



**Australian Government**  
**Repatriation Medical Authority**

**EXPLANATORY STATEMENT**

**STATEMENT OF PRINCIPLES CONCERNING  
INFLAMMATORY BOWEL DISEASE  
(REASONABLE HYPOTHESIS) (NO. 90 of 2020)**

***VETERANS' ENTITLEMENTS ACT 1986***  
***MILITARY REHABILITATION AND COMPENSATION ACT 2004***

1. This is the Explanatory Statement to the *Statement of Principles concerning inflammatory bowel disease (Reasonable Hypothesis)* (No. 90 of 2020).

**Background**

2. The Repatriation Medical Authority (the Authority), under subsection 196B(8) of the *Veterans' Entitlements Act 1986* (the VEA), repeals Instrument No. 19 of 2012 (Federal Register of Legislation No. F2012L00449) determined under subsections 196B(2) and 196B(8) of the VEA concerning **inflammatory bowel disease**.
3. The Authority is of the view that there is sound medical-scientific evidence that indicates that **inflammatory bowel disease** and **death from inflammatory bowel disease** can be related to particular kinds of service. The Authority has therefore determined pursuant to subsection 196B(2) of the VEA a Statement of Principles concerning **inflammatory bowel disease** (Reasonable Hypothesis) (No. 90 of 2020). This Instrument will in effect replace the repealed Statement of Principles.

**Purpose and Operation**

4. The Statement of Principles will be applied in determining claims under the VEA and the *Military Rehabilitation and Compensation Act 2004* (the MRCA).
5. The Statement of Principles sets out the factors that must as a minimum exist, and which of those factors must be related to the following kinds of service rendered by a person:

- operational service under the VEA;
- peacekeeping service under the VEA;
- hazardous service under the VEA;
- British nuclear test defence service under the VEA;
- warlike service under the MRCA;
- non-warlike service under the MRCA,

before it can be said that a reasonable hypothesis has been raised connecting **inflammatory bowel disease** or death from **inflammatory bowel disease**, with the circumstances of that service. The Statement of Principles has been determined for the purposes of both the VEA and the MRCA.

6. This Instrument results from an investigation notified by the Authority in the Government Notices Gazette of 7 May 2019 concerning **inflammatory bowel**

**disease** in accordance with section 196G of the VEA. The investigation involved an examination of the sound medical-scientific evidence now available to the Authority, including the sound medical-scientific evidence it has previously considered.

7. The contents of this Instrument are in similar terms as the repealed Instrument. The differences between this Instrument and the repealed Instrument, include:

- adopting the latest revised Instrument format, which commenced in 2015;
- specifying a day of commencement for the Instrument in section 2;
- revising the definition of 'inflammatory bowel disease' in subsection 7(2);
- revising the reference to 'ICD-10-AM code' in subsection 7(4);
- new factor in subsection 9(1) concerning taking a drug from the Specified List 1 of drugs, for clinical onset only;
- new factor in subsection 9(2) concerning taking a nonsteroidal anti-inflammatory drug, for clinical onset only;
- new factors in subsections 9(3) and 9(13) concerning taking an immune checkpoint inhibitor;
- revising the factor in subsection 9(4) concerning taking a combined oral contraceptive pill, for clinical onset;
- revising the factors in subsections 9(5) and 9(15) concerning undergoing organ or tissue transplantation, excluding corneal transplant;
- new factor in subsection 9(6) concerning experiencing a category 1A stressor, for clinical onset;
- new factor in subsection 9(7) concerning experiencing a category 1B stressor, for clinical onset;
- new factor in subsection 9(8) concerning experiencing a category 2 stressor, for clinical onset;
- new factors in subsections 9(9) and 9(20) concerning having a clinically significant depressive disorder or a clinically significant anxiety disorder;
- revising the factors in paragraphs 9(10)(a) and 9(21)(a) concerning smoking of tobacco products, for Crohn disease only;
- new factors in paragraphs 9(10)(b) and 9(21)(b) concerning being exposed to second-hand smoke, where that exposure has not permanently ceased, for Crohn disease only;
- new factors in paragraphs 9(10)(c) and 9(21)(c) concerning being exposed to second-hand smoke, where that exposure has permanently ceased, for Crohn disease only;
- new factor in paragraph 9(10)(d) concerning taking antibiotics, for clinical onset only and for Crohn disease only;
- new factor in paragraph 9(10)(e) concerning inability to consume fibre, for clinical onset only and for Crohn disease only;
- new factor in paragraph 9(10)(f) concerning consumption of sucrose, for clinical onset only and for Crohn disease only;
- new factors in paragraphs 9(10)(g) and 9(21)(d) concerning inability to undertake physical activity, for Crohn disease only;
- new factor in paragraph 9(10)(h) concerning being obese, for clinical onset only and for Crohn disease only;
- revising the factor in subsection 9(11) concerning permanently ceasing to smoke, for clinical onset and for ulcerative colitis only;

