

Schedule 1—Specified permissible ingredients and requirements applying to these ingredients when contained in a medicine

Note: See sections 5 and 6.

Permissible ingredients and requirements			
Column 1	Column 2	Column 3	Column 4
Item	Ingredient Name	Purpose	Specific requirements
5062	UBIDECARENONE	A, E	<p>When used as an excipient, the route of administration must be topical and the concentration in the medicine must not be more than 0.05%.</p> <p>Not to be included in medicines intended for use in the eye.</p> <p>When for internal use, the maximum recommended daily dose must not provide more than 300 milligrams of ubidecarenone.</p> <p>When for internal use in combination with Ubiquinol-10, the maximum recommended daily dose must not provide more than 300 milligrams of ubiquinol-10 and ubidecarenone combined.</p> <p>When for internal use, the following warning statement is required on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice'.</p>
5063	UBIQUINOL-10	A, E	<p>When used as an excipient, the route of administration must be topical and the concentration in the medicine must be no more than 0.05%.</p> <p>Not to be included in medicines intended for use in the eye.</p> <p>When for internal use, the maximum recommended daily dose must provide no more than</p>

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			300 milligrams of ubiquinol-10. When used in combination with ubidecarenone, the maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10 and ubidecarenone combined. The medicine requires the following warning statement on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice.'
5064	ULEX EUROPAEUS	A, H	
5065	ULMUS AMERICANA	A, H	
5066	ULMUS CAMPESTRIS	A, H	
5067	ULMUS GLABRA	A, H	
5068	ULMUS MINOR	A, H	
5069	ULMUS PARVIFOLIA	A, H	
5070	ULMUS PUMILA	A, H	
5071	ULMUS RUBRA	A, H	
5072	ULTRALIDE	E	Permitted for use only in combination with other permitted ingredients as a fragrance. If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.
5073	ULTRAMARINE BLUE	E	Permitted for use only as a colour for topical use.
5074	ULVA LACTUCA	A, H	Iodine is a mandatory component of Ulva lactuca. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 0.1%.

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5075	UMBELLULARIA CALIFORNICA	A, H	
5076	UNCARIA GAMBIR	A, H	
5077	UNCARIA RHYNCOPHYLLA	A, H	
5078	UNCARIA SINENSIS	A, H	
5079	UNCARIA TOMENTOSA	A, H	
5080	UNDARIA PINNATIFIDA	A, H	Whole dried Undaria pinnatifida must not contain the holdfast. Only for use in oral medicines.
5081	UNDECANAL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5082	UNDECANOIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used as a flavour the total flavour concentration in a medicine must be no more than 5%.
5083	UNDECENOIC ACID	E	
5084	UNDECYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.

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5085	UNDECYLCRYLENE DIMETICONE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 10%.
5086	UNDECYLENAMIDE DEA	E	
5087	UNDECYLENOYL PEG-5 PARABEN	E	Only for use in topical medicines for dermal application.
5088	URANIUM NITRATE	H	Only for use as an active homoeopathic ingredient.
5089	UREA	A, E, H	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 10% (w/w).
5090	URTICA DIOICA	A, E, H	
5091	URTICA URENS	A, H	
5092	USNEA BARBATA	A, H	
5093	UVA URSI LEAF DRY	A, H	
5094	UVA URSI LEAF POWDER	A, E, H	
5095	VA/BUTYL MALEATE/ISOBORNYL ACRYLATE COPOLYMER	E	Vinyl acetate is a mandatory component of VA/butyl maleate/isobornyl acrylate copolymer. The concentration of vinyl acetate in the medicine must be no more than 0.01% or 100 ppm. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 5%.
5096	VACCARIA SEGATALIS	A, H	
5097	VACCINIUM BRACTEATUM	A, H	
5098	VACCINIUM CORYMBOSUM	E	Permitted for use only in

