



Therapeutic Goods (Permissible Ingredients) Determination (No. 1) 2019

This instrument is in 6 volumes:

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Schedule 1—Specified permissible ingredients and requirements applying to these ingredients when contained in a medicine

Note: See sections 5 and 6.

Permissible ingredients and requirements			
Column 1	Column 2	Column 3	Column 4
Item	Ingredient name	Purpose	Specific requirements
5026	UBIDECARENONE	A, E	<p>When used as an excipient, the route of administration must be topical and the concentration in the medicine must not be more than 0.05%.</p> <p>Not to be included in medicines intended for use in the eye.</p> <p>When for internal use, the maximum recommended daily dose must not provide more than 300 milligrams of ubidecarenone.</p> <p>When for internal use in combination with Ubiquinol-10, the maximum recommended daily dose must not provide more than 300 milligrams of ubiquinol-10 and ubidecarenone combined.</p> <p>When for internal use, the following warning statement is required on the medicine label:</p> <p>- (WARF) 'Do not take while on warfarin therapy without medical advice'.</p>
5027	UBIQUINOL-10	A, E	<p>When used as an excipient, the route of administration must be topical and the concentration in the medicine must be no more</p>

			than 0.05%.
			Not to be included in medicines intended for use in the eye.
			When for internal use, the maximum recommended daily dose must provide no more than 300 milligrams of ubiquinol-10.
			When used in combination with ubidecarenone, the maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10 and ubidecarenone combined.
			The medicine requires the following warning statement on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice.'
5028	ULEX EUROPAEUS	A, H	
5029	ULMUS AMERICANA	A, H	
5030	ULMUS CAMPESTRIS	A, H	
5031	ULMUS GLABRA	A, H	
5032	ULMUS PARVIFOLIA	A, H	
5033	ULMUS PROCERA	A, H	
5034	ULMUS PUMILA	A, H	
5035	ULMUS RUBRA	A, H	
5036	ULTRALIDE	E	Permitted for use only in combination with other permitted ingredients as a fragrance. If used in a fragrance the total

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			fragrance concentration in a medicine must be no more than 1%.
5037	ULTRAMARINE BLUE	E	Permitted for use only as a colour for topical use.
5038	ULVA LACTUCA	A, H	Iodine is a mandatory component of Ulva lactuca. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 0.1%.
5039	UMBELLULARIA CALIFORNICA	A, H	
5040	UNCARIA GAMBIR	A, H	
5041	UNCARIA RHYNCOPHYLLA	A, H	
5042	UNCARIA SINENSIS	A, H	
5043	UNCARIA TOMENTOSA	A, H	
5044	UNDARIA PINNATIFIDA	A, H	Whole dried Undaria pinnatifida must not contain the holdfast. Only for use in oral medicines.
5045	UNDECANAL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total

			flavour concentration in a medicine must be no more than 5%.
			If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5046	UNDECANOIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used as a flavour the total flavour concentration in a medicine must be no more than 5%.
5047	UNDECENOIC ACID	E	
5048	UNDECYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
			If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5049	UNDECYLCRYLENE DIMETICONE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye.
			The concentration in the medicine must be no more than 10%.

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5050	UNDECYLENAMIDE DEA	E	
5051	UNDECYLENOYL PEG-5 PARABEN	E	Only for use in topical medicines for dermal application.
5052	URANIUM NITRATE	H	Only for use as an active homoeopathic ingredient.
5053	UREA	A, E, H	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 10% (w/w).
5054	URTICA DIOICA	A, E, H	
5055	URTICA URENS	A, H	
5056	USNEA BARBATA	A, H	
5057	UVA URSI LEAF DRY	A, H	
5058	UVA URSI LEAF POWDER	A, E, H	
5059	VA/BUTYL MALEATE/ISOBORNYL ACRYLATE COPOLYMER	E	Vinyl acetate is a mandatory component of VA/butyl maleate/isobornyl acrylate copolymer. The concentration of vinyl acetate in the medicine must be no more than 0.01% or 100 ppm. Only for use in topical medicines for dermal application and not to be included in medicines intended

