	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
18	Helps enhance/promote joint health	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
19	Helps enhance/promote/increase metabolism of (state mineral) in bones	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.



**Schedule 1****Tables 1-15 Part 2**

20	Helps maintain/supports health joint cartilage growth/development/production	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.
21	Helps reduce the occasional occurrence of symptoms of gout	Scientific or Traditional	Label statement: If symptoms persist, worsen or episodes become more frequent talk to your medical practitioner.
22	Maintain/support (state mineral) absorption in bones	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
23	Maintain/support bone healing/repair	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
24	Maintain/support bone health	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
25	Maintain/support bone mass/density/integrity	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
26	Maintain/support bone strength	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
27	Maintain/support joint cartilage health.	Scientific	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  Product presentation must

**Schedule 1**Tables 1-15 **Part 2**

			not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.
28	Maintain/support joint health	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
29	Maintain/support joint mobility/flexibility	Scientific or Traditional	Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
30	Supports bone flexibility.	Scientific or Traditional	
31	Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life	Scientific	Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.  Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

**Table 3 – Indications relating to the cardiovascular system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist healthy red blood cell production	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
2	Aid/assist/helps in the maintenance of blood levels of oxygen	Scientific	Product presentation must not imply or refer to heart disease.

**Schedule 1****Tables 1-15 Part 2**

3	Aid/assist/helps oxygen transport to body tissues	Scientific	Product presentation must not imply or refer to heart disease.
4	Blood tonic/Enhance blood health	Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
5	Cardiotonic/strengthen heart	Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
6	Decrease/reduce appearance of mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.
7	Decrease/reduce/relieve aching/tired legs/leg heaviness associated with mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.
8	Decrease/reduce/relieve discomfort associated with haemorrhoids	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
9	Decrease/reduce/relieve itching associated with haemorrhoids	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
10	Decrease/reduce/relieve itchy legs associated with mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.
11	Decrease/reduce/relieve leg swelling associated mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.
12	Decrease/reduce/relieve minor bleeding associated with haemorrhoids	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
13	Decrease/reduce/relieve pain associated with mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.

**Schedule 1****Tables 1-15 Part 2**

14	Decrease/reduce/relieve swelling associated with haemorrhoids	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
15	Decrease/reduce/relieve symptoms of haemorrhoids	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
16	Decrease/reduce/relieve symptoms of mild varicose veins	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild varicose veins.
17	Helps decrease/reduce occurrence of nose bleeds	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious cardiovascular conditions.
18	Helps enhance/improve/promote blood circulation to the peripheral areas of the body (legs, hands and feet)	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
19	Helps enhance/promote artery health	Scientific	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
20	Helps enhance/promote blood capillary health	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
21	Helps enhance/promote blood vessel health	Scientific	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
22	Helps enhance/promote healthy blood circulation	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
23	Helps enhance/promote red blood cell health	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
24	Helps in the maintenance of healthy blood lipids/blood fats	Scientific	Product presentation must not imply or refer to lowering blood lipids, blood fats and triglycerides.
25	Helps maintain/support haemoglobin formation/synthesis	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
26	Helps maintain/support healthy blood sugar/glucose	Scientific	Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from

**Schedule 1****Tables 1-15 Part 2**

			outside of the normal healthy range.
27	Helps maintain/support healthy cholesterol	Scientific	Product presentation must not imply or refer to lowering or raising blood cholesterol levels from outside of the normal healthy range
28	Helps maintain/support healthy heart function	Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
29	Helps maintain/support transport of oxygen in the body	Scientific	Product presentation must not imply or refer to heart disease.
30	Helps maintain/support vasodilator/ blood vessel dilation	Scientific or Traditional	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
31	Helps reduce intestinal absorption of cholesterol from dietary sources	Scientific	Product presentation must not imply or refer to lowering or raising blood cholesterol levels from outside of the normal healthy range
32	Helps reduce occurrence of haemorrhoids	Scientific or Traditional	
33	Helps reduce/decrease/relieve mild nose bleeds	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild nose bleed.  Product presentation must not imply or refer to serious cardiovascular conditions.
34	Maintain/support artery health	Scientific	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
35	Maintain/support blood capillary health	Scientific	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
36	Maintain/support blood circulation/flow to the peripheral areas of the body (legs, hands and feet)	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
37	Maintain/support blood health	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.

38	Maintain/support blood vessel health	Scientific	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
39	Maintain/support cardiovascular system health	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
40	Maintain/support healthy blood capillary health	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
41	Maintain/support healthy blood circulation	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
42	Maintain/support healthy cardiovascular system function	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
43	Maintain/support healthy lymphatic system	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
44	Maintain/support heart health	Scientific or Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
45	Maintain/support red blood cell health	Scientific	Product presentation must not imply or refer to serious cardiovascular conditions.
46	Nourish the heart	Traditional	Product presentation must not imply or refer to serious cardiovascular conditions.
47	Relieve cold hands and feet/limbs	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
48	Rubefaciant/stimulate blood flow to skin	Scientific or Traditional	

**Table 4 – Indications relating to the endocrine system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist thyroid hormone production	Scientific	Product presentation must not imply or refer to any thyroid related diseases.
2	Maintain/support adrenal gland health	Traditional	Product presentation must not imply or refer to any adrenal related diseases.
3	Maintain/support healthy adrenal gland function	Traditional	Product presentation must not imply or refer to any

			adrenal related diseases.
4	Maintain/support healthy pancreatic function	Traditional	Product presentation must not imply or refer to any pancreas related diseases.
5	Maintain/support healthy thyroid gland function	Scientific or Traditional	Product presentation must not imply or refer to any thyroid related diseases.
6	Maintain/support healthy thyroid hormones	Scientific	Product presentation must not imply or refer to any thyroid related diseases.
7	Maintain/support thyroid gland health	Scientific or Traditional	Product presentation must not imply or refer to any thyroid related diseases.
8	Thyroid tonic	Traditional	Product presentation must not imply or refer to any thyroid related diseases.

**Table 5 – Indications relating to the gastrointestinal system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist digestion of glucose/sugar/carbohydrates	Scientific	Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.
2	Aid/assist digestion of lactose	Scientific or Traditional	
3	Aid/assist digestion/breakdown of dietary fat	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
4	Aid/assist expulsion of intestinal gas	Traditional	Label statement: If symptoms persist, talk to your health professional.
5	Aid/assist fat distribution and assimilation in the digestive system	Scientific	Product presentation must not imply or refer to lowering blood lipids, blood fats and triglycerides.
6	Aid/assist fat emulsification in the digestive system	Scientific	Product presentation must not imply or refer to lowering blood lipids, blood fats and triglycerides.

**Schedule 1****Tables 1-15 Part 2**

7	Aid/assist healthy liver regeneration	Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
8	Aid/assist/helps digestion of (state nutrient)	Scientific	
9	Aid/assist/helps digestion of fats/fatty acids/triglycerides/lipid	Scientific	Product presentation must not imply or refer to lowering blood lipids, blood fats and triglycerides.
10	Aid/assist/helps elimination of dietary fat	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
11	Aid/assist/helps in the management of carbohydrate cravings	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
12	Aid/assist/helps in the management of food cravings	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
13	Aid/assist/helps in the management of sugar cravings	Scientific or Traditional	If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
14	Aids/assists repair of gastrointestinal/gut wall lining	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
15	Antacid/reduces stomach acid	Scientific	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to gastro oesophageal reflux disease.
16	Antiemetic/Decrease/reduce/relieve vomiting	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
17	Aperient/laxative	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).



**Schedule 1**Tables 1-15 **Part 2**

			<p>Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
18	Bitter tonic/stimulate gastric secretions	Traditional	
19	Bowel Tonic	Traditional	
20	Cholagogue/promote bile flow from gall bladder	Traditional	Product presentation must not imply or refer to disease in any body organ.
21	Decrease/reduce carbohydrate cravings	Scientific or Traditional	<p>Product presentation must not imply or refer to eating disorders.</p> <p>If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.</p>
22	Decrease/reduce food stagnation associated with poor or sluggish digestion	Scientific or Traditional	
23	Decrease/reduce loose stools	Scientific or Traditional	Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).
24	Decrease/reduce sweet taste recognition on the tongue	Scientific or Traditional	
25	Decrease/reduce/relieve abdominal bloating/distention	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Schedule 1****Tables 1-15 Part 2**

			Product presentation must not imply or refer to gastro oesophageal reflux disease.
26	Decrease/reduce/relieve abdominal cramping	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
27	Decrease/reduce/relieve abdominal feeling of fullness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
28	Decrease/reduce/relieve abdominal griping pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
29	Decrease/reduce/relieve abdominal pain/discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to gastro oesophageal reflux disease.
30	Decrease/reduce/relieve abdominal spasm	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to gastro oesophageal reflux disease.
31	Decrease/reduce/relieve bowel discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
32	Decrease/reduce/relieve colic (wind/gas pain)	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
33	Decrease/reduce/relieve constipation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).  Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.  Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that

			effect). Product presentation must not refer to or imply weight loss.
34	Decrease/reduce/relieve diarrhoea	Scientific or Traditional	Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).
35	Decrease/reduce/relieve digestive spasms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional. Product presentation must not imply or refer to gastro oesophageal reflux disease.
36	Decrease/reduce/relieve excess intestinal gas	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
37	Decrease/reduce/relieve flatulence/carminative	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
38	Decrease/reduce/relieve gastrointestinal pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional. Product presentation must not imply or refer to gastro oesophageal reflux disease.
39	Decrease/reduce/relieve hiccups	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
40	Decrease/reduce/relieve loss of appetite	Scientific or Traditional	Product presentation must not imply or refer to eating disorders.
41	Decrease/reduce/relieve nausea	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
42	Decrease/reduce/relieve symptoms associated with occasional overindulgence	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional. Product presentation must not encourage excessive or harmful consumption of alcohol or other toxic substances.