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			combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5099	VACCINIUM MACROCARPON	A, E, H	
5100	VACCINIUM MYRTILLOIDES	A, H	
5101	VACCINIUM MYRTILLUS	A, E, H	
5102	VACCINIUM OXYCOCCUS	A, H	
5103	VACCINIUM VITIS-IDAEA	A, H	Beta-arbutin is a mandatory component of Vaccinium vitis-idaea. When for oral use, the maximum recommended daily dose must not provide more than 500 mg of beta-arbutin. When for dermal application exclusively to the face: a) the concentration of beta-arbutin in the medicine must not be more than 7%; b) hydroquinone is a mandatory component; and c) the concentration of hydroquinone must not be more than 10 mg/kg or 10 mg/L or 0.001%. When for use other than oral or dermal application exclusively to the face, the concentration of beta-arbutin in the medicine must not be more than 10 mg/kg or 10 mg/L or 0.001%.
5104	VALENCENE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

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5105	VALERALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5106	VALERIAN DRY	A, H	The following warning statement is required on the medicine label when the medicine is for oral use: (VALER) 'In rare cases, valerian may harm the liver. Stop use and see a doctor if you have yellowing skin/eyes or unusual: fatigue, nausea, appetite loss, abdominal pain, dark urine or itching.'
5107	VALERIAN OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5108	VALERIAN POWDER	A, H	The following warning statement is required on the medicine label when the medicine is for oral use: (VALER) 'In rare cases, valerian may harm the liver. Stop use and see a doctor if you have yellowing skin/eyes or unusual: fatigue, nausea, appetite loss, abdominal pain, dark urine or itching.'
5109	VALERIANA EDULIS	A, H	
5110	VALERIANA OFFICINALIS	A, H	The following warning statement is required on the medicine label when the medicine is for oral use: (VALER) 'In rare cases, valerian may harm the liver. Stop use and see a doctor if you have yellowing

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			skin/eyes or unusual: fatigue, nausea, appetite loss, abdominal pain, dark urine or itching.'
5111	VALERIANA SORBIFOLIA	A, H	
5112	VALERIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5113	VALINE	A, E	
5114	VANADIUM	H	
5115	VANILLA	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5116	VANILLA DRY	A, E, H	
5117	VANILLA EXTRACT	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5118	VANILLA OLEORESIN	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

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5119	VANILLA PLANIFOLIA	A, E, H	
5120	VANILLA POWDER	A, E, H	
5121	VANILLA TAHITENSIS	A, H	
5122	VANILLIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5123	VANILLIN	E	
5124	VANILLIN ACETATE	E	Vanillin acetate must only be included in medicines when in combination with other permitted ingredients as a flavour proprietary excipient formulation. The total concentration of flavour proprietary excipient formulations containing vanillin acetate must not be more than 5% of the total medicine. The maximum recommended daily dose of the medicine must not provide more than 1.8 micrograms of vanillin acetate.
5125	VANILLIN ISOBUTYRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5126	VANILLYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour.

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			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5127	VAT RED 1	E	Permitted for use only as a colour for topical use.
5128	VAT RED 1 ALUMINIUM LAKE	E	Permitted for use only as a colour for topical use.
5129	VAT RED 5	E	Permitted for use only as a colour for topical use.
5130	VEGETABLE OIL	E	
5131	VEGETABLE OIL PHYTOSTEROL ESTERS	A	Only for use in oral medicines. The medicine requires the following warning statement on the medicine label: - (PREGNT) 'Not recommended for use by pregnant and lactating women (or words to that effect).'
5132	VEIN	H	Only for use as an active homoeopathic ingredient.
5133	VERATRALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5134	VERATROL	E	Permitted for use only in combination with other permitted ingredients as part of a fragrance proprietary excipient formulation.

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			The total fragrance proprietary excipient formulation in a medicine must be no more than 1%.
5135	VERATRUM ALBUM	A, H	Solanidine is a mandatory component of Veratrum album. The concentration of equivalent dry Veratrum album in the medicine must be no more than 10mg/Kg or 10mg/L or 0.001%.
5136	VERBASCUM DENSIFLORUM	A, H	
5137	VERBASCUM THAPSUS	A, H	
5138	VERBENA OFFICINALIS	A, H	
5139	VERBENA OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5140	VERONICA CHAMAEDRYS	A, H	
5141	VERONICA OFFICINALIS	A, H	
5142	VERONICASTRUM VIRGINICUM	A, E, H	
5143	VERTONAL	E	Permitted for use only in combination with other permitted ingredients as part of a fragrance proprietary excipient formulation. When included in a medicine for use on the lips the concentration of vertonal must be no more than 0.2%. The total fragrance proprietary excipient formulation in a medicine must be no more than 1%.
5144	VETIVER OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance.