			for use in the eye.
			The concentration in the medicine must be no more than 5%.
5060	VACCARIA SEGATALIS	A, H	
5061	VACCINIUM BRACTEATUM	A, H	
5062	VACCINIUM CORYMBOSUM	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5063	VACCINIUM MACROCARPON	A, E, H	
5064	VACCINIUM MYRTILLOIDES	A, H	
5065	VACCINIUM MYRTILLUS	A, E, H	
5066	VACCINIUM OXYCOCCUS	A, H	
5067	VACCINIUM VITIS-IDAEA	A, H	Arbutin is a mandatory component of Vaccinium vitis- idaea. The concentration of arbutin in the medicine must be no more than 25 mg/Kg or 25mg /L or 0.0025 % unless used on the hair. When for use on hair, the concentration of arbutin in the medicine must be no more than 0.74 %.
5068	VALENCENE	E	Permitted for use only in combination with other

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			permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5069	VALERALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5070	VALERIAN DRY	A, H	
5071	VALERIAN OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5072	VALERIAN POWDER	A, H	
5073	VALERIANA EDULIS	A, H	
5074	VALERIANA OFFICINALIS	A, H	
5075	VALERIANA SORBIFOLIA	A, H	
5076	VALERIC ACID	E	Permitted for use only in combination with other permitted ingredients as a

			flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5077	VALINE	A, E	
5078	VANADIUM	H	
5079	VANILLA	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5080	VANILLA DRY	A, E, H	
5081	VANILLA EXTRACT	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5082	VANILLA OLEORESIN	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than

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5%.			
5083	VANILLA PLANIFOLIA	A, E, H	
5084	VANILLA POWDER	A, E, H	
5085	VANILLA TAHITENSIS	A, H	
5086	VANILLIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5087	VANILLIN	E	
5088	VANILLIN ISOBUTYRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5089	VANILLYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

5090	VAT RED 1	E	Permitted for use only as a colour for topical use.
5091	VAT RED 1 ALUMINIUM LAKE	E	Permitted for use only as a colour for topical use.
5092	VAT RED 5	E	Permitted for use only as a colour for topical use.
5093	VEGETABLE OIL	E	
5094	VEGETABLE OIL PHYTOSTEROL ESTERS	A	Only for use in oral medicines. The medicine requires the following warning statement on the medicine label: - (PREGNT) 'Not recommended for use by pregnant and lactating women (or words to that effect).'
5095	VEIN	H	Only for use as an active homoeopathic ingredient.
5096	VERATRALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.

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5097	VERATROL	E	Permitted for use only in combination with other permitted ingredients as part of a fragrance proprietary excipient formulation. The total fragrance proprietary excipient formulation in a medicine must be no more than 1%.
5098	VERATRUM ALBUM	A, H	Solanidine is a mandatory component of Veratrum album. The concentration of equivalent dry Veratrum album in the medicine must be no more than 10mg/Kg or 10mg/L or 0.001%.
5099	VERBASCUM DENSIFLORUM	A, H	
5100	VERBASCUM THAPSUS	A, H	
5101	VERBENA OFFICINALIS	A, H	
5102	VERBENA OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5103	VERONICA CHAMAEDRYIS	A, H	
5104	VERONICA OFFICINALIS	A, H	
5105	VERONICASTRUM VIRGINICUM	A, E, H	

5106	VERTONAL	E	<p>Permitted for use only in combination with other permitted ingredients as part of a fragrance proprietary excipient formulation.</p> <p>When included in a medicine for use on the lips the concentration of vertonal must be no more than 0.2%.</p> <p>The total fragrance proprietary excipient formulation in a medicine must be no more than 1%.</p>
5107	VETIVER OIL	E	<p>Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance.</p> <p>If used in a flavour the total flavour concentration in a medicine must be no more than 5%.</p> <p>If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.</p>
5108	VETIVERYL ACETATE	E	<p>Permitted for use only in combination with other permitted ingredients as a fragrance.</p> <p>If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.</p>
5109	VIBURNUM OPULUS	A, E, H	
5110	VIBURNUM PRUNIFOLIUM	A, E, H	