**Schedule 1****Tables 1-15 Part 2**

43	Decrease/reduce/relieve symptoms of heartburn	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to gastro oesophageal reflux disease.
44	Decrease/reduce/relieve symptoms of indigestion/dyspepsia	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to gastro oesophageal reflux disease.
45	Decrease/reduce/relieve symptoms of lactose intolerance	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
46	Decrease/reduce/relieve symptoms of motion/travel/sea sickness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
47	Decrease/reduce/relieve symptoms of nervous indigestion	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
48	Decrease/reduce/relieve symptoms of stomach upsets	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
49	Digestive tonic/Improve digestive weakness	Traditional	Label statement: If symptoms persist, talk to your health professional.
50	Enhance the assimilation/transportation of nutrients	Scientific or Traditional	
51	Enhance/ promote stomach health	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
52	Enhance/improve/promote/increase bowel regularity	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).  Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.  Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the

**Schedule 1**Tables 1-15 **Part 2**

			<p>advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
53	Enhance/improve/promote/increase bowel waste elimination	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Label statement: Drink plenty of water (or words to that effect).</p> <p>Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
54	Enhance/promote healthy digestion	Scientific or Traditional	
55	Help reduce occurrence of symptoms of medically diagnosed Irritable Bowel Syndrome	Scientific or Traditional	<p>Label statement: If symptoms persist, worsen or episodes become more frequent talk to your medical practitioner.</p> <p>Product presentation must only refer to medically diagnosed IBS.</p>
56	Help restore good/beneficial/friendly gut flora after antibiotic use	Scientific	
57	Helps balance brain-gut interaction	Traditional	
58	Helps decrease/reduce dietary fat absorption in digestive system	Scientific or Traditional	<p>If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and</p>

**Schedule 1****Tables 1-15 Part 2**

			increased physical activity.
59	Helps decrease/reduce/relieve brain-gut interaction	Traditional	
60	Helps decrease/reduce/relieve mild gastrointestinal tract inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
61	Helps decrease/reduce/relieve symptoms of infant colic	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.
62	Helps decrease/reduce/relieve symptoms of mild gastritis	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.  Product presentation must only refer to mild gastritis.
63	Helps decrease/reduce/relieve symptoms of occasional hangovers	Scientific or Traditional	Product presentation must not encourage excessive or harmful consumption of alcohol or other toxic substances.  Label statement: If symptoms persist, talk to your health professional.
64	Helps decrease/reduce/relieve symptoms of traveller's diarrhoea	Scientific or Traditional	Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).
65	Helps delay stomach (gastric) emptying	Scientific or Traditional	
66	Helps enhance/improve/promote taste sensation	Scientific or Traditional	
67	Helps enhance/improve/promote/increase bile secretion/flow	Scientific or Traditional	
68	Helps enhance/improve/promote/increase healthy digestive system flora/good bacteria growth	Scientific or Traditional	
69	Helps enhance/improve/promote/increase intestinal good/beneficial/friendly bacteria growth	Scientific	
70	Helps enhance/improve/promote/increase intestinal transit time	Scientific or Traditional	

**Schedule 1****Tables 1-15 Part 2**

71	Helps enhance/promote gallbladder health	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
72	Helps enhance/promote gastrointestinal system health	Scientific or Traditional	
73	Helps enhance/promote gastrointestinal system mucosa health	Scientific or Traditional	
74	Helps enhance/promote healthy colon function	Scientific or Traditional	
75	Helps enhance/promote healthy digestive system function	Scientific or Traditional	
76	Helps enhance/promote healthy gallbladder function	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
77	Helps enhance/promote healthy liver function	Scientific or Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
78	Helps enhance/promote healthy small intestine function	Scientific or Traditional	
79	Helps maintain/support bile secretion/flow	Scientific or Traditional	
80	Helps reduce occurrence of abdominal bloating	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
81	Helps reduce occurrence of abdominal spasm	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
82	Helps reduce occurrence of constipation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).  Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.  Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare

**Schedule 1****Tables 1-15 Part 2**

			<p>professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
83	Helps reduce occurrence of diarrhoea	Scientific or Traditional	<p>Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).</p>
84	Helps reduce occurrence of symptoms of indigestion/dyspepsia	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Product presentation must not imply or refer to gastro oesophageal reflux disease.</p>
85	Helps reduce occurrence of symptoms of motion/travel/sea sickness	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p>
86	Helps reduce occurrence of symptoms of traveller's diarrhoea	Scientific or Traditional	<p>Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).</p>
87	Helps regulate appetite	Scientific or Traditional	<p>Product presentation must not imply or refer to eating disorders.</p>
88	Helps restore good/beneficial/friendly intestinal/gut/bowel flora	Scientific or Traditional	
89	Helps stimulate/increase digestive enzymes	Scientific	
90	Hepatoprotectant/protect the liver	Traditional	<p>Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.</p> <p>Product presentation must not encourage excessive or harmful consumption of alcohol or other toxic substances.</p>



**Schedule 1****Tables 1-15 Part 2**

91	Increase bowel movements by increasing stool bulk	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Label statement: Drink plenty of water (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
92	Liver tonic/Enhance liver health	Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
93	Maintain/support bile production	Scientific or Traditional	
94	Maintain/support bowel regularity	Scientific or Traditional	<p>Label statement: Drink plenty of water (or words to that effect).</p> <p>Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
95	Maintain/support bowel regularity by increasing stool bulk	Scientific or Traditional	<p>Label statement: Drink plenty of water (or words to that effect).</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p>

**Schedule 1****Tables 1-15 Part 2**

			Product presentation must not refer to or imply weight loss.
96	Maintain/support digestion/assimilation of nutrients	Scientific or Traditional	
97	Maintain/support digestive system health	Scientific or Traditional	
98	Maintain/support gallbladder function	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
99	Maintain/support gallbladder health	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
100	Maintain/support gastrointestinal mucosal membrane health	Scientific or Traditional	
101	Maintain/support gastrointestinal system health	Scientific or Traditional	
102	Maintain/support good/beneficial/friendly bacteria adherence to intestinal mucosa.	Scientific	
103	Maintain/support good/beneficial/friendly gut flora during antibiotic use	Scientific	
104	Maintain/support healthy appetite	Scientific or Traditional	Product presentation must not imply or refer to eating disorders.
105	Maintain/support healthy bowel/colon function	Scientific or Traditional	
106	Maintain/support healthy digestion	Scientific or Traditional	
107	Maintain/support healthy digestive system function	Scientific or Traditional	
108	Maintain/support healthy gastrointestinal function	Scientific or Traditional	
109	Maintain/support healthy liver function	Scientific or Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
110	Maintain/support healthy liver regeneration	Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
111	Maintain/support healthy mucous linings of the digestive system	Scientific or Traditional	

112	Maintain/support healthy small intestine function	Scientific or Traditional	
113	Maintain/support intestinal good/beneficial/friendly flora	Scientific	
114	Maintain/support intestinal health	Scientific or Traditional	
115	Maintain/support intestinal transit time	Scientific or Traditional	
116	Maintain/support liver health	Scientific or Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
117	Maintain/support small intestine health	Scientific or Traditional	
118	Maintain/support small intestine good/beneficial/friendly flora	Scientific	
119	Maintain/support smell sensation	Scientific or Traditional	
120	Maintain/support stomach function	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
121	Maintain/support stomach health	Scientific or Traditional	Product presentation must not imply or refer to disease in any body organ.
122	Maintain/support taste sensation	Scientific or Traditional	
123	Nourish good/beneficial/friendly intestinal flora	Scientific	
124	Orexigenic/improve/promote healthy appetite	Scientific or Traditional	Product presentation must not imply or refer to eating disorders.
125	Promote bile flow from liver/chloretic	Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
126	Promote/enhance feeling of satiety	Scientific or Traditional	
127	Promote/increase bowel evacuation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).  Label statement for stimulant

**Schedule 1****Tables 1-15 Part 2**

			<p>laxatives: Prolonged use may cause serious bowel problems.</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
128	Reduce occurrence of excess intestinal wind/gas	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
129	Reduce occurrence of nausea/vomiting	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
130	Reduce/decrease/suppress hunger/appetite	Scientific or Traditional	Product presentation must not imply or refer to eating disorders.
131	Relief of symptoms of medically diagnosed Irritable Bowel Syndrome	Scientific or Traditional	<p>Label statement: If symptoms persist or worsen talk to your medical practitioner.</p> <p>Product presentation must only refer to medically diagnosed IBS.</p>
132	Relieve digestive discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
133	Relieve dry stools	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Label statement: Drink plenty of water (or words to that effect).</p>
134	Relieve excessive belching	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
135	Sialagogue/promote saliva production	Traditional	
136	Softens stool to ease bowel motions	Scientific or Traditional	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Label statement: Drink</p>

			plenty of water (or words to that effect).
137	Soothe gastro-intestinal tract mucous membranes	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
138	Stimulant laxative	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Drink plenty of water (or words to that effect).  Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.  Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).  Product presentation must not refer to or imply weight loss.
139	Stimulates/increases digestive gastric hydrochloric acid secretion	Scientific or Traditional	
140	Tonify/nourish/strengthen/replenish liver	Traditional	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
141	Vermifuge/helps remove intestinal threadworms/pinworms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to other worms e.g. roundworm, tapeworm, hookworm.