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			<p>If used in a flavour the total flavour concentration in a medicine must be no more than 5%.</p> <p>If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.</p>
5145	VETIVERYL ACETATE	E	<p>Permitted for use only in combination with other permitted ingredients as a fragrance.</p> <p>If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.</p>
5146	VIBURNUM OPULUS	A, E, H	
5147	VIBURNUM PRUNIFOLIUM	A, E, H	
5148	VICIA FABIA	A, H	<p>Levodopa is a mandatory component of Vicia faba.</p> <p>The concentration of levodopa in the medicine must not be more than 10 mg/kg or 10 mg/L or 0.001%.</p>
5149	VIGNA ANGULARIS VAR. ANGULARIS	A, H	
5150	VIGNA RADIATA	A, H	
5151	VIGNA UMBELLATA	A, H	
5152	VINCA MAJOR	A, H	<p>Vincamine is a mandatory component of Vinca major.</p> <p>The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%.</p>
5153	VINCA MINOR	A, H	<p>Vincamine and vincristine are mandatory components of Vinca minor.</p> <p>The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or</p>

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			0.001%. The concentration of Vincristine in the medicine must be no more than 10mg/kg or 10mg/L or 0.001%
5154	VINCETOXICUM OFFICINALE	A, H	
5155	VINEGAR	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5156	VIOLA ODORATA	A, E, H	
5157	VIOLA TRICOLOR	A, H	
5158	VIOLA YEDOENSIS	A, H	
5159	VIOLET LEAF ABSOLUTE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.
5160	VIPER	H	Only for use as an active homoeopathic ingredient.
5161	VISCUM ALBUM	A, E, H	
5162	VISCUM COLORATUM	A, H	
5163	VISCUM FLAVESCENS	A, H	
5164	VITELLARIA PARADOXA	A, E, H	
5165	VITEX AGNUS-CASTUS	A, E, H	When the ingredient is in a medicine that is for internal use, the following warning statement is required on the label:

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			- (VAC) 'Vitex agnus-castus may affect hormones and medicines such as oral contraceptives. Consult your health professional before use' (or words to that effect).
5166	VITEX NEGUNDO	A, H	
5167	VITEX ROTUNDIFOLIA	A, H	
5168	VITEX TRIFOLIA	A, H	
5169	VITIS VINIFERA	A, E, H	
5170	VITREOSCILLA CONCENTRATE	E	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 0.1%.
5171	VP/ACRYLATES/LAURYL METHACRYLATE COPOLYMER	E	Only for use in topical medicines for dermal application and not to be included in topical medicines intended for use in the eye. The concentration in the medicine must not be more than 2.00%.
5172	WAHLENBERGIA GRACILIS	A, H	
5173	WALNUT	E	
5174	WALNUT OIL	E	
5175	WATER MELON	E	
5176	WHEAT	E	Gluten is a mandatory component of Wheat when the route of administration is other than topical and mucosal.
5177	WHEAT BRAN	E	Gluten is a mandatory component of Wheat bran when the route of administration is other than topical and mucosal.
5178	WHEAT DEXTRIN	A, E	Gluten is a mandatory component of wheat dextrin. Only for use when the dosage form is capsule, tablet or pill.