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5111	VICIA FABA	A, H	<p>Levodopa (of Vicia faba) is a mandatory component of Vicia faba.</p> <p>The concentration of Levodopa (of Vicia faba) from all ingredients in the medicine must be no more than 1mg/kg or 1mg/L or 0.1%.</p>
5112	VIGNA ANGULARIS VAR. ANGULARIS	A, H	
5113	VIGNA RADIATA	A, H	
5114	VIGNA UMBELLATA	A, H	
5115	VINCA MAJOR	A, H	<p>Vincamine is a mandatory component of Vinca major.</p> <p>The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%.</p>
5116	VINCA MINOR	A, H	<p>Vincamine and vincristine are mandatory components of Vinca minor.</p> <p>The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%.</p> <p>The concentration of Vincristine in the medicine must be no more than 10mg/kg or 10mg/L or 0.001%</p>
5117	VINCETOXICUM OFFICINALE	A, H	
5118	VINEGAR	E	Permitted for use only in combination with other

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			permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5119	VIOLA ODORATA	A, E, H	
5120	VIOLA TRICOLOR	A, H	
5121	VIOLA YEDOENSIS	A, H	
5122	VIOLET LEAF ABSOLUTE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5123	VIOLET LEAVES	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5124	VIPER	H	Only for use as an active homoeopathic ingredient.
5125	VISCUM ALBUM	A, E, H	

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5126	VISCUM COLORATUM	A, H	
5127	VISCUM FLAVESCENS	A, H	
5128	VITELLARIA PARADOXA	A, E, H	
5129	VITEX AGNUS-CASTUS	A, E, H	
5130	VITEX NEGUNDO	A, H	
5131	VITEX ROTUNDIFOLIA	A, H	
5132	VITEX TRIFOLIA	A, H	
5133	VITIS VINIFERA	A, E, H	
5134	VITREOSCILLA CONCENTRATE	E	<p>Only for use in topical medicines for dermal application.</p> <p>The concentration in the medicine must be no more than 0.1%.</p>
5135	WAHLENBERGIA GRACILIS	A, H	
5136	WALNUT	E	
5137	WALNUT OIL	E	
5138	WATER MELON	E	
5139	WHEAT	E	<p>Gluten is a mandatory component of Wheat when the route of administration is other than topical and mucosal.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.</p>

5140	WHEAT BRAN	E	<p>Gluten is a mandatory component of Wheat bran when the route of administration is other than topical and mucosal.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.</p>
5141	WHEAT DEXTRIN	A, E	<p>Only for use when the dosage form is capsule, tablet or pill.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.</p>
5142	WHEAT GERM	E	<p>Gluten is a mandatory component of Wheat germ when the route of administration is other than topical and mucosal.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p>

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			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5143	WHEAT GERM GLYCERIDES	E	<p>Gluten is a mandatory component of Wheat germ glycerides when the route of administration is other than topical and mucosal.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.</p>
5144	WHEAT LEAF	E	
5145	WHEAT SPROUT	E	<p>Gluten is a mandatory component of Wheat sprout when the route of administration is other than topical and mucosal.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.</p>
5146	WHEAT STARCH	E	When the route of administration is other than topical or mucosal, gluten is a

			<p>mandatory component of wheat starch.</p> <p>When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:</p> <p>- (GLUTEN) 'Contains [insert name of ingredient]' (or words to that effect).</p>
5147	WHEATGERM OIL	A, E, H	
5148	WHEY POWDER	E	Lactose is a mandatory component of Whey powder when the route of administration is oral.
5149	WHEY PROTEIN	E	Lactose is a mandatory component of Whey protein when the route of administration is oral.
5150	WHEY PROTEIN CONCENTRATE	E	<p>Permitted for use only in combination with other permitted ingredients as a flavour.</p> <p>If used in a flavour the total flavour concentration in a medicine must be no more than 5%.</p>
5151	WHITE BEESWAX	E	
5152	WHITE HOREHOUND HERB DRY	A, H	
5153	WHITE HOREHOUND HERB POWDER	A, H	