**Table 6 – Indications relating to the immune system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of</b>	<b>Column 4 Other requirements</b>
-----------------	--------------------------------	-----------------------------	--

		evidence	
1	Decrease/reduce/relieve post nasal drip	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
2	Decrease/reduce/relieve symptoms of allergic rhinitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
3	Decrease/reduce/relieve symptoms of hayfever	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
4	Decrease/reduce/relieve symptoms of skin hives	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
5	Enhance/improve/promote immune defence/immunity	Scientific or Traditional	
6	Helps decrease/reduce/relieve facial tenderness associated with allergic rhinitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
7	Helps decrease/reduce/relieve symptoms of food intolerance	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
8	Helps decrease/reduce/relieve symptoms of mild allergies	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
9	Helps decrease/reduce/relieve symptoms of seasonal allergies	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
10	Helps enhance/improve/promote immune system function	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.

11	Helps reduce occurrence of symptoms of food intolerance	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
12	Helps reduce occurrence of symptoms of mild allergies	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.
13	Helps stimulate a healthy immune system response	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.
14	Maintain/support healthy gastrointestinal immune function	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.
15	Maintain/support healthy immune system function	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.
16	Maintain/support immune system health	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.
17	Maintain/support immune system to fight illness	Scientific or Traditional	Product presentation must not imply or refer to serious immunological diseases.
18	Soothes/relieves swelling/welts associated with hives	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.

**Table 7 – Indications relating to muscles**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist muscle development	Scientific or Traditional	
2	Aid/assist muscle growth	Scientific or Traditional	

3	Aid/assist/helps in the healing of minor muscle injuries	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
4	Aid/assist/helps in the management of muscle sprain/strain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
5	Aid/assist/helps post exercise recovery	Scientific or Traditional	
6	Antispasmodic/spasmolytic	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
7	Decrease/reduce/relieve muscle cramps	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
8	Decrease/reduce/relieve muscle pain/ache/soreness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
9	Decrease/reduce/relieve muscle tension/stiffness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
10	Decrease/reduce/relieve muscle tiredness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
11	Decrease/reduce/relieve symptoms of mild tennis elbow	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild tennis elbow.
12	Decrease/reduce/relieve symptoms of muscle injury/ailments	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
13	Decrease/reduce/relieve symptoms of whiplash	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
14	Enhance/improve/promote/increase muscle relaxation	Scientific or Traditional	
15	Helps decrease/reduce protein breakdown in the muscles	Scientific	
16	Helps decrease/reduce/relieve leg cramps	Scientific	Label statement: If



		or Traditional	symptoms persist, talk to your health professional.
17	Helps decrease/reduce/relieve mild muscle spasms/twitches	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
18	Helps decrease/reduce/relieve symptoms of medically diagnosed fibromyalgia/fibrositis	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.  Product presentation must only refer to medically diagnosed fibromyalgia/fibrositis.
19	Helps decrease/reduce/relieve symptoms of mild medically diagnosed tenosynovitis	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.  Product presentation must only refer to medically diagnosed tenosynovitis.
20	Helps decrease/reduce/relieve symptoms of muscle sprain/strain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
21	Helps enhance/improve muscle recovery time	Scientific or Traditional	
22	Helps enhance/improve/promote/increase healthy muscle tone	Scientific or Traditional	
23	Helps enhance/improve/promote/increase muscle fuel burning efficiency	Scientific or Traditional	
24	Helps enhance/improve/promote/increase muscle performance/endurance/stamina	Scientific or Traditional	
25	Helps enhance/improve/promote/increase muscle strength	Scientific or Traditional	
26	Helps enhance/improve/promote/increase muscle strength to improve balance/stability	Scientific or Traditional	
27	Helps enhance/improve/promote/increase physical/exercise performance	Scientific or Traditional	
28	Helps enhance/promote healthy muscle function	Scientific or Traditional	
29	Helps enhance/promote healthy muscle mass	Scientific or Traditional	

30	Helps reduce occurrence of muscle cramp	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
31	Helps reduce occurrence of muscle tension/stiffness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
32	Maintain/support healthy ligaments	Scientific or Traditional	
33	Maintain/support healthy muscle contraction function	Scientific or Traditional	
34	Maintain/support healthy neuromuscular system/function	Scientific or Traditional	Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
35	Maintain/support muscle fuel burning efficiency	Scientific or Traditional	
36	Maintain/support muscle function	Scientific or Traditional	
37	Maintain/support muscle health	Scientific or Traditional	
38	Maintain/support muscle mass	Scientific or Traditional	
39	Maintain/support muscle performance/endurance/stamina	Scientific or Traditional	
40	Maintain/support muscle protein stores	Scientific	
41	Maintain/support muscle relaxation	Scientific or Traditional	
42	Maintain/support muscle strength	Scientific or Traditional	
43	Maintain/support muscle strength to reduce strain on joints	Scientific or Traditional	
44	Maintain/support muscle tone	Scientific or Traditional	
45	Maintain/support tendon health	Scientific or Traditional	
46	Reduce/decrease mild muscle inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Table 8 – Indications relating to the nervous system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Adaptogen/Help body adapt to stress	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
2	Aid/assist/helps mind relaxation	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
3	Aid/assist/helps synthesis of neurotransmitters	Scientific	
4	Aids/assists the body to cope with environmental stress	Scientific or Traditional	
5	Brain tonic/Enhance brain health	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
6	Calmative/nervous system relaxant	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
7	Calms the mind	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
8	Decrease/reduce duration of mild migraine	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild migraine.
9	Decrease/reduce headache duration	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
10	Decrease/reduce mental/cognitive fatigue	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
11	Decrease/reduce time to fall asleep	Scientific or Traditional	
12	Decrease/reduce/relieve disturbed/restless sleep	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Schedule 1****Tables 1-15 Part 2**

13	Decrease/reduce/relieve headache symptoms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
14	Decrease/reduce/relieve hot flushes associated with mild anxiety	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.  Product presentation must only refer to mild anxiety.
15	Decrease/reduce/relieve mental overactivity	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
16	Decrease/reduce/relieve mild dizziness/vertigo	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild vertigo.
17	Decrease/reduce/relieve mild migraine symptoms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild migraine.
18	Decrease/reduce/relieve mild nerve pain/neuralgia	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild nerve pain/neuralgia.
19	Decrease/reduce/relieve nervous tension/unrest	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
20	Decrease/reduce/relieve restlessness/excess nervous energy	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
21	Decrease/reduce/relieve sleeplessness	Scientific or	Label statement: If symptoms persist, talk to

		Traditional	your health professional.
22	Decrease/reduce/relieve symptoms of mild anxiety	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.  Product presentation must only refer to mild anxiety.
23	Decrease/reduce/relieve symptoms of mild sciatica	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild sciatica.
24	Decrease/reduce/relieve symptoms of stress	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
25	Enhance/improve/promote learning ability/function	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
26	Enhance/improve/promote/increase body relaxation	Scientific or Traditional	
27	Enhance/improve/promote/increase cognitive performance	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
28	Enhance/improve/promote/increase memory/recall	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
29	Enhance/improve/promote/increase mental alertness/wakefulness	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
30	Enhance/improve/promote/increase mental endurance/stamina	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
31	Enhance/improve/promote/increase mind relaxation	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.