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5179	WHEAT GERM	E	Gluten is a mandatory component of Wheat germ when the route of administration is other than topical and mucosal.
5180	WHEAT GERM GLYCERIDES	E	Gluten is a mandatory component of wheat germ glycerides when the route of administration is other than topical and mucosal.
5181	WHEAT LEAF	E	
5182	WHEAT STARCH	E	When the route of administration is other than topical or mucosal, gluten is a mandatory component of wheat starch.
5183	WHEATGERM OIL	A, E, H	
5184	WHEY POWDER	E	Lactose is a mandatory component of Whey powder when the route of administration is oral.
5185	WHEY PROTEIN	E	Lactose is a mandatory component of Whey protein when the route of administration is oral.
5186	WHEY PROTEIN CONCENTRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5187	WHITE BEESWAX	E	
5188	WHITE HOREHOUND HERB DRY	A, H	
5189	WHITE HOREHOUND HERB POWDER	A, H	
5190	WHITE SOFT PARAFFIN	A, E	When used as an active ingredient, can only be supplied as an un compounded medicine substance packed for retail sale,

			and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5191	WHOLE DRY MILK	E	
5192	WIKSTROEMIA VIRIDIFLORA	A, H	
5193	WILD CARROT HERB DRY	A, E, H	
5194	WILD CARROT HERB POWDER	A, H	
5195	WILD CHERRY BARK DRY	A, H	
5196	WILD CHERRY BARK POWDER	A, H	
5197	WILD LETTUCE LEAF DRY	A, H	
5198	WILD LETTUCE LEAF POWDER	A, H	
5199	WINTERGREEN OIL	A, E, H	<p>Methyl salicylate is a mandatory component of wintergreen oil.</p> <p>Not to be included in medicines for use in the eye or on damaged skin.</p> <p>When used internally, the concentration of methyl salicylate in the medicine must not be more than 0.001%.</p> <p>When the concentration of methyl salicylate in a liquid preparation is more than 5% and the dosage form is other than spray, the medicine requires child resistant packaging.</p> <p>When the concentration of methyl salicylate in a liquid preparation is more than 5%, and the dosage form is spray, the medicine does not require child resistant packaging if:</p> <ul style="list-style-type: none"> - the delivery device is engaged into the container in such a way that prevents it from being readily removed; - direct suction through the delivery device results in delivery of no more than one dosage unit; <p>and</p>

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- actuation of the spray device is ergonomically difficult for young children to accomplish.

The following warning statement is required on the medicine label:

- (METSAL) 'Contains methyl salicylate' (or words to that effect).

When for use in topical medicines for dermal application:

i) the concentration of methyl salicylate in the medicine must not be more than 25%;

ii) the following warning statements are required on the medicine label:

- (PREGNT2) 'Do not use if pregnant or likely to become pregnant' (or words to that effect);

- (CHILD4) 'Do not use [this product/insert name of product] in children 6 years of age or less';

- (SENS) 'Application to skin may increase sensitivity to sunlight' (or words to that effect);

- (AVOID) 'Avoid prolonged exposure in the sun' (or words to that effect);

iii) if the concentration of methyl salicylate in the medicine is greater than 1%, the following warning statement is required on the medicine label:

- (IRRIT) 'If irritation develops, discontinue use'.

5200

WITHANIA SOMNIFERA

A, E, H

The medicine requires the following warning statement on the label:

- (WITHANIA) 'If you are pregnant, or considering becoming pregnant, do not take without consulting a health professional' (or words to that effect)

unless:

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			(a) the plant part is root; (b) the plant preparation is an extract; (c) the extraction solvents are only water, ethanol or methanol; and (d) the maximum recommended daily dose of the medicine contains no more than the equivalent quantity of 12 g dry root.
5201	WOLFIPORIA COCOS	A, E, H	
5202	WOOL ALCOHOLS	E	Only for use in topical medicines for dermal application.
5203	WOOL FAT	A, E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5204	XANTHAN GUM	E	
5205	XANTHIUM SIBIRICUM	A, H	
5206	XANTHIUM STRUMARIUM	A, H	
5207	XANTHOMONA CAMPESTRIS	A, H	
5208	XEROPHYLLUM ASPHODELOIDES	A, H	
5209	XYLENE	E	The residual solvent limit for xylene is 21.7 mg per maximum recommended daily dose. The concentration in the medicine must be no more than 0.217%.
5210	XYLITOL	E	
5211	XYLOSE	E	
5212	YAM	E	
5213	YARROW HERB DRY	A, H	

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5214	YARROW HERB POWDER	A, H	
5215	YEAST AUTOLYSATE	E	
5216	YEAST DRIED	A, E, H	
5217	YELLOW 2G	E	Permitted for use only as a colour for topical use.
5218	YELLOW BEESWAX	E	
5219	YELLOW MERCURIC OXIDE	H	Only for use as an active homoeopathic ingredient.
5220	YELLOW SOFT PARAFFIN	A, E	Only for use in topical medicines for dermal application. When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5221	YLANG YLANG OIL	A, E, H	
5222	YUCCA BACCATA	A, H	
5223	YUCCA ELATA	A, H	
5224	YUCCA FILAMENTOSA	A, H	
5225	YUCCA GLORIOSA	A, H	
5226	Z-BETA-DAMASCONE	E	Z – beta damascone must only be included in medicines when in combination with other permitted ingredients as a flavour proprietary excipient formulation. The total concentration of flavour proprietary excipient formulations containing Z – beta damascone must not be more than 5% of the total medicine.
5227	ZANTHOXYLUM AMERICANUM	A, H	
5228	ZANTHOXYLUM BUNGEANUM	A, E, H	
5229	ZANTHOXYLUM CLAVA-HERCULIS	A, H	

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5230	ZANTHOXYLUM NITIDUM	A, H	
5231	ZANTHOXYLUM PIPERITUM	A, H	
5232	ZANTHOXYLUM SIMULANS	A, H	
5233	ZEAMAYS	A, E, H	
5234	ZEAXANTHIN	A, E	
5235	ZEIN	E	
5236	ZINC	H	<p>Only for use as an active homoeopathic ingredient.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.</p>
5237	ZINC AMINO ACID CHELATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc amino acid chelate.</p> <p>The concentration of zinc in zinc amino acid chelate must be no more than 30%.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p>

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			'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5238	ZINC ASCORBATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc ascorbate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5239	ZINC ASCORBATE MONOHYDRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc ascorbate monohydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which</p>

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			may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
5240	ZINC CHLORIDE	A, E, H	<p>The concentration of zinc chloride in the medicine must be no more than 5%.</p> <p>When used internally, zinc is a mandatory component of zinc chloride.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5241	ZINC CITRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large</p>

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			amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5242	ZINC CITRATE DIHYDRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate dihydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5243	ZINC CITRATE TRIHYDRATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc citrate trihydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which</p>

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			may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5244	ZINC DIASPARTATE	A	<p>When used internally, zinc is a mandatory component of zinc diaspartate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5245	ZINC GLUCONATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc gluconate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large</p>

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			amounts or for a long period (or words to that effect).'
5246	ZINC GLYCINATE	A	<p>When used internally, zinc is a mandatory component of Zinc glycinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5247	ZINC GLYCINATE MONOHYDRATE	A	<p>When used internally, zinc is a mandatory component of Zinc glycinate monohydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or</p>

			words to that effect)'. (or words to the same effect) on the medicine label:
5248	ZINC LACTATE	E	<p>Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye.</p> <p>The concentration of zinc lactate in a medicine intended for topical use should not be more than 2%.</p> <p>The concentration of zinc lactate in a medicine for 'dental' use in toothpaste medicines must not be more than 2.5%.</p> <p>Zinc lactate is not to be included in dental/toothpaste medicines intended for use by children less than 12 years old.</p> <p>Medicines containing zinc lactate for dental use require the following warning statement (or words to the same effect) on the medicine label:</p> <p>- (CHILD3) 'Use in children under 12 years is not recommended'.</p>
5249	ZINC LACTATE DIHYDRATE	E	<p>Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye.</p> <p>The concentration of zinc lactate dihydrate in a medicine intended for topical use should not be more than 2%.</p> <p>The concentration of zinc lactate dihydrate in a medicine for 'dental' use in toothpaste medicines must not be more than 2.5%.</p> <p>Zinc lactate dihydrate is not to be included in dental/toothpaste medicines intended for use by children less than 12 years old.</p> <p>Medicines containing zinc lactate dihydrate for dental use require the following warning statement</p>

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			(or words to the same effect) on the medicine label: - (CHILD3) 'Use in children under 12 years is not recommended'.
5250	ZINC LYSINATE	A	<p>When used internally, zinc is a mandatory component of Zinc lysinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5251	ZINC METHIONINE SULFATE	A	<p>For topical use, the concentration of zinc methionine sulfate must be no more than 5%.</p> <p>When used internally, zinc is a mandatory component of zinc methionine sulfate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be</p>

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			dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'
5252	ZINC MYRISTATE	E	<p>Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye.</p> <p>The concentration in the medicine must be no more than 0.1%.</p>
5253	ZINC OXIDE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc oxide.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>-'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period' (or words to that effect).</p> <p>When used in primary sunscreen products, the following warning statements are required on the label:</p> <p>- (AVOID) 'Avoid prolonged exposure in the sun' (or words to this effect); and</p> <p>- (SUNPRO) 'Wear protective clothing - hats and eyewear when exposed to the sun' (or words to this effect).</p>
5254	ZINC PARA-	E	Only permitted for use in topical

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	PHENOLSULFONATE		<p>medicines for dermal use.</p> <p>The concentration of zinc parphenolsulfonate in the medicine must not exceed 5%.</p>
5255	ZINC STEARATE	E	<p>When used internally, zinc is a mandatory component of zinc stearate.</p> <p>The percentage of zinc from zinc stearate should be calculated based on the molecular weight of zinc stearate.</p> <p>When for internal use, the maximum recommended daily dose must not provide more than 50 milligrams of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25 milligrams but not more than 50 milligrams of zinc, the medicine requires the following warning statement (or words to the same effect) on the medicine label:</p> <p>- (ZINC) ‘WARNING: May be dangerous if taken in large amounts or for a long period’; or ‘WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period’.</p>
5256	ZINC SUCCINATE	A, E, H	<p>When used internally, zinc is a mandatory component of zinc succinate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p>

			<p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' or</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5257	ZINC SULFATE	A, E	<p>For topical use, the concentration of zinc sulfate must be no more than 5%.</p> <p>For internal use, zinc is a mandatory component of zinc sulfate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5258	ZINC SULFATE HEPTAHYDRATE	A, E	<p>For topical use, the concentration of zinc sulfate must be no more than 5%.</p> <p>For internal use, zinc is a mandatory component of zinc sulfate heptahydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the</p>

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			<p>maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5259	ZINC SULFATE HEXAHYDRATE	A, E, H	<p>For topical use, the concentration of zinc sulfate must be no more than 5%.</p> <p>For internal use, zinc is a mandatory component of zinc sulfate hexahydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5260	ZINC SULFATE MONOHYDRATE	A, E, H	<p>When the route of administration is topical the concentration of zinc sulfate in the medicine must be no more than 5%.</p> <p>When the medicine is for internal use, zinc is a mandatory</p>

			<p>component of zinc sulfate monohydrate.</p> <p>When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR</p> <p>- 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).'</p>
5261	ZINC VALERATE	H	<p>Only for use as an active homoeopathic ingredient.</p> <p>When for internal use, zinc is a mandatory component of zinc valerate.</p> <p>The percentage of zinc from zinc valerate should be calculated based on the molecular weight of zinc valerate.</p> <p>When for internal use, the maximum recommended daily dose must not provide more than 50 milligrams of zinc.</p> <p>When for internal use and the maximum recommended daily dose is more than 25 milligrams but not more than 50 milligrams of zinc, the medicine requires the following warning statement (or words to the same effect) on the medicine label:</p> <p>- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period'; or</p>

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			'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period'.
5262	ZINGERONE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5263	ZINGIBER OFFICINALE	A, E, H	When for oral use AND the extract ratio is equal to or more than 25:1 AND the equivalent dry weight per dosage unit is equal to or more than 2g, the medicine requires the following warning statement on the medicine label: - (GINGER) 'Individuals taking anticoagulants should seek medical advice before taking this medicine.' AND 'Individuals at risk of bleeding problems should seek advice from their healthcare practitioner prior to taking this medicine'.
5264	ZIZIPHUS JUJUBA	A, H	
5265	ZIZIPHUS JUJUBA VAR. SPINOSA	A, H	
5266	ZIZYPHUS SATIVA	A, H	
5267	ZOSTERA MARINA	A, H	