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5154	WHITE SOFT PARAFFIN	A, E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5155	WHOLE DRY MILK	E	If the product is for oral ingestion and contains lactose, then the medicine requires the following warning statement on the medicine label: - (LACT) 'Contains lactose' (or words to that effect).
5156	WIKSTROEMIA VIRIDIFLORA	A, H	
5157	WILD CARROT HERB DRY	A, E, H	
5158	WILD CARROT HERB POWDER	A, H	
5159	WILD CHERRY BARK DRY	A, H	
5160	WILD CHERRY BARK POWDER	A, H	
5161	WILD LETTUCE LEAF DRY	A, H	
5162	WILD LETTUCE LEAF POWDER	A, H	
5163	WINTERGREEN OIL	A, E, H	Methyl salicylate is a mandatory component of wintergreen oil. Not to be included in medicines for use in the eye or on damaged skin. When used internally, the concentration of methyl salicylate in the medicine must

not be more than 0.001%.

When the concentration of methyl salicylate in a liquid preparation is more than 5% and the dosage form is other than spray, the medicine requires child resistant packaging.

When the concentration of methyl salicylate in a liquid preparation is more than 5%, and the dosage form is spray, the medicine does not require child resistant packaging if:

- the delivery device is engaged into the container in such a way that prevents it from being readily removed;

- direct suction through the delivery device results in delivery of no more than one dosage unit; and

- actuation of the spray device is ergonomically difficult for young children to accomplish.

In addition, when the ingredient is included in a medicine that is listed in the Register:

- on or after 1 July 2018, the medicine must comply with all requirements under (a) & (b);

- before 1 July 2018 and supplied on or after 1 January 2020, the medicine must comply with all requirements under (a) & (b); or

- before 1 July 2018 and supplied before 1 January 2020, the medicine may comply with the requirements

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			under (a) & (b).
			a) The following warning statement is required on the medicine label:
			- (METSAL) 'Contains methyl salicylate' (or words to that effect).
			b) When for use in topical medicines for dermal application, the concentration of methyl salicylate in the medicine must not be more than 25% and the following warning statements are required on the medicine label:
			- (PREGNT2) 'Do not use if pregnant or likely to become pregnant' (or words to that effect);
			- (CHILD4) 'Do not use [this product/insert name of product] in children 6 years of age or less';
			- (SENS) 'Application to skin may increase sensitivity to sunlight'. (or words to that effect);
			- (IRRIT) 'If irritation develops, discontinue use.'; and
			- (AVOID) 'Avoid prolonged exposure in the sun' (or words to this effect).
5164	WITHANIA SOMNIFERA	A, E, H	
5165	WOLFIPORIA COCOS	A, E, H	When the ingredient is included in a medicine that is listed in the Register before 1 July 2018 and supplied before

			1 January 2020, the medicine label may refer to the ingredient name as 'Poria cocos' instead of 'Wolfiporia cocos'.
5166	WOOL ALCOHOLS	E	Only for use in topical medicines for dermal application.
5167	WOOL FAT	A, E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5168	XANTHAN GUM	E	
5169	XANTHIUM SIBIRICUM	A, H	
5170	XANTHIUM STRUMARIUM	A, H	
5171	XANTHOMONA CAMPESTRIS	A, H	
5172	XEROPHYLLUM ASPHODELOIDES	A, H	
5173	XYLENE	E	The residual solvent limit for xylene is 21.7 mg per maximum recommended daily dose. The concentration in the medicine must be no more than 0.217%.
5174	XYLITOL	E	When the quantity of sugar

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			alcohols per maximum recommended daily dose is more than 2g, the quantity of the sugar alcohols must be declared on the label and the medicine requires the following warning statement on the medicine label: - (SUGOLS) 'Products containing [insert name of sugar alcohol(s)] may have a laxative effect or cause diarrhoea [or words to that effect]'.
5175	XYLOSE	E	
5176	YAM	E	
5177	YARROW HERB DRY	A, H	
5178	YARROW HERB POWDER	A, H	
5179	YEAST AUTOLYSATE	E	
5180	YEAST DRIED	A, E, H	
5181	YELLOW 2G	E	Permitted for use only as a colour for topical use.
5182	YELLOW BEESWAX	E	
5183	YELLOW MERCURIC OXIDE	H	Only for use as an active homoeopathic ingredient.
5184	YELLOW SOFT PARAFFIN	A, E	Only for use in topical medicines for dermal application. When used as an active ingredient, can only be supplied as an uncompounded

			medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5185	YLANG YLANG OIL	A, E, H	
5186	YUCCA BACCATA	A, H	
5187	YUCCA ELATA	A, H	
5188	YUCCA FILAMENTOSA	A, H	
5189	YUCCA GLORIOSA	A, H	
5190	YUCCA WHIPPLEI	A, H	
5191	ZANTHOXYLUM AMERICANUM	A, H	
5192	ZANTHOXYLUM BUNGEANUM	A, E, H	
5193	ZANTHOXYLUM CLAVA-HERCULIS	A, H	
5194	ZANTHOXYLUM NITIDUM	A, H	
5195	ZANTHOXYLUM PIPERITUM	A, H	
5196	ZANTHOXYLUM SIMULANS	A, H	
5197	ZEА MAYS	A, E, H	
5198	ZEAXANTHIN	A, E	
5199	ZEIN	E	
5200	ZINC	H	Only for use as an active homoeopathic ingredient. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily

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			<p>dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5201	ZINC AMINO ACID CHELATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc amino acid chelate.</p> <p>The concentration of zinc in zinc amino acid chelate must be no more than 30%.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5202	ZINC ASCORBATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc</p>

			ascorbate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5203	ZINC ASCORBATE MONOHYDRATE	A, E, H	When used internally, zinc is a mandatory component of zinc ascorbate monohydrate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a

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			long period (or words to that effect)'.
5204	ZINC CHLORIDE	A, E, H	<p>The concentration of zinc chloride in the medicine must be no more than 5%.</p> <p>When used internally, zinc is a mandatory component of zinc chloride.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5205	ZINC CITRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no</p>

			<p>more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5206	ZINC CITRATE DIHYDRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate dihydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5207	ZINC CITRATE TRIHYDRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate trihydrate. When for internal use, the maximum recommended daily dose must</p>

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			be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5208	ZINC DIASPARTATE	A	When used internally, zinc is a mandatory component of zinc diaspertate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'

5209	ZINC GLUCONATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc gluconate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5210	ZINC GLYCINATE	A	<p>When used internally, zinc is a mandatory component of Zinc glycinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc</p>

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			which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5211	ZINC GLYCINATE MONOHYDRATE	A	<p>When used internally, zinc is a mandatory component of Zinc glycinate monohydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5212	ZINC LACTATE	E	<p>Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye.</p> <p>The concentration of zinc lactate in a medicine intended for topical use should be no more than 2%.</p> <p>The concentration of Zinc lactate in a medicine for 'dental' use in toothpaste</p>

			<p>medicines must be no more than 2.5%.</p> <p>Zinc lactate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old.</p> <p>Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label:</p> <p>- (CHILD3) 'Use in children under 12 years is not recommended'.</p>
5213	ZINC LACTATE DIHYDRATE	E	<p>Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye.</p> <p>The concentration of Zinc lactate dihydrate in a medicine intended for topical use should be no more than 2%.</p> <p>The concentration of Zinc lactate dihydrate in a medicine for 'dental' use in toothpaste medicines must be no more than 2.5%.</p> <p>Zinc lactate dihydrate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old.</p> <p>Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label:</p> <p>- (CHILD3) 'Use in children under 12 years is not</p>

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			recommended'.
5214	ZINC LYSINATE	A	<p>When used internally, zinc is a mandatory component of Zinc lysinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5215	ZINC METHIONINE SULFATE	A	<p>For topical use, the concentration of zinc methionine sulfate must be no more than 5%.</p> <p>When used internally, zinc is a mandatory component of zinc methionine sulfate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no</p>

			<p>more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5216	ZINC MYRISTATE	E	<p>Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye.</p> <p>The concentration in the medicine must be no more than 0.1%.</p>
5217	ZINC OXIDE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc oxide.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR -'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that</p>

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			effect).'
			When used in primary sunscreen products and listed in the Register on or after 1 January 2018, the medicine must have the following statements on the medicine label:
			- (AVOID) 'Avoid prolonged exposure in the sun' (or words to this effect); and
			- (SUNPRO) 'Wear protective clothing - hats and eyewear when exposed to the sun' (or words to this effect).
			When used in primary sunscreen products and listed in the Register before 1 January 2018, the medicine requires the following statements on the medicine label if supplied after 1 July 2019:
			- (AVOID) 'Avoid prolonged exposure in the sun' (or words to this effect); and
			- (SUNPRO) 'Wear protective clothing - hats and eyewear when exposed to the sun' (or words to this effect).
5218	ZINC PARA-PHENOLSULFONATE	E	The concentration of zinc para-phenolsulfonate in the medicine must not exceed 5%.
			When used internally, zinc is a mandatory component of zinc para-phenolsulfate.
			The percentage of zinc from zinc para-phenolsulfonate

			<p>should be calculated based on the molecular weight of zinc para-phenolsulfonate.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period' (or words to that effect).</p>
5219	ZINC STEARATE	E	<p>When used internally, zinc is a mandatory component of zinc stearate.</p> <p>The percentage of zinc from zinc stearate should be calculated based on the molecular weight of zinc stearate.</p>
5220	ZINC SUCCINATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc succinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement</p>

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			on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' or - 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5221	ZINC SULFATE	A, E	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR - 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'

5222	ZINC SULFATE HEPTAHYDRATE	A, E	<p>For topical use, the concentration of zinc sulfate must be no more than 5%.</p> <p>For internal use, zinc is a mandatory component of zinc sulfate heptahydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5223	ZINC SULFATE HEXAHYDRATE	A, E, H	<p>For topical use, the concentration of zinc sulfate must be no more than 5%.</p> <p>For internal use, zinc is a mandatory component of zinc sulfate hexahydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than</p>

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			50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.'
			OR
			- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5224	ZINC SULFATE MONOHYDRATE	A, E, H	When the route of administration is topical the concentration of zinc sulfate in the medicine must be no more than 5%.
			When the medicine is for internal use, zinc is a mandatory component of zinc sulfate monohydrate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large

			<p>amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5225	ZINC VALERATE	H	<p>Only for use as an active homoeopathic ingredient.</p> <p>For internal use, zinc is a mandatory component of zinc valerate.</p> <p>The percentage of zinc from zinc valerate should be calculated based on the molecular weight of zinc valerate.</p>
5226	ZINGERONE	E	<p>Permitted for use only in combination with other permitted ingredients as a flavour.</p> <p>If used in a flavour the total flavour concentration in a medicine must be no more than 5%.</p>
5227	ZINGIBER OFFICINALE	A, E, H	<p>When for oral use AND the extract ratio is equal to or more than 25:1 AND the equivalent dry weight per dosage unit is equal to or more than 2g, the medicine requires the following warning statement on the medicine label:</p> <p>- (GINGER) 'Individuals taking anticoagulants should seek medical advice before</p>

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		taking this medicine.' AND 'Individuals at risk of bleeding problems should seek advice from their healthcare practitioner prior to taking this medicine'.
5228	ZIZIPHUS JUJUBA	A, H
5229	ZIZIPHUS JUJUBA VAR. SPINOSA	A, H
5230	ZIZYPHUS SATIVA	A, H
5231	ZOSTERA MARINA	A, H
5232	ZUCCHINI	E

Schedule 2—Repeals

Note: See section 7.

Therapeutic Goods (Permissible Ingredients) Determination (No. 4) 2018

1 The whole of the instrument

Repeal the instrument.