32	Enhance/improve/promote/increase short term memory	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
33	Enhance/improve/promote/increase sleep quality/deep sleep	Scientific or Traditional	
34	Enhance/promote body adaptation to stress	Scientific or Traditional	
35	Enhance/promote/increase healthy sleep patterns	Scientific or Traditional	
36	Enhance/promote/increase refreshing sleep	Scientific or Traditional	
37	Help establish/restore/reset sleep-wake cycle (circadian rhythm)	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
38	Help maintain/support emotional wellbeing	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
39	Helps decrease/reduce/relieve frequent need to urinate associated with mild anxiety	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.  Product presentation must only refer to mild anxiety.
40	Helps decrease/reduce/relieve symptoms of mild tension headache	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
41	Helps decrease/reduce/relieve symptoms of sensitivity to light/sound associated with mild migraine	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild migraine.
42	Helps enhance/improve/promote/increase attention span	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
43	Helps enhance/promote healthy nerve conduction/transmission/neurotransmission	Scientific	
44	Helps maintain/support development of hand eye coordination	Scientific	Product presentation must not imply or refer to neurological conditions or developmental delays.

45	Helps reduce occurrence of irritability	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
46	Helps reduce occurrence of symptoms of headaches	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
47	Helps reduce occurrence of symptoms of mild anxiety	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.  Product presentation must only refer to mild anxiety.
48	Maintain/support brain function	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
49	Maintain/support brain health	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
50	Maintain/support brain/central nervous system development	Scientific	Product presentation must not imply or refer to neurological conditions or developmental delays.
51	Maintain/support cognitive development	Scientific	Product presentation must not imply or refer to neurological conditions or developmental delays.
52	Maintain/support cognitive function/mental function	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
53	Maintain/support general mental wellbeing	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
54	Maintain/support healthy sleeping patterns	Scientific or Traditional	
55	Maintain/support learning and information processing	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.

**Schedule 1****Tables 1-15 Part 2**

56	Maintain/support memory/mental recall	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
57	Maintain/support mental concentration/focus/clarity	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
58	Maintain/support mental endurance/stamina	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
59	Maintain/support nerve conduction	Scientific	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
60	Maintain/support nervous system function	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
61	Maintain/support nervous system health	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
62	Maintain/support neuroendocrine function	Scientific	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
63	Maintain/support neuromuscular function	Scientific	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
64	Nerve stimulant/enhance nerve function	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
65	Nerve tonic	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
66	Nervine/support nervous system.	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
67	Nourish the brain	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
68	Nourish the nervous system	Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.



**Schedule 1**

**Tables 1-15 Part 2**

69	Relieve facial pallor associated with mild migraines	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild migraine.
70	Relieve irritability	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
71	Soothe/calm nerves	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
72	Soporific/induces sleep	Traditional	
73	Support healthy body stress recovery.	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
74	Support healthy emotional/mood balance	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.
75	Support healthy stress response in the body	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.

**Table 9 – Indications relating to nutrition**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist/helps glucose/sugar/carbohydrate metabolism	Scientific	Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.
2	Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)	Scientific	If product is indicated for supplementation, Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced

**Schedule 1****Tables 1-15 Part 2**

			diet.
3	Aid/assist/helps protein synthesis in the body	Scientific	
4	Aid/assist/helps synthesis of (insert vitamin) in the body	Scientific	Label statement: Vitamins can only be of assistance if the dietary vitamin intake is inadequate OR Vitamin supplements should not replace a balanced diet.
5	Enhance/improve/promote/increase (state vitamin/mineral/nutrient) levels in the body	Scientific	If product is indicated for supplementation, Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
6	Enhance/improve/promote/increase nutrient uptake	Scientific or Traditional	
7	Helps decrease/reduce homocysteine levels	Scientific	
8	Helps enhance/promote/increase absorption of dietary (state vitamin/mineral/nutrient)	Scientific	Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
9	Helps enhance/promote/increase body utilisation of (state mineral/vitamin/nutrient)	Scientific	Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
10	Helps maintain/support cellular uptake of (state vitamin/mineral/nutrient)	Scientific	If product is indicated for supplementation, Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
11	Helps prevent dietary (state vitamin/mineral/nutrient) deficiency	Scientific	Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
12	Maintain/support (state vitamin/mineral) within normal range	Scientific	Label statement: Vitamins

			and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
13	Maintain/support (state vitamin/mineral/nutrient) levels in the body	Scientific or Traditional	If product is indicated for supplementation, Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
14	Maintain/support absorption of dietary (state vitamin/mineral/nutrient)	Scientific	Label statement: Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

**Table 10 – Indications relating to the reproductive system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist prepare uterus for childbirth	Traditional	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
2	Aphrodisiac/Enhance/improve/promote healthy libido	Scientific or Traditional	
3	Decrease/reduce feelings of aggression/irritability associated with pre-menstrual tension	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
4	Decrease/reduce heavy menstruation/periods	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
5	Decrease/reduce/relieve aggression/irritability associated with menopause	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
6	Decrease/reduce/relieve breast pain/tenderness associated with pre-menstrual tension	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
7	Decrease/reduce/relieve excessive breast milk flow	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to

			your health practitioner.
8	Decrease/reduce/relieve hot flushes associated with menopause	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
9	Decrease/reduce/relieve menstrual cycle irregularity/irregular periods	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
10	Decrease/reduce/relieve menstrual spasms/cramps	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
11	Decrease/reduce/relieve menstruation pain/dysmenorrhoea	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
12	Decrease/reduce/relieve mood changes/mood swings associated with pre-menstrual tension	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
13	Decrease/reduce/relieve moodiness/mood swings associated with menopause	Scientific or Traditional	Product presentation must not imply or refer to mental illnesses, disorders or conditions.  Label statement: If symptoms persist, talk to your health professional.
14	Decrease/reduce/relieve morning sickness	Scientific or Traditional	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
15	Decrease/reduce/relieve symptoms of menopause	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
16	Decrease/reduce/relieve symptoms of menstruation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
17	Decrease/reduce/relieve symptoms of premenstrual tension	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
18	Decrease/reduce/relieve vaginal discomfort	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
19	Decrease/reduce/relieve vaginal dryness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
20	Enhance/promote healthy foetal development	Scientific	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
21	female tonic	Traditional	

**Schedule 1****Tables 1-15 Part 2**

22	Galactagogue/lactagogue/Enhance/improve/ promote/increase breast milk production	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
23	Haemagogue/emmenagogue/promotes menstrual flow	Traditional	Product presentation must not imply or refer to abortifacient action.
24	Help decrease/reduce/relieve confusion associated with premenstrual tension/syndrome	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
25	Help maintain/support healthy prostate function	Scientific or Traditional	Product presentation must not imply or refer to serious genitourinary conditions like Benign Prostatic Hypertrophy, erectile dysfunction or hormone therapy.
26	Help to prevent neural tube defects such as spina bifida and/or anencephaly	Scientific	Indication can only be used for medicines that contain folic acid as an active ingredient and the recommended daily dose of the medicine provides a minimum of 400 micrograms of folic acid. Product presentation referring to the prevention of neural tube defects must include at least one of the following label statements: when trying to conceive and during the first trimester of pregnancy, and/or when taken at least four weeks before conception and during the first trimester of pregnancy.  Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
27	Helps decrease/reduce/relieve mild vaginal itch	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
28	Helps decrease/reduce/relieve night sweats associated with menopause	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
29	Helps decrease/reduce/relieve symptoms of mild mastitis while lactating/breastfeeding	Scientific or	The product presentation must not imply or refer to

**Schedule 1**Tables 1-15 **Part 2**

		Traditional	<p>mastitis due to infection.</p> <p>Mastitis must be qualified by mild.</p> <p>Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.</p> <p>Label statement: Seek medical advice if symptoms persist for more than 12 hours or you to start to feel unwell (or words to that effect).</p>
30	Helps enhance/promote maternal health	Scientific or Traditional	<p>Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.</p> <p>Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.</p>
31	Helps enhance/promote maternal postnatal health	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
32	Helps enhance/promote preconception health	Scientific or Traditional	<p>Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.</p> <p>Product presentation must not imply or refer to infertility.</p>
33	Helps enhance/promote prostate health	Scientific or Traditional	Product presentation must not imply or refer to serious genitourinary conditions like Benign Prostatic Hypertrophy, erectile dysfunction or hormone therapy.
34	Helps enhance/promote uterine health	Scientific or Traditional	
35	Helps maintain/support healthy vaginal pH	Scientific	
36	Helps maintain/support testosterone formation/synthesis	Scientific	
37	Helps prepare the body for labour	Traditional	Label statement: Advise your doctor of any medicine you take during pregnancy,

**Schedule 1****Tables 1-15 Part 2**

			particularly in your first trimester.
38	Helps prepare the body for pregnancy	Scientific or Traditional	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.  Product presentation must not imply or refer to infertility.
39	Helps reduce occurrence of menopausal symptoms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
40	Helps reduce occurrence of pre-menstrual tension symptoms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
41	Helps reduce occurrence of symptoms of mild mastitis while lactating/breastfeeding	Scientific or Traditional	The product presentation must not imply or refer to mastitis due to infection.  Mastitis must be qualified by mild.  Label statement: Seek medical advice if symptoms persist for more than 12 hours or you to start to feel unwell (or words to that effect).  Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
42	Helps temporarily decrease/reduce/relieve excessive vaginal discharge	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
43	Helps temporarily decrease/reduce/relieve symptoms of mild vaginitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild vaginitis.
44	Improve menstrual flow	Scientific or Traditional	
45	Lactifuge/reduce breast milk production	Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
46	Maintain/support breast milk production/lactation	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to

			your health practitioner.
47	Maintain/support female healthy hormonal balance	Scientific	
48	Maintain/support female healthy hormonal balance during the reproductive cycle	Scientific	
49	Maintain/support female reproductive system health	Scientific or Traditional	
50	Maintain/support healthy female hormonal balance during menopause	Scientific	
51	Maintain/support healthy libido	Scientific or Traditional	
52	Maintain/support healthy pregnancy	Scientific or Traditional	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
53	Maintain/support healthy reproductive hormones	Scientific or Traditional	Product presentation must not imply or refer to hormone imbalances.
54	Maintain/support healthy sexual function	Scientific or Traditional	
55	Maintain/support maternal health	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.  Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
56	Maintain/support oestrogen hormone levels	Scientific	
57	Maintain/support ovarian health	Traditional	Product presentation must not imply or refer to ovarian disease.  Product presentation must not imply or refer to infertility.
58	Maintain/support placenta health/growth	Scientific	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
59	Maintain/support preconception health	Scientific	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.