- new factor in subsection 9(12) concerning taking a drug from the Specified List 2 of drugs, for clinical worsening only;
- new factor in subsection 9(14) concerning taking a combined oral contraceptive pill, for clinical worsening;
- revising the factor in subsection 9(16) concerning having a bowel infection, for clinical worsening only;
- revising the factor in subsection 9(17) concerning experiencing a category 1A stressor, for clinical worsening, by the inclusion of a note;
- revising the factor in subsection 9(18) concerning experiencing a category 1B stressor, for clinical worsening, by the inclusion of a note;
- revising the factor in subsection 9(19) concerning experiencing a category 2 stressor;
- new factor in subsection 9(22) concerning permanently ceasing to smoke, for clinical worsening and for ulcerative colitis only;
- deleting the factors concerning being treated with a drug or a drug from a class of drugs, as these are now covered by the factor in subsection 9(1) concerning taking a drug from the Specified List 1 of drugs, for clinical onset only, the factor in subsection 9(2) concerning taking a nonsteroidal anti-inflammatory drug, for clinical onset only and the factor in subsection 9(12) concerning taking a drug from the Specified List 2 of drugs, for clinical worsening only;
- deleting the factor concerning having a clinically significant depressive disorder, for clinical worsening only, as this is now covered by the factor in subsection 9(20) concerning having a clinically significant depressive disorder or a clinically significant anxiety disorder, for clinical worsening;
- deleting the factors concerning immersion in an atmosphere with a visible tobacco smoke haze in an enclosed space, as these are now covered by the factors in paragraphs 9(10)(b) and 9(21)(b) concerning being exposed to second-hand smoke, where that exposure has not permanently ceased, for Crohn disease only and the factors in paragraphs 9(10)(c) and 9(21)(c) concerning being exposed to second-hand smoke, where that exposure has permanently ceased, for Crohn disease only;
- new definitions of 'being exposed to second-hand smoke', 'being obese', 'BMI', 'Crohn disease', 'MET', 'MRCA', 'organ or tissue transplantation', 'pack-year of tobacco products', 'regular smoking habit as specified', 'significant other', 'Specified List 1 of drugs', 'Specified List 2 of drugs', 'ulcerative colitis' and 'VEA' in Schedule 1 - Dictionary;
- revising the definition of 'clinically significant', by the inclusion of a note and 'relevant service' in Schedule 1 - Dictionary; and
- deleting the definitions of 'a drug or a drug from a class of drugs in the specified list' and 'pack-year of cigarettes, or the equivalent thereof in other tobacco products'.

### Consultation

8. Prior to determining this Instrument, the Authority advertised its intention to undertake an investigation in relation to **inflammatory bowel disease** in the Government Notices Gazette of 7 May 2019, and circulated a copy of the notice of intention to investigate to a wide range of organisations representing veterans, service personnel and their dependants. The Authority invited submissions from the Repatriation Commission, the Military Rehabilitation and Compensation

Commission, organisations and persons referred to in section 196E of the VEA, and any person having expertise in the field. One submission was received for consideration by the Authority in relation to the investigation.

9. On 15 June 2020, the Authority wrote to organisations representing veterans, service personnel and their dependants regarding the proposed Instrument and the medical-scientific material considered by the Authority. This letter emphasised the deletion from the Balance of Probabilities Instrument of the factor relating to *having clinical or laboratory evidence of a bowel infection in the one month before the clinical worsening of inflammatory bowel disease*. The Authority provided an opportunity to the organisations to make representations in relation to the proposed Instrument prior to its determination. No submissions were received for consideration by the Authority. Minor changes were made to the proposed Instrument following this consultation process.