			Product presentation must not imply or refer to infertility.
60	Maintain/support prostate health	Scientific or Traditional	Product presentation must not imply or refer to serious genitourinary conditions like Benign Prostatic Hypertrophy, erectile dysfunction or hormone therapy.
61	Maintain/support reproductive system health	Scientific or Traditional	Product presentation must not imply or refer to infertility.
62	Maintain/support semen health	Scientific	Product presentation must not imply or refer to infertility.
63	Maintain/support sperm health	Scientific	Product presentation must not imply or refer to infertility.
64	Maintain/support sperm motility	Scientific	Product presentation must not imply or refer to infertility.
65	Maintain/support sperm production	Scientific	Product presentation must not imply or refer to infertility.
66	Maintain/support testosterone level	Scientific	
67	Maintain/support uterine health	Scientific or Traditional	
68	Maintain/support vaginal health	Scientific or Traditional	
69	Maintain/support vaginal healthy flora/microflora	Scientific	
70	Maintain/support/regulate healthy menstrual cycle	Scientific or Traditional	
71	Maintains/support healthy foetal CNS/brain development	Scientific	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
72	Maintains/support healthy foetal development	Scientific	Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
73	Male tonic	Traditional	
74	Ovarian tonic	Traditional	Product presentation must not imply or refer to ovarian

			disease.
75	Post partum tonic	Scientific or Traditional	Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
76	Relieves mid-cycle menstrual pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
77	Soothes/relieves sore, cracked nipples	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
78	Uterine tonic/Enhance uterine health	Traditional	

**Table 11 – Indications relating to the respiratory system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Antitussive/cough suppressant	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
2	Decongestant/relieve nasal congestion	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
3	Decrease/reduce excess chest phlegm	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
4	Decrease/reduce excess mucous	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD,

**Schedule 1****Tables 1-15 Part 2**

			COPD, influenza.
5	Decrease/reduce/relieve bronchial mucous congestion	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
6	Decrease/reduce/relieve chills associated with common cold	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
7	Decrease/reduce/relieve common cold duration	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
8	Decrease/reduce/relieve cough	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
9	Decrease/reduce/relieve itchy throat	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
10	Decrease/reduce/relieve mild bronchial cough	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as:

**Schedule 1**Tables 1-15 **Part 2**

			asthma, pneumonia, COAD, COPD, influenza.  Product presentation must only refer to mild bronchitis.
11	Decrease/reduce/relieve mild bronchial irritation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Product presentation must only refer to mild bronchitis.
12	Decrease/reduce/relieve mild throat inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
13	Decrease/reduce/relieve mild upper respiratory tract congestion	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Respiratory tract infections must be qualified by 'mild'.
14	Decrease/reduce/relieve sneezing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
15	Decrease/reduce/relieve snoring	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
16	Decrease/reduce/relieve symptoms of common cold	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD,

**Schedule 1**Tables 1-15 **Part 2**

			COPD, influenza.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
17	Decrease/reduce/relieve symptoms of common colds and flu	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
18	Decrease/reduce/relieve symptoms of head cold	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
19	Decrease/reduce/relieve symptoms of laryngitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
20	Decrease/reduce/relieve symptoms of mild throat infection	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious infections.
21	Decrease/reduce/relieve symptoms of mild tonsillitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild tonsillitis.
22	Decrease/reduce/relieve symptoms of sinusitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

**Schedule 1**Tables 1-15 **Part 2**

23	Decrease/reduce/relieve the severity of common cold symptoms	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
24	Decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Respiratory tract infections must be qualified by 'mild'.
25	Decrease/reduce/relieve thirstiness associated with common cold	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
26	Decrease/reduce/relieve throat irritation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
27	Decrease/reduce/relieve throat mucous membrane irritation/inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
28	Enhance/improve/promote/increase cough productivity	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
29	Expectorant/clear respiratory tract mucous	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Schedule 1**Tables 1-15 **Part 2**

			Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
30	Help reduce occurrence of symptoms of tonsillitis	Scientific or Traditional	Label statement: If symptoms persist, worsen or episodes become more frequent talk to your medical practitioner.
31	Helps decrease/reduce/relieve mild swelling of the glands associated with common cold	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Product presentation must only refer to mild gland swelling.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
32	Helps decrease/reduce/relieve nasal itching	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
33	Helps decrease/reduce/relieve the severity of symptoms of common colds and flu	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.
34	Helps enhance/improve nose breathing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as:

**Schedule 1**Tables 1-15 **Part 2**

			asthma, pneumonia, COAD, COPD, influenza.
35	Helps reduce occurrence of common colds	Scientific or Traditional	
36	Helps reduce occurrence of symptoms of upper respiratory tract infections	Scientific or Traditional	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  Label statement: If symptoms persist, talk to your health professional.
37	Helps soothe respiratory tract	Scientific or Traditional	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
38	Loosen chest phlegm	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
39	Loosen respiratory tract mucous	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
40	Lung tonic/Enhance lung health	Traditional	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
41	Maintain/support healthy mucous membranes/mucous tissue of the respiratory tract	Scientific or Traditional	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
42	Maintain/support lung health	Scientific or	Product presentation must not imply or refer to serious



**Schedule 1****Tables 1-15 Part 2**

		Traditional	forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
43	Reduce duration of symptoms of laryngitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
44	Reduce duration of symptoms of mild tonsillitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious infections.
45	Reduce the severity of symptoms of laryngitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
46	Relieve dry throat	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
47	Relieve dry unproductive cough	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
48	Relieve hoarseness of voice	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
49	Relieve itchy throat	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
50	Relieve loss of voice	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
51	Relieve runny/dripping nose	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
52	Relieve symptoms of mild upper respiratory tract infections	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
53	Relieve symptoms of sore throat/pharyngitis	Scientific or	Label statement: If symptoms persist, talk to

		Traditional	your health professional.
54	Relieves dry nose	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
55	Soothe respiratory tract mucous membranes/mucous tissue	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
56	Soothe/calm the chest	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
57	Unblock/clear nasal passages	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.

**Table 12 – Indications relating to skin**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aids/assists healing of minor skin pressure sores (decubitus ulcers/bedsores)	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
2	Antimicrobial for minor cuts and abrasions	Scientific or Traditional	Product presentation must not imply or refer to serious infections.
3	Antipruritic/Relieves itchy skin	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
4	Antiseptic for minor cuts and abrasions	Scientific or Traditional	Product presentation must not imply or refer to serious infections.
5	Can aid in the prevention of premature skin ageing (sunscreen)	Scientific	Indication for use in sunscreen products only.
6	Can aid in the prevention of solar keratosis (sunscreen)	Scientific	Indication can only be used for sunscreen products with an SPF rating of 30 or higher.
7	Can aid in the prevention of sunspots (sunscreen)	Scientific	Indication can only be used for sunscreen products with an SPF rating of 30 or higher.

**Schedule 1****Tables 1-15 Part 2**

8	Cleanse minor skin wound/cuts/scratches/abrasions	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
9	Counterirritant	Traditional	
10	Decrease/reduce skin sensitivity	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
11	Decrease/reduce/relieve burning/tingling associated with facial cold sores	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
12	Decrease/reduce/relieve blisters	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
13	Decrease/reduce/relieve bruise pain	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
14	Decrease/reduce/relieve bruise swelling	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
15	Decrease/reduce/relieve congested skin pores	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
16	Decrease/reduce/relieve itchy/prickling skin associated with mild eczema/dermatitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild eczema.
17	Decrease/reduce/relieve numbness associated with chilblains	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
18	Decrease/reduce/relieve oily skin	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
19	Decrease/reduce/relieve pimples	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
20	Decrease/reduce/relieve prickling sensation associated with chilblains	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
21	Decrease/reduce/relieve prickly heat skin rash	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
22	Decrease/reduce/relieve scalp flaking/scaling	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
23	Decrease/reduce/relieve scalp itching/irritation/redness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
24	Decrease/reduce/relieve skin burning/itching associated with athlete's foot/tinea	Scientific or	Label statement: If symptoms persist, talk to

		Traditional	your health professional.
25	Decrease/reduce/relieve skin chafing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
26	Decrease/reduce/relieve skin dryness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
27	Decrease/reduce/relieve skin irritation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
28	Decrease/reduce/relieve skin peeling/cracking	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
29	Decrease/reduce/relieve skin redness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
30	Decrease/reduce/relieve skin scaling/crusty skin	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
31	Decrease/reduce/relieve symptoms of acne blackheads	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
32	Decrease/reduce/relieve symptoms of athlete's foot/tinea	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
33	Decrease/reduce/relieve symptoms of boils	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
34	Decrease/reduce/relieve symptoms of chickenpox	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
35	Decrease/reduce/relieve symptoms of chilblains	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
36	Decrease/reduce/relieve symptoms of cradle cap	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
37	Decrease/reduce/relieve symptoms of dandruff	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
38	Decrease/reduce/relieve symptoms of facial cold sores	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
39	Decrease/reduce/relieve symptoms of insect bite/sting	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
40	Decrease/reduce/relieve symptoms of medically diagnosed shingles	Scientific or Traditional	Label statement: If symptoms persist or worsen talk to your medical practitioner.

			Product presentation must only refer to medically diagnosed shingles.
41	Decrease/reduce/relieve symptoms of mild eczema/dermatitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild eczema.
42	Decrease/reduce/relieve symptoms of mild psoriasis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild psoriasis
43	Decrease/reduce/relieve symptoms of mild, superficial skin fungal infections	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.  Product presentation must only refer to mild fungal infection.
44	Decrease/reduce/relieve symptoms of nappy rash	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
45	Enhance/improve healing of minor skin wound/cuts/scratches/abrasions	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
46	Enhance/improve healthy skin flora	Scientific or Traditional	
47	Enhance/improve/promote healing of bruises	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
48	Enhance/improve/promote healing of facial cold sores	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
49	Enhance/improve/promote skin healing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
50	Enhance/improve/promote skin repair/healing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
51	Helps decrease/reduce/relieve swelling associated with chilblains	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
52	Helps decrease/reduce/relieve symptoms of minor skin wounds (cuts, scratches and abrasions)	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
53	Helps enhance/improve skin elasticity	Scientific	
54	Helps enhance/improve skin internal structure	Scientific or	

		Traditional	
55	Helps enhance/improve skin strength	Scientific or Traditional	
56	Helps enhance/improve/promote/increase skin firmness	Scientific or Traditional	
57	Helps enhance/improve/promote/increase skin hydration	Scientific or Traditional	
58	Helps enhance/promote skin health	Scientific or Traditional	
59	Helps enhance/promote skin regeneration	Scientific or Traditional	
60	Helps healing of mild skin burn/sunburns	Scientific or Traditional	<p>If product is indicated for skin burn, Label statement: Immediate treatment of burns should be application of cold water for ten minutes (or words to that effect).</p> <p>If product is indicated for skin burn, Label statement: Only to be used for minor burns after initial first aid treatment, medical advice should be sought for serious burns.</p> <p>Product presentation must only refer to 'mild' burns.</p>
61	Helps improve appearance of skin stretch marks	Scientific or Traditional	
62	Helps maintain/support skin pH balance	Scientific	Label statement: If symptoms persist, talk to your health professional.
63	Helps protect skin elastin from breaking down	Scientific	
64	Helps reduce occurrence of blackheads	Scientific or Traditional	
65	Helps reduce occurrence of congested skin pores	Scientific or Traditional	
66	Helps reduce occurrence of facial cold sores	Scientific or Traditional	
67	Helps reduce occurrence of nappy rash	Scientific or Traditional	

68	Helps reduce occurrence of pimples	Scientific or Traditional	
69	Helps reduce occurrence of skin dryness	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
70	Helps reduce occurrence of skin pressure sores/bedsores	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
71	Helps reduce occurrence of skin scar tissue	Scientific or Traditional	
72	Helps reduce occurrence of skin stretch marks	Scientific or Traditional	
73	Helps reduce occurrence of symptoms of acne	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
74	Helps reduce occurrence of symptoms of dandruff	Scientific or Traditional	
75	Helps reduce occurrence of symptoms of eczema/dermatitis	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
76	Helps reduce/relieve warts	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
77	Maintain/support healthy skin flora	Scientific or Traditional	
78	Maintain/support skin elasticity	Scientific or Traditional	
79	Maintain/support skin firmness	Scientific or Traditional	
80	Maintain/support skin health	Scientific or Traditional	
81	Maintain/support skin hydration	Scientific or Traditional	
82	Maintain/support skin integrity/structure	Scientific or Traditional	
83	Maintain/support skin regeneration	Scientific or Traditional	
84	Maintain/support skin repair/healing/regeneration	Scientific or Traditional	

**Schedule 1****Tables 1-15 Part 2**

85	Maintain/support wound healing	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
86	May assist in preventing some skin cancers (sunscreen)	Scientific	Indication can only be used for sunscreen products with an SPF rating of 30 or higher.
87	May reduce the risk of some skin cancers (sunscreen)	Scientific	Indication can only be used for sunscreen products with an SPF rating of 30 or higher.
88	Reduce occurrence of skin chaffing	Scientific or Traditional	
89	Reduce scar tissue	Scientific or Traditional	
90	Relieve hot skin	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
91	Relieve minor skin eruptions	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
92	Relieve red skin rash	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
93	Relieve symptoms of acne	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
94	Soothe skin	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
95	Soothe/relieve mild skin burn/sunburns	Scientific or Traditional	<p>If product is indicated for skin burn, Label statement: Immediate treatment of burns should be application of cold water for ten minutes (or words to that effect).</p> <p>If product is indicated for skin burn, Label statement: Only to be used for minor burns after initial first aid treatment, medical advice should be sought for serious burns.</p> <p>Product presentation must only refer to 'mild' burns.</p>
96	Soothe/relieve skin inflammation	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
97	Soothes/relieves heat rash	Scientific	Label statement: If



**Schedule 1****Tables 1-15 Part 2**

		or Traditional	symptoms persist, talk to your health professional.
98	SPF 10 Broad spectrum low protection sunscreen	Scientific	Indication for use in sunscreen products only.
99	SPF 15 Broad spectrum medium/moderate protection sunscreen	Scientific	Indication for use in sunscreen products only.
100	SPF 20 Broad spectrum medium/moderate protection sunscreen	Scientific	Indication for use in sunscreen products only.
101	SPF 25 Broad spectrum medium/moderate protection sunscreen	Scientific	Indication for use in sunscreen products only.
102	SPF 30 Broad spectrum high protection sunscreen	Scientific	Indication for use in sunscreen products only.
103	SPF 4 Broad spectrum low protection sunscreen	Scientific	Indication for use in sunscreen products only.
104	SPF 40 Broad spectrum high protection sunscreen	Scientific	Indication for use in sunscreen products only.
105	SPF 50 Broad spectrum high protection sunscreen	Scientific	Indication for use in sunscreen products only.
106	SPF 50 PLUS Broad spectrum very high protection sunscreen	Scientific	Indication for use in sunscreen products only.
107	SPF 6 Broad spectrum low protection sunscreen	Scientific	Indication for use in sunscreen products only.
108	SPF 8 Broad spectrum low protection sunscreen	Scientific	Indication for use in sunscreen products only.
109	Vulnerary/wound healing	Traditional	Label statement: If symptoms persist, talk to your health professional.

**Table 13 – Indications relating to the urinary system**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Aid/assist flushing of the urinary tract	Scientific or Traditional	
2	Bladder tonic/Enhance bladder health	Traditional	
3	Decrease/reduce symptoms of medically diagnosed cystitis by reducing urinary PH	Scientific or Traditional	Label statement: If pain or irritation persists for more than 48 hours, consult your doctor. The presence of blood in the urine warrants immediate medical attention (or words to that effect).  Product presentation must only refer to medically diagnosed cystitis.

**Schedule 1****Tables 1-15 Part 2**

4	Decrease/reduce urinary odour	Scientific or Traditional	Product presentation must not imply or refer to serious infections.
5	Enhance/promote/increase urine output	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
6	Helps decrease/reduce/relieve burning sensation/irritation upon urination associated with medically diagnosed cystitis	Scientific or Traditional	Label statement: If pain or irritation persists for more than 48 hours, consult your doctor. The presence of blood in the urine warrants immediate medical attention (or words to that effect).  Product presentation must only refer to medically diagnosed cystitis.
7	Helps decrease/reduce/relieve symptoms of medically diagnosed cystitis	Scientific or Traditional	Label statement: If pain or irritation persists for more than 48 hours, consult your doctor. The presence of blood in the urine warrants immediate medical attention (or words to that effect).  Product presentation must only refer to medically diagnosed cystitis.
8	Helps enhance/promote bladder health	Scientific or Traditional	
9	Helps enhance/promote healthy urogenital flora	Scientific or Traditional	
10	Helps reduce occurrence of medically diagnosed cystitis	Scientific or Traditional	Label statement: If pain or irritation persists for more than 48 hours, consult your doctor. The presence of blood in the urine warrants immediate medical attention (or words to that effect).  Product presentation must only refer to medically diagnosed cystitis.
11	Kidney Tonic	Traditional	Product presentation must not imply or refer to kidney disease.
12	Maintain/support bladder health	Scientific or Traditional	
13	Maintain/support healthy bladder function	Scientific or Traditional	

Specified permissible indications and requirements applying to these indications when contained in a medicine

**Schedule 1**

**Tables 1-15 Part 2**

14	Maintain/support healthy urine output	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
15	Maintain/support healthy urogenital flora	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
16	Maintain/support kidney function	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
17	Maintain/support kidney health	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
18	Maintain/support urinary tract function	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
19	Maintain/support urinary tract health	Scientific or Traditional	
20	Maintain/support urogenital health	Scientific or Traditional	Product presentation must not imply or refer to kidney disease.
21	Relieve urinary frequency	Scientific or Traditional	Label statement: If symptoms persist, talk to your health professional.
22	Renal tonic/Enhance bladder health	Traditional	Product presentation must not imply or refer to disease in any body organ.
23	Urinary alkaliser	Scientific or Traditional	

**Table 14 – Traditional Chinese medicine indications**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	activate meridians/channels	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
2	allay excitement	Traditional Chinese medicine	Product presentation must not imply or refer to mental illnesses, disorders or conditions.  If TCM terminology is used on medicine label, label

**Schedule 1**Tables 1-15 **Part 2**

			statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
3	balance yin and yang	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
4	calm/soothe/nourish the liver	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
5	calm/soothe/nourish/balance spirit	Traditional Chinese medicine	Product presentation must not imply or refer to mental illnesses, disorders or conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
6	calm/stabilise/settle/regulate shen	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
7	clear/cool/drain/purge/asthenic-heat/deficiency-heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

**Schedule 1****Tables 1-15 Part 2**

8	clear/dispel/transform body fluid	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to serious cardiovascular conditions.
9	clear/disperse/expel/dissipate/cool blood-heat	Traditional Chinese medicine	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to mental illnesses, disorders or conditions.
10	clear/drain heat in the gall bladder	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.
11	clear/dry/drain/eliminate/resolve dampness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
12	clear/expel and resolve heat-phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
13	clear/expel damp-heat from the bladder	Traditional Chinese	If TCM terminology is used on medicine label, label

**Schedule 1****Tables 1-15 Part 2**

		medicine	statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
14	clear/expel damp-heat from the gallbladder	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
15	clear/expel damp-heat from the large intestine	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.
16	clear/expel damp-heat from the liver	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
17	clear/expel damp-heat from the spleen	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.

**Schedule 1****Tables 1-15 Part 2**

18	clear/expel dampness to resolve/eliminate the phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
19	clear/expel heat in small intestine	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.
20	clear/expel muscle heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
21	clear/expel phlegm-stasis obstructing the collaterals	Traditional Chinese medicine	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
22	clear/expel stagnant heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.  Product presentation must

**Schedule 1**Tables 1-15 **Part 2**

			not imply or refer to mental illnesses, disorders or conditions.
23	clear/expel stomach-heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
24	clear/expel wind-cold-dampness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
25	clear/expel/dissipate stomach-coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
26	clear/expel/dissolve/resolve phlegm	Traditional Chinese medicine	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
27	clear/expel/dissolve/resolve/dissipate cold-phlegm	Traditional Chinese medicine	Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.



**Schedule 1**Tables 1-15 **Part 2**

28	cool the blood aspect/stratum	Traditional Chinese medicine	Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
29	descend/subdue/regulate/constrain liver-yang	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
30	dispel/expel/disperse/clear cold-dampness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
31	dispel/expel/disperse/clear external/exogenous coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
32	dispel/expel/disperse/clear external/exogenous heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
33	dispel/expel/disperse/clear external/exogenous wind	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
34	dispel/expel/disperse/clear fire	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM

			practitioner/health professional if you are unsure if this medicine is right for you.
35	dispel/expel/disperse/clear internal/endogenous heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
36	dispel/expel/disperse/clear stagnated blood/blood-stasis	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to cardiovascular or renal conditions.
37	dispel/expel/extinguish/disperse/clear exogenous wind	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
38	dispel/expel/extinguish/disperse/clear exogenous wind-phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
39	dispel/expel/extinguish/disperse/clear lung-heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.
40	dispel/expel/extinguish/disperse/clear stomach-dampness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health

**Schedule 1**Tables 1-15 **Part 2**

			professional if you are unsure if this medicine is right for you.
41	dispel/expel/extinguish/disperse/clear wind-coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
42	dispel/expel/extinguish/disperse/clear wind-dampness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
43	dispel/expel/extinguish/disperse/clear wind-heat	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
44	disseminate/diffuse lungs/lung-qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
45	dissipate coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
46	dissipate retained-fluid/water	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to cardiovascular or renal conditions.
47	eliminate/reduce/remove/resolve/dissipate blood-stasis	Traditional	Product presentation must

**Schedule 1****Tables 1-15 Part 2**

		Chinese medicine	not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
48	engender fluid	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
49	enhance generation/transformation of nutritive-qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to kidney disease.
50	enrich/nourish/tonify/fortify/strengthen kidneys	Traditional Chinese medicine	Product presentation must not imply or refer to kidney disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
51	generating/engendering blood	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
52	harmonise intestines	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label

**Schedule 1**Tables 1-15 **Part 2**

			statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
53	harmonise the middle-burner (spleen and stomach)	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
54	harmonise/soothe the stomach	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
55	increase/augment protective-qi/wei-qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
56	increase/augment/generate/promote/ strengthen qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
57	invigorate/activate blood	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to serious cardiovascular conditions.
58	invigorate/nourish/tonify/strengthen/ replenish heart-qi	Traditional Chinese medicine	Product presentation must not imply or refer to heart disease.

**Schedule 1**Tables 1-15 **Part 2**

			If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
59	moisten and nourish the large intestine	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
60	moisten dryness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
61	moisten lungs	Traditional Chinese medicine	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
62	moisten the intestines	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
63	moisten the triple-burner/triple-energiser/san-jiao	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is

			right for you.
64	move/activate/dissipate stagnant qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
65	nourish yin/yin element/stratum	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
66	nourish/tonify/replenish kidney-yin	Traditional Chinese medicine	Product presentation must not imply or refer to kidney disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
67	nourish/tonify/replenish strengthen liver-blood	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
68	nourish/tonify/replenish/enrich/strengthen liver-yin	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
69	nourish/tonify/warm/boost/invigorate/ strengthen kidney-	Traditional	Product presentation must

**Schedule 1**

**Tables 1-15 Part 2**

	essence/kidney-jing	Chinese medicine	<p>not imply or refer to kidney disease.</p> <p>If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.</p>
70	open/relax bowels	Traditional Chinese medicine	<p>Label statement: If symptoms persist, talk to your health professional.</p> <p>Label statement: Drink plenty of water (or words to that effect).</p> <p>Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.</p> <p>Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).</p> <p>Product presentation must not refer to or imply weight loss.</p>
71	promote digestion and remove food stagnation	Traditional Chinese medicine	<p>If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.</p>
72	promote flow of blood	Traditional Chinese medicine	<p>If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Product presentation must not imply or refer to serious cardiovascular conditions.</p>
73	promote qi transformation	Traditional	<p>If TCM terminology is used</p>



**Schedule 1****Tables 1-15 Part 2**

		Chinese medicine	on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
74	promote spleen-qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
75	promote water metabolism	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
76	regulate chong-channel/thoroughfare meridian	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
77	regulate qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
78	regulate ren-channel/conception meridian	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
79	regulate spleen	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

**Schedule 1****Tables 1-15 Part 2**

80	regulate stomach qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
81	regulate/soothe/smooth/disperse the flow of liver-qi/liver	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
82	release exterior	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
83	release exterior/exogenous wind-coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
84	relieve symptoms of aversion to coldness	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
85	relieve symptoms of aversion to wind	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
86	remove heat toxin	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are

**Schedule 1****Tables 1-15 Part 2**

			<p>unsure if this medicine is right for you.</p> <p>Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.</p> <p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p>
87	replenish/nourish body-fluid	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
88	replenish/nourish/enrich essence	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
89	resolve dampness-phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
90	resolve liver-stasis	Traditional Chinese medicine	<p>Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.</p> <p>If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.</p>
91	resolve spleen weakness	Traditional Chinese medicine	<p>Product presentation must not imply or refer to disease in any body organ.</p> <p>If TCM terminology is used on medicine label, label statement: Talk to a TCM</p>

			practitioner/health professional if you are unsure if this medicine is right for you.
92	settle fright	Traditional Chinese medicine	Product presentation must not imply or refer to mental illnesses, disorders or conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
93	soften hardness to resolve phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to disease in any body organ.
94	soothe liver qi	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
95	soothe/descend qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
96	soothe/descend the arisen stomach-qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is

			right for you.
97	stabilise exterior	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
98	stimulate yang functions of liver	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
99	subdue excessive yang	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
100	support protective qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
101	tonify/nourish/strengthen/replenish blood	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
102	tonify/nourish/strengthen/replenish heart qi	Traditional Chinese medicine	Product presentation must not imply or refer to heart disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is

			right for you.
103	tonify/nourish/strengthen/replenish heart-yang	Traditional Chinese medicine	Product presentation must not imply or refer to heart disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
104	tonify/nourish/strengthen/replenish heart-yin	Traditional Chinese medicine	Product presentation must not imply or refer to heart disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
105	tonify/nourish/strengthen/replenish kidneys/kidney-qi	Traditional Chinese medicine	Product presentation must not imply or refer to kidney disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
106	tonify/nourish/strengthen/replenish large intestine-qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
107	tonify/nourish/strengthen/replenish lungs	Traditional Chinese medicine	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health

**Schedule 1**Tables 1-15 **Part 2**

			professional if you are unsure if this medicine is right for you.
108	tonify/nourish/strengthen/replenish lung-yin	Traditional Chinese medicine	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
109	tonify/nourish/strengthen/replenish qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
110	tonify/nourish/strengthen/replenish shen	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
111	tonify/nourish/strengthen/replenish spleen-blood	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to serious cardiovascular conditions.
112	tonify/nourish/strengthen/replenish spleen-qi	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
113	tonify/nourish/strengthen/replenish spleen-yang	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.

**Schedule 1****Tables 1-15 Part 2**

			If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
114	tonify/nourish/strengthen/replenish stomach-yin	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
115	tonify/nourish/strengthen/replenish superficial stratum	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
116	tonify/nourish/strengthen/replenish the gate of vitality	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
117	tonify/nourish/strengthen/replenish yang	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
118	tonify/nourish/strengthen/replenish/ fortify lungs/lung-qi	Traditional Chinese medicine	Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
119	tonify/nourish/strengthen/replenish/ fortify/invigorate spleen	Traditional Chinese	Product presentation must not imply or refer to disease



		medicine	in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
120	tonify/nourish/strengthen/replenish/ invigorate heart-blood	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
121	tonify/nourish/strengthen/replenish/invigorate/enrich/liver/liver-qi	Traditional Chinese medicine	Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
122	unblock/open channels/meridians	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
123	unblock/open collaterals	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
124	upraise/lift the sunken middle-qi	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
125	warm and invigorate blood circulation	Traditional Chinese medicine	Product presentation must not imply or refer to serious cardiovascular conditions.

			If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
126	warm and nourish spleen	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
127	warm and nourish uterus	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
128	warm and nourish yang	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
129	warm and nourish/strengthen/tonify/enrich kidneys/kidney-yang	Traditional Chinese medicine	Product presentation must not imply or refer to kidney disease.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
130	warm and nourish/strengthen stomach	Traditional Chinese medicine	Product presentation must not imply or refer to disease in any body organ.  If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health

Specified permissible indications and requirements applying to these indications when contained in a medicine

**Schedule 1**

**Tables 1-15 Part 2**

			professional if you are unsure if this medicine is right for you.
131	warm to resolve cold-phlegm	Traditional Chinese medicine	If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

**Table 15 – Traditional Ayurvedic medicine indications**

<b>Column 1</b>	<b>Column 2 Indication</b>	<b>Column 3 Type of evidence</b>	<b>Column 4 Other requirements</b>
1	Ama hara/breakdown undigested substances	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
2	Anaha hara/anti flatulent	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
3	Anala mandya hara/increase in appetite	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
4	Asraghnam/purifies blood	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Product presentation must not imply or refer to drugs/alcohol.

			Product presentation must only refer to detoxification in relation to natural body processes.
5	Asrajit/blood detoxification	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p>
6	Asrakhara/purifies blood	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Product presentation must only refer to detoxification in relation to natural body processes.</p> <p>Product presentation must not imply or refer to drugs/alcohol.</p>
7	Asthiyuk/helps bone healing	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p>
8	Asya roga hara/relieve oral complaints	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Label statement: If symptoms persist, talk to your health professional.</p>
9	Atisara hara/ease diarrhoea	Traditional	If Ayurvedic terminology is

**Schedule 1****Tables 1-15 Part 2**

		Ayurvedic medicine	used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.  Label statement: Seek medical advice if diarrhoea persists for more than: 6 hours in infants under 6 months, 12 hours in children under 3 years, 24 hours in children aged 3 to 6 years or 48 hours in adults and children over 6 years (or words to that effect).
10	Balakari/energises	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
11	Balance aggravated Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
12	Balance Kapha	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
13	Balance Pitta	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
14	Balance Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

**Schedule 1****Tables 1-15 Part 2**

15	Balya/improve body strength	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
16	Balyam/increase energy utilisation	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
17	Brimhana increase body mass and nourishing to the body	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
18	Chakshushya/promote eye health	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
19	Daha/pacify burning sensations	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
20	Dantya/promote dental health	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
21	Deepan/enhances digestive fire and absorption	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
22	Guda Krimi hara/assists to expel thread worms	Traditional Ayurvedic	If Ayurvedic terminology is used on medicine label, label

**Schedule 1****Tables 1-15 Part 2**

		medicine	statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.  Product presentation must not imply or refer to other worms e.g. roundworm, tapeworm, hookworm.
23	Guru & Sangrahi/body nourishment and energy	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
24	Help regulate Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
25	Hridya/supports heart health	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
26	Increases Kapha	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
27	Increases Pitta	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
28	Increases Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

**Schedule 1**

**Tables 1-15 Part 2**

29	Kandu hara/relieves itching	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
30	Kapha & Vata roga/relieve Kapaha & Vata disturbance	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
31	Karna Roga hara/support ear health	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
32	Kasa hara/relieve cough	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
33	Katu poushtika/pungent nourisher	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
34	Krimighna (anthelmintic)/assists to expel thread worms	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.  Product presentation must



			not imply or refer to other worms e.g. roundworm, tapeworm, hookworm.
35	Kshatapaha/tissue healing	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
36	Kushta hara/improves skin ailments	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
37	Medha hita/promotes mental clarity, intelligence, wisdom, and prudence	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
38	Medhya/brain tonic/improve memory and cognition	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
39	Pachana/increases assimilation of nutrients	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
40	Pacifies Kapha	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
41	Pacifies Pitta	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is

			right for you.
42	Pacifies Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
43	Pathyam/body nourishment	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
44	Peenasa hara/relieve symptoms of cold	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.  Label statement: If symptoms persist, talk to your health professional.
45	Pushti Ruchi prada/enhances taste and nourishment	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
46	Rasayan/rejuvenative tonic	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
47	Rechani/expectorant	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
48	Relieve aggravated Vata	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a

**Schedule 1****Tables 1-15 Part 2**

			Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
49	Ruchya/increases taste perception and digestion	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
50	Ruchyam/enhances taste	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
51	Santarpanam/Nourishes the body	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
52	Shleshma praseki/liquefies Kapha/soothes sinusitis symptoms	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
53	Shotha hara/anti-inflammatory properties	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
54	Shukrala/aphrodisiac/enhance sexual vitality	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
55	Shula hara/relieve pain	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are

**Schedule 1****Tables 1-15 Part 2**

			<p>unsure if this medicine is right for you.</p> <p>Label statement: If symptoms persist, talk to your health professional.</p>
56	Shwasa hara/support lung health	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p>
57	Stanya/lactagogue/supports breast milk production	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.</p>
58	Sthaulya hara/assists excess weight reduction	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.</p>
59	Trishna hara/relieves thirst from common cold	Traditional Ayurvedic medicine	<p>If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.</p> <p>Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice.</p> <p>Label statement: If symptoms persist, talk to your health professional.</p>
60	Twachya/enhances skin quality	Traditional Ayurvedic	<p>If Ayurvedic terminology is used on medicine label, label</p>

		medicine	statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
61	Twak dosha hara/relieves skin ailments	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.
62	Twak roga hara/supports skin health	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
63	Varnya/improves skin	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
64	Vipachini/aids digestion	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
65	Visha hara/Reduces toxins	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
66	Vrana/vulnerary/promotes wound healing	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  Label statement: If symptoms persist, talk to your health professional.

Specified permissible indications and requirements applying to these indications when contained in a medicine

**Schedule 1**

**Tables 1-15 Part 2**

67	Vrishya/aphrodisiac/Increase in virility	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
68	Yakrit uttejana/promote healthy liver function	Traditional Ayurvedic medicine	If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

**Schedule 2 – Repeals**

(Section 6)

***Therapeutic Goods (Permissible Indications) Determination No.1 of 2018***

**1. The whole of the instrument**

Repeal the instrument