### **Human Rights**

10. This instrument is compatible with the Human Rights and Freedoms recognised or declared in the International Instruments listed in Section 3 of the *Human Rights (Parliamentary Scrutiny) Act 2011*. A Statement of Compatibility with Human Rights follows.

### **Finalisation of Investigation**

11. The determining of this Instrument finalises the investigation in relation to **inflammatory bowel disease** as advertised in the Government Notices Gazette of 7 May 2019.

### **References**

12. A list of references relating to the above condition is available on the Authority's website at: [www.rma.gov.au](http://www.rma.gov.au). Any other document referred to in this Statement of Principles is available on request to the Repatriation Medical Authority at the following address:

Email: [info@rma.gov.au](mailto:info@rma.gov.au)

Post: The Registrar  
Repatriation Medical Authority  
GPO Box 1014  
BRISBANE QLD 4001



**Australian Government**  
**Repatriation Medical Authority**

## **Statement of Compatibility with Human Rights**

*(Prepared in accordance with Part 3 of the Human Rights (Parliamentary Scrutiny) Act 2011)*

**Instrument No.:** **Statement of Principles No. 90 of 2020**

**Kind of Injury, Disease or Death:** **Inflammatory bowel disease**

This Legislative Instrument is compatible with the human rights and freedoms recognised or declared in the international instruments listed in section 3 of the *Human Rights (Parliamentary Scrutiny) Act 2011*.

### **Overview of the Legislative Instrument**

1. This Legislative Instrument is determined pursuant to subsection 196B(2) of the *Veterans' Entitlements Act 1986* (the VEA) for the purposes of the VEA and the *Military Rehabilitation and Compensation Act 2004* (the MRCA). Part XIA of the VEA requires the determination of these instruments outlining the factors connecting particular kinds of injury, disease or death with service such being determined solely on the available sound medical-scientific evidence.
2. This Legislative Instrument:-
  - facilitates claimants in making, and the Repatriation Commission and the Military Rehabilitation and Compensation Commission in assessing, claims under the VEA and the MRCA respectively, by specifying the circumstances in which medical treatment and compensation can be extended to eligible persons who have inflammatory bowel disease;
  - facilitates the review of such decisions by the Veterans' Review Board and the Administrative Appeals Tribunal;
  - outlines the factors which the current sound medical-scientific evidence indicates must as a minimum exist, before it can be said that a reasonable hypothesis has been raised, connecting inflammatory bowel disease with the circumstances of eligible service rendered by a person, as set out in clause 5 of the Explanatory Statement;
  - replaces Instrument No. 19 of 2012; and
  - reflects developments in the available sound medical-scientific evidence concerning inflammatory bowel disease which have occurred since that earlier instrument was determined.
3. The Instrument is assessed as being a technical instrument which improves the medico-scientific quality of outcomes under the VEA and the MRCA.

### **Human Rights Implications**

4. This Legislative Instrument does not derogate from any human rights. It promotes the human rights of veterans, current and former Defence Force members as well as other persons such as their dependents, including:
- the right to social security (Art 9, *International Covenant on Economic, Social and Cultural Rights*; Art 26, *Convention on the Rights of the Child* and Art 28, *Convention on the Rights of Persons with Disabilities*) by helping to ensure that the qualifying conditions for the benefit are 'reasonable, proportionate and transparent'<sup>1</sup>;
  - the right to an adequate standard of living (Art 11, ICSECR; Art 27, CRC and Art 28, CRPD) by facilitating the assessment and determination of social security benefits;
  - the right to the enjoyment of the highest attainable standard of physical and mental health (Art 12, ICSECR and Art 25, CRPD), by facilitating the assessment and determination of compensation and benefits in relation to the treatment and rehabilitation of veterans and Defence Force members;
  - the rights of persons with disabilities by facilitating the determination of claims relating to treatment and rehabilitation (Art 26, CRPD); and
  - ensuring that those rights "will be exercised without discrimination of any kind as to race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status" (Art 2, ICESCR).

### **Conclusion**

This Legislative Instrument is compatible with human rights as it does not derogate from and promotes a number of human rights.

Repatriation Medical Authority

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<sup>1</sup> In General Comment No. 19 (The right to social security), the Committee on Economic, Social and Cultural Rights said (at paragraph 24) this to be one of the elements of ensuring accessibility to social